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27 JAN - 2 FEB 2024

EXCLUSIVE

MADAME BLANC

SALLY LINDSAY on her sleuthing success story

STAR CHAT

TRIGGER POINT

VICKY McCLURE's explosive drama returns

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This WEEK

with Editor-in-Chief Claire Ruck

DRAMA

Trigger Point

NEW SUNDAY **ITV1**

Get ready for an explosive Sunday night! Vicky McClure returns as Lana Washington in the second series of this hit drama – one of the most watched shows of 2022. We begin with Lana just back from Estonia, where she has been training Ukrainian bomb-disposal teams. But as she gives a talk to security officers in London, a fireball erupts over the capital... and the chase is on. See **page 6** for our chat with Vicky

ENTERTAINMENT

Big Night of Musicals

NEW SATURDAY **BBC1**

It'll be a toe-tapping treat when the UK's top musical stars perform songs from hits such as *Phantom of the Opera*, *Mrs. Doubtfire*, Disney's *Aladdin* and many more. I'm a real *Hamilton* fan, so that will be my highlight. We chat to host Jason Manford on **page 10**

COMEDY DRAMA

The Madame Blanc Mysteries

THURSDAY **CHANNEL 5**

This series is my guilty pleasure, with a fab cast and brilliant plots. There's a kidnapping at Judith's birthday party this week – but whodunnit? Don't miss our interview with Sally Lindsay (Jean), who co-created the drama along with Sue Vincent (Gloria). See **page 4**

COOKERY

Roux Down the River

NEW THURSDAY **FOOD NETWORK**

Chef Michel Roux takes a boat trip down the River Thames from Cookham in Berkshire to Southend-on-Sea in Essex. Along the way he enjoys delicious dishes from restaurants by the riverbank. A slice of heaven. See **page 20**

COVER PHOTOS: BBC, GETTY, ITV, PHOTOGRAPHER MARK CASSAR/CLAPPERBOARD STUDIOS/ CHANNEL 5 TELEVISION. PHOTOS: BBC, CHANNEL 5, FOOD NETWORK, ITV

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THE MADAME BLANC MYSTERIES

THU, 9PM, CHANNEL 5 COMEDY DRAMA

When Sally Lindsay joins *TV Times* on an exclusive video call from her writing shed at home, the unexpectedly warm January morning provides the perfect setting to discuss the delights of her sun-soaked sleuthing show, *The Madame Blanc Mysteries*.

'Before *Madame Blanc*, a filming base was always a car park in rainy Manchester or London,' chuckles Sally, 50, co-creator and star of the Channel 5 comedy drama. 'For the past three years, I've been in Gozo [the Maltese island doubles as the South of France in the series], so I've been ruined!'

With its combination of compelling cases, loveable characters and picturesque locations, the programme proved an instant hit when it launched in 2021 as viewers followed Sally's character, antiques expert Jean White, who moved to the fictional village of Sainte Victoire and soon discovered she also had a talent for solving crimes.

As the six-part third season continues this week, here, we ask Sally to share the secrets of the show's success...

EXCLUSIVE

Woman of MYSTERY

SALLY LINDSAY on the magic of her France-set crime drama

Good company: Sally feels viewers have taken Dom and Jean to their hearts

Partner in crime: Co-writer Sue Vincent also plays Gloria

We love everything about *The Madame Blanc Mysteries*! Why do you think it has struck such a chord with viewers?
It's got that essence of escapism: we call it, 'France around the corner!' It doesn't exist, but it's a beautiful, sunny place, and viewers want to go to the pub with Jean and Dom [played by Steve Edge], or have tea at the Chateau with Jeremy and Judith [Robin Askwith and Sue Holderness].

If you can create characters people want to spend an hour with, I think that's the secret – the viewers feel like we're their friends.

You co-created and co-write the show with your *Mount Pleasant* co-star Sue Vincent, who also plays mechanic Gloria in the series. Did you know you had a hit on your hands straight away?
It got commissioned really quickly! When Mike Benson, the head of [production company] Clapperboard, mentioned taking it to Channel 5, I said, 'I think this is BBC daytime, I don't think it's Channel 5.' Then, about two days later, they wanted it for primetime!

I had never written a murder mystery before; Sue and I had only ever done comedy. But I discovered that not only could I write whodunnits, I really liked doing it. I found my inner Agatha Christie!

What's the starting point for an episode? Do you always keep a notepad handy in case inspiration strikes?
I'll see a headline, or an antique in the shops, and take a picture. Everything's recorded in my *Madame Blanc* file on my phone! Then Sue and I do lots of research.

After that, I write an eight-page document detailing every single scene – that's the complicated bit that keeps me up at night! I give that to Sue, who spends about three days writing dialogue and comes back with 20 pages too much, then we get together and hone it. It's a very unusual way of writing, because we both have very different skills.

It sounds like a well-oiled machine, but does anything ever go wrong during filming?
There was a scene in episode four [set to air last week] where Steve, Tony Robinson [who plays Dom's uncle, Patrick] and I are in the square, which has a massive church in it. We didn't know it was a feast day in Malta, which meant the bells went off every six minutes that evening!

Normally, we'd have done a scene like that in about half an hour, but it's literally pieced together with glue because we had to do the takes between the bells, and get it right quickly before they started again!

Have you had many memorable fan encounters on set?
I really noticed the fans coming to visit in Gozo this time, including a girl from Tasmania! She was so shocked to see all of us! I said, 'Are you all right?' and she went, 'I'm a big fan of *Madame Blanc*, I can't believe you're all here!' So we put her in the scene and made a massive fuss of her!

'IF YOU CAN CREATE CHARACTERS PEOPLE WANT TO SPEND AN HOUR WITH, I THINK THAT'S THE SECRET'

Aww! We're guessing you'd love to make more series of *Madame Blanc* in the future?
Absolutely! It's such a joy to make – I spend all this wonderful time with dear friends and we laugh a lot. I'm not one of those people who goes, 'Let's quit while we're ahead' – I've not even started yet. As long as people want it, I'll write it!

***THE MADAME BLANC MYSTERIES* is previewed on pages 76-77**

THIS WEEK'S EPISODE

SALLY and guest star JULIE GRAHAM share their case notes...

The penultimate episode of Series 3 sees Julie Graham (*Shetland*) and Lisa Maxwell (*The Bill*) guest star as sisters Delphine and Nancy, old friends of chateau owner Judith (Sue Holderness) in a story that takes a chilling turn.

'This time it's a kidnapping, not a murder!' teases Sally. 'Judith's best friend, Nancy, turns up and at dinner she goes to the bathroom and doesn't come back, leaving Delphine devastated. Julie and Lisa were brilliant – we had the best laugh!'

Here, in an exclusive interview, Julie, 58, tells us more...

History: Julie plays an old friend of Judith's

What appealed to you about a guest role in *The Madame Blanc Mysteries*?
I admire Sally so much. It's difficult to get projects off the ground, especially as a woman, and a working-class woman at that, and she's achieved that in buckets.

Also, working with my *Benidorm* husband, Steve Edge, was irresistible [Julie and Steve played Sheron and Billy Dawson in the ITV sitcom]. I'd walk over coals to hang out with him.

Did you enjoy working with Lisa Maxwell and Sue Holderness, too?
I love working with other women, and Lisa and Sue were a total hoot. Sue is a gorgeous comedy legend.

What sets this show apart from other detective dramas?
The fact that it's written by two women is unusual. It's fun, camp, and has loads of heart. Plus, all the fabulous guest stars, of course!

Ha! Why do you think we're a nation of crime-drama fans?
No one does it better. Let's face it, we're a nation of busybodies!

Finally, what's next for you?
I'm filming *The Hardacres*, a period drama based on the novels by C.L. Skelton – coming to Channel 5 soon!

WORDS: STEVEN PERKINS. PHOTOS: CHANNEL 5

TRIGGER POINT

NEW SUN, 9PM, ITV1 DRAMA (BOX SET, ITVX)

Vicky McClure throws open the door of her trailer and urges us in from the rain to share the toasty glow of the small heater which is keeping her warm during a break in filming.

It's spring 2023 and a lucky *TV Times* has been invited to East London for a look behind the scenes of the second season of ITV1 drama *Trigger Point*, which sees the *Line of Duty* favourite reprise her role as straight-talking Metropolitan Police Bomb Disposal Officer – or 'expo' – Lana 'Wash' Washington.

'There was a heatwave during filming last time!' laughs Vicky, 40, who this series is also serving as an executive producer on the project, alongside returning Jed Mercurio, creator of BBC mega-hits *Line of Duty* and *Bodyguard*.

'But the weather hasn't been kind to us this year, it even snowed last week. I've got a hot-water bottle tucked in my vest, which you'd never know is there when you watch the show!'

Beginning six months after the events of the first run, the new six-parter sees Lana return from secondment in Estonia, where she's been training Ukrainian bomb-disposal teams. While she is yet to return to active duty, she soon finds herself in the thick of the action after a bomb, delivered by drone, detonates at a power station on the Isle of Dogs.

Here, Vicky tells us more...

Back with a BANG!

VICKY McCLURE on the return of her high-octane thriller

On set: Vicky McClure, Nabil Elouahabi and Eric Shango

Reunited: Clockwise from below, Danny, Hass, Thom and Lana

How does it feel to be back as Lana for another outing of *Trigger Point*?
I was absolutely thrilled with the way people responded to the first series. It's always a gamble putting out a new show with such a big concept like *Trigger Point*, but I also had a lot of confidence in the series because I thought the script [written by Daniel Brierley] was strong and the characters were great.

It was a real shock when we won [best New Drama] at the 2022 National Television Awards, too. We had so much fun that night!

I don't think there's extra pressure now, but there has been a real energy on set because it's the second series and the first one did so well.

So, what can fans expect from the new run?
This series feels bigger and more physical than last time. We've definitely got more explosives, too. And Lana and the expos aren't up against a one-man band like last time, either. These people are constantly playing games with the Met, which makes them a very complex threat.

The cat-and-mouse game in Series 1 resulted in the deaths of Lana's younger brother, Billy (played by Ewan Mitchell), as well as her best friend and colleague Joel 'Nut' Nutkins (Adrian Lester). How is she coping with that trauma?
In my head, that's part of the job for Lana. What happened with her brother was just unthinkable [Billy was killed when the rigged car he was driving exploded], but she'll have seen a lot of things in her career as an expo, both in the UK and in Afghanistan.

I think her mental health is pretty low on her priority list. When you work in those kinds of fields, you can become quite desensitised to certain things and deal with them privately, so I didn't want to turn Lana into this quivering mess all of a sudden.

When Lana rushes to the scene at the Isle of Dogs, she's reunited with fellow expos Danny (Eric Shango) and Hassan 'Hass' Rahim (Nabil Elouahabi), plus her old flame, newly promoted DCI Thom Youngblood (Mark Stanley). Is there still chemistry between them?
They're pleased to see each other and there's a genuine fondness there, but Lana quickly discovers that he has a new girlfriend, DS Helen Morgan [new cast signing Natalie Simpson]. Thom's a good guy and it was a shame that Lana's troubles got in the way of her being open enough to have that relationship with him. But there's only so long that he could wait!

You mentioned earlier that this series is more 'physical'. Does that mean lots of stunt sequences for you?
I've got to an age now where I'm happy for the stunt worker to do the shot; I'm not bothered about being a hero any more! It's not life-or-death, we're just making telly and there are skilled people out there to do the job correctly. I had to do a lot of running around for the shoot, though, because, unfortunately, we couldn't use a stunt double for that!

What would you say was the most memorable scene you worked on?
There's a sequence where we go underground, so we filmed at a disused underground station and it was like going into the beyond. It is 150 stairs down with no lifts that work, there are no toilets down there, you can't have any food or hot drinks and there's no signal. We were down there all day for two days and it was fascinating, the space was incredible to film in, so we made sure we didn't moan too much even though it was quite an ordeal!

You're a self-confessed superfan of bakery chain Greggs and, during the first series, you famously surprised the cast and crew with an epic delivery in a one-of-a-kind 'Greggs Disposal Unit'. Did it make a reappearance this time?
Yes! I was happy to bring the Greggs van back to set, and everyone seemed happy to have a sausage roll! I also got a mocktail van in because I couldn't make the wrap party, as I was doing *Soccer Aid* that night, so that was my way of having a drink with everyone. I'm always conscious of making sure that people feel appreciated.

***TRIGGER POINT* is previewed on pages 44-45**

NEW FACES

The second series welcomes on board three intriguing characters

DS HELEN MORGAN
NATALIE SIMPSON
A stickler for the rules, the young cop finds it frustrating working with maverick Lana and adding to the tension is the fact she's dating the expo's ex, DCI Thom Youngblood!

COMMANDER JOHN FRANCIS
JULIAN OVENDEN
In charge of the operation against the terrorist group, Lana's demanding new boss does everything by the book and will do anything to further his own career.

ALEX
TOMIWA EDUN
An ambiguous figure who comes forward later in the series saying he has critical intel on the terrorist group – but is his information credible, or is he a pawn in a bigger game?

WORDS: SEAN MARLAND. PHOTOS: ITV

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Excited: The Poplar residents get ready for the event

Historic: Astronaut Buzz Aldrin

Watch this SPACE!

The cast of *Call the Midwife* on celebrating the 1969 moon landing

Poplar is preparing to witness a moment in history as the Apollo 11 mission of July 1969, which saw men first walk on the moon, gets underway in this week's episode of *Call the Midwife*.

While the residents of Nonnatus House, including Sister Julienne (Jenny Agutter) and Sister Veronica (Rebecca Gethings), set up their TV on the convent steps and the locals gather there to watch the thrilling events unfold, the Turners organise a space-themed evening at home for their children, who can't wait for astronauts Neil Armstrong and Buzz Aldrin to make the 'giant leap for mankind'.

Here, four stars of the BBC1 drama share their own and their loved ones' memories of the lunar landing...

CALL THE MIDWIFE
SUNDAY, 8PM, BBC1 DRAMA

***CALL THE MIDWIFE* is previewed on pages 44-45**

STEPHEN McGANN

'A generation of children like me grew up with NASA's Apollo programme,' says Stephen, who plays Dr Patrick Turner.

'I said to the writer, who lives in my house [Stephen's married to *Call the Midwife* creator Heidi Thomas], "It's 1969, we have to do Apollo 11!"

'I remember being six and crazy about the moon and stars, and my parents brought me downstairs at night to see Neil Armstrong landing. I still have this memory of ghostly figures moving across the moon.

'When the Turners watch, their kids are just as taken with it as I was. And there's a lovely circularity that, at 60, I could explain to these young actors [who play his children], "Here's what happened," as it's in living memory.'

NATALIE QUARRY

'It was lovely filming the moon-landing scenes. I felt that I was really living it, and it was special having everyone together when we shot them,' smiles Natalie, who joined the cast at the start of the current series as pupil midwife Rosalind Clifford.

'I talked to my dad about it and he said, "I remember mapping the course [of the mission] on a poster on my wall." We'd never had that conversation before, but he was so excited. It was fun trying to recreate that.

'Sometimes when you don't live through things, you don't realise how recent it all was. You think, "That was ages ago." So it's interesting to now connect it to people I know and actors in the show who remember it.'

ANNABELLE APSION

'Not everyone has a TV, so the moon landing brings everyone together at Nonnatus House,' says Annabelle, who plays haberdasher Violet Buckle.

'I remember as a child, I probably didn't want to get up, but was made to, and I watched it on a tiny telly!

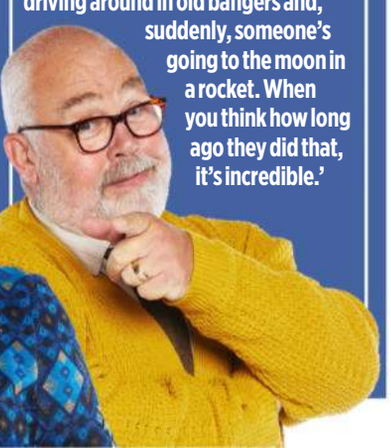
'Now, though, I love the idea of the space journey, and I'm friends with [American] astronaut Marsha Ivins. When I played an astronaut [in a 1995 production of play *The Blue Ball*], the team rang up NASA and I went to Houston [NASA's Mission Control Center in Texas] for research. I met Marsha, who said, "We've got a launch at Cape Canaveral, come down." So I saw that and went round the shuttle and flew in a simulator. It was amazing!'

CLIFF PARISI

'When I watched the moon landing, I was nine and my dad got me out of bed and all I could see was a snowy television!' recalls Cliff, AKA handyman-turned-newsagent Fred Buckle.

'I couldn't make it out. I thought, "What's that?!" But my dad was going, "Look, there's a foot!" He loved it because he was a bit of a scientist and worked as an electronic engineer, so we watched all the televised space missions. I still do now – they're amazing.

'Fred gets excited about it, too, because back then, you've got people driving around in old bangers and, suddenly, someone's going to the moon in a rocket. When you think how long ago they did that, it's incredible.'



WORDS: CAREN CLARK, ELAINE REILLY. PHOTOS: BBC, GETTY

CURTAIN *up!*

JASON MANFORD on raising the roof with this year's musical showcase

BIG NIGHT OF MUSICALS

NEW SATURDAY, 7.50PM, BBC1 ENTERTAINMENT

Jason Manford is thrilled to be puttin' on the glitz again as he prepares to reprise his role as compère for another celebration of theatreland in this year's *Big Night of Musicals*.

The show-stopping spectacular, which made its debut in 2022, is set to take place at the Manchester Arena on 22 January and will air on BBC1 this Saturday. The event again brings together the crème de la crème of West End shows and touring productions (see list, right) for a toe-tapping extravaganza.

Here, Jason, 42, who's been seen treading the boards in musicals including *The Producers*, *Chitty Chitty Bang Bang* and most recently *The Wizard of Oz*, tells *TV Times* why we need to get our jazz hands ready...

This is your third year at the helm, Jason. What is it you love about this event?
It's a unique show born out of the National Lottery wanting to support the theatre industry after lockdown. And each year, it's bigger and better. No TV channel could afford to make an incredible show like this – featuring the best songs from the best musicals – without National Lottery funding. It's very special to be a part of.

Joining you this time is Beverley Knight, who was a judge alongside you on ITV talent search *Starstruck*...
Beverley and I are dear friends, and I love that she's involved in the show. When I hosted the 2022 Olivier Awards, Beverley was nominated [for her performance as Faye Treadwell in jukebox hit *The Drifters Girl*]. I remember she was rehearsing for a performance with five other fantastic West End stars and they were all looking at her like, 'Who is THIS?' She's just otherworldly.

Could you give us a flavour of what the atmosphere is like on the night?
The energy is electric! It can be a once-in-a-lifetime thing to play to thousands of people in an arena, so all our performers are excited. The audience knows they're coming to see the actual casts of these actual musicals, with costumes, props and a huge orchestra, so they feel privileged to be there. There's definitely something in the air.

Which performances are you most looking forward to?
Mrs. Doubtfire, which I've seen on Broadway but not in the West End [it opened in London in May 2023]. Also Disney's *Aladdin*, plus *Les Misérables* is always a real standout and usually gets a standing ovation. And *Hamilton*, too. That's on at the Palace Theatre in Manchester, while I was at the Opera House in panto last year playing Jack in *Jack and the Beanstalk*. So we were rivals!

Last year, you performed *From Now On* from 2017 blockbuster *The Greatest Showman*. Will you be singing again this time?
Yes! We have an opening number that we're just putting together. In fact, when I've finished chatting to you, I'll be in rehearsals for that. Everyone's involved and I think the audience will go wild!

A cut above: Jason as barber Pirelli in *Sweeney Todd*

When did your love of musicals begin?
I've always loved music. My family were all in bands; my grandma was the lead singer of a folk band. So weekends were often spent watching her as well as listening to the Rat Pack [the group of A-list performers that included Frank Sinatra, Dean Martin and Sammy Davis Jr] – they covered many songs you didn't know were from musicals.

At high school, I was involved in all the drama productions – either on stage or backstage – and I loved the camaraderie of it. Then when I was about 12, my school went to see a production of *Sweeney Todd* and I loved it.

You made your West End debut in *Sweeney Todd* in 2012, playing Italian barber Pirelli. That must have been a 'pinch-me' moment...
Yes, a little, considering it was the first musical I saw. It was an amazing moment to be in that show with such big names as Michael Ball and Imelda Staunton. It coincided with the 2012 Summer Olympics, so I was in London for that whole time. It was a special time in my career.

Is there a role in a musical you'd still like to play?
I'd love to do a brand-new musical that goes on to become part of the theatre landscape, with me being the first to play a certain character. I'd also love to play the dentist in *Little Shop of Horrors*, and, in *Les Misérables*, maybe Monsieur Thénardier or Inspector Javert. But not Jean Valjean – it's a lot of work and I like a cup of tea and a sit down!

Famous friendship: Beverley Knight joins Jason for this year's show

Ha! Would you be tempted to write a play or musical?
I'm writing something at the moment based on the origins of Captain Hook, who I played in *The Pantomime Adventures of Peter Pan* [at Manchester's Opera House] in 2022. I've been working on that with West End producer Michael Harrison, and this other guy, Gary Barlow, who you may have heard of?! He's been writing songs for it and we might have something to show people later this year!

Do any of your six children dream of following you into show business?
I may have put them off by moaning about how tired I am all the time! My eldest daughter is in all her school productions. She's about to play Ursula in *The Little Mermaid*, and I've been teaching her how to do an evil laugh!

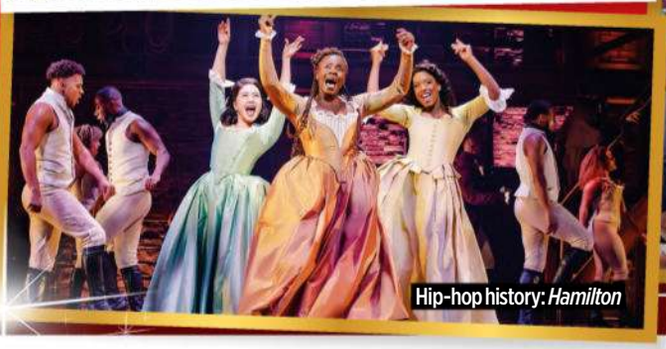
***BIG NIGHT OF MUSICALS* is previewed on pages 36-37**

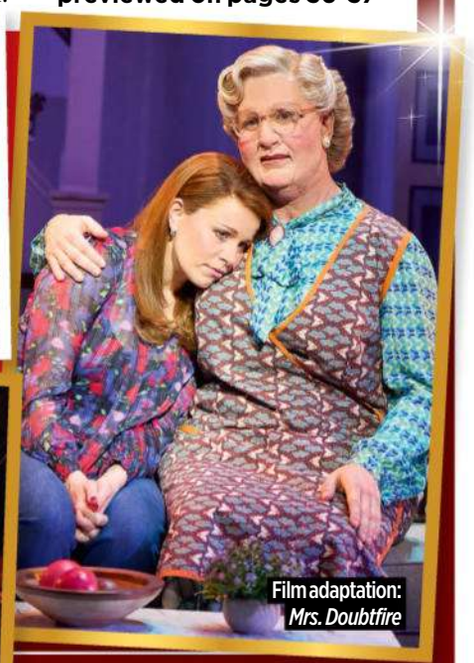
WORDS: VICTORIA WILSON. PHOTOS: GETTY, ITV, SHUTTERSTOCK

ON THE BILL

- A CHORUS LINE
- DISNEY'S ALADDIN
- EVERYBODY'S TALKING ABOUT JAMIE
- GREASE
- GUYS & DOLLS
- HADESTOWN
- HAMILTON
- LES MISÉRABLES
- MOULIN ROUGE!
- MRS DOUBTFIRE
- THE PHANTOM OF THE OPERA
- THE WIZARD OF OZ

Coming-of-age story: *Everybody's Talking about Jamie*


Hip-hop history: *Hamilton*


Film adaptation: *Mrs. Doubtfire*

Trouble AHEAD

AL WEAVER on the latest challenging chapter for his fan-favourite character

Helping hand: Housekeeper Martha starts work at the halfway house

Formidable: Mrs C (below) has strong opinions of her own

GRANTCHESTER

THURSDAY, 9PM, ITV1 DRAMA

Leonard Finch has faced his share of trials and tribulations since period drama *Grantchester* made its debut almost a decade ago.

After his sexuality was made public, a spell in prison followed (being gay was illegal in 1950s Britain). Since then, the former curate has been busy rebuilding his life and is now at the helm of a halfway house to help people in need of second chances.

But as Series 8 continues, Leonard finds himself at the heart of this week's investigation. We caught up with actor Al Weaver, 43, to find out more...

After resigning from the church in Season 6, Leonard is now running a halfway house. How's he finding his current role?

Leonard feels he's found his place in the world. He still wants to do his duty and be of service to others, but without that tag of religion.

He's trying his best, but it is chaos! He and his partner Daniel [Oliver Dimsdale] need help, so they get a housekeeper, Martha, played by [*Bad Girls* star] Simone Lahbib.

We bet Sylvia Chapman, the formidable vicarage housekeeper, isn't too happy!

Mrs C feels she should be helping out at the halfway house and tries to interfere in Leonard's endeavours. But he doesn't want her taking over. There's soon a war between Martha and Mrs C over who is the best mother figure, who bakes best and who can be of more service to Leonard, to win his affections!

Partners: Daniel (left) and Leonard

The halfway house is at the centre of episode four after a resident is found dead, and Leonard is soon under pressure to close it, isn't he?

Yes, Leonard faces discrimination from some of their new neighbours who don't like alcoholics and ex-cons moving in. But he's a strong character and deals with it. He gets Reverend Will Davenport [Tom Brittney] around to try to improve the image of the halfway house when the neighbours complain. As Will steps in, though, he goes too far and they have a big falling-out!

This series also marks your directorial debut, as you were behind the lens for episode three. How did you find that?

It was a dream come true. I was going to ask last series, but I didn't feel quite ready, and then watching Tom do it [Tom directed episode three of Season 7] was inspiring, because he's very gung-ho and also a bit cavalier, like, 'Well, what's the worst that could happen?!' Directing was one of the best, most fulfilling experiences I've had.

Did Tom give you any pointers?

When Tom directed us, every time he asked me to do something, I would say, 'Denied!', as a joke. And as soon as I gave him a direction during my episode, he shouted, 'Denied!' So I created a monster! I'm kidding, of course; they were all really lovely and supportive.

What reaction have you had to Leonard, particularly around his struggles in a time when homosexuality was illegal?

It has changed my life playing him. It's made me a better person to think this guy, who faces such adversity, still wants to devote his life to helping others. Hopefully, those in a difficult situation can get some strength or inspiration from Leonard's story. That's what great television does.

***Grantchester* will have been on our screens for 10 years in October. Could you have predicted when it began that it would now be a global hit?**

I was in my 30s when we started *Grantchester*, now I'm 43! It's weird, because we felt when James Norton [who played the show's original vicar, Sidney Chambers] left in Series 4, that was it. We always imagine each series might be the last one, and then we always come back. It makes me think we're doing all right!

***GRANTCHESTER* is previewed on pages 76-77**

WORDS: VICTORIA WILSON. PHOTOS: ITV

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EXCLUSIVE

Extra TIME!

Corrie star MATT MILBURN on ex-footballer Tommy Orpington's return, tackling Tracy McDonald, and his own love of the beautiful game...

CORONATION STREET

MONDAY & WEDNESDAY, 8PM, ITV1 SOAP

There's only one Tommy Orpington! And *Coronation Street*'s legendary striker, who hung up his football boots in 2021, is back in Weatherfield. Having blown his money on a failed burger restaurant, he's now making a living as a painter and decorator.

This week, Tommy finds himself at the centre of the action in the ITV1 soap, as he ends up scoring with married client Tracy McDonald!

Here, actor Matt Milburn, who has played Tommy on and off since 2016, joins *TV Times* for an exclusive chat about coming off the bench for some steamy drama...

When Tommy retired from football, did you think the final whistle had been blown on your days of playing him?

I think that's probably a fair assessment! I knew his football career was never going to last for ever, and a little bit of my heart sank, I must admit. Getting the news that he's had a change of career and new horizons, I was over the moon.

It's brilliant working with Simon Gregson [who plays Tracy's husband, Steve McDonald] and Joe Duttine [AKA Tim Metcalfe] again, although it's so hard to keep a straight face!

Playing away: Tommy gets cosy with married client Tracy this week

'BEING A FOOTBALLER WAS THE DREAM JOB FOR ME, SO PLAYING ONE QUENCHED THAT THIRST'

Dream job: Matt wanted to be a footballer, so playing one was the next best thing

Tommy's star has faded and he now has a 'normal' job. As an actor, is he a more interesting proposition?
Absolutely. He was always a fun character to play – I'm a massive Manchester United fan, and being a footballer was the dream job for me, before I got older and got a passion for acting. So to be able to play a footballer, it kind of quenched that thirst. But I've got a backstory now, and it's far more well-rounded.

I still play football, and one of the perks of having been on the telly is the charity football matches I've been invited to play in. I've played with some top ex-pros, and they've said to me that it's tough when you come to the end of your career and have to transition back into normal life.

Tommy could quite easily have a chip on his shoulder and be bitter about the whole thing, but I think the fact he's really humble and it doesn't faze him is great.

So, what draws him to Tracy?
I think in the past, he's done quite well with the ladies – he's been a bit of a player on and off the pitch! But his marriage has failed, and he's probably not been the most settled of fellas. Tracy's very sparky and confident. He's challenged by her, and he finds that attractive. Also, she's not interested in his background; she just sees him for him.

Soap siblings: Actor Greg Wood is Matt's real-life brother

Do you think Tommy and Tracy could work as a couple? And, if so, how would his No.1 fan, Steve, react?
I don't see why not. Tommy and Tracy would have their ups and downs, that's for sure, because they're both very opinionated, but it'd be nice to see. As for Steve, I think time would potentially be a healer. Watch this space!

How did you go from wanting to be a footballer to wanting to be an actor?
Watching my brother [former Corrie star Greg Wood, who played loan shark Rick Neelan] in his first college play ignited my fire for it. Seeing the adrenaline surge through him afterwards, I thought, 'I'd love to give that a go.' But I just never did.

I struggled from my late teens to early 20s to pin down what exactly I wanted to do. I did a BTEC National in sports science as I thought I wanted to be a PE teacher. Then I did A levels, and was about to go off and do sports journalism at university when my first opportunity to act came along.

What was that lucky break?
Greg was due to film a play for his mates at the University of Salford, but he got a part in *Brookside* [Greg played gangster Terry Gibson in the C4 soap from 2002 to 2003], so he put my name forward without telling me. It was called *Dealer's Choice* by Patrick Marber – it's about poker. We filmed it in the basement at nights, and it was the best buzz.

About three weeks after that, I got an audition for C4's *Hollyoaks* [Matt was fashion student Joe Spencer from 2003 to 2006]. *Hollyoaks* was like my university.

Early role: Matt played Joe Spencer in *Hollyoaks*

Farm favourite: As Nicky Pritchard in *Emmerdale*

There are many performers who started out as footballers, including Bradley Walsh and the late Sean Connery. Do you think there is a correlation between the two professions?
I talked about this with my dad a lot – his name was Chris Milburn and he's no longer with us. He played for Manchester City, but he got a really bad injury when he was about 19. We used to say to him, 'You should've been on the stage.' I think that dressing-room mentality is almost like a stage in itself, and the higher level of football I've played at, I've found the bigger the characters are. I think the two go hand-in-hand.

What have you been up to when you've not been playing Tommy?
I try to work as an actor as consistently as I can, because that's my focus. I've done *Hollyoaks*, *Emmerdale* [Matt played locum vet Nicky Pritchard in 2011], numerous Shakespeare tours, and a few plays at a lovely old theatre called The Mill in Sonning in Berkshire. I really enjoy theatre.

But it's a case of life imitating art, because when I'm not acting, I do plumbing and heating! It's funny, I walked into the Corrie make-up room the other day, in Tommy's decorating overalls, and one of the girls, who'd not met me before, pointed me to the sink – one of the taps had been playing up. I said, 'Do you know what? I probably could fix it, but not right now!'

Given Tommy's new career, whose house on Coronation Street would you most like to give a lick of paint to?
I think Chesney Winter-Brown's place [No.5] could easily do with a makeover. When I watch the show with my mum, she says, 'It's a bit cluttered, that house.'

Finally, Tommy is a footballing god to many in Weatherfield, but do you have your own footie hero?
Bryan Robson [former England and Manchester United midfielder], and I had the privilege of playing with him at a charity match in Marbella. Playing centre half with Robbo – all dreams achieved!

***CORONATION STREET* is previewed on pages 24-25**

WORDS: ALISON SLADE. PHOTOS: ITV, LIME PICTURES

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Striking a pose: (From left) Sam, Robin, Cherry, Maya, Amy, Rachel, Paul and Sue

NEW EXCLUSIVE

A family PORTRAIT

ALISON STEADMAN on the return of her popular sitcom, and her incredible career...

All at sea: The Jessops take a boat trip

HERE WE GO

NEW FRIDAY, 8PM, BBC1 COMEDY (BOX SET, BBC iPLAYER)

One of our best-loved actors, Alison Steadman has brought to life a host of memorable characters on both screen and stage in a career spanning over 50 years.

Among the most recent is straight-talking but loveable grandma Sue Jessop in BBC1's multigenerational sitcom *Here We Go*, which returns for a second series this week.

The new six-part run opens with Sue on a mission to downsize her home. But, as she begins clearing out her belongings, it leads to her chaotic clan, including son Paul (Jim Howick) and daughter-in-law Rachel (Katherine Parkinson), embarking on an unexpected boating adventure!

Here, in an exclusive interview, Alison, 77, tells *TV Times* what to expect...

How pleased are you that this show is back, Alison?

I love the way that Tom Basden [the show's creator, who also plays Rachel's brother, Robin] captures family life, in that the Jessops have their arguments, but, mixed in with that, there's huge warmth. I love Sue, but she's a bit over the top. I wouldn't move into my son's house and start changing everything around in the fridge!

Where do we find Sue at the start of the new episodes?

Sue is selling her house. It's where she brought up Paul, but, now that she's a widow, the house is too big and she wants a flat. She is having a clear-out when Paul spots his dad's old boat in his mum's garage. Paul's certain he can get it going again, so the family takes the boat out on the water... and chaos ensues!

Comedy classic: *Abigail's Party*

The events in each episode unfold through the lens of a hand-held camcorder belonging to Sue's teenage grandson, Sam (Jude Collie), who's documenting his family's life. How are you finding this filming style?

I've got used to it now. When I started acting 50-something years ago, I was taught never to look at the camera, but, on this show, I have to!

Here We Go is filmed in long, continuous takes – we might do 10 or 12 takes of a 10-page scene with no cut. It's quite exhausting but good fun and it's completely different to anything else on TV.

What's next for you?

I have a little grandson due in April to look forward to, so I want a bit of free time to enjoy him. Then, we're filming series three of *Here We Go* later in the year and I need time to go through the scripts as I can't learn lines as quickly as I used to!

Your standout roles include outlandish hostess Beverly Moss in 1977 play *Abigail's Party* and vivacious Pam Shipman in hit sitcom *Gavin & Stacey*. What do people talk to you about the most?

I mainly get people shouting 'Pamelaaaaar!' I love it when people stop me for a selfie! If it wasn't for them being fans, I wouldn't have a job! People also often mention *Abigail's Party*. That was 47 years ago and people are still talking about it. That's not bad, is it?

Indeed! We hear you're writing a memoir, due to hit shelves later this year...

That's right! It's not about my private life; it's about my career, my childhood, my influences and what made me want to become an actress. I've had the acting gene in me from when I was a child – I would spend hours in my bedroom pretending to be the Queen!

What has been the highlight of your career so far?

I'd say doing *Nuts in May* [an episode in BBC's hit anthology *Play for Today*], in the mid-1970s, where I played a vegetarian called Candice-Marie Pratt, was one of my happiest times filming.

And *Abigail's Party*, because I had come down from Liverpool to attend drama school in Essex and worked with Mike Leigh [Alison was married to the writer and director between 1973 and 2001] to develop this amazing character of Beverly, and it's where I made my mark. I suppose I could put my feet up now, but acting is my life. I don't think I'd ever want to stop.

***HERE WE GO* is previewed on pages 84-85**

WORDS: VICTORIA WILSON. PHOTOS: ALAMY, BBC

THE APPRENTICE

NEW THURSDAY, 9PM, BBC1 REALITY

As a new collection of sharply dressed candidates begin battling it out for a £250,000 business investment this week when BBC1's *The Apprentice* returns for an 18th outing, Lord Alan Sugar is ready for action.

'What keeps me coming back is that I love doing it. I've got plenty of other things in my life, I can assure you!' says the revered entrepreneur, 76, who has been at the centre of the competition since its debut in 2005. 'I have a contract to do Series 19, I don't have a contract for Series 20 yet, but I'm pretty sure that we'll do it.'

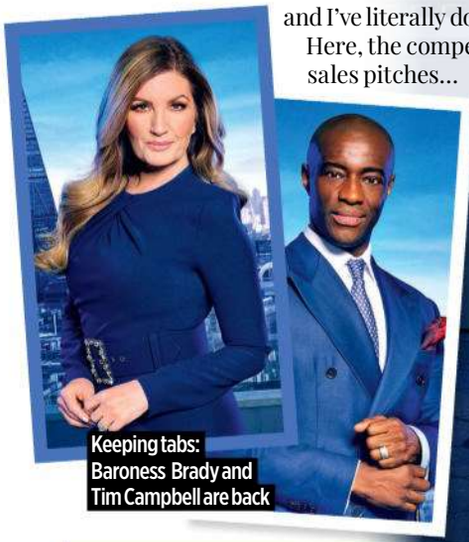
The first episode in the new 12-part run sees Lord Sugar send the 18 hopefuls to the Scottish Highlands on a mission to organise a corporate away day, with his trusty aides Baroness Karren Brady and Tim Campbell keeping a watchful eye on proceedings.

Future tasks will revolve around electric cars, vegan cheese and virtual escape rooms, reflecting changing markets, as well as the classic shopping channel assignment and discount buying test.

'The quality of the candidates that we have attracted this year is superb,' says Lord Sugar. 'We've got a lot to work with.

'First impressions are important and I don't blame the candidates for making bold statements at the beginning. But there's no pulling the wool over my eyes. I've studied their CVs carefully and made notes, so I can go straight to their claims in the boardroom. I've been in business for nearly 60 years and I've literally done everything.'

Here, the competitors share their sales pitches...



Keeping tabs: Baroness Brady and Tim Campbell are back

Capital

MEET THE 2024 CANDIDATES...

AMINA KHAN
PHARMACIST AND BUSINESS OWNER

'I started my business from zero and made my first turnover of £1 million within two years. I am a massive risk-taker, but make calculated decisions.'

FOLUSO FALADE
PROJECT MANAGER

'I'm the Mary Poppins of business. Money doesn't move me, but making a difference does. I am an investment that guarantees profit.'

NOOR BOUZIANE
JEWELLERY COMPANY OWNER

'I've learned to be very disciplined in the daily organisation of my business. I have competitiveness in my blood and will go to any length to win this.'

DR ASIF MUNAF
WELLNESS BRAND OWNER

'I launched a business while working 12-hour shifts as a doctor. I've got an extremely high IQ, an extremely high bench press, and I'm good on the eyes.'

JACK DAVIES
RECRUITMENT DIRECTOR

'What's my biggest business fail? I don't have one. Failure isn't an option. I deserve Lord Sugar's investment due to my work ethic and drive to succeed.'

OLIVER MEDFORTH
SALES EXECUTIVE

'I've run five retail shops for our family-run distillery. I am hard-working, and will dominate the selling tasks and prove that I am a selling machine.'

FLO EDWARDS
RECRUITMENT CONSULTANT

'Equality, diversity and inclusion is at the core of my business. My warning to the other candidates? Don't underestimate me. I'm here to win.'

MAURA RATH
YOGA COMPANY OWNER

'I deserve Lord Sugar's investment because I promote positivity in a profitable way. My business brings people a little bubble of self-love.'

ONYEKA NWEZE
CHARTERED COMPANY SECRETARY

'My business is going to be making £10 million within the first five years. If Lord Sugar is ready to make some serious money, then he needs me.'

GAMES

LORD ALAN SUGAR on the return of TV's toughest job interview

PAUL BOWEN
PIE COMPANY DIRECTOR
'I have great ideas, great business acumen and a work hard attitude. With my passion and ideas, I could make Lord Sugar "Lord of the Pies".'

RACHEL WOOLFORD
BOUTIQUE FITNESS STUDIO OWNER
'When I was seven, my mum found me selling my toys, shouting, "Everything must go!" Anyone in business must work hard, but I work harder.'

STEVE DARKEN
MANAGEMENT CONSULTANT
'I was a low-budget filmmaker and had a film screened at the Cannes Film Festival. If I get the investment, the real winner is Lord Sugar.'

DR PAUL MIDHA
DENTAL GROUP OWNER
'My body-popping talent paved the way to a *Britain's Got Talent* audition and being an extra in a TV show. I aim to revolutionise healthcare attire.'

RAJ CHOHAN
MORTGAGE BROKER
'I never fail in business but only learn and improve. I am considerate yet very determined to reach my goals. I want to be a multi-millionaire by 50.'

TRE LOWE
MUSIC AND WELLNESS ENTREPRENEUR
'There is something truly special about creative success. I am going to change the world and create a legacy that reverberates through time.'

PHIL TURNER
PIE COMPANY OWNER
'Almost everything I've done for the first time failed in some way. Failure is necessary for success. You don't grow a big business by being a pushover.'

SAM SAADET
PRE AND POSTNATAL FITNESS COACH
'I am one of the savviest, go-getting women I know. My business focuses on something I'm passionate about while making money – it's win-win.'

VIRDI SINGH MAZARIA
MUSIC PRODUCER
'My ambition is relentless. One of my goals is to star in a Marvel movie as one of the Avengers. The other candidates are extras on my journey to the top.'

WORDS: ELAINE REILLY. PHOTOS: BBC

THE APPRENTICE is previewed on pages 76-77

NEW EXCLUSIVE

Tales from the RIVERBANK

MICHEL ROUX on his journey of culinary discovery along the River Thames

ROUX DOWN THE RIVER

NEW THURSDAY, 9PM, FOOD NETWORK

COOKERY

When *TV Times* catches up with Michel Roux, it's the day before he's about to close the doors of his two-Michelin-starred Mayfair restaurant Le Gavroche for the very last time.

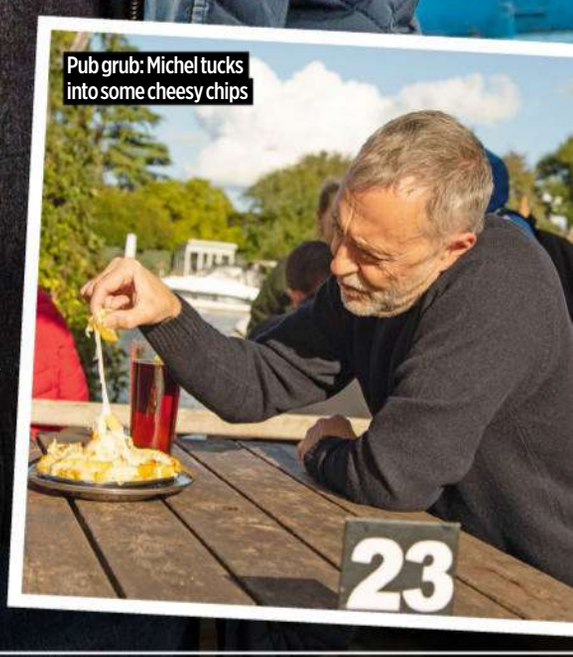
Founded by the chef's late father, Albert, and late uncle, Michel Snr, the fine-dining institution has been a part of the Roux family since 1967, so it's certainly an emotional moment. But it is also a decision that Michel hopes will give him a better work-life balance and time to focus on new ventures, like his Food Network series *Roux Down the River*.

The five-episode gastronomic travelogue follows him on a glorious boat journey along the River Thames from Cookham in Berkshire to Southend-on-Sea in the Thames Estuary, as he enjoys the eateries that line its banks.

Not only that, but Michel also gives viewers step-by-step cooking masterclasses from the riverboat's galley kitchen!

'I jumped at the opportunity when this idea was floated – sorry, that's a terrible pun!' laughs the 63-year-old star, during our exclusive interview. 'I normally live my life at 100 miles an hour, but, on this trip, I really slowed down. Now Le Gavroche is closing, I'm hoping for more relaxation and river journeys like this.'

Here, Michel tells us more about his voyage of discovery, and his exciting future plans...



Pub grub: Michel tucks into some cheesy chips

23

WORDS: HANNAH DAVIES. PHOTOS: C4, DISCOVERY+, FOOD NETWORK

Family time: Michel with cousin Alain at the Waterside Inn

Can you tell us what the inspiration was behind your new series, Michel?
Quite simply, I love the water. I grew up in London and I used to fish in, and even swim in, the Thames. My father and uncle also started their riverside restaurant, The Waterside Inn, on the Thames at Bray [in 1972], so this series was a dream. The idea was to discover new things, meet up with old friends and family, and eat some good food. What's not to like?

Indeed! The opening episode sees you return to The Waterside Inn, which is now run by your cousin Alain Roux. Was it emotional for you reflecting on your family's legacy?
Very much so. It's always moving to go back, but always wonderful, too. And it's great to catch up with my cousin because we always have a good laugh together. I got to taste his wonderful raspberry soufflé and his delicious poached eggs and just soak up the atmosphere of his busy kitchen.

During the journey, did you sample any dishes that surprised you?
I tried cheesy chips, which is a speciality at this lovely riverside pub that you can only get to by boat or on foot, and they were just delicious. I mean, fried chips, with the cheese melted under a grill? You can't go wrong! Then, at Leigh-on-Sea on the Thames Estuary, I had a little bowl of fresh cockles, which were absolutely wonderful. So, in this series, we go from the Michelin-star soufflé that my cousin cooked, to a bowl of steamed cockles in vinegar. But food doesn't have to be fancy – it just has to be good!

'FOOD DOESN'T HAVE TO BE FANCY – IT JUST HAS TO BE GOOD!'

Do you have any other favourite moments from making the series?
Yes, mudlarking! I've always wanted to try it and it was such good fun. I found bits of old glass and crockery, and some clay pipes that were probably 200 years old. Other than that, I went fishing with an old friend and actually caught something for once, and I really enjoyed simply relaxing. My life is normally very full-on, but, when you're on a boat, you can't help but slow to the speed of the river.

Finders keepers: Michel with mudlark Nicola White

Along the way, you also share recipes inspired by your river experiences. How did you find cooking in the boat's galley?
I had to adapt a bit. The oven is tiny, there's a very small hob and a little sink. The advantage is that everything is all within arm's reach, and what's nice is that it means anyone can have a go at the dishes no matter what sort of kitchen they have. The recipes are easy to understand and there are also some shortcuts in there. For example, I make some venison pies and I wasn't going to mess around making puff pastry, so I used shop-bought. Life's too short to be making puff pastry sometimes! I really hope people will watch the series and think, 'I'm going to have a go at that!'

Are there any other rivers you'd like to explore?
Oh, so many – maybe the Rhine, the Seine or the Douro. There are so many wonderful rivers that go through Europe's capital cities, too. Or even in the UK, there are so many stretches of river that I haven't discovered.

Where do you normally like to go on holiday to relax?
Well, I've got a house in the South of France, so I tend to head there. It's in a small village off the beaten track, so it's very quiet. But it has also got a nice butcher, a very good bakery and a couple of bars – which are rather nice, too! It makes a lovely change from my hectic London life.

Finally, what are your plans after Le Gavroche closes (the restaurant shut its doors on 13 January)?
For a long time my working day has been incredibly long, so I'm hoping I'll have a bit more spare time, especially in the evenings! Hopefully my work-life balance will be much improved and it will give me more time to look after my young grandchildren, which I really enjoy – they always put a smile on my face!

***ROUX DOWN THE RIVER* is previewed on pages 76-77**

FOOD, GLORIOUS FOOD!

Enjoy three more Michel Roux shows, all available to stream now…

FIVE STAR KITCHEN: BRITAIN'S NEXT GREAT CHEF
CHANNEL 4

This culinary competition, which aired on C4 last year, sees Michel and fellow experts Ravneet Gill (*Junior Bake Off*) and Mike Reid (*Ready Steady Cook*) search for a talented new chef to shake up the luxury hospitality industry. Across six episodes, 13 contestants battle it out to win the chance to run London hotel The Langham's prestigious Palm Court restaurant, where Michel is a consultant.

MICHEL ROUX'S FRENCH COUNTRY COOKING
DISCOVERY+

Michel showcases the unique cuisine of southern France and shares some surprisingly easy recipes, from steak haché to chocolate-and-cherry mille-feuille. Launching in 2021, there are two seasons comprising eight episodes each to enjoy.

MICHEL ROUX'S PROVENCE MASTERCLASS
DISCOVERY+

This five-part series from 2023 sees Michel create exquisite top-level menus, from a decadent brunch to a sumptuous Sunday lunch, all guaranteed to impress. Along the way he also visits some of Provence's top chefs for culinary inspiration.

SPIES *like us*

DONALD GLOVER and MAYA ERSKINE on rebooting a killer action adventure

Missions: Jane begins to question the orders the pair are given

MR. & MRS. SMITH

NEW FROM FRIDAY 2 FEBRUARY, PRIME VIDEO DRAMA

Negotiating the ups and downs of a fledgling relationship can be tough at the best of times. But what happens when both of the people involved are also constantly fighting for survival in the dangerous world of espionage?

This is the premise for Prime Video's new action comedy *Mr. & Mrs. Smith*, an eight-part reimagining of the hit 2005 film of the same name which starred Brad Pitt and Angelina Jolie (see box, opposite page).

While the original movie follows a couple in a long-term marriage who discover that they're both secretly working as rival assassins, the TV series centres around two spies – played by American actors Donald Glover and Maya Erskine – who start out as complete strangers.

When they land jobs with an elite agency, however, their employers demand that they adopt fresh identities as married New Yorkers John and Jane Smith. But as the pair embark on peril-filled missions, will romance start to blossom for real?

Here, Donald, 40, who co-created the show, and Maya, 36, tell us why it's set to have viewers on the edge of their seats...

Growing close: Strangers John and Jane must pose as a couple

So, how does this story compare to the original film version?

DONALD I saw the movie and I was like, 'What kind of message do we want for now?' I wanted it to be more about a partnership.

MAYA Yes, in the movie, they don't know the other is a spy, too. But in this version, they know they are entering this agreement of becoming partners and carrying out missions together while having to pose as a couple. So they're meeting someone for the first time and then living in the same house and learning their habits.

What is your take on your characters?

DONALD Both of them are lonely. The show was written during the pandemic, so a lot of the themes deal with the emotions we all had then like, 'Are you happy with your decisions?'

I think John just wants a family. His father was in the military, and John [despite his new secret identity] is still close to his mother, because you don't desert your family. That's more important than any job to him, which makes him a good person, but maybe not a great spy!

MAYA Jane comes from a broken family and is not very trusting but she's entering a partnership based on trust. She has to be vulnerable and learn to rely on another person, which she hasn't done her whole life. It's fun to see her open up in that way.

Tell us a bit about their journey...

MAYA Jane just wants to make money; she doesn't want it to get messy. So they start off with, 'Let's not make this romantic, this is just a business partnership.' But as they get to know and like each other, it becomes more and more complicated and they fall in love. Then it becomes a real relationship that people are going to be able to relate to, just set against a backdrop of the spy drama and life-or-death stakes.

DONALD And an arranged marriage which doesn't give people the chance to leave makes those stakes even higher. It's so easy now to just give up on any sort of relationship, and I felt like it was more interesting to stuff people together and

be like, 'There's no way out.' Then you make something new that's beautiful.

Do they have different approaches to their espionage missions?

MAYA Jane really wanted to be a part of the CIA, but this [the organisation which recruits them] is the other big agency that she could join. It's a company that we don't know anything about, though. Messages come through a computer that gives them missions, which could be as small as delivering a box, to killing five different people without knowing why. But Jane wants to know the purpose of these missions and it's never revealed to her...

DONALD Both of them don't really know what they've signed up for. John's just excited about being a spy and doing all the fun stuff – he's like a golden retriever but also a babe in the woods. He wants to be a hero but he craves structure and order, too, while Jane is more of a person to rely on new experiences to keep her happy.

How did you find filming the action sequences we see in the show?

MAYA I'd just had a baby [son Leon, who was born in 2021] and I realised, 'I have to get into shape fast!' We worked with a trainer and an amazing stunt team, and we learnt the fight choreography. There's one part where Donald and I are fighting each other and it's just one shot, so we couldn't edit a punch and change the angle; we had to get it right, so that was fun. But we also had to handle guns, which terrified me. I hated that at first.

Finally, what do you think viewers will love most about the show?

DONALD The romance, but there's a lot of tension, too. It's on some level an action show, but it's also really about the relationship. I'm excited to see how people interpret that.

MAYA I think couples of all ages should watch this show together. There is something in it for everyone to relate to. It really runs the gamut!

***MR. & MRS. SMITH* is previewed on pages 84-85**

BLOCKBUSTER BEGINNINGS

The TV show draws inspiration from the 2005 spy film *Mr. & Mrs. Smith*, which became a box-office smash thanks to high-octane action sequences and the sizzling chemistry between its leading stars Brad Pitt and Angelina Jolie.

While movie fans were captivated by the Hollywood favourites' portrayal of married suburbanite spies John and Jane, who were in the dark about each others' secret lives but ended up being tasked with killing their spouse, the actors' off-screen romance also hit the headlines. The couple – who were soon dubbed 'Brangelina' – went on to raise six children together and marry in August 2014, before filing for divorce in September 2016.

*** The film *Mr. & Mrs. Smith* is currently available to stream on Netflix and Disney+**

Origins: Angelina Jolie and Brad Pitt in the 2005 action movie

WORDS: CAREN CLARK. PHOTOS: 20TH CENTURY FOX/ALAMY, PRIME VIDEO

Dishing the DIRT

Bethany spies a story after hearing some gossip about Daisy...

Daisy took an instant dislike to Bethany when the Weatherfield returnee hooked up with Daniel mere days after she and the teacher broke up. And the odds of the glamorous 20-somethings becoming bosom pals fall further when aspiring journalist Bethany hears some gossip about her lover's ex and gets a glint in her eye – the kind of glint that suggests she's going to use her discovery to write a salacious exposè.

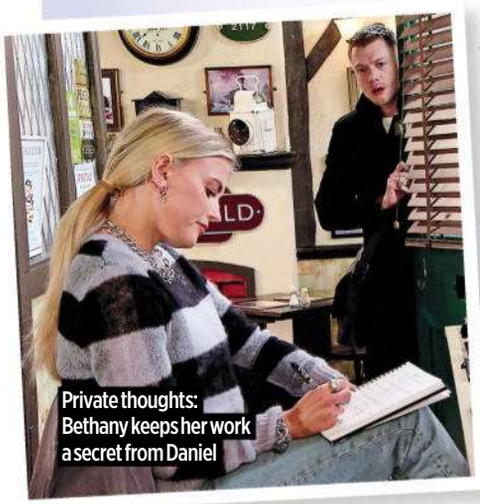
Personal life exposed? Daisy

Bethany initially has high hopes for a different article – something she's reluctant to tell Daniel about – but it fails to float her publisher's boat. She really should write about what she knows. What with two serial killers in the family, granny Gail's fourth husband trying to fake his own death, and the body of her mother's ex being found under the extension, she's got enough material to fill the red tops for a decade.

Bethany's gutted, not least because she's skint. It all gets too much when oblivious Daniel says it's her turn to buy them dinner. Living off her overdraft and too proud to admit it, she lies that she can't take him out because she's working to a deadline. She then arranges a meeting with *Gazette* journalist Suki Waters in a bid to land some work.

Suki can't offer anything, and suggests Bethany approach the gossip mag *Chit Chat* instead. It sounds like a plan, and Bethany's ears prick up when she then hears on the grapevine about some of the things Daisy got up to last year, which the pint-puller wouldn't want publicised.

Will she air her neighbour's dirty laundry in exchange for cash?


Private thoughts: Bethany keeps her work a secret from Daniel

BAILEYS REUNITED?

There's no smoke without fire, as far as Michael Bailey is concerned. As Ed returns from the police station, having been asked to answer some questions about the recent blaze at the builders' yard, Michael – who found himself trapped amidst the flames – can no longer hold his tongue.

Acutely aware of his dad's crippling gambling debts, he accuses him of burning down the yard on purpose so that he could claim on the insurance.

Ed's devastated to see his son so full of hatred for him, and Michael feels terrible when Craig later calls round and reveals that an investigation has concluded the fire was caused by a faulty electrical heater.

Assured of his dad's innocence, can he and Ed now make amends?

Doubts: Ed is shocked when Michael accuses him of arson

PHOTOS: ITV

Due to coverage of Six Nations rugby, there is no Friday episode of *Coronation Street* this week

VIP visitor: Tommy's arrival causes quite a stir

Tracy scores with TOMMY!

She gets frisky with the ex-footballer while Steve is away

There was a certain frisson over the flowers when ex-Weatherfield County star Tommy Orpington popped into Preston's Petals at Christmas and got chatting to proprietor Tracy McDonald.

This week, the striker-turned-decorator is back on the street, having been hired by Tracy to breathe some new life into her bedroom. And it looks like he's certainly going to do just that.

No one is more excited about Tommy's arrival than Tracy's hubby Steve, so much so that when daughter Emma calls up and invites him to spend the week with her in France, he's in quite the quandary. He loves his offspring dearly, but has she ever scored an absolute screamer from the halfway line? Frankly not.

He eventually packs his suitcase, but he can't help feeling gutted when, as he's about to leave the cobbles, Tommy turns up in his van.

Fellow superfans Tim, Kevin and Kirk are quick to hone in as Tommy parks up, and they try to drag him off to the Rovers to talk about the glory days. Tracy shoos them away and, as she and newly divorced Tommy get talking, the pair hit it off.

'Tommy likes Tracy's sparky nature and her quick retorts,' says actor Matt Milburn, who has played the local legend on and off since 2016. 'They have this chemistry that neither of them see coming.

'THEY HAVE THIS CHEMISTRY THAT NEITHER OF THEM SEE COMING'

'He had no desire to meet someone and I'm not sure if he's ready for dating, so meeting someone like Tracy – who is married, for a start – isn't an ideal scenario.'

The following day, Tracy gives Tommy a ticking-off about his shoddy timekeeping, but she secretly melts when he compliments her outfit, and when she discovers Toyah's got the hots for him, she warns her neighbour off by claiming he's an untrustworthy womaniser.

Things then get heated when Tommy admits he fancies Tracy. Before long, they're having some one-on-one action in the Barlows' kitchen.

'Tommy does feel guilty, because he likes Steve,' adds Matt. 'But at the same time, the guilt isn't driving him under the ground.'

How will Steve react if he discovers his missus and his idol have had a friendly behind closed doors?

WEATHERFIELD EXTRA

Weatherfield's Sarah Barlow may believe that Damon Hay is a changed man, but Tina O'Brien, who plays the smitten businesswoman, believes the pair's relationship has disaster written all over it.

'Callum [drug dealer Callum Logan; Sarah's son Harry's father, who died in 2015] was the biggest mistake of her life, so you'd think she'd see Damon and warning bells would go off,' Tina laughs. 'I want to have a word with her! 'Knowing Damon and knowing the temptation to slip into his old ways and deal with people that he maybe shouldn't deal with, is he someone that she should ever get mixed up with? Probably not. Long term, I think he's a very bad idea.'

Fright night: Could Madame Tellerina's guest turn spell trouble for 'The Six'?

Denise in DESPAIR!

She spirals out of control as the events of Christmas Day take their toll

Back on Christmas Day, when Sharon was snivelling into her wedding dress and Linda was quivering over her carving fork, there were no such histrionics from Denise. Determined that none of 'The Six' went 'darn' for Keanu's murder, she became a tough-talking machine, dishing out orders and forbidding anyone from falling apart.

But a month on, things are very different. With the adrenaline long gone, the crimper is losing control and it becomes apparent that she's having some sort of breakdown.

Denise is so traumatised that she forgets her own birthday. As the week begins, her family surprise her with a cake and presents – but she's overwhelmed and runs off.

'Jack asks her what's wrong,' reveals our 'Enders mole, 'but Denise can't tell him.

'Their relationship is already on rocky ground, and this makes the gulf between them even wider.'

'THIS MAKES THE GULF BETWEEN DENISE AND JACK EVEN WIDER'

It's a wake-up call for Denise when a frightened Raymond asks her to be his mummy again. Aware that she's 'losing it', she decides she must offload on her husband. But by this point, Jack's focus is elsewhere. He saves Stacey from a scary confrontation with Nish, who breaks into her home, seeking answers about Christmas. Before long, Jack and Stace are kissing...

The following day, the Brannings and Slaters attend baby Charli's guardianship hearing, but Denise is panicked to learn of the Nish incident, and scarpers. Chelsea finds her in a state at No. 27, and urges her to get help.

Jack, meanwhile, joins a party at the Slater house, and later that night, he's curiously absent from Denise's bed when she cries out in her sleep. He finally returns home the next morning, and tells his wife he was working on a 'case'. Hmm.

'Paranoid Denise fears this "case" is connected to Keanu's death,' adds our mole. 'She steals Jack's phone to get info, which leads to a huge row.'

Things reach a head at The Vic's psychic night. Suki, Stacey and Kathy reel as Denise walks in, dazed and dishevelled, and seeks answers from guest turn Madame Tellerina.

With their once stoic pal unravelling, how long till their secret is exposed?

Surprise! Denise has forgotten it's her birthday

PHOTOS: BBC, LIME PICTURES

Heart-to-heart: Alfie and Linda bond

Loose-lipped LINDA

She gets drunk and says something she shouldn't to Alfie

Denise isn't the only weak link in 'The Six' chain. With Linda back on the sauce, she's just as much a liability, as she proves in spades when she has a few too many and says more than she should to Alfie.

Linda was Alfie's confidante when he was diagnosed with prostate cancer and, though she now has other things to worry about, she's keen to show she's still there for him. Following a radiotherapy session, she invites him to The Vic for a drink and asks Billy and Ian along, too.

During the evening, Alfie's mortified when he wets himself; incontinence being a side effect of his prostatectomy. But, thanks to Linda's kind words, he finally tells his pals about his illness, who vow to be there for him.

Later, it's Alfie's turn to support Linda, who's blindsided when Ricky Butcher sends a photo of his sister Janine's baby with Mick. Reminded of how Janine ruined her life, she turns to booze. Alfie finds her at The Albert, inconsolable and three sheets to the wind, and takes her home, but she's still drunk as they have a heart-to-heart, and she says something she really shouldn't.

Linda's horrified when Alfie sends her a text the next day, asking if they can meet up to discuss what she said. Her memory hazy, she panics she confessed to Keanu's murder. She agrees to see him and, with the help of some Dutch courage beforehand, twists the truth to put him off the scent.

All's fine again, for now... Or is it?

Annoyed: Amy feels ignored by Denzel

FIGHTING TALK

Denzel's shaken after an altercation in McKlunky's with bully Logan, and angry with himself for failing to protect Yolande when she tries to intervene. As Nugget then teases him, he lashes out.

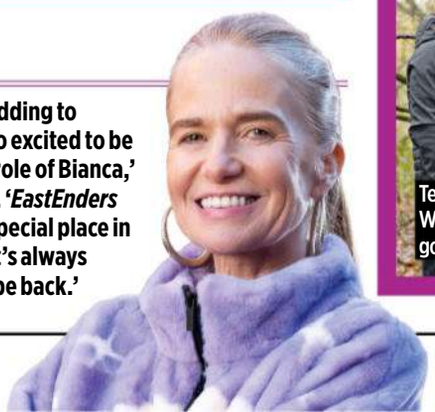
Witnessing the scuffle, Ravi encourages the boys to channel their anger at the Boxing Den. Denzel throws himself into his new pursuit, but George is forced to intervene when he goes too far.

The teenager is inspired by George's words about managing his emotions and building his strength, but girlfriend Amy soon starts to feel neglected. Are they headed for a split?

WALFORD EXTRA

Patsy Palmer is to reprise her role as the iconic Bianca Jackson for a short stint in the spring. Bianca's stepdaughter Whitney and partner Zack will pay a visit to Bianca in Milton Keynes following her break-up with cabbie boyfriend Terry Spraggan, and we're told that it's not long before chaos ensues.

Bianca was last in *EastEnders* in 2019, when she made a return to Walford for Whitney's wedding to Callum. 'I'm so excited to be reprising the role of Bianca,' says Patsy, 51. '*EastEnders* holds such a special place in my heart, so it's always a pleasure to be back.'



MORE SOAPS

DOCTORS

Just as the search for Jimmi's imposter is going nowhere fast, Sid examines a student, Lutfi, for possible coeliac disease, who mentions having previously seen a 'Dr Jimmi'. Sid quickly informs his colleague, and the pair then grill Lutfi for info. Are they closing in on the dangerous fraudster?

Also this week, Nina ups her efforts to tackle painful gynae procedures, Scarlett's reunion with an old school friend takes a shock turn, and Ruhma has a plan to get Al's spark back. Guest stars include Alexander Lincoln (*Emmerdale*'s Jamie Tate), as a man who books Emma's place on 'homebnb'.

Questions: Jimmi and Sid try to find out more about the fraudster

HOLLYOAKS

Warren accompanies Mercedes for her 12-week pregnancy scan, but his excitement at learning she's carrying twins is punctured by his realisation Felix could be the father, so he asks for a paternity test.

Meanwhile, Warren pushes ahead with his revenge plan for Felix, who he blames for daughter Ella's death. Pretending to still be his pal, he takes Felix on a fishing trip, but the latter is one step ahead...

Also this week, Dave turns to drugs, dragging Peri down with him in the process. Plus, Theresa has a new memory of the car crash, and Phoenix makes a decision about his future.

Terrifying trip: What has Warren got planned for Felix?

Nicola and Jimmy fear for the future as daughter Angelica appears in court...

Parents in PANIC!

Trying time: Nicola, Angel and Jimmy leave for court

Heath Hope's death in a car crash at new year became all the more shellshocking for Jimmy and Nicola King when they discovered their daughter Angelica was behind the wheel when he died, and not Heath's somewhat erratic twin sister, Cathy.

This week, 14-year-old Angelica is in court for her plea hearing, having been charged with death by dangerous driving, and the couple are acutely aware that their little girl will most likely be locked up.

Nicola has just resigned from her beloved council position when she and Jimmy get the date through. She's stunned when solicitor Ethan urges her to prepare for a custodial sentence, having believed the judge might be lenient.

'Obviously, it was an accident,' explains Nicola Wheeler, who plays the anxious mum. 'Plus, there's Angel's age – the other kids in the car were older than she was, so there was perhaps a bit of peer pressure.

'But Ethan says a custodial sentence is still likely, due to the fact there was a death.'

'ETHAN SAYS A CUSTODIAL SENTENCE IS LIKELY'

The stress of the situation worsens when Jimmy admits to Bob that when Angel initially confessed to her crime, it was his idea for her to continue blaming Cathy – the men's friendship looks well and truly over, and it doesn't bode well for Angelica's fate.

Adds Nicola, 'Bob giving Angel a good character reference would really help her case, but he hates the Kings so much that it's very unlikely he's going to give one.'

As the big day arrives, Nicola urges her hubby not to tell Angelica of her possible punishment, but he's unconvinced that's a wise move. She leaves him further stunned by suggesting that Angelica saves her skin by pleading not guilty and claiming Cathy bullied her into confessing.

She eventually accepts, however, that they can support their child without making her tell more lies.

As they and Angel head out to the car, they see Bob and Brenda, whose spirits have been lifted with the news that charges against Cathy have been officially dropped.

Will they get some good news of their own or are they destined to be separated from their daughter for a very long time?

Tragic: Heath died in a crash with Angel at the wheel

PHOTOS: AMAZON FREEVEE, CHANNEL 5, ITV

Support: The Dingles gather round Chas as she reveals her diagnosis... except for Aaron

Goodbye, MY MOTHER...

Aaron decides to leave the village after learning of Chas' diagnosis

As Chas discusses her cancer diagnosis with Liam this week, she takes his advice to tell her family. Everyone is full of support, showering the pint-puller with kind words and cuddles. Well, almost everyone. The one person Chas really wants to feel the love from, son Aaron, is as cold and distant as ever.

Chas breaks the news in The Woolpack, and Aaron hardly flinches; in fact, he walks out after barely saying a word. To add to her upset, she discovers the next day that he's planning to up sticks. She hadn't expected much, but she thought he would at least stay around while she went through her treatment.

Mackenzie is just as stunned, and tries to get through to his partner in crime – having lost his mother to cancer, he knows how his pal might be feeling. Aaron is having none of it, and heads to his car regardless. As Mack keeps pushing, will Aaron finally let down his guard and open up?

Back at The Woolly, Chas also has daughter Eve on her mind. Knowing she must prepare her for what's to come, but also aware that she's just four years old, Chas discusses with Paddy how best to deal with the sensitive situation, and they break the news to Eve together.

After a deep and meaningful with Cain, during which the siblings reflect on their eventful lives, Chas decides to take Eve on a mother/daughter holiday while she's still feeling up to it. The Dingles gather on the street to wave her off... but will Aaron be among them?

Time to talk: Cain finally opens up to Moira

CAIN'S CONFESSION

Moira's relieved when Cain regains consciousness following his vicious beating from Aaron. But she's far from impressed when he insists on discharging himself, and her concern grows when, back at Butlers, she sees him downing painkillers like they're sweeties.

Predictably, Cain shuts down and storms out when Moira tries to talk to him. But, mindful that burying his woes won't do him any favours, he later opens up to his wife and makes a shock revelation. As he smarts from Aaron's punch up – both physically and mentally – can Moira help him get his mojo back?

DALES EXTRA

Samantha Giles, who played Bernice Blackstock, is to tread the boards in a touring production of *The Syndicate*. The play is based on the first series of the BBC1 show written by the late Kay Mellor, about five supermarket workers whose lottery syndicate numbers come in.

The cast also includes Brooke Vincent – best known as Corrie's Sophie Webster – while Kay's daughter, former *Emmerdale* star Gaynor Faye, directs.

The tour kicks off at the Richmond Theatre on 11 April, and ends at Bradford's Alhambra Theatre on 20 July.

MORE SOAPS

On the spot: Bree faces some awkward questions

HOME & AWAY

Remi takes Bree to meet his parents Nicola and Graham, who are celebrating their 35th wedding anniversary with a party at their luxury home. All's going well until Nicola asks how Bree first met her musician son.

Bree realises Remi hasn't told the pair about what happened with her violent and now dead husband, Jacob, and when she starts to come clean, Remi tries to shut down the conversation. Why doesn't he want her to share her truth?

Also this week, Tane has a one-night stand, Leah and Justin set a wedding date, and Mackenzie collapses from chest pains... Is she having a heart attack?

Happy trails: But the beach trip becomes dangerous

NEIGHBOURS

David, Aaron, Nicolette, Leo and Krista head off for a beach-house getaway, unaware that there's an uninvited guest lurking in the shape of Veronica. Vengeful Veronica is still convinced that her estranged husband, Sasha, is secretly having an affair with Nicolette – and she intends to do something about it...

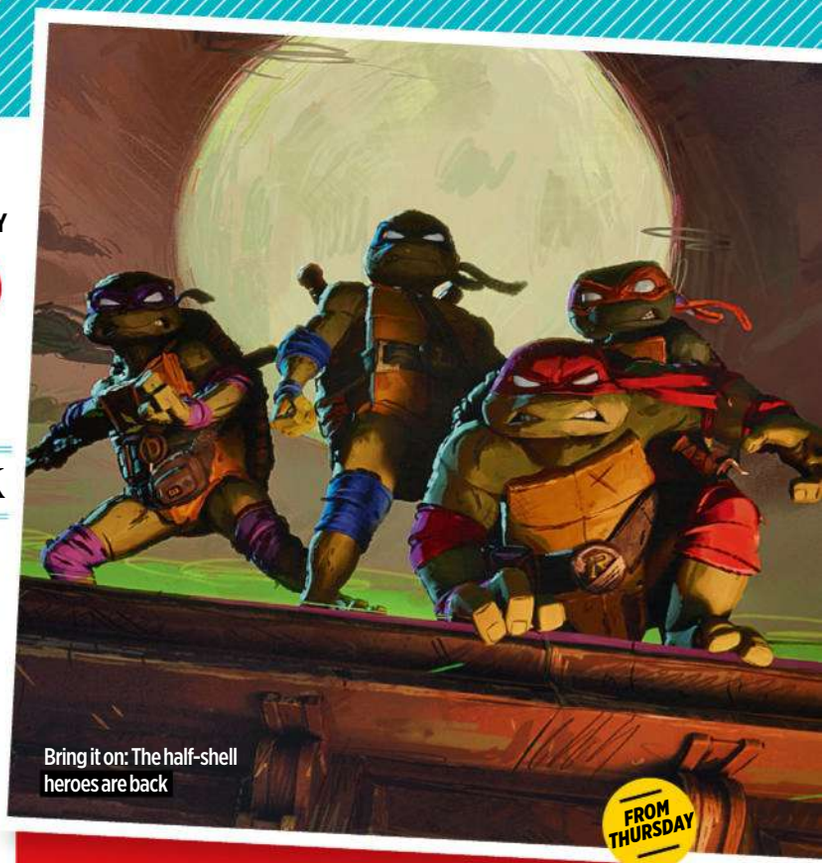
Meanwhile, there's a shock turn of events when Leo and Krista are confronted by bad boy Eden, who is out on bail.

Plus, Chelsea makes a move on Paul, Melanie continues to lie about her love life, and Ramsay Street is rocked by a tragedy.

Films

WITH FILM EDITOR **NIGEL PIZEY**

OUR TOP FIVE PICKS OF THE WEEK



Bring it on: The half-shell heroes are back

FROM THURSDAY

Relic

BBC2

11.05PM - 12.30AM ★★★★

FRIDAY

CHILLER Australian director Natalie Erika James creates a powerful allegory for the anguish of dementia in this unnerving psychological horror film. Emily Mortimer's Kay arrives at her family's country home with her daughter Sam (Bella Heathcote), having received news that her elderly mother Edna (Robyn Nevin) is missing. However, the film's mood gradually shifts from family melodrama to unsettlingly surreal terror... Choosing slow-burn dread over routine jump scares, first-time director James takes her time getting under our skin, but fashions a deeply layered, genuinely creepy movie that lingers long in the mind. *Dir: Natalie Erika James 2020, 15*

SEX ☐☐☐ **VIOLENCE** ■■☐ **LANGUAGE** ■☐☐

Trouble upstairs: Bella

Teenage Mutant Ninja Turtles: Mutant Mayhem

PARAMOUNT+ ★★★★

PREMIERE ANIMATION In this origins story (co-written by Seth Rogen, who also lends his voice), Leo (voiced by Nicolas Cantu), Mikey (Shamon Brown Jr), Raph (Brady Noon) and Donnie (Micah Abbey) yearn to leave the sewers to explore New York, but their adoptive father/sensei Splinter (Jackie Chan) fears the ground-level world. The animation provides arresting visuals, the set-pieces zing, the gags flow and the bantering energy makes this a blast. *Dirs: Jeff Rowe, Kyler Spears 2023, PG, 99min*

SEX ☐☐☐ **VIOLENCE** ☐☐☐ **LANGUAGE** ☐☐☐

Call it in: Jake and Yahya

FROM SATURDAY

Ambulance

NETFLIX ★★★★

PREMIERE ACTION THRILLER Jake Gyllenhaal ropes in brother Yahya Abdul-Mateen II to steal $32million. Inevitably, the heist goes wrong and they hijack an ambulance to escape. But a shot cop's bleeding in the back, attended to by paramedic Eiza Gonzalez. Director Michael Bay's dizzying demolition derby is a bonkers, ballistic, non-stop thrill ride – so it's to the skilful stars' credit that they invest their characters with real emotion. *Dir: Michael Bay 2022, 15, 136min*

SEX ☐☐☐ **VIOLENCE** ■■☐ **LANGUAGE** ■■☐

Confused: Aya and Rachel

Bottoms

ON NOW

PRIME VIDEO ★★★

COMEDY This queer take on high-school cliques is a heightened-reality hoot. Set in a timeless universe (Discmans, non-era specific costumes, no contextual info) it follows 'gay, ugly untalented' PJ (Rachel Sennott) and Josie (*The Bear*'s Ayo Edebiri) as they set up a girls-only fight club to seduce hot cheerleaders. Potty-mouthed and daft, Emma (*Shiva Baby*) Seligman's nominally feminist comedy is diverting fun with wonderfully odd tonal glitches. *Dir: Emma Seligman 2023, 15, 91min*

SEX ■■☐ **VIOLENCE** ■■☐ **LANGUAGE** ■■■

Soft & Quiet

SKY PREMIERE 10.15PM - 12M'T ★★★★

SUNDAY

PREMIERE HORROR THRILLER The less you know about this film the better, suffice to say it involves prissy teacher Stefanie Estes, a group of like-minded women (including Olivia Luccardi), and an altercation with someone from Estes' past. Unfolding in real time in one unbroken take, this is a powerful watch about misplaced, ignorant rage that doesn't relinquish its grip until the final shot. *Dir: Beth de Araújo 2022, 18*

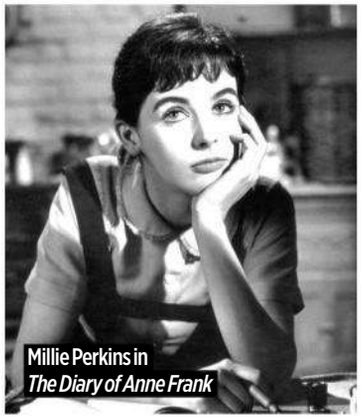
SEX ☐☐☐ **VIOLENCE** ■■☐ **LANGUAGE** ■■■

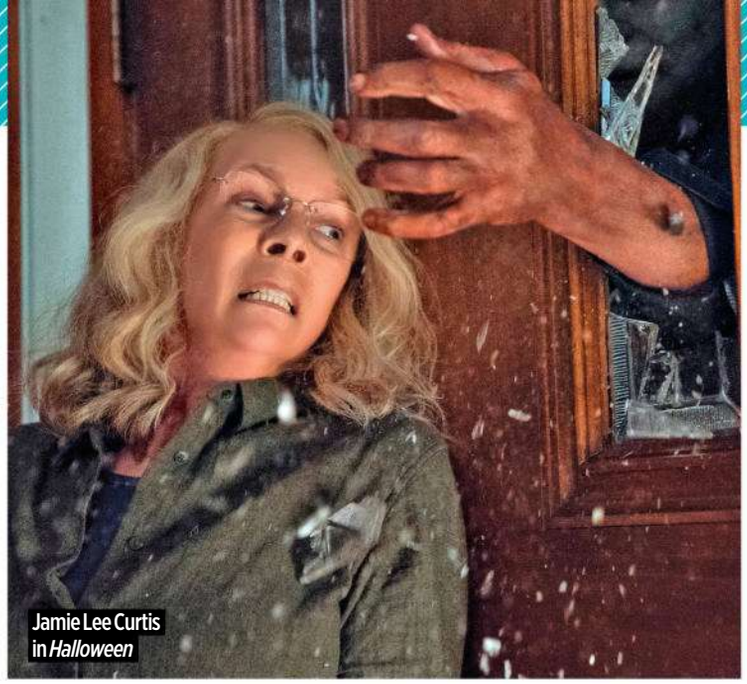
Hate speech: Stefanie and Olivia

PICTURES: ALAMY

STAR RATING ★★★★★ FANTASTIC ★★★★ VERY GOOD ★★★ GOOD ★★ AVERAGE ★ POOR

Saturday
27 JANUARY


Millie Perkins in *The Diary of Anne Frank*


Jamie Lee Curtis in *Halloween*

The Diary of Anne Frank
BBC2
12.30PM - 3.15PM ★★★★
BIOPIC Millie Perkins plays Anne Frank, the Jewish girl who wrote the famous tragic but inspiring account of trying to hide with her family from the Nazis in an Amsterdam attic during World War Two. A scene-stealing Shelley Winters won a Best Supporting Actress Oscar for her blowsy turn as the mother of the other Jewish family sharing the Franks' hiding place.
Dir: George Stevens 1959, U
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Batman
TALKING PICTURES
3.35PM - 5.45PM ★★★
SUPERHERO COMEDY A fun, camp, big-screen spin-off from the 1960s TV series with Adam West and Burt Ward keeping straight faces as the Caped Crusader and Robin. The Gotham crimefighters here face the Joker (Cesar Romero), the Riddler (Frank Gorshin), the Penguin (Burgess Meredith) and Catwoman (Lee Meriwether) – combined.
Dir: Leslie H Martinson 1966, U
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Calendar Girls
CHANNEL 5
4.15PM - 6.25PM ★★★★
COMEDY DRAMA A delightful true story about a Women's Institute group who scandalised the organisation by posing for a nude calendar to raise money for charity. Julie Walters and Helen Mirren are the ringleaders of the group of would-be models, but it is Celia Imrie who steals the show. The film has an innocence that somehow belies its risqué subject matter. *Dir: Nigel Cole 2003, 12*
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** ■□□

The Straight Story
FILM4
4.30PM - 6.55PM ★★★★
ROAD MOVIE This wonderful slice of real-life Americana has a superb Richard Farnsworth playing cantankerous Alvin Straight, who rode a lawnmower across America in 1994 to reconcile with his dying brother. While this gentle, whimsical film might seem an unlikely project for the seriously weird David Lynch, it fits in perfectly with his eccentric view of life.
Dir: David Lynch 1999, U
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Armageddon
C4 6.50PM - 9.45PM ★★★
SCI-FI ACTION An asteroid is on a collision course with Earth and oil driller Bruce Willis is mankind's only hope. But Willis will only go into space to destroy the threat if he can take his own team of roughnecks with him... Directed at a terrific pace, this is simultaneously suspenseful and fun. Willis has fine support from Ben Affleck, Steve Buscemi and Will Patton as his crew. *Dir: Michael Bay 1998, 12*
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** ■□□

Killerman
AMC 9PM - 10.50PM ★★★
THRILLER Liam Hemsworth plays a jeweller-cum-money launderer who works for a big-time New York gangster. But after his reckless partner (Emory Cohen) draws him into a $2million side hustle, a car crash leaves him with amnesia and on the run from some murderously corrupt cops. This brutal, elaborately plotted crime thriller is a slightly odd mix, but even if the plot is hard to swallow it is still relentlessly gripping.
Dir: Malik Bader 2018, 15
SEX ■■□ **VIOLENCE** ■■■ **LANGUAGE** ■■■

Gangs of New York
C4 9.45PM - 12.45AM ★★★
PERIOD CRIME Director Martin Scorsese's highly ambitious but misfiring portrait of New York in the mid-1800s shows how the city was wrought from a background of racial and religious strife. It's in essence a standard revenge story in which embittered orphan Leonardo DiCaprio seeks to avenge the death of his father Liam Neeson at the hands of Irish gang leader Daniel Day Lewis.
Dir: Martin Scorsese 2002, 18
SEX ■□□ **VIOLENCE** ■■■ **LANGUAGE** ■■□

Halloween
BBC1 (NOT SCOTLAND)
12M'T - 1.40AM ★★★★
HORROR Forty years on from John Carpenter's horror classic, Jamie Lee Curtis reprises her role as Laurie Strode – now a hard-ass grandma – for a final showdown with unforgettable bogeyman Michael Myers. Erasing the nine previous sequels, this has us jumping and laughing in all the right places, while delivering neat hat-tips to the original.
Dir: David Gordon Green 2018, 18
SEX ■□□ **VIOLENCE** ■■■ **LANGUAGE** ■■□

Wildlife
BBC2 2.20AM - 4AM ★★★★
PERIOD DRAMA Based on the novel by Richard Ford and directed by Paul Dano who also co-wrote with partner Zoe Kazan, this is an achingly sad film about a crumbling marriage set in early-1960s Montana. Jake Gyllenhaal (as an ex-golf pro) and Carey Mulligan wring your heart as the couple, as does Ed Oxenbould as their son left in the care of Mulligan's unravelling mother.
Dir: Paul Dano 2018, 12
SEX ■□□ **VIOLENCE** □□□ **LANGUAGE** ■□□

Sunday
28 JANUARY

The heroes of *Early Man*

Pride and Prejudice
BBC2
12.15PM - 2.15PM ★★★★
PERIOD DRAMA An elegant, marvellously well-produced if somewhat florid version of Jane Austen's novel, liberally laced with charm, humour and style. Delightfully acted by a very strong cast, it's full of good things. The roles of Elizabeth Bennet and Mr Darcy are played by Greer Garson and Laurence Olivier and they make a first-class team.
Dir: Robert Z Leonard 1940, U
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Babe
C4 2.05PM - 4PM ★★★★★
FAMILY FANTASY A piglet called Babe is won at a fair and, befriended by a sheepdog, gradually learns the ways of this surrogate mother. The seamless mix of real animals and animatronics is the main reason for the success of this enchanting farmyard fairy tale. But another has to be how the screenplay complements its perky slapstick with sympathy for the way in which animals are treated. *Dir: Chris Noonan 1995, U*
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Early Man
BBC1 (NOT WALES)
2.40PM - 4PM ★★★★
ANIMATION Aardman maestro Nick Park's typically daffy comedy adventure features a plucky caveman who rallies his misfit Stone Age tribe to save their valley from Bronze Age invaders by taking them on at football. Tom Hiddleston, Maisie Williams, Timothy Spall and Richard Ayoade turn out alongside Eddie Redmayne among the film's top-flight British voice cast. *Dir: Nick Park 2018, PG*
SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Sam Claflin in *Journey's End*

Steel Magnolias

C4 4PM - 6.15PM ★★★★

WEEPIE Sally Field, Shirley MacLaine, Olympia Dukakis, Dolly Parton, Daryl Hannah and Julia Roberts are a force to be reckoned with a full-on weepie. Fortunately, the tears and tragedy are leavened with some witty dialogue, mainly stemming from the relationship of the six main characters within the confines of a Louisiana hairdressing salon. *Dir: Herbert Ross 1989, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Sing 2

ITV2 5PM - 7.10PM ★★★★

ANIMATION This boisterous sequel delivers more songs and slapstick carried out by a variety of animals. A fab voice cast (including Scarlett Johansson, Bono, Pharrell Williams and Halsey) is led by Matthew McConaughey's returning koala, who is determined to put on a Vegas-style show. Laugh-out-loud moments are rare, but it raises lots of smiles and the renditions of songs ranging from U2 to Taylor Swift are excellent. *Dir: Garth Jennings 2021, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

The French Connection

BBC2 (NOT N IRELAND)

10PM - 11.40PM ★★★★★

CRIME THRILLER In a break from the glossy Hollywood thrillers of the 1960s, this crime drama delivers a gritty, cynical, realistic look at life on the mean streets through the eyes of seedy detective Jimmy 'Popeye' Doyle (Gene Hackman), who's obsessed with nailing a French drugs dealer (Fernando Rey). The film includes what is still the definitive screen car chase. *Dir: William Friedkin 1971, 18*

SEX ■□□ **VIOLENCE** ■■□ **LANGUAGE** ■□□

End of Watch

BBC2 (NOT WALES OR NI)

11.40PM - 1.20AM ★★★★

CRIME DRAMA This frenetic tale thrusts you into the front seat of a patrol car alongside Jake Gyllenhaal and Michael Peña's freewheeling police officers as they bust heads and collar crooks on the mean streets of LA. What gives the film its feeling of authenticity is the joshing throwaway banter between them, giving us a real sense of their camaraderie. *Dir: David Ayer 2012, 15*

SEX ■■□ **VIOLENCE** ■■■ **LANGUAGE** ■■■

Journey's End

BBC1

12.30AM - 2.10AM ★★★★

WAR DRAMA A fine adaptation of RC Sheriff's World War One play that doesn't need blood and guts to convince us of the horrors of war. Here the agony is all in the waiting, as a weary company of British soldiers – including Sam Claflin, Asa Butterfield, Paul Bettany and Toby Jones – ready themselves for an imminent attack. Stiff upper lips have rarely been so moving. *Dir: Saul Dibb 2017, 12*

SEX □□□ **VIOLENCE** ■□□ **LANGUAGE** ■□□

Tully

C4

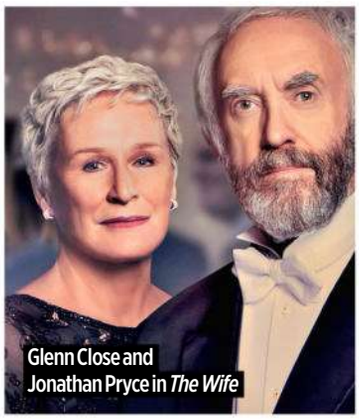
12.35AM - 2.10AM ★★★★

COMEDY DRAMA Charlize Theron stars in a bracingly honest, achingly funny comedy drama about motherhood. She plays a desperately frazzled mum of three who gets a lifeline when irrepressibly cheery, super-competent night nanny Tully (Mackenzie Davis) turns up at her door. A film to make you both laugh and reflect, and probably wrong-foot you. *Dir: Jason Reitman 2018, 15*

SEX ■■□ **VIOLENCE** □□□ **LANGUAGE** ■■□

Monday

29 JANUARY


Glenn Close and Jonathan Pryce in *The Wife*

The Lost City of Z

GREAT! MOVIES

9PM - 11.45PM ★★★★

HISTORICAL An epic tale of adventure and obsession telling the true story of early-20th-century English explorer Percy Fawcett, who defied perils in the jungle to prove the existence of a lost city deep in Amazonia. Charlie Hunnam embodies Edwardian pluck and endurance as Fawcett, and he gets fine support from Robert Pattinson as his aide-de-camp. *Dir: James Gray 2016, 15*

SEX □□□ **VIOLENCE** ■■□ **LANGUAGE** ■□□

Trust the Man

AMC

10.30PM - 12.10AM ★★★★

COMEDY DRAMA David Duchovny, Julianne Moore, Billy Crudup and Maggie Gyllenhaal are perfectly cast in this fine Woody Allen-style romantic comedy about two neurotic couples whose relationships have run into trouble. Duchovny and Moore's marriage is so shaky, he joins a group therapy class, also confiding in Moore's brother, Crudup. *Dir: Bart Freundlich 2005, 15*

SEX ■■□ **VIOLENCE** □□□ **LANGUAGE** ■■□

The Wife

BBC2

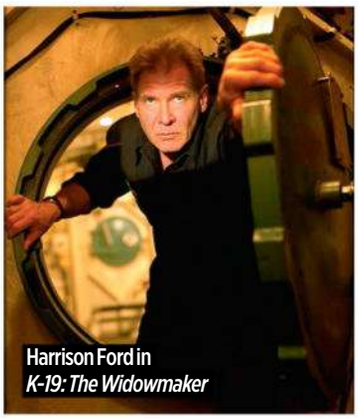
12.15AM- 1.50AM ★★★★

DRAMA In 1992, Jonathan Pryce's American literary lion is heading to Stockholm to receive a Nobel Prize, his loyal wife (Glenn Close) by his side. For more than 30 years the partnership has worked, but the trip brings secrets, resentments and rage to the surface. This deliciously slippery tale boasts a terrific performance from Close and an enjoyably ripe one from Pryce. *Dir: Björn Runge 2017, 15*

SEX ■□□ **VIOLENCE** □□□ **LANGUAGE** ■■□

Tuesday

30 JANUARY


Harrison Ford in *K-19: The Widowmaker*

K-19: The Widowmaker

FILM4

6.15PM - 9PM ★★★

WAR DRAMA Loosely based on a true-life crisis aboard a Soviet nuclear submarine on its maiden voyage in 1961, this is an ultra-tense movie. Captain Liam Neeson is replaced by a grim martinet (Harrison Ford), who drives the ship almost past its limits, compromising safety margins, damaging the reactor cooling system causing the core to overheat... *Dir: Kathryn Bigelow 2002, 12*

SEX □□□ **VIOLENCE** ■□□ **LANGUAGE** ■□□

The Man Who Haunted Himself

LEGEND XTRA

9PM - 10.55PM ★★★

MYSTERY A pre-James Bond Roger Moore gives perhaps his best screen performance in this interesting chiller-thriller about a man who finds that his life is being taken over by his 'double'. Veteran director Basil Dearden conjures up a few moments of genuine suspense in a move that's become a bit of a minor cult movie. *Dir: Basil Dearden 1970, PG*

SEX □□□ **VIOLENCE** □□□ **LANGUAGE** □□□

Moonlight

BBC2 (NOT N IRELAND)

12.05AM - 1.50AM ★★★★★

DRAMA This stunning Oscar winner is a tender, subtle coming-of-age drama, chronicling the troubled growth to manhood of a boy, Chiron (played at different ages by Alex Hibbert, Ashton Sanders and Trevante Rhodes), from a drug-plagued Miami neighbourhood. Director Barry Jenkins handles this assured tale with delicacy and grace. *Dir: Barry Jenkins 2016, 15*

SEX ■■□ **VIOLENCE** ■□□ **LANGUAGE** ■■□

SEE LISTINGS PAGES FOR FULL DETAILS OF REGIONAL FILMS

Wednesday
31 JANUARY

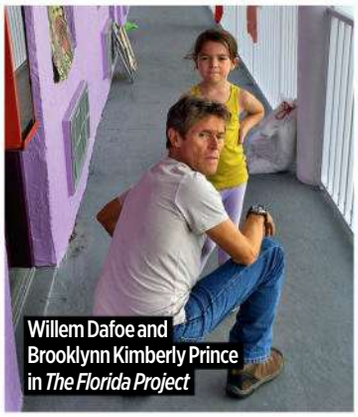
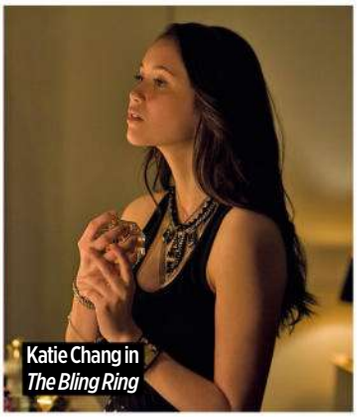

Willem Dafoe and Brooklynn Kimberly Prince in *The Florida Project*

Table 19
FILM4 7PM - 9PM ★★
COMEDY DRAMA Anna Kendrick was supposed to be the maid of honour at her friend's nuptials. Instead, having just been dumped by the bride's brother, she's consigned to an out-of-the-way table with a random bunch of misfits – including bickering pair Lisa Kudrow and Craig Robinson, and odd cousin Stephen Merchant. This bittersweet dramedy is uneven, but the cast have their moments. *Dir: Jeffrey Blitz 2017, 12*
SEX ■□□ VIOLENCE □□□ LANGUAGE ■□□

Driven
AMC
10.35PM - 12.25AM ★★★
COMEDY DRAMA The name DeLorean is now indelibly linked with the car in *Back to the Future*. This absorbing drama reminds us of the man behind the motor, auto exec and designer John DeLorean, played with charm by Lee Pace, and provides a fine account of his bizarre fall from grace. The story is stretched, but it's hard not to enjoy the comic side of the tale. *Dir: Nick Hamm 2018, 15*
SEX ■□□ VIOLENCE □□□ LANGUAGE ■■■

The Florida Project
C4
2.25AM - 4.25AM ★★★★★
DRAMA Fizzing with vitality, this superb movie immerses us in the lives of a mischievous six-year-old girl (Brooklynn Kimberly Prince) and her feckless single mother (Bria Vinaite), residents of Willem Dafoe's tatty Florida motel in the shadow of Disney World. Director Sean Baker conveys the exuberance of childhood, but also lets us see the reality of lives on the margin. *Dir: Sean Baker 2017, 15*
SEX ■□□ VIOLENCE ■□□ LANGUAGE ■■□

Thursday
1 FEBRUARY


Katie Chang in *The Bling Ring*

Sahara
FILM4 6.40PM - 9PM ★★★
ADVENTURE Author Clive Cussler's action hero Dirk Pitt is brought to life in this breakneck African adventure. Matthew McConaughey's Pitt is a cross between Indiana Jones and James Bond, on a madcap search for an American Civil War battleship in the Sahara desert and, along the way, uncovering the source of a plague decimating the locals. Steve Zahn and Penélope Cruz are also along for the ride. *Dir: Breck Eisner 2005, 12*
SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

The Bling Ring
BBC3
10PM - 11.25PM ★★★★
CRIME DRAMA Director Sofia Coppola strikes satirical gold in this true tale about a gang of fame-obsessed LA teens who broke into the homes of a string of celebrities, walking out with over $3million of designer goods. Coppola observes all this with a cool comic eye and gets great turns from her cast, including Emma Watson and Katie Chang. *Dir: Sofia Coppola 2013, 15*
SEX ■□□ VIOLENCE □□□ LANGUAGE ■■□

Room at the Top
TALKING PICTURES
10.10PM - 12.30AM ★★★★
DRAMA Life in a northern town for Laurence Harvey means an affair with married woman Simone Signoret and a heartless round of social climbing aimed at rich man's daughter Heather Sears. A generation of cosy British movies were shattered by this hard-hitting adaptation of John Braine's novel, both by Harvey's biting sarcasm and by the (then) bold portrayal of passion. *Dir: Jack Clayton 1958, 12*
SEX ■□□ VIOLENCE ■□□ LANGUAGE □□□

Friday
2 FEBRUARY

Olivia Cooke and Anya Taylor-Joy in *Thoroughbreds*

Insidious: The Red Door
SKY PREMIERE
8PM - 10PM ★★
PREMIERE **HORROR** Bringing back the original family tormented by pesky supernatural entities, this follows college-bound Ty Simpkins moving away from parents Patrick Wilson and Rose Byrne, only for him to still be unable to avoid 'The Further' – that demonic realm where smoke machines reign supreme. This revels in every horror trope imaginable, but there's still a few decent jump scares. *Dir: Patrick Wilson 2023, 15*
SEX □□□ VIOLENCE ■■□ LANGUAGE ■□□

Analyze This
COMEDY CENTRAL
9PM - 11.05PM ★★★★
COMEDY Mobster Robert De Niro, facing a turf battle, is headed for a breakdown, so books the services of society shrink Billy Crystal. And then becomes obsessed with him. This has to end in tears (as well as bullets) and, with De Niro and Crystal on brilliant form, the results are hilarious pretty well all the way. Joe Viterelli steals all his scenes as De Niro's sidekick Jelly. *Dir: Harold Ramis 1999, 15*
SEX ■□□ VIOLENCE ■□□ LANGUAGE ■■□

They Live
TALKING PICTURES
9.05PM - 10.55PM ★★★
SCI-FI ACTION Aliens are the rich and powerful, who can only be seen in their true form through a special pair of sunglasses. These are discovered by unemployed Roddy Piper, who tries to enlist help to fight the enemy. It's a shame that John Carpenter ultimately wastes this fine set-up with a routine action finale. *Dir: John Carpenter 1988, 15*
SEX □□□ VIOLENCE ■■□ LANGUAGE ■■□

The Sum of All Fears
FILM4 9PM - 11.20PM ★★★★
THRILLER Ben Affleck stars as author Tom Clancy's maverick CIA analyst Jack Ryan. This adaptation edge-of-seat thrills in its depiction of just how fraught decision-making can be in Washington DC as Ryan tries to avert a war by proving that a nuclear bomb was sneaked onto US soil by neo-Nazis and not the new Russian premier (Ciarán Hinds). *Dir: Phil Alden Robinson 2002, 12*
SEX □□□ VIOLENCE ■□□ LANGUAGE ■□□

Long Shot
BBC1 (NOT WALES)
12M'T - 1.55AM (SCOT 12.30AM - 2.25AM) ★★★★
ROMCOM Charlize Theron and Seth Rogen hit it off hilariously in this fine romantic comedy. She's a high-flying politician about to announce a run for the presidency, he's a bolshie journalist. She also happens to be his former babysitter. Sparks fly, however, when her campaign recruits him to punch-up her speeches. The result: some outrageous laughs and a lot of heart. *Dir: Jonathan Levine 2019, 15*
SEX ■■□ VIOLENCE □□□ LANGUAGE ■■■

Thoroughbreds
C4 12.05AM - 1.40AM ★★★★
THRILLER Part satirical black comedy, part nail-biting suspense thriller, this studiedly cool modern film noir stars Olivia Cooke and Anya Taylor-Joy as a pair of posh Connecticut teens who hatch a murder plot. The duo are chillingly amoral, but they keep us engaged as their scheme gathers momentum. Anton Yelchin plays the small-time drug dealer who is roped in to help to carry things out. *Dir: Cory Finley 2017, 15*
SEX □□□ VIOLENCE ■■□ LANGUAGE ■■□

Gladiators assemble!

Penelope Keith and Peter Bowles in *To the Manor Born*

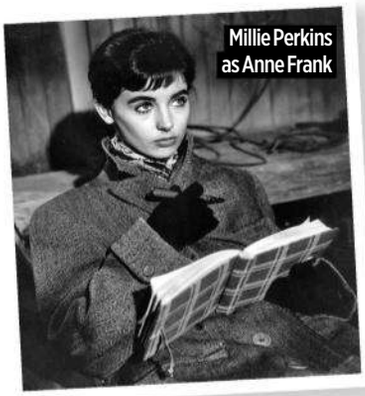
Gladiators ENTERTAINMENT 5.50PM, BBC1

Grab your giant foam finger and strike a pose as you succumb to the 'coliseum of chaos'! The high-octane theme song asks, 'Do you feel the power of the Gladiators?' and more than six million viewers did when this returned a couple of weeks ago. It's becoming increasingly rare to find a show to appeal to the whole family – ITV1's *The Masked Singer* (7pm) and BBC1's *Michael McIntyre's Big Show* (6.50pm) fall into that bracket, but this reboot outperformed both of them. Tonight, Cardiff civil servant Matt and London software engineer Chung are ready to step into the breach. Matt met one of the 1990s Gladiators, Hawk, at school in Wales and was inspired to start training – has this given him an edge? ★★★★ **JP**

To the Manor Born...

NEW **FACTUAL 9.20PM, CHANNEL 5**

...Britain's Best Loved Comedy. First airing 45 years ago, in 1979, the BBC1 comedy series *To the Manor Born* was hugely popular, with millions of viewers becoming invested in the story of bankrupt widow Audrey fforbes-Hamilton (Penelope Keith) and self-made millionaire Richard DeVere (Peter Bowles), who buys her estate. This feature-length documentary looks back at the success of the sitcom, with contributors including Penelope Keith and other cast members. The original sitcom is currently running on BBC4 (8pm, Tuesday), with all three series available to watch on BBC iPlayer. ★★★ **JP**


Millie Perkins as Anne Frank

The Diary of Anne Frank

FILM 12.30PM, BBC2

It's Holocaust Memorial Day today, and BBC2 is marking it by showing this 1959 drama telling the story of the teenage Anne Frank and her family during World War Two. The film, which won three Oscars, including Best Supporting Actress for Shelley Winters, is followed by *Survivors: Portraits of the Holocaust* (3.15pm), a 2022 documentary about seven remarkable Holocaust survivors. ★★★★ **JP**

All six nations are represented in this behind-the-scenes documentary

Six Nations: Full Contact DOCUMENTARY NETFLIX (BOX SET)

Ahead of the 2024 Six Nations tournament, which begins on Friday (7.15pm, ITV1), international rugby union is the latest sport to allow cameras behind the scenes as we follow the 2023 championship from the dressing rooms of all six sides – England, Ireland, Scotland, Wales, Italy and France. Episode one focuses on the Calcutta Cup as Scotland coach Gregor Townsend deliberates on how to get the best out of his star fly-half Finn Russell, and Steve Borthwick prepares for his first match as England coach at Twickenham. Other episodes see Ireland's Andrew Porter open up about his mental health struggles, while Italy's Seb Negri attempts to regain his confidence following a serious head injury. ★★★★ **RMC**

Jason Manford hosts a very special evening

Prepare for a night of top musical theatre

NEW **ENTERTAINMENT**
7.50PM, BBC1

We love musicals here at *TV Times* and, thanks to National Lottery funding, we get 12 shows for the price of one as the casts of the UK's top West End and touring productions perform to a packed-out audience at the AO Arena in Manchester. For the third year running, Jason Manford is our compere for the event, which features performances from *A Chorus Line*, *Disney's Aladdin*, *Everybody's Talking About Jamie*, *Grease*, *Guys & Dolls*, *Hadestown*, *Hamilton*, *Les Misérables*, *Moulin Rouge! The Musical*, *Mrs Doubtfire*, *The Phantom of the Opera* and *The Wizard of Oz*. With so much talent on one stage, this extravaganza is a shining example of what makes Britain great. A class act! ★★★★ **VW**

● **See feature, page 10**

Casualty DRAMA 9.20PM, BBC1

Stevie (Elinor Lawless) is making friends everywhere she goes tonight. First, there's a falling-out with Faith, who's shocked by the ED's oppressive new security measures on her return to work. Recovering addict Faith starts the shift intending to keep her head down, but when she's attacked by a pill-popping patient and guilted by Stevie into pressing charges, she decides to make her presence felt! Next on Stevie's list is Charlie. Stevie suspects heavy-handed PC Harry is abusing his wife, but Charlie thinks otherwise. The result is a big batch of bad blood all round. Mark our words, trouble's brewing... ★★★★ **ER**

Stevie gets on the wrong side of everyone

Paul Mescal and Saoirse Ronan star

Foe FILM PRIME VIDEO

It's fair to say that Irish actors are dominating cinema at the moment, with Cillian Murphy deservedly winning plaudits in *Oppenheimer*, Barry Keoghan starring in *Saltburn* and Andrew Scott and Paul Mescal in cinema release *All of Us Strangers* to name just a few. Here, Mescal co-stars with Saoirse Ronan as married couple Junior and Henrietta in a sci-fi drama set in 2065. The pair, who live on a remote farm where crops no longer grow, are visited by a government official (Aaron Pierre) and told that Junior has been chosen to work in a space community but will be replaced on the farm by an AI replicant. While the plot at times feels a little contrived, Mescal and Ronan are never less than compelling. ★★★★ **JP**

PHOTOS: SHUTTERSTOCK

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BBC1

Freeview HD 101 Sky HD 101 Virgin TV HD 101 Freesat HD 106

6.00 Breakfast (S) **10.00 Saturday Kitchen Live** With guest Bill Bailey. (S) **11.30** SPORT **Football Focus** A look ahead to the FA Cup fourth-round ties, including: Ipswich Town v Maidstone United; and Blackburn Rovers v Wrexham. (S)

12.00 BBC News (S) and **Weather**

12.15 Match of the Day: The FA Cup SPORT *Ipswich Town v Maidstone United:* Action from the fourth-round tie at Portman Road. (kick-off **12.30**). Highlights are at 10.30pm. (S) ● ***FA Cup coverage continues tomorrow on ITV1.***

2.45 Escape to the Country Briony May Williams helps a buyer from London. (S)(R)

3.15 Frozen Planet II *Frozen Ocean:* 2 of 6. The wildlife of the Arctic Ocean. (S)(R)(AD)

4.15 Final Score SPORT A round-up of the results and this afternoon's news from the FA Cup, EFL and Scotland. (S)

5.30 BBC News (S)

5.40 BBC Regional News (S) and **Weather**

5.50 Gladiators Bradley and Barney Walsh host a revival of the competition, as four contenders must face the show's resident superhumans across five brutal events. ***See Highlights.*** (S)(AD)

6.50 Michael McIntyre's Big Show 3 of 6. Kaiser Chiefs frontman Ricky Wilson is given the shock of his life; singer Anne-Marie hands over her phone for a Send to All with serious consequences; and singer James Arthur performs a track from his latest album. (S)

7 PM

7.50 Big Night of Musicals NEW ★★★★ Comedian Jason Manford hosts a one-off musical celebration from Manchester's AO Arena, with guests including Beverley Knight, Daniel Mays Nicole Scherzinger and Alfie Boe. Plus show-stopping numbers from the casts of Disney's *Aladdin*, *Everybody's Talking About Jamie*, *A Chorus Line*, *Grease The Musical*, *Mrs Doubtfire*, *The Wizard of Oz*, *Moulin Rouge! The Musical*, *The Phantom of the Opera* and *Hamilton*. ***See feature, page 10, & Highlights.*** (S)

8 PM

9 PM

9.20 Casualty *Liability:* Faith struggles with new restrictions on her first day back at Holby; Stevie jumps to conclusions which causes her to doubt herself in her role; and Rash makes a choice he regrets. ***See Highlights.*** (S)(AD)

Stevie Nash..... *ELINOR LAWLESS* Rashid Masum .....*NEET MOHAN*
Faith Cadogan ....*KIRSTY MITCHELL* Dylan Keogh.....*WILLIAM BECK*

10 PM

10.10 BBC News (S) and **Weather**

10.30 Match of the Day: The FA Cup SPORT Highlights of the latest fourth-round games, which included: Ipswich Town v Maidstone United at Portman Road; and Fulham v Newcastle United at Craven Cottage. (S)

12.00 FILM **Halloween** Horror sequel starring Jamie Lee Curtis, Judy Greer and Andi Matichak. After a prison bus crashes, killer Michael Myers is back in the wild but survivor Laurie Strode is ready for his return. (W)(S) ★★★★ *(2018)* ***See Films, pages 31-35.*** **1.40 Weather for the Week Ahead** (S) **1.45 to 6.00 BBC News** (S)

BBC2

Freeview HD 102 Sky HD 102 Virgin TV HD 102 Freesat HD 102

6.15 Hey Duggee (S)(R) **6.25 Supertato** (S)(R)(AD) **6.30 Grizzy and the Lemmings** (S)(R) **6.45 Dennis & Gnasher Unleashed!** (S)(R) **7.00 Danger Mouse** (S)(R)(AD) **7.10 Shaun the Sheep** (S)(R) **7.20 Boy Girl Dog Cat Mouse Cheese** (S)(R) **7.30 Pokemon: Sun and Moon** (S)(R) **7.50 The Football Academy** (S)(R)(AD) **8.20 Blue Peter** (S)(R) **8.50 Newsround** (S) **9.00 Gardeners' World** (S)(R) **10.00 Life in a Cottage Garden with Carol Klein** (S)(R)(AD) **10.30 12 Puppies and Us** (S)(R)(AD) **11.30 Rick Stein's India** (S)(R)(AD)

12.30 The Diary of Anne Frank FILM Oscar-winning fact-based drama starring Millie Perkins. (b/w) (W)(S) ★★★★ *(1959)* ***See Films, pages 31-35, & Highlights.***

3.15 Survivors: Portraits of the Holocaust Artists paint Holocaust survivors. (S)(R)(AD)

4.15 The Wonder of Animals Documentary exploring the anatomy of penguins. (S)(R)(AD)

4.45 Amanda & Alan's Italian Job 4 of 8. The duo tackle the first bedroom. (S)(R)(AD)

5.15 Flog It! 6 of 8. From Gloucester. (S)(R)

5.50 Inside the Factory Gregg Wallace learns how Guinness is made in Dublin. (S)(R)(AD)

6.50 Wilderness with Simon Reeve 1 of 4. Simon explores the most remote landscapes on the planet in search of the people and the wildlife of great wildernesses, starting in the Democratic Republic of the Congo. Continues tomorrow at 9.00pm. (S)(R)(AD)

7.50 Celebrity Antiques Road Trip Acting friends Peter Gunn and Melanie Hill join experts James Braxton and David Harper on a search Staffordshire and Derbyshire to find antiques to sell at auction. (S)(R)

8.50 Porridge *The Harder They Fall:* Classic comedy starring Ronnie Barker and Richard Beckinsale. Godber takes up boxing and enters the prison championships. (S)(R)

9.20 Show Tunes at the BBC NEW ★★★★ Elaine Paige guides viewers through a one-off selection of songs from musicals from the BBC archives, featuring tunes from *Cats*, *The Lion King*, *Funny Girl*, *My Fair Lady*, *Sunset Boulevard*, *West Side Story*, *A Little Night Music* and *The Sound of Music*. (S)

10.50 Andrew Lloyd Webber at the BBC To mark his 75th birthday, the composer takes a journey through the BBC archives, looking back on some of his best-loved songs. (S)(R)

12.20 Elaine Paige: I'm Still Here Highlights of the West End star's farewell concert at the Royal Albert Hall, in which she sings classics from her career, accompanied by the BBC Concert Orchestra. (S)(R) **1.20 Elaine Paige at the BBC** Archive performances by the West End star. (S)(R) **2.20 to 4.00** FILM **Wildlife** Drama starring Jake Gyllenhaal, Carey Mulligan and Ed Oxenbould. A teenager must deal with his mother's complicated response after his father abandons them to take a dangerous job. (W)(S) ★★★★ *(2018)* ***See Films, pages 31-35.***

ITV1

Freeview HD 103 Sky HD 103 Virgin TV HD 103 Freesat HD 111

6.00 Love Your Garden (S)(R)(AD) **6.30 Love Your Garden** (S)(R)(AD) **7.30 Love Your Weekend with Alan Titchmarsh** (S)(R) **9.25 ITV News** (S) **9.30 James Martin's Saturday Morning** (S) **11.40 John and Lisa's Food Trip Down Under** John Torode and Lisa Faulkner sample home-cooked breakfasts at a cafe. (S)(AD)

12.40 ITV News (S) and **Weather**

1.00 Racing: Live from Cheltenham SPORT Coverage of Trials Day, including the Cotswold Chase and Cleeve Hurdle from Cheltenham, plus action from Doncaster. (S)

4.00 Tipping Point: Best Ever Finals Compilation of some of the most dramatic endgames from the arcade-themed quiz show presented by Ben Shephard. (S)(R)

4.30 ITV News (S) and **Weather**

4.45 Local News (S) and **Weather**

5.00 The Chase Celebrity Special David James, Lucrezia Millarini, Myles Stephenson and Joe Sugg answer general knowledge questions and work as a team to take on a Chaser and secure a charity prize. (S)(R)(AD)

6.00 Wheel of Fortune 4 of 8. Graham Norton hosts the game show as John, Roxy and Lewis compete to win large cash prizes. (S)(AD)

7.00 The Masked Singer The musical guessing game continues as Joel Dommett invites Rita Ora, Jonathan Ross, Davina McCall, Mo Gilligan and guest Ellie Goulding to deduce the identities of the eight remaining singers – knowing that another one of them will be unmasked at the end of the show. (S)(AD) ● ***Repeated tomorrow at 1.40pm on ITV2.***

8.30 Ant & Dec's Limitless Win 4 of 6. An engaged couple continue their game from last week, hoping they can cash out with enough money to put together an unforgettable wedding, and Ant and Dec then welcome a father-and-son team, who take on the never-ending money ladder. (S)(AD)

9.30 Gordon, Gino & Fred: Viva España! *Fiesta Forever:* 2 of 2. Gordon Ramsay, Gino D'Acampo and Fred Sirieix head to Galicia in northwest Spain, starting with a search for shellfish in Cambados with some truly inspirational women. (S)(R)(AD)

10.20 Big Zuu's 12 Dishes in 12 Hours 4 of 6. The rapper takes ex-Man United player Patrice Evra on a culinary tour of London. (S)(AD)

10.55 ITV News (S) and **Weather**

11.15 The Playboy Bunny Murder 1 of 2. Documentary in which Marcel Theroux investigates the murders of four young women that have remained unsolved since the 1970s, and reveals a dark and violent side of London's nightlife at that time. (S)(R)(AD)

12.15 Teleshopping 3.00 Ant & Dec's Limitless Win *As 8.30pm.* (SL)(S)(R)(AD) **3.50 Unwind with ITV** Daily escape designed to calm the mind and encourage relaxation. (S) **5.05 to 6.00 Jason Atherton's Dubai Dishes** (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD 104 Sky HD 138 Virgin TV HD 104/141 Freesat HD 126

6.00 The King of Queens (S)(R)(AD) **6.25 The King of Queens** (S)(R)(AD) **6.50 The King of Queens** (S)(R)(AD) **7.15 Cheers** (S)(R) **8.40 Everybody Loves Raymond** (S)(R)(AD) **9.10 Everybody Loves Raymond** (S)(R)(AD) **9.40 Everybody Loves Raymond** (S)(R)(AD) **10.10 The Simpsons** (S)(R)(AD) **10.40 The Simpsons** (S)(R)(AD) **11.10 The Simpsons** (S)(R)(AD) **11.40 The Simpsons** *Bart to the Future*. (S)(R)(AD)

12.10 The Simpsons *It's a Mad, Mad, Mad, Mad Marge:* Otto leaves his bride. (S)(R)(AD)

12.40 The Secret Life of the Zoo (S)(R)(AD)

1.40 Secret Life of the Safari Park Antelope Purple may have given birth. (S)(R)(AD)

2.40 Four in a Bed From Boroughbridge. (S)(R)

3.15 Four in a Bed In Derbyshire. (S)(R)

3.50 Four in a Bed From Southport. (S)(R)

4.20 Four in a Bed In North Yorkshire. (S)(R)

4.50 Four in a Bed Payment day arrives. (S)(R)

5.20 Location, Location, Location Kirstie and Phil help house-hunters in Surrey. (S)(R)

6.20 Channel 4 News (S), **Weather**

6.50 Armageddon
FILM
Sci-fi action adventure starring Bruce Willis, Ben Affleck, Liv Tyler and Billy Bob Thornton. Nasa discovers an asteroid the size of Texas is on a collision course with Earth, so a drilling expert is recruited to train a team of misfits to transport a nuclear device into outer space to destroy it – but having had no experience of space travel, the reluctant astronauts find themselves seriously out of their depth. (W)(S)(AD) ★★★ *(1998)* ***See Films, pages 31-35.***

Harry Stamper ..... *BRUCE WILLIS* Grace Stamper ..... *LIV TYLER*
AJ Frost ..... *BEN AFFLECK* Dan Truman . *BILLY BOB THORNTON*
Bear .... *MICHAEL CLARKE DUNCAN* Chick Chapple ..... *WILL PATTON*

9.45 Gangs of New York
FILM
Crime thriller starring Leonardo DiCaprio and Daniel Day-Lewis. An Irishman in 19th-century New York is taken under the wing of the ruthless gang leader who killed his father 15 years before, and rises up the ranks of power – all the while plotting his revenge. (W)(S)(AD) ★★★ *(2002)* ***See Films, pages 31-35.***

Amsterdam Vallon ..... Bill the Butcher .. *DANIEL DAY-LEWIS*
..... *LEONARDO DICAPRIO* Jenny Everdeane ... *CAMERON DIAZ*
Priest Vallon ..... *LIAM NEESON* Boss Tweed ..... *JIM BROADBENT*

12.45 Ramsay's Kitchen Nightmares USA *Lela's:* Gordon Ramsay comes to the aid of Lela's, a California restaurant that is on the brink of closure. (S)(R) **1.35 The Simpsons** *Treehouse of Horror XVI:* Three Halloween-themed tales. (S)(R)(AD) **2.00 Couples Come Dine with Me** (S)(R) **2.50 Hollyoaks Omnibus** (SL)(S)(R)(AD) **5.00 Kirstie and Phil's Love It or List It: Brilliant Builds** Problem homes in Tyneside and Northamptonshire. (SL)(S)(R)(AD) **5.55 to 6.15 Kirstie's House of Craft** Mexican tin art. (S)(R)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD 105 Sky HD 105 Virgin TV HD 105 Freesat HD 105

6.00 to 9.50 Milkshake! 9.50 SpongeBob SquarePants (S) **10.05 SpongeBob SquarePants** (S) **10.20 Entertainment News on 5** Showbiz news and gossip. (S) **10.25 Friends** (S)(R)(AD)

12.20 Dogs Behaving (Very) Badly Graeme Hall meets a cheeky Beagle called Woody who can leap on to any worktop. (S)(R)

1.20 Dogs Behaving (Very) Badly Graeme Hall tries to help a hyperactive Staffie. (S)(R)

2.20 All Creatures Great and Small
FILM
Rural drama starring Simon Ward, Anthony Hopkins and Lisa Harrow. A new apprentice to an eccentric vet in the Yorkshire Dales quickly discovers life in the country is not as idyllic as he thought. Includes **Access.** (S) ★★★ *(1974)*

4.15 Calendar Girls
FILM
Fact-based comedy drama starring Helen Mirren, Julie Walters and Celia Imrie. Members of a Yorkshire branch of the Women's Institute cause controversy when they pose nude for a charity calendar. Includes **5 News Update.** (S) ★★★★ *(2003)* ***See Films, pages 31-35.***

Chris Harper ..... *HELEN MIRREN* Annie Clarke ..... *JULIE WALTERS*
Celia ..... *CELIA IMRIE* Rod Harper ..... *CIARÁN HINDS*
Jessie ..... *ANNETTE CROSBIE* John Clarke ..... *JOHN ALDERTON*

6.30 10 Ways the Victorians Changed Britain Documentary looking at landmark concepts and structures from the Victorian era that transformed the nation, including sewers, bridges and trains. The programme also examines advancements in hospitals and surgery, the ships that changed trading pathways for ever, and holidays. (S)(R)

7.50 Osborne House: A Royal Retreat Documentary going behind the scenes of the Royal residence on the Isle of Wight, which was where Queen Victoria and her husband Prince Albert went to escape the pressures of Royal life. Includes footage of the house, gardens and its surroundings, alongside interviews with experts and contributions from those who work there. (S)(R)

9.20 To the Manor Born: Britain's Best Loved Comedy
NEW ★★★★★
One-off documentary celebrating the popular sitcom that followed the fortunes of upper-class widow Audrey fforbes-Hamilton after she was forced to sell her house to self-made grocer Richard DeVere. Featuring an interview with Penelope Keith, as well as hearing from co-stars and celebrity fans. ***See Highlights.*** (S)

10.40 1988: Most Shocking Moments
NEW ★★★★★
One-off documentary featuring a mix of controversies and surprises from the year. (S)

12.35 Criminals: Caught on Camera 8 of 9. The use of CCTV to fight crime. (S)(R) **1.00 PlayOJO Live Casino Show** (S) **3.00 Portillo's Empire Journey** How British rule led to armed rebellion in America. (S)(R) **3.50 Witches: A Century of Murder** The origins of the mass witch-hunts and trials of the 17th century. (SL)(S)(R) **4.40 Divine Designs** (SL)(S)(R) **5.05 House Doctor** (SL)(S)(R) **5.30 Entertainment News on 5** (S) **5.40 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

Masters of the Air

DRAMA Apple TV+

World War Two drama, a companion series to *Band of Brothers* and *The Pacific*, telling the true story of the American 100th Bomber Group. Stars Callum Turner and Austin Butler. ***All episodes available now.***

YOU MIGHT ALSO LIKE...

Band of Brothers

DRAMA NOW

World War Two drama which follows US Army battalion Easy Company through war-torn Europe. Stars Damian Lewis. ***All episodes available now.***

ITV1 VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY... 1972

Presenter Fred Sirieix is 52 today. Watch season four of *Remarkable Places to Eat*, in which top chefs take Fred to restaurants they love to dine in, on Channel 4 On Demand.

SATURDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

10.00 The Traitors

7.00 My Mate's a Bad Date Last in series. Harriet thinks burping on dates is fine, but it is not working so far. (S)

7.20 EastEnders Dean makes a grand gesture to Gina. (S)

7.50 LIVE Match of the Day: Africa Cup of Nations Coverage of the second last-16 match (kick-off **8.00**). (S)

10.00 The Traitors The players face a series of traps in the daily mission and those remaining face the Round Table. (S)

11.00 The Traitors: Uncloaked: Ed Gamble presents the companion show. (S)

11.30 Two Pints of Lager and a Packet of Crisps: Triple-bill of the comedy. (S)

1.00 Dubai Hustle: Reality series. (S)

1.30 Young MasterChef (S)

2.30 to 4.00am Two Pints of Lager and a Packet of Crisps: Triple-bill. (S)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

7.00 Big Trouble in Model Britain

7.00 James May's Big Trouble in Model Britain 1 of 2. A year at Hornby Hobbies. (S)

8.00 Arctic with Bruce Parry Documentary. How the oil industry has affected life in the far north of Canada. (S)

9.00 Señorita 89 New episodes Double-bill, including: Jocy is released from prison. Subtitled. (S2, ep3) (S)

10.35 Parkinson The host is joined for a chat by star of stage and screen Judi Dench. (S)

11.35 Judi Dench: Talking Pictures: Sylvia Syms narrates a profile. (S)

12.15 am To the Manor Born: Sitcom. (S)

12.40 Yes, Prime Minister: A territorial battle develops at Number 10. (S)

1.10 James May's Big Trouble in Model Britain (S) **2.10 to 3.10am** Arctic with Bruce Parry (SL)(S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes

9.00 Totally Bonkers Guinness World Records: With Matt Edmondson.

9.25 Secret Crush (SL)(S)

10.25 Dress to Impress (SL)(S)

1.25 pm Family Fortunes (S)

2.30 Celebrity Catchphrase (S)

3.30 FILM Over the Hedge: Animated comedy with the voice of Bruce Willis. (W)(S) ★★★★ *(2006)*

5.10 FILM Dr Seuss' The Lorax: Animation with the voice of Danny DeVito. (W)(S) ★★★ *(2012)*

5.10 Dr Seuss' The Lorax

7.00 FILM Evan Almighty Comedy sequel to *Bruce Almighty,* with Steve Carell and Morgan Freeman. God recruits a politician to build an ark and save the world's animals from a cataclysm. (W)(S) ★★★ *(2007)*

9.00 Love Island: All Stars: Unseen Bits New edition More flirting and fallouts. (S)

10.05 Family Guy Double-bill, including: Lois's parents hire a nanny called Natalia.

11.05 Family Guy: Meg takes advantage of Peter's temporary job. (S)

11.30 American Dad!: Double-bill. (S)

12.25 am The Sex Lives of College Girls

1.30 Iain Stirling's CelebAbility (S)

2.20 Totally Bonkers Guinness World Records (S) **2.45** Unwind with ITV

3.00 to 6.00am Teleshopping

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Bless This House (S)

6.55 Agatha Christie's Poirot (SL)(S)

8.55 Doc Martin: Martin Clunes stars. (S)

10.00 Midsomer Murders: A burglar dubbed 'the Creeper' targets Midsomer. Rik Mayall stars. (S)

12.00 noon Midsomer Murders: A local councillor is found dead. (S)

2.00 pm Midsomer Murders: Barnaby investigates a land deal. (S)

4.00 Midsomer Murders: Barnaby and Jones investigate when a woman is stabbed in a churchyard. (S)

4.00 Midsomer Murders

6.00 LIVE World Series of Darts: Dutch Masters Coverage of day two of the second event of the year, at Maaspoort Den Bosch, featuring the quarter-finals, semi-finals and final. (S)

10.00 Endeavour The detective investigates the deaths of an astrophysicist and his girlfriend in a tragic car accident as the rest of the world eagerly awaits news of the first moon landings. (S)

12.00 m't Inside the Crown: Secrets of the Royals: Documentary telling the inside story of the Royal Family, beginning with a look at the conflict between love and duty. (S)

1.05 am Where the Heart Is (S)

2.10 Unwind with ITV

2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am Derby Through the Years (S)

6.15 Hornblower (S)

8.25 The NFL Show (S)

9.30 Racing: The Opening Show (S)

10.30 The Big Match Revisited (S)

11.45 FILM The Sting: Depression-era comedy drama starring Robert Redford and Paul Newman. (W)(S) ★★★★★ *(1973)*

2.30 pm FILM Jeremiah Johnson: Western adventure with Robert Redford. (W)(S) ★★★ *(1972)*

4.45 Made in Britain: Double-bill. (S)

6.15 Football: The FA Cup

6.15 LIVE Football: The FA Cup *Fulham v Newcastle United:* Laura Woods introduces action from the fourth-round tie taking place at Craven Cottage (kick-off **7.00**). (S)

9.20 FILM Taken 2 Action thriller sequel starring Liam Neeson and Famke Janssen. An ex-CIA agent and his family are targeted by a vengeful Albanian gang during a trip to Istanbul. (W)(S) ★★★ *(2012)*

11.10 The Motorbike Show: Double-bill. Henry Cole rides a Royal Enfield Super Meteor; and a new Zero electric bike in Leicestershire. (S)

1.20 am Minder (SL)(S)

2.20 The Protectors (SL)(S)

2.55 Unwind with ITV (S)

3.00 to 6.00am Teleshopping

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping

8.00 999: Criminals Caught on Camera **8.25** Car Pound Cops: Give Me My Car Back!

11.30 FILM Spy Kids: Family adventure. ★★★ *(2001)*

1.15pm FILM Serendipity: Romance. ★★★★ *(2001)*

3.05 FILM Made of Honor: Romantic comedy starring Patrick Dempsey. ★★ *(2008)*

5.10 FILM Rush Hour 3: Comedy with Jackie Chan. ★★ *(2007)*

6.55 FILM Rampage Fantasy with Dwayne Johnson. When three animals are infected with a pathogen the race is on to stop them destroying Chicago. (S) ★★★ *(2018)*

9.00 FILM G.I. Joe: Retaliation Action adventure sequel with Dwayne Johnson. Terrorists replace the American president with an imposter. (S) ★★★ *(2013)*

11.15 FILM Grown Ups 2: Comedy with Adam Sandler. ★ *(2013)*

1.20am Casualty 24/7: Every Second Counts: Documentary.

2.20 GPs: Behind Closed Doors

3.10 Shoplifters & Scammers: At War with the Law

4.00 to 6.00am Teleshopping

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping **9.00** Murder, She Wrote: Triple-bill.

12.00noon Murder, She Wrote

1.00pm Murder, She Wrote: The sheriff needs Jessica's help.

2.00 Murder, She Wrote: Jessica enrols at a computer school.

3.00 Murder, She Wrote: Jessica investigates a cold-case mystery.

4.00 Murder, She Wrote: Jessica's friend is charged with murder.

5.00 Murder, She Wrote: Jessica looks into foul play in Las Vegas.

6.00 Murder, She Wrote Triple-bill, including: Jessica investigates a high-society murder; and Jessica comes into the possession of secret intelligence documentation. (S)

9.00 Criminal Minds Double-bill. A rock star's world tour coincides with a series of murders. (S5, ep7); and the team visits a killer in prison. (S5, ep8)(S)

11.00 Law & Order: Special Victims Unit: Triple-bill, including: William Lewis holds Benson in captivity while the squad searches for clues. (S15, ep1)

1.50am Lucifer: Double-bill.

3.35 Criminals: Caught on Camera

4.00 to 6.00am Teleshopping

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am Secrets of the Transport Museum: Double-bill.

8.00 Bangers & Cash

1.00pm Abandoned Engineering: Triple-bill, including: Exploring Old Joliet Prison, a battered facility near Chicago. (S)

4.00 Great American Railroad Journeys: Double-bill. Michael Portillo meets the scientists studying the Northern Lights in Alaska; and Michael Portillo crosses over into Canada. (S)

6.00 Great American Railroad Journeys Back-to-back editions, including: Michael Portillo explores British Columbia; and on board one of the world's most famous trains, the *Rocky Mountaineer.* (S)

10.00 One Foot in the Grave Double-bill. Victor tries to help a Dutch girl get back on her feet; and a job offer leads to disaster.

11.15 One Foot in the Grave: Christmas special from 1994. A face from the past haunts the Meldrews. Richard Wilson stars.

12.10am Bangers & Cash

1.10 Secrets of the Transport Museum: Double-bill.

3.00 to 6.10am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea

7.00 Teleshopping

8.00 Antiques Road Trip

10.00 Dr Pimple Popper

12.00noon The Bad Skin Clinic

1.00pm A Place in the Sun

3.00 The Yorkshire Auction House: Angus unearths a treasure trove of toys in Manchester.

4.00 Helicopter ER: Double-bill, including: The Yorkshire Air Ambulance helicopter flies a patient badly injured in a fall. (S)

6.00 Helicopter ER Triple-bill, including: Paramedic Ady tries to save the life of a biker in danger of bleeding to death in North Yorkshire.

9.00 The Dead Files New editions Double-bill. Sinister spirits threaten the staff at a historic Los Angeles movie theatre; and an evil entity haunts a museum and its staff in California. (S)

11.00 Paranormal: Caught on Camera: A mother's blood runs cold when a ghostly child photobombs a family picture.

12.00m't The Demon Files

1.00am Ghost Adventures

2.00 Teleshopping

4.00 to 6.00am Animal Cops

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am FILM The Turners of Prospect Road *(1947)* **7.15** What's On... **7.25 FILM** Ghost Camera *(1933)* **8.45** Look at Life

9.00 ...Toytown **9.15** Robin Hood

9.45 FILM Johnny on the Run *(1953)* **11.00** Cisco Kid **11.30** Buccaneers **12.00noon** Hawkeye

12.30pm Colonel March... **1.00 FILM** Unearthly Stranger *(1963)* **2.35** Letraset **3.00** Fireball XL5 **3.35 FILM** Batman *(1966)* *See Films, pages 31-35.*

5.45 FILM The Green Cockatoo Drama. (b/w) (S) ★★ *(1937)*

7.05 Look at Life

7.20 Dixon of Dock Green George searches for a deserter. (b/w) (S)

8.00 Maigret A body is discovered. (b/w) (S)

9.00 The Edgar Wallace Mystery Theatre Pilot episode. (b/w) (S)

10.10 FILM And Soon the Darkness Thriller with Michele Dotrice. (S) ★★★ *(1970)*

12.10am FILM The Legend of the Lone Ranger: Western with Klinton Spilsbury. ★ *(1981)*

2.00 FILM Death Race 2000: Sci-fi thriller. ★★ *(1975)*

3.35 FILM The Thirty Nine Steps: Thriller. ★★★★ *(1978)*

5.40 to 6.00am Look at Life

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am The Real Housewives of Jersey **8.00** Buying and Selling **9.00** LittleBe **12.00noon** Great Chocolate Showdown

2.00pm Georgia and Tommy: Baby Steps **3.00** The Real Housewives Ultimate Girls' Trip **4.00** Project Bakeover **6.00** The Big Bake: Double-bill. **8.00 FILM** Overboard: Romantic comedy starring Goldie Hawn and Kurt Russell. A handyman tricks an amnesiac heiress into believing she is his wife. ★★★ *(1987)*

10.10 Totally Unbelievable: Celebrity Homes **11.10** Botched

12.05am The Real Housewives of Miami **1.00 to 7.00am** Shop

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am Arts Uncovered **6.10** Verdi's Rigoletto... **8.30** Tales of the Unexpected **11.00** Alfred Hitchcock... **1.00pm** Joy of Painting **2.00** Landscape Artist of the Year **3.00** Paul Simon:...

5.00 Discovering **6.00** The Music of Buddy Holly... **8.00** Classic Albums **9.00** Lewis Capaldi at Baloise Session **10.15** Greatest Guitar Riffs **11.15** Women Who Rock **12.30am** Chrissie Hynde Sings:... **2.10** Great Songwriters

3.10 High Flying Birds **3.40** Isle of Wight Festival **4.05** Discovering

4.30 Video Killed the Radio Star

5.00 to 6.00am Classic Albums

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Don't Tell the Bride (S)
7.00 FILM Tad the Lost Explorer and the Secret of King Midas: Animated adventure. (S) ★★★ *(2017)*
8.40 Ramsay's 24 Hours to Hell and Back: Back-to-back editions. (S)
12.35 pm Modern Family: Back-to-back episodes, including: Guest starring David Beckham. (S)
2.35 Brooklyn Nine-Nine: Back-to-back episodes, including: A detective tries to steal Jake's thunder. (S)
4.35 The Big Bang Theory: Triple-bill. (S)

7.00 Teenage Mutant Ninja Turtles

6.00 The Big Bang Theory Double-bill. Sitcom. (S)
7.00 FILM **Teenage Mutant Ninja Turtles** Fantasy with Megan Fox and William Fichtner. (S) ★★ *(2014)*
9.00 Celebrity Gogglebox Famous faces include Nick Grimshaw, Rylan, Bez and Micah Richards. (S)
10.00 Gogglebox The armchair critics share opinions on *Coronation Street* and *Strictly Come Dancing.* (S)
11.05 Gogglebox: The critics share their opinions on programmes including *The Outlaws*, *Family Fortunes* and *The Mating Game*. (S)
12.10 am First Dates: Double-bill. (SL)(S)
2.20 Gogglebox: Double-bill. (S)
4.10 to 6.00am Ramsay's 24 Hours to Hell and Back: Double-bill. (S)

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am Kirstie's Handmade Treasures
9.20 A Place in the Sun (S)
11.10 Four in a Bed: Back-to-back editions, including: In Devon. (S)
1.50 pm Location, Location, Location: Double-bill, including: Kirstie and Phil head to Hampshire. (S)
3.55 The Great Pottery Throw Down: Amateur potters take part in a 35-day throwing contest. (S)
5.15 Come Dine with Me: Double-bill, including: A dog lover kicks off the week of dinner parties. (S)

3.55 The Great Pottery Throw Down

6.20 Come Dine with Me Triple-bill, including: Shop owner Tasnim Sardar hosts in the Welsh valleys. (S)
7.55 Little Trains & Big Names with Pete Waterman Pete Waterman pays a visit to Jools Holland's loft. (S)
9.00 24 Hours in A&E Double-bill. Doctors treat a 75-year-old who has been rushed to A&E suffering a stroke; and a patient with a rare condition is brought in. (S)
11.05 Getting Away with Murder(s): 1 of 2. Documentary exploring the Third Reich's death camp at Auschwitz, the Nazi planning and implementation, and the post-war trials for its crimes. (S)
2.00 am 24 Hours in A&E (S)
3.05 to 3.40am Food Unwrapped (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am Ice Age: Collision Course: Animation with the voice of Ray Romano. (W)(S) ★★★ *(2016)*
12.50 pm The Land That Time Forgot: Fantasy adventure starring Doug McClure. (W)(S) ★★★ *(1974)*
2.40 Playing with Fire: Comedy starring John Cena. (W)(S) ★★ *(2019)*
4.30 The Straight Story: Drama starring Richard Farnsworth. A man goes on a journey to make peace with his brother. (W)(S) ★★★★ *(1999)* ***See Films, pages 31-35.***

9.00 Hitman

6.55 Ferris Bueller's Day Off Comedy starring Matthew Broderick and Mia Sara. (W)(S) ★★★★ *(1986)*
9.00 Hitman Action thriller starring Timothy Olyphant. A genetically engineered assassin fails to complete his assignment and finds he has become the next target. (W)(S) ★★★ *(2007)*
10.50 Rambo Action drama sequel starring Sylvester Stallone. (W)(S) ★★★ *(2008)*
12.35 am The Toll: Comedy thriller with Michael Smiley. A lone toll-booth operator hiding from criminals fights for his life as enemies seek revenge. (W)(S) ★★★ *(2021)*
2.15 to 4.00am Spell: Horror starring Omari Hardwick and Loretta Devine. (W)(S) ★★★ *(2020)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Nothing to Declare (S)
11.00 Border Security USA (S)
12.00 noon Road Wars: Officers face a drug addict in Milton Keynes. (S)
1.00 pm Highway Cops: Double-bill. (S)
2.00 Borneo: Earth's Ancient Eden (S)
3.00 Monkey Life: Double-bill. Life at a monkey and ape rescue centre. (S)
4.00 Baby Animals: Double-bill, including: The joy of endangered species giving birth to young. (S)
5.00 Dogs with Extraordinary Jobs: A caring Jack Russell in Namibia. (S)

4.00 Baby Animals

6.00 Extreme Animals: One Wild Day A day in the life of Africa's great animals. (S)
7.00 Caught on Dashcam Double-bill. Road disasters captured on video. (S)
9.00 Britcam: Emergency on Our Streets Care specialist Andy races to a girl who has fallen off her horse. (S)
10.00 The Force: North East A special constable gets an unpleasant introduction to frontline policing. (S)
11.00 Ross Kemp: Extreme World: Double-bill, including; South Africa's rape epidemic. (S)
1.00 am Night Cops: In Crewe. (S)
2.00 Border Security: Canada's Front Line: Back-to-back editions. (S)
4.00 to 6.00am Highway Patrol: Back-to-back editions. (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 When the Boat Comes In (S)
10.20 Lovejoy: Back-to-back episodes, including: Lady Jane and Lovejoy fall out; an aristocrat seeks the dealer's help; and Tinker lectures Lovejoy. Ian McShane stars. (S)
2.15 pm The Musketeers: Triple-bill. Milady seeks her revenge on the soldiers; the swordsmen are sent to rescue a French general from a Spanish prison; and D'Artagnan and King Louis are kidnapped. (S)

9.00 Whitechapel

6.00 The Brokenwood Mysteries Lynley Foster's search for some peace and quiet is dashed by her disagreeable neighbour, Wyatt. (S)
8.00 Father Brown A girl is left for dead at a school fete. Mark Williams stars. (S)
9.00 Whitechapel Double-bill. Chandler examines another set of apparent copycat killings; and Chandler and Miles continue their efforts to track down the killer. (S)
11.00 This Life: Double-bill, including Anna drunkenly seduces Jo. (S)
12.50 am Strike – The Cuckoo's Calling: Crime thriller based on books by JK Rowling, starring Tom Burke. (S)
2.05 The Brokenwood Mysteries: The murder of a veterinary nurse.
4.00 to 6.00am Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am Massive Engineering Mistakes **7.00** World's Biggest Shipbuilders **8.00** Wheeler Dealers: Back-to-back editions. **2.00pm** The Repair Shop **3.00** Shed and Buried **5.00** Salvage Hunters: Classic Cars **7.00** Salvage Hunters: The Restorers **8.00** The Woodland Workshop: The duo of Saf and Aimee build a spectacular storage unit. **9.00** The Repair Shop **10.00** The Hotel Inspector **11.00** Blowing Up History **12.00m't** In Search of Monsters **1.00am** Border Control: Spain **2.00** Destroyed in Seconds **4.00** How It's Made **5.00 to 6.00am** Teleshopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** Murder in the Heartland **10.00** Forensic Detectives **12.00noon** Disappeared **2.00pm** Cold Case **4.00** Diabolical: Deadly Love **7.00** The Perfect Murder: Double-bill. A case from January 1996; and the shooting of 27-year-old Jarrod Davidson. **9.00** A Killer's Mistake: The disappearance of Denise Williams' husband leaves her devastated. **10.00** The Victorian Murder Files **11.00** Faking It: Tears of a Crime **12.00m't** The Mentalist **2.00am** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Shopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

7.00am World's Most Unexplained **8.00** FILM Apocalypse of Ice *(2020)* **9.50** Legend Lowdown **10.00** Walker, Texas Ranger **3.00pm** FILM Aces – Iron Eagle III ★★★ *(1993)* **5.00** Legend Lowdown **5.10** FILM Taggart (b/w) *(1965)* **6.55** FILM Doomwatch ★★★ *(1972)* **8.50** Legend Lowdown **9.00** FILM The Hatton Garden Job: Crime drama. ★★ *(2017)* **10.50** FILM Assassination Games ★★ *(2010)* **12.50am** FILM The Loft ★★★★ *(2013)* **2.50 to 4.30am** FILM The Internecine Project ★ *(1974)* **5.30 to 7.00am** Shopping

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** My Mother's Stalker ★ *(2018)* **10.50** A Wedding to Die For ★★ *(2019)* **12.40pm** The Daughter Stalker *(2020)* **2.45** A Housekeeper's Revenge ★★ *(2016)* **4.35** You Don't Mess with the Zohan ★★★ *(2008)* **6.50** Six Days Seven Nights ★★★ *(1998)* **9.00** The Whole Truth: Courtroom drama with Keanu Reeves. ★★★ *(2015)* **10.55** Manhattan Night ★★★ *(2016)* **1.15am** Deadly Vengeance ★★ *(2019)* **3.00** Wild West Chronicles **4.00** The Wedding Stalker *(2017)* **5.40 to 6.00am** GREAT! Movie News Extra

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Teleshop **8.00** Diagnosis Murder **11.00** Randall and Hopkirk (Deceased): Detective drama. **4.00pm** The Avengers: Back-to-back episodes. **9.00** FILM An Inheritance to Die For: A Teagarden Mystery: Crime drama. ★★ *(2019)* **10.50** FILM An Aurora Teagarden Mystery: A Game of Cat and Mouse: Whodunnit. ★★ *(2019)* **12.40am** Castle (S8, ep14) **1.40** GREAT! Movie News Extra **1.50** Castle (S8, ep15) **2.50** GREAT! Movie News Extra **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Highway to Heaven **5.00 to 6.00am** Shop

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Teleshopping **7.10** The Force: Behind the Line **8.00** Gino's Italian Coastal Escape **9.00** Outback Pilots **11.00** Train Truckers **12.00noon** Storage Hunters UK **2.30pm** Australian Ninja Warrior **4.00** World's Most Dangerous Roads **6.20** Mortimer & Whitehouse: Gone Fishing **7.00** Special Ops: Crime Squad UK: Double-bill. **9.00** Not Going Out: Triple-bill. **11.00** QI XL **11.40** Have I Got a Bit More 2018 News for You **12.40am** Live at the Apollo **2.35** Special Ops: Crime Squad UK **3.35** The Indestructibles **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Teleshopping **7.00** The Chase **9.00** Bruce's Price Is Right **10.00** Dale's Supermarket Sweep **11.00** All Star Family Fortunes **1.00pm** Cash Trapped **3.00** Tenable: Quiz hosted by Warwick Davis. **6.00** The Chase: Triple-bill. **9.00** The Chase Celebrity Special: With Hayley Tamaddon, Geoff Hurst, Rob Beckett and Gaby Roslin. **10.00** The Chase: Quiz presented by Bradley Walsh. **11.00** Bullseye: Back-to-back editions. Darts-based quiz show. **4.00am** The Chase Celebrity Special **5.00 to 6.00am** The Chase: Quiz show.

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Diners, Drive-Ins and Dives **8.00** Girl Meets Farm: Back-to-back editions. **1.00pm** James Martin's United Cakes of America **3.00** Mary Berry's Foolproof Cooking: Back-to-back editions. **6.00** Ottolenghi's Mediterranean Island Feast **8.00** Tom Kerridge More Sunday Lunch: Tom celebrates the flavours and ingredients of Spain. **8.30** Tom Kerridge's American Feast **9.00** Man v Food: Back-to-back editions. **12.00m't** Mystery Diners **2.00am** Best Baker in America **3.00 to 6.00am** Teleshopping

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. Disputes. **5.00pm** 48 Hours: Triple-bill of the documentary. **8.00** Murder She Solved: A wife and mother is shot in the head in broad daylight, and 10 months later a similar crime occurs. **9.00** Bloodline Detectives: Double-bill, including: The body of a toddler is found along the Escatawpa River. **11.00** Shocking Crimes: Murder Book: Double-bill. **1.00am** Medical Detectives **3.00** Evidence of Evil **4.00 to 6.00am** Judge Judy: Back-to-back editions. Disputes.

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Shop **8.00** Autumn in the Vineyard ★★ *(2016)* **10.00** Summer in the Vineyard *(2017)* **12.00noon** Love Struck Cafe *(2017)* **2.00pm** The Perfect Catch *(2017)* **4.00** Sealed with a Kiss *(2015)* **5.50** GREAT! Movie News Extra **6.00** I Do, I Do, I Do: Romantic fantasy. ★★ *(2015)* **8.00** Listen Out for Love: Comedy. ★★ *(2022)* **9.50** GREAT! Movie News Extra **10.00** Love, Bubbles & Crystal Cove *(2021)* **12.05am** Love, Once and Always *(2018)* **2.00** Highway to Heaven **3.10** Love on Ice ★★ *(2017)* **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Teleshopping **9.00** Police Interceptors **11.00** Motorway Cops: Catching Britain's Speeders **1.55pm** FILM The Perfect Storm ★★★ *(2000)* **4.30** FILM Mosquito Squadron ★★ *(1968)* **6.25** FILM The Dam Busters (b/w) ★★★★ *(1954)* **9.00** FILM Blade: Action adventure chiller. ★★★ *(1998)* **11.15** FILM Cradle 2 the Grave: Action thriller. ★★★ *(2003)* **1.25am** Motorway Cops: Catching Britain's Speeders **2.35** Seconds from Death: Caught on Camera **3.25** Criminals: Caught on Camera **4.00 to 6.00am** Shop

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am The Bill: Back-to-back episodes. **11.00** Tipping Point **3.00pm** My Family: Back-to-back episodes, including: Susan tries to change her boss's ideas. **7.00** Miranda: Triple-bill, including: Stevie and Miranda compete for the attention of a new friend. **9.00** Gavin & Stacey: Back-to-back episodes, including: The newlyweds argue while on a night out at the bowling alley. **11.30** Louis Theroux: Life on the Edge: Documentary. **12.45am** Killer Women with Piers Morgan **1.45** Jamie: Drag Queen at 16 **3.00 to 6.10am** Teleshopping

SKY & VIRGIN LISTINGS over the page

SKY & VIRGIN 27 JANUARY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Trolls: Trollstopia
7.15 The Brilliant World of Tom Gates: Double-bill.
7.45 Let's Game: World Builders **8.00** Monkey Life
8.30 Mysteries of the Ancient Dead: Death rituals.
9.30 Secrets in the Ice
10.30 Saturday Social
12.00 noon The Simpsons
3.00 pm Soccer Saturday
5.00 LIVE WSL: Brighton & Hove Albion v Chelsea.

9.30 San Andreas

8.00 Landscape Artist of the Year A visit to Hever Castle in Kent for the third heat.
9.00 The Simpsons Bart is sent to a juvenile detention centre.
9.30 FILM **San Andreas** Disaster thriller with Dwayne Johnson. After an earthquake, a helicopter pilot makes a dangerous journey across California to rescue his daughter. ★★★ *(2015)*

11.40 Based on a True Story: Ava and Nathan race against the clock. (S1, ep8)
12.10 am The Office (US): Back-to-back episodes.
2.00 Road Wars: Documentary.
3.00 to 6.00am Nothing to Declare: Documentary.

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Richard E Grant's Hotel Secrets: Double-bill.
8.00 The Guest Wing
9.00 The Sopranos: Back-to-back episodes, including: Tony is advised to go straight. (S2, ep11)
2.30 pm Billions: Back-to-back episodes, including: Chuck embarks on a case with ties to Prince. (S7, ep4); and Prince clashes with his employees. (S7, ep5)

7.55 Game of Thrones

6.50 Billions Chuck and Prince go upstate to rub elbows with a new political force; and Prince sacrifices his pride. (S7, ep8)
7.55 Game of Thrones Back-to-back episodes, including: Jon enlists the help of an unexpected ally. (S5, ep5); the Sand Snakes mount an attack. (S5, ep6); and Sansa tries to talk to Theon. (S5, ep7)

11.15 Game of Thrones: Double-bill, including: Fantasy. Arya makes progress in her training. (S5, ep8)
1.30 am The Staircase
2.50 Band of Brothers
4.00 to 6.00am Richard E Grant's Hotel Secrets

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am Motorway Patrol
8.30 Border Patrol
11.00 UK Border Force
12.00 noon The Force: Manchester: Documentary.
1.00 pm Caught Red Handed
2.30 Caught on Dashcam: Outrageous road disasters and highway hijinks.
3.30 Nothing to Declare: Back-to-back editions, including: The work of customs officers in Australia.

9.00 FBI

6.00 Nothing to Declare Back-to-back editions, including: Brisbane Airport is shut down after a bomb scare.
8.00 Caught on Dashcam Outrageous road disasters on video.
9.00 FBI Double-bill. The team investigates a series of assaults. (S5, ep3); and a wealthy accountant is gunned down for testifying against a notorious drug lord. (S5, ep4)

11.00 Fire Country: A prisoner joins the firefighting programme in his search for redemption. (S1, ep1)
12.00 m't The Rookie (S2, ep8)
1.00 am The Good Doctor
2.00 For Life **3.00 to 6.00am** Nothing to Declare

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Teleshopping
7.05 Ever Decreasing Circles
7.35 Hi-de-Hi!: Comedy.
8.10 Open All Hours: Sitcom.
8.50 Citizen Khan: Comedy.
10.10 Only Fools and Horses: Back-to-back episodes, including: Del-Boy goes eco-friendly and launches a bottled-water business; Del visits the dentist; and Del grabs an opportunity to make a quick profit.

9.40 I'm Alan Partridge

7.10 Only Fools and Horses Double-bill. Raquel's father finds an old watch among the Trotters' junk; and Del-Boy takes Trotters Independent Traders into the new, hi-tech world of satellite communications.
9.40 I'm Alan Partridge Double-bill. Alan's fortunes take a turn for the better; and Alan agrees to host a sales conference.

11.00 I'm Alan Partridge: The radio DJ tries to join Norwich's social elite.
11.40 Live at the Apollo
12.40 am I'm Alan Partridge
2.30 Live at the Apollo
3.30 Desmond's: Comedy.
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am Barnwood Builders
12.00 noon Land Rush
2.00 pm Gold Rush: White Water: Back-to-back editions. A storm tears through Nugget Creek; the crew take matters into their own hands; Dustin and Kayla return to their claims to find them completely unrecognisable; and a four-ounce nugget motivates Dustin to take charge.

12.00 Land Rush

6.00 Gold Rush Minnie forces Tony to consult with a mining expert.
7.00 Gold Divers Following teams hunting for gold in the Bering Sea.
8.00 Gold Rush: White Water A typhoon is on a collision course with Nugget Creek.
9.00 Naked And Afraid: Castaways Heather and Andrew scavenge debris to make fire.
10.00 The Dino Hunters A huge Triceratops.

11.00 Aliens In Alaska: A woman is pursued while driving.
12.00 m't Mysteries of the Deep: Double-bill, including: The secrets of a shipwreck off the Mexican coast.
4.00 am How It's Made
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.15am *See 4.15am* **8.00** King of Killers: Action thriller. *(2022)* **9.45** No Hard Feelings: Comedy starring Jennifer Lawrence. ★★ *(2023)* **11.35** *See 8.00pm* **1.45pm** Jesus Revolution: Drama starring Joel Courtney. *(2023)* **3.50** One More Shot: Thriller starring Scott Adkins. ★★ *(2023)* **5.30** Fast X: Action adventure starring Vin Diesel. ★★★★ *(2023)*

1.45 Jesus Revolution

8.00 Transformers: Rise of the Beasts: Fantasy prequel starring Anthony Ramos and Dominique Fishback. ★★★ *(2022)* **10.10** *As 3.50pm* **11.55** *As 1.45pm* **2.05am** Haunting of the Queen Mary: Horror starring Alice Eve and Joel Fry. ★★ *(2023)* **4.15 to 6.00am** Little Bone Lodge: Horror starring Joely Richardson. ★★★ *(2023)*

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

6.05am Sky Cinema Preview **7.05** *See 10.00pm* **8.55** *See 1.55am* **10.55** *See 8.00pm* **1.05pm** Shazam! Fury of the Gods ★★★ *(2023)* **3.30** Black Adam ★★★ *(2022)* **5.45** Bullet Train ★★★★ *(2022)*
8.00 The Bourne Identity: Starring Matt Damon and Franka Potente. ★★★★★ *(2002)* **10.00** Beast: Starring Idris Elba. ★★★ *(2022)* **11.40** SAS: Red Notice ★★★ *(2021)* **1.55am** Reindeer Games *(2000)* **3.50 to 6.00am** The Hurricane Heist ★ *(2018)*

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

6.00am *See 3.55am* **8.00** Apache Uprising ★★ *(1966)* **9.45** Nashville ★★★★ *(1975)* **12.30pm** Stalag 17 (b/w) ★★★★★ *(1953)* **2.35** Girls! Girls! Girls! ★★ *(1962)* **4.20** Roustabout ★ *(1964)*
6.10 Top Gun ★★★ *(1986)* **8.00** Coming to America ★★★ *(1988)* **10.00** The Untouchables ★★★★ *(1987)* **12.00m't** Marathon Man ★★★★ *(1976)* **2.05am** Heaven Can Wait ★★★★★ *(1978)* **3.55 to 6.00am** Alfie ★★★ *(1966)*

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

6.10am *See 2.00am* **7.45** Firestarter ★★★ *(2022)* **9.30** The Invitation ★★★ *(2022)* **11.25** Carrie ★★★ *(2013)* **1.15pm** Looper ★★★★ *(2012)* **3.20** Midnight Special: Sci-fi. ★★★★ *(2015)* **5.20** Superman ★★★★ *(1978)*
8.00 Superman II: Comic-book adventure sequel. ★★★★ *(1980)* **10.15** Superman III ★★★ *(1983)* **12.25am** Friday the 13th Part II ★ *(1981)* **2.00** Critters Attack! ★★ *(2019)* **3.40** *As 9.30am* **5.35 to 7.25am** Margaux ★★ *(2022)*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Teleshopping **7.15** Murdoch Mysteries: Triple-bill. **10.00** Hudson & Rex **2.00pm** Father Brown **6.00** Inspector George Gently (S5, ep2) **8.00** Shakespeare & Hathaway: Private Investigators: Frank and Luella race against the clock when an undertaker is given only 24 hours to live. (S1, ep3)
9.00 Death in Paradise: A young nun is found dead in a smoke-filled bedroom. (S2, ep2) **10.00** Father Brown: Double bill of the crime drama. **12.00m't** Inspector George Gently **2.00am** Murdoch Mysteries **4.00 to 6.00am** Teleshopping

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am Supergirl: Back-to-back episodes, including: Lena is blamed for making countless children ill. (S3, ep5) **11.00** Grimm **3.00pm** Hawaii Five-0: Back-to-back episodes. **8.00** Flintoff: Lord of the Fries: Andrew Flintoff and Rob Penn explore the West Country.
9.00 A League of Their Own: European Road Trip: Jamie Redknapp and Andrew Flintoff head to Italy. **10.00** From **11.00** Based on a True Story **11.30** The Force: Manchester **12.30am** Road Wars **2.00** Magnum P.I **3.00** Road Wars **4.00 to 6.00am** Sun, Sea and A&E

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** Sort Of **9.00** Modern Family **11.00** Entourage: Back-to-back episodes. **4.00pm** Wellington Paranormal: Back-to-back episodes. **6.30** The Office (US): Back-to-back episodes.
9.00 Curb Your Enthusiasm: Double-bill, including: Bridget asks Larry for a favour on behalf of her son. **10.30** Saturday Night Live: Jacob Elordi hosts, with music from Reneé Rapp. **11.45** The Tonight Show Starring Jimmy Fallon **12.45am** Ramy Youssef: Feelings **1.55** Mrs Fletcher **2.30** The Comeback **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Discovering: Anthony Hopkins **7.00** Discovering: Faye Dunaway **8.00** The Directors **9.00** FILM All That Breathes *(2022)* **11.00** Laurel and Hardy: Their Lives and Magic **1.00pm** Six by Sondheim **2.45** My Icon: Maggie Alphonsi **3.00** FILM McQueen ★★★★ *(2018)* **5.00** Williams & Mansell: Red 5
6.50 My Icon: Linford Christie **7.00** FILM The Last Rider *(2022)* **9.00** NEW Be Water **11.00** Meth Storm **12.50am** FILM Baby God *(2020)* **2.20** FILM Missile from the East *(2021)* **4.10 to 6.00am** FILM Project Nim ★★★★ *(2011)*

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am American Pickers **7.00** Pawn Stars **8.00** Storage Wars **9.00** Auction Kings **11.00** Secrets in the Ice **2.00pm** Storage Wars: Back-to-back editions. **4.30** Mysteries of the Ancient Dead **5.30** Secrets in the Ice **6.30** Ivan the Terrible **7.45** No Asylum: The Untold Chapter of Anne Frank's Story
9.00 Auschwitz – One Day: The story of a typical day in 1944 in the infamous concentration camp. **10.15** Klarsfeld: A Love Story **12.15am** Numbered **1.30** Mauthausen: Camp of No Return **2.45** Storage Wars **5.00 to 6.00am** Secrets in the Ice

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Shop **11.00** Stargate SG-1: Back-to-back episodes. **4.00pm** Star Trek: Voyager: Back-to-back episodes. **9.00** True Blood: Double-bill. Eric attempts to save Nora. (S6, ep7); and Sookie faces a dilemma when deciding whether to broker a deal with Bill and Warlow. (S6, ep8)
11.30 The Rising: Double-bill. Neve seeks help from Alex. (S1, ep5); and Maria is ready to believe in Neve's continued existence. (S1, ep6) **1.30am** FILM Poseidon Rex: Thriller with Brian Krause. ★★ *(2013)* **3.00** Stargate SG-1 **5.00 to 6.00am** Most Haunted

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous – Mad Mammals **8.35** Most Ridiculous – Full Throttle **9.00** Friends: Back-to-back episodes. **3.00pm** FILM Brewster's Millions: Comedy starring Richard Pryor and John Candy. ★★★ *(1985)* **5.05** Friends: Back-to-back episodes.
9.00 FILM American Made: Fact-based comedy starring Tom Cruise. ★★★ *(2017)* **11.10** FILM Richard Pryor: Here and Now: Documentary. ★★★★ *(1983)* **12.55am** Impractical Jokers **1.25** South Park: Back-to-back editions. **4.15** Digman! **5.00 to 6.00am** Shop

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Undiscovered Vistas **10.00** Secret Life of the Tasmanian Devil **12.00noon** Secrets of the Enchanted Forests **1.00pm** Waterworld Africa: Back-to-back editions.
5.00 Life's Journey **8.00** Attack and Defend: Double-bill. **9.00** In for the Kill **10.00** Osprey: A pair of osprey return home. **11.00** Matsalu Moose: Wild Giants of the Baltics: A moose colony seen through the eyes of two yearlings. **12.00m't** Over Australia **2.00am** Attack and Defend **3.00** In for the Kill **4.00** Osprey **5.00 to 6.00am** Matsalu Moose: Wild Giants of the Baltics

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

6.00am Teleshopping **8.00** Food Factory USA **9.00** Megafactories **11.00** World War II: Secrets from Above **3.00pm** Hitler's Last Stand **6.00** Nazi Death Camp: The Great Escape **7.00** Air Crash Investigation: Triple-bill.
10.00 Inside Sydney Airport: All the emergency agencies are involved in a simulated plane crash exercise. **11.00** Rewind the 90s **12.00m't** Drug Lords: The Takedown **1.00am** Banged Up Abroad **2.00** Money Meltdown **2.55** Food Factory **3.45** Abandoned **4.10** Trials of the Wild **4.35** Prairie Dog Dynasty **5.00 to 6.00am** Shop

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Highway Cops **7.00** Highway Patrol **10.30** Caught Red Handed **12.00noon** Caught on Dashcam **1.00pm** How I Caught the Killer **2.00** Most Evil Killers **4.00** Britain's Most Evil Killers **6.00** Forensics: Catching the Killer **7.00** Killer in My Village **8.00** Most Evil Killers
9.00 World's Most Evil Killers **10.00** Forensics: Catching the Killer **11.00** Ireland's Most Evil Killers **12.00m't** How I Caught the Killer **1.00am** World's Most Evil Killers: Double-bill. **3.00** Murdered at First Sight **4.00** Brit Cops: Rapid Response **5.00 to 6.00am** Motorway Patrol

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY
Sky 308 Virgin 408 EE 508 (HD 522)

7.10am I Love You, Man ★★★ *(2009)* **9.00** White Chicks ★ *(2004)* **11.00** Polite Society ★★★★ *(2023)* **12.50pm** Evolution ★★★★ *(2001)* **2.35** Bean ★★★ *(1997)* **4.15** Angus, Thongs and Perfect Snogging: Starring Georgia Groome. ★★★★ *(2008)* **6.00** Dinner for Schmucks: Starring Steve Carell and Paul Rudd. ★★★ *(2010)*

6.00 Dinner for Schmucks

8.00 Mean Machine: With Vinnie Jones and David Hemmings. ★★ *(2001)* **9.50** The Other Guys: Starring Will Ferrell and Mark Wahlberg. ★★★★ *(2010)* **11.40** Beverly Hills Cop: Starring Eddie Murphy. ★★★★ *(1984)* **1.30am** Click: Starring Adam Sandler. ★★★ *(2006)* **3.25** *As 11.00am* **5.15 to 7.05am** *As 12.50pm*

SKY CINEMA ANIMATION
Sky 305 Virgin 412 EE 500 (HD 514)

7.00am *See 10.40pm* **8.30** *See 12.10am* **9.55** *See 1.35am* **11.20** Rock Dog 2 *(2021)* **1.00pm** Valiant *(2005)* **2.25** Extinct *(2021)* **4.00** Rock Dog 3 *(2022)* **5.40** Angry Birds *(2016)* **7.25** Lego Batman Movie *(2017)* **9.15** Scooby-Doo! and the Gourmet... *(2018)* **10.40** Moomins and the Winter Wonderland *(2017)* **12.10am** Lego DC Batman: Family Matters *(2019)* **1.35** Lego Scooby...: Haunted Hollywood *(2016)* **3.00** *As 1.00pm* **4.25 to 6.05am** *As 4.00pm*

SKY CINEMA DRAMA
Sky 310 Virgin 410 EE 510 (HD 524)

6.20am Mr Holmes ★★★★ *(2015)* **8.10** *See 12.25am* **10.05** Black Joy ★★★ *(1977)* **11.50** West North West *(2015)* **2.05pm** Safe Haven ★★★ *(2013)* **4.10** May December ★★★★ *(2023)* **6.15** North Hollywood ★★★ *(2021)* **8.00** Downton Abbey: A New Era ★★★ *(2022)* **10.10** World Trade Center ★★★ *(2006)* **12.25am** Burning an Illusion ★★★ *(1981)* **2.15** *As 4.10pm* **4.15** *As 6.15pm* **5.55 to 8.10am** The Survivor ★★★★ *(2021)*

SKY CINEMA FEEL GOOD
Sky 302 Virgin 402 EE 502 (HD 516)

6.25am *See 4.00am* **8.25** *See 2.10am* **10.05** Grown Ups 2 ★ *(2013)* **11.50** Big Fish ★★★ *(2003)* **2.00pm** Bewitched ★★★ *(2005)* **3.50** Forrest Gump: Drama. ★★★★ *(1994)* **6.20** Bridget Jones's Diary: Romantic comedy. ★★★★ *(2001)* **8.00** Bridget Jones: The Edge of Reason ★★★ *(2004)* **10.00** Bridget Jones's Baby ★★★ *(2016)* **12.05am** Roman Holiday (b/w) ★★★★★ *(1953)* **2.10** The Duke ★★★★ *(2020)* **4.00 to 6.00am** Save the Cinema ★★★ *(2021)*

SKY CINEMA FAMILY
Sky 306 Virgin 406 EE 506 (HD 520)

6.05am *See 1.20am* **7.50** *See 2.55am* **9.20** The Amazing Mr Blunden ★★★★ *(1972)* **11.10** Swallows and Amazons ★★★★ *(2016)* **1.00pm** The Hobbit: An Unexpected Journey: Fantasy adventure with Martin Freeman. ★★★ *(2012)* **4.00** The Hobbit: The Desolation of Smaug: Fantasy adventure sequel with Martin Freeman. ★★★★ *(2013)*

1.00 The Hobbit

6.55 The Lord of the Rings: The Fellowship of the Ring: Fantasy adventure starring Elijah Wood. ★★★★★ *(2001)* **10.00** Nancy Drew and the Hidden Staircase: Family crime drama. ★★★ *(2019)* **11.35** It Takes Two ★ *(1995)* **1.20am** Robo-Dog *(2015)* **2.55** Daphne & Velma ★★ *(2018)* **4.15 to 6.05am** *As 9.20am*

SKY CINEMA STAR TREK
Sky 303 Virgin 403 EE 503 (HD 517)

7.45am *See 2.05am* **9.45** Star Trek: First Contact *(1996)* **11.45** Star Trek: Insurrection *(1998)* **1.45pm** Star Trek The Motion Picture *(1979)* **4.00** Star Trek II: The Wrath of Khan *(1982)* **6.00** Star Trek III – The Search for Spock *(1984)* **8.00** Star Trek IV: The Voyage Home ★★★ *(1986)* **10.05** Star Trek V: The Final Frontier *(1989)* **12.00m't** Star Trek VI: The Undiscovered Country *(1991)* **2.05am** Star Trek: Generations ★★★ *(1994)* **4.15 to 6.15am** *As 9.45am*

SKY CINEMA THRILLER
Sky 309 Virgin 409 EE 509 (HD 523)

8.15am Now You See Me 2 ★★★ *(2016)* **10.35** A Walk Among the Tombstones ★★★ *(2014)* **12.40pm** *See 9.50pm* **2.20** Emily the Criminal ★★★★ *(2022)* **4.05** The Hurt Locker ★★★★★ *(2008)* **6.25** The Desperate Hour ★★★★ *(2021)* **8.00** Out of the Blue ★★ *(2022)* **9.50** Barbarians ★★★ *(2021)* **11.30** Maggie Moore(s) ★★★ *(2023)* **1.15am** *As 2.20pm* **3.00** *As 4.05pm* **5.20 to 7.15am** The Independent ★★★ *(2022)*

MOVIES 24
Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** The Presence of Love ★★ *(2022)* **9.00** At Home in Mitford ★★ *(2017)* **11.00** Fashionably in Love ★★ *(2023)* **1.00pm** Love on Retreat ★★ *(2023)* **3.00** Love in Wolf Creek ★★ *(2022)* **5.00** The Attraction Test ★★ *(2022)* **7.00** Mix Up In The Mediterranean ★★ *(2021)* **9.00** Flowers and Honey: Romantic drama. ★★ *(2021)* **11.00** Love's Sweet Recipe ★★ *(2021)* **1.00am** Heart of the Manor ★★ *(2021)* **3.00** When Love Springs ★★ *(2023)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT
Sky 401 Virgin 501 EE 420 (HD 440)

6.00am Sky Sports News 7.00 Good Morning Sports Fans 8.30 LIVE DP World Tour Golf The Ras Al Khaimah Championship. Coverage of day three of the tournament. **12.00noon LIVE SPFL** *St Mirren v Rangers:* Coverage of the Scottish Premiership match, held at SMiSA Stadium (kick-off **12.30**). **3.00pm Soccer Saturday 5.00 LIVE Football: WSL** *Brighton & Hove Albion v Chelsea:* Action from Broadfield Stadium (kick-off **5.30**). **8.00 LIVE PGA Tour Golf** The Farmers Insurance Open. **1.00 to 6.00am Sky Sports News**

SKY SPORTS CRICKET
Sky 404 Virgin 504 EE 423 (HD 443)

6.00am The Best of The Big Bash 6.15 ICC Under-19s World Cup Cricket 6.45 SA20 7.45 LIVE ICC Under-19s World Cup Cricket *South Africa v Scotland:* The Group B match from Potchefstroom. **11.00 LIVE SA20** *Sunrisers Eastern Cape v MI Cape Town.* **3.00pm LIVE SA20** *Pretoria Capitals v Joburg Super Kings.* **7.30 Secrets of Success 8.30 SA20 10.30 ICC Under-19s World Cup Cricket 12.00m't Big Bash League 1.00am Best of England v South Africa 2.00 SA20 4.00 Big Bash League 5.00 to 6.00am Best of England v South Africa**

SKY SPORTS ARENA
Sky 408 Virgin 508 EE 427 (HD 447)

6.00am ATP Tennis 7.00 WTA Tennis 8.00 Netball Nations Cup 12.00noon Super League Highlights 12.45pm My Icon: Leon Pryce 12.55 Fight Night 1.55 Top Rank Boxing Archive 3.10 LIVE British Basketball Coverage of the men's first BBL Trophy semi-final, which takes place at Utilita Arena Birmingham (tip-off **3.30**). **5.45 LIVE British Basketball** Featuring coverage of the men's second BBL Trophy semi-final (tip-off **6.00**). **8.30 Top Rank Boxing Archive 9.00 Fight Night 10.00 Netball Nations Cup 1.45am My Icon 2.00 to 6.00am PL Darts**

TNT SPORTS 1
Sky 410 Virgin 527 EE 408 (HD 430)

6.00am Cricket Reload 6.30 LIVE Test Cricket *Australia v West Indies:* Day three action. **8.45 Sports Reload 9.00 LIVE Test Cricket 12.00noon WWE 1.30pm Rugby 2.30 LIVE Rugby Union: Premiership** *Bristol Bears v Bath Rugby:* (Kick-off **3.05**). **5.15 LIVE Rugby Union: Premiership** *Saracens v Exeter Chiefs:* (Kick-off **5.30**). **7.45 TNT Sports Reload 8.00 LIVE NBA** *New York Knicks v Miami Heat:* (Tip-off **8.00**). **10.30 LIVE NBA** *Denver Nuggets v Philadelphia 76ers.* **1.00am Rugby Union 4.00 Serie A 5.00 to 6.00am UEFA Champions League**

SKY SPORTS PREMIER LEAGUE
Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 PL Years 9.00 PL Stories 9.30 PL – The Big Interview 10.00 Gary Neville's Soccerbox 10.30 Saturday Social 12.00noon Soccer Saturday Pre-Match 2.00pm Soccer Saturday 5.00 LIVE Football: WSL *Brighton & Hove Albion v Chelsea:* Action from Broadfield Stadium (kick-off **5.30**). **8.00 City: PL Champions Again 9.00 PL – The Big Interview 9.30 Premier League Stories 10.00 PL Icons 10.30 PL Retro 12.30am PL Icons 1.00 PL Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF
Sky 405 Virgin 505 EE 424 (HD 444)

6.00am DP World Tour 7.00 PGA Tour 7.30 DP World Tour 8.30 LIVE DP World Tour The Ras Al Khaimah Championship. Coverage of day three of the tournament, taking place at Al Hamra Golf Club in the UAE. **1.00pm PGA Tour Champions 2.30 Roots 3.00 Secrets of Success 4.00 DP World Tour 5.00 LIVE PGA Tour** The Farmers Insurance Open. Coverage of day four of the tournament staged at Torrey Pines in La Jolla, California. Max Homa was victorious here last year. **1.00am DP World Tour 2.00 PGA Tour 3.00 DP World Tour 4.00 to 6.00am PGA Tour**

SKY SPORTS MIX
Sky 416 Virgin 510 EE 429 (HD 449)

6.00am Golf 8.00 NFL 10.00 Netball 12.00noon Yachting 12.30pm Super League 1.00 Fight Night 2.00 Yachting 2.30 LIVE Netball Nations Cup *Australia v Uganda:* The fifth match of the competition. **4.45 LIVE Netball Nations Cup** *England v New Zealand:* The sixth match of the competition, which takes place at First Direct Arena in Leeds. **7.00 LIVE LPGA Tour Golf** The LPGA Drive On Championship. Day three at Bradenton Country Club in Bradenton, Florida. **10.00 Netball 1.45am My Icon: Christine Ohuruogu 2.00 SA20 4.00 to 6.00am NFL**

TNT SPORTS 2
Sky 411 Virgin 528 EE 409 (HD 431)

6.00am LIVE Isuzu UTE A-League (Kick-off **6.30**). **8.00 PL 8.30 What I Wore 8.45 LIVE Isuzu UTE A-League 10.45 Serie A 11.15 Ligue 1 12.15pm Serie A 1.15 Basketball 2.15 T10 Cricket 4.15 Fishing 5.15 LIVE Serie A** *Juventus v Empoli:* From Allianz Stadium. **7.00 NBA on Fire** The latest news. **7.30 LIVE Serie A** *AC Milan v Bologna:* (Kick-off **7.45**). **9.45 Serie A 10.45 Test Cricket 11.45 LIVE Women's International T20 Cricket** *Australia v South Africa.* **3.30am World Rally Championship** From Monaco. **4.00 to 6.00am LIVE Test Cricket** *Australia v West Indies.*

SKY SPORTS FOOTBALL
Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL 7.00 EFL 8.00 EFL 9.00 EFL Greatest Games 9.30 EFL Cup 10.30 Saturday Social 12.00noon LIVE SPFL *St Mirren v Rangers:* (Kick-off **12.30**). **3.00pm Soccer Saturday 5.15 LIVE AFCON** Coverage of the opening-last 16 match. **7.00 SPFL 7.15 EFL Cup 7.45 LIVE AFCON** The second-last 16 match held at Felix Houphouet Boigny Stadium in Abidjan, Ivory Coast. **10.00 Bundesliga 12.00m't SPFL 12.15am WSL 12.45 EFL Greatest Games 1.00 Ch'ship Retro 3.00 EFL 3.45 SPFL 4.00 WSL 4.30 EFL 5.15 SPFL 5.30 to 6.00am WSL**

SKY SPORTS NFL
Sky 407 Virgin 507 EE 426 (HD 446)

6.00am NFL Highlights 6.30 One Jets Drive A behind-the-scenes look at the New York Jets. **7.00 NFL 7.15 Kansas City Chiefs: The Franchise 8.00 NFL Highlights 10.00 NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league. **12.00noon NFL Highlights 3.30 Kansas City Chiefs: The Franchise 4.15 49 Hours 4.30 NFL Gameday 5.00 NFL Highlights 7.00 Kansas City Chiefs: The Franchise 7.45 49 Hours 8.00 NFL Highlights 11.00 49 Hours 11.30 to 6.00am NFL Highlights**

EUROSPORT
Sky 413 Virgin 521 EE 412 (HD 435)

6.30am Australian Open Tennis 8.30 LIVE Australian Open Tennis Coverage of the women's singles final. **11.00 Australian Open Tennis Cube** The latest tennis news. **11.15 LIVE Australian Open Tennis** The men's doubles final. **1.15pm Cross-Country Skiing 2.15 LIVE Cross-Country Skiing** Action from Goms, Switzerland. **4.10 Good Trouble 4.40 Australian Open Tennis 9.00 LIVE Show Jumping** Coverage of the North American League in Puebla, Mexico. **11.00 Australian Open Tennis 4.00 to 6.00am LIVE Australian Open Tennis** The women's doubles final.

TNT SPORTS 3
Sky 417 Virgin 529 EE 410 (HD 432)

6.00am Ligue 1 7.00 LIVE Isuzu UTE A-League 9.00 ABB FIA Formula E 10.00 LIVE ABB FIA Formula E World Championship 10.45 Reload 11.00 Football 12.00noon LIVE ABB FIA Formula E World Championship 2.00pm Squash 3.00 ABB FIA Formula E World Championship 4.00 LIVE ABB FIA Formula E World Championship 6.30 Test Cricket Highlights 7.30 Crouchy and Cole 8.00 LIVE Ligue 1 10.00 Ligue 1 11.00 What I Wore 11.15 LIVE Women's T20 Super Smash The Grand Final. **2.45 to 6.30am LIVE T20 Super Smash** The Grand Final.

RADIO

BBC RADIO 2

5.00am Radio 2 in Concert: Level 42 **6.00** Tony Blackburn **8.00** Dermot O'Leary **10.00** Claudia Winkleman **1.00pm** Pick of the Pops **3.00** Rylan on Saturday **6.00** Liza Tarbuck **8.00** Gary Davies **10.00** Fearne Cotton **12.00m't** Sigrid: My Neil Young Fan Story **1.00am** Vernon Kay **2.00** Michelle Visage **3.00** DJ Spoony **3.30** Steve Wright's Love Songs Extra **4.00 to 5.00am** On Air with Annie Nightingale

BBC RADIO 3

7.00am Breakfast **9.00** Record Review **11.45** Music Matters **12.30pm** This Classical Life **1.00** Inside Music **3.00** Sound of Cinema **4.00** Music Planet **5.00** J to Z **6.30** Opera on 3 **10.00** New Music Show **12.00m't** Freeness **1.00 to 7.00am** Through the Night

BBC RADIO 4

5.30am News **5.43** Prayer for the Day **5.45** The Banksy Story **6.00** News and Papers **6.07** Open Country **6.30** Farming Today This Week **6.57** Weather **7.00** Today **8.30 to 9.00 (LW)** Yesterday in Parliament **9.00** Saturday Live **10.00** You're Dead to Me **10.30** Alexei Sayle's Strangers on a Train **11.00** The Week in Westminster **11.30** From Our Own Correspondent **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** Money Box **12.30** The News Quiz **12.57** Weather **1.00** News **1.10** Any Questions? **2.00** Any Answers? **2.45** Opening Lines **3.00** Drama: Tam O'Shanter **4.00** Weekend Woman's Hour **5.00** Saturday PM **5.30** Political Thinking with Nick Robinson **5.54** Shipping **5.57** Weather **6.00** News **6.15** Loose Ends **7.00** Profile **7.15** This Cultural Life **8.00** Archive on 4: Dom Joly: Goth or Not? **9.00** Drama: China Towns **10.00** News **10.15** Screenshot **11.00** Counterpoint **11.30** Offstage: Inside the X Factor **12.00m't** Midnight News **12.15am** Across the Divide **12.48** Shipping **1.00** As BBC World Service **5.20 to 5.30am** Shipping

CLASSIC FM

7.00am Tim Lihoreau **10.00** Aled Jones **1.00pm** Alexander Armstrong **4.00** Alan Titchmarsh **7.00** Jonathan Ross **9.00** Connecting Notes **10.00** Calm Classics **1.00am** Katie Breathwick **4.00 to 7.00am** Sam Pittis

Vicky McClure reprises her role as Lana Washington

Trigger Point

NEW DRAMA 9PM, ITV1, ITVX (BOX SET)

Vicky McClure dons her bomb disposal suit and charges pell-mell back into the blast zone as this much-anticipated thriller returns tonight. The first series was ITV's most popular drama of 2022, and in this sequel Met Police explosives officer, or 'expo', Lana Washington (McClure) carries on like she's never been away. In reality, she has been on a six-month secondment in Estonia, but she's barely left the airport when a bomb goes off at a London power station. Things go rapidly downhill from there in a nerve-jangling opener that begins the series with a bang! ★★★★★ **SMA**

● **See feature, page 6**

Simon embraces the wilds of Patagonia

Wilderness with Simon Reeve

TRAVELOGUE 9PM, BBC2, iPLAYER (BOX SET)

Exotic food is one of the attractions of any trip abroad, but, in episode two of his travelogue, Simon gamely tucks into a dish that's straight out of *I'm a Celebrity*'s Bushtucker Trials! Travelling south through South America's Andes, Simon visits one of the country's gauchos, who lives a solitary life tending livestock, and invites his guest to share a dish of bull's testicles! The affable explorer also makes a gruelling climb up to a 500-square-metre ice field, braving wild weather and treacherous terrain that puts one crew member out of action, and he has a memorable encounter with 'the King of Patagonia', the puma. ★★★★ **IM**

Gregg's at a bath-bomb factory

Inside the Factory

FACTUAL 8PM, BBC2

Gregg Wallace is in more of an excitable lather than usual – and smelling sweet all the way down the high street – as he's at the Lush factory in Dorset. He's learning how to make the cosmetics company's bath bombs, starting at the intake bay with a delivery of sodium bicarbonate which then meets citric acid to create 'fizzy fun'. And – bath-time bonus! – Cherry Healey explains how a hot soak can provide some of the same benefits as exercising, as verified by university research. ★★★ **NT**

Which path will Fergal take?

The Tourist

LAST ONE DRAMA 9PM, BBC1, iPLAYER (BOX SET)

After a rollercoaster ride filled with clan conflict, family secrets and some wildly funny moments of black comedy, the second series of *The Tourist* finally comes to a climactic finale tonight. Will Fergal (Mark McKenna) choose the family that raised him or his real dad? Who's the real Elliot Stanley? And will we finally get to see Jamie Dornan dance? There are plenty of twists and turns on the way, plus some mouth-watering revelations from down the decades as we hurtle towards a final showdown between rival crime families the Cassidys and the McDonnells. ★★★★★ **SMA**

Colette (Francesca Fullilove) and Rosalind (Natalie Quarry) watch the historic event

PICK OF THE DAY

Poplar gathers to watch man land on the moon

DRAMA 8PM, BBC1

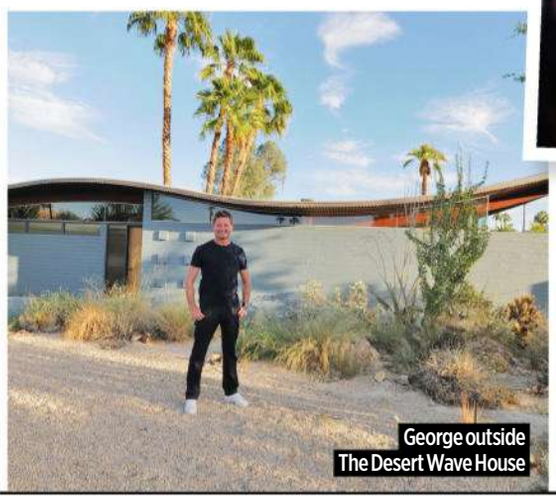
The moon landing of July 1969 is causing all eyes to look upwards in wonder and Sister Monica Joan (Judy Parfitt) is both thrilled to have lived to witness such an epic event and terrified for the astronauts' safety. But there's also plenty of emotional medical drama afoot, as a tuberculosis vaccination drive leads the medics to help an ailing family who originally hail from Nigeria, and the case gives Nancy (Megan Cusack) pause for thought about her past. Meanwhile, when a tough-talking mum-to-be's delivery takes some unexpected turns, Joyce (Renee Bailey) is left troubled and Trixie (Helen George) is torn over where her priorities should lie... ★★★★ **CC**

See feature, page 9

George Clarke's Adventures in Americana

TRAVELOGUE 9PM, C4, CHANNEL 4 (BOX SET)

As architect George's US odyssey begins its second leg, he's in California on a mission to visit a unique skyscraper-style home in Joshua Tree. The Invisible House is built on its side and clad in huge mirrored tiles – and is on the market to rent for a cool $150,000 per month. Next, George is off to Palm Desert to visit mid-century marvel The Desert Wave House. ★★★ **MC**



George outside The Desert Wave House

Shiv arrives at Dublin Airport, but there's no one to meet her

The Dry

NEW COMEDY DRAMA FROM 10.15PM, ITV1, ITVX (BOX SET)

Previously available on ITVX and BritBox, the first series of *The Dry* begins a run on ITV1 ahead of series two landing on ITVX. The eight-part comedy drama follows Shiv (Roisin Gallagher), an artist and recovering alcoholic, who returns to her native Dublin after years of living away. She arrives for her granny's funeral, but wants to stay in Ireland because her party-loving lifestyle in London has fallen apart. But as she tries to rebuild her relationships with dad Tom (Ciarán Hinds), mum Bernie (Pom Boyd) and her siblings, family secrets come to light. Can Shiv stay away from the booze as well as her bad-boy ex? Some viewers may find the swearing offensive. ★★★ **NC**

BBC1

Freeview HD **101** Sky HD **101** Virgin TV HD **101** Freesat HD **106**

6.00 Breakfast (S) **7.30** SPORT **Match of the Day: FA Cup** Highlights of fourth-round games. (S)(R) **9.00 Sunday with Laura Kuenssberg** (S) **10.00 Politics England** (S) **10.30 Sunday Morning Live** (S) **11.30 Pilgrimage: The Road to Rome** (S)(R)(AD)

12.30 Bargain Hunt Charlie Ross presents the show from Kent County Showground. (S)(R)

1.00 BBC News (S)

1.10 Weather for the Week Ahead (S)

1.15 Songs of Praise Pam Rhodes marks International Holocaust Memorial Day. (S)

1.50 Lifeline A Guide Dogs charity appeal. (S)(AD)

2.00 Escape to the Country Ginny Buckley helps a couple find a home in Dorset. (S)(R)

2.40 Early Man FILM Animation with the voice of Eddie Redmayne. A caveman tribe must learn to play football in order to regain its homeland. (W)(S)(AD) ★★★★ *(2018)* ***See Films, pages 31-35.***

4.00 Match of the Day: The FA Cup SPORT *Newport County v Manchester United:* Coverage of the fourth-round encounter, staged at Rodney Parade (kick-off **4.30**). (S)

6.40 BBC News (S)

6.50 BBC Regional News (S) and **Weather**

7.00 Antiques Roadshow Fiona Bruce presents from Crystal Palace Park in London. Highlights include rare car club badges, including one from the earliest days of motoring in Iraq, some My Little Pony toys, and a work by LS Lowry that was owned by a woman who befriended the artist at the end of his life. (S)

8.00 Call the Midwife 4 of 8. Period drama. It is 1969 and everyone is giddy with excitement about Apollo 11's imminent moon landing. ***See feature, page 9, & Highlights.*** (S)(AD)

Sister Julienne .... *JENNY AGUTTER* Nurse Phyllis Crane . *LINDA BASSETT*
Sister Monica Joan... *JUDY PARFITT* Nurse Trixie Franklin *HELEN GEORGE*
Nurse Shelagh Turner . *LAURA MAIN* Dr Patrick Turner .*STEPHEN McGANN*
Fred Buckle.....*CLIFF PARISI* Violet Buckle...*ANNABELLE APSION*

9.00 The Tourist Last in the drama. Elliot makes a last-ditch attempt to develop a relationship with his family, which may have disastrous consequences. ***See Highlights.*** (S)(AD)

Elliot.....*JAMIE DORNAN* Helen..... *DANIELLE MACDONALD*
Niamh .....*OLWEN FOUÉRÉ* Frank ..... *FRANCIS MAGEE*
Ethan Krum..... *GREG LARSEN* Lena Pascal. *VICTORIA HARALABIDOU*

● ***The full series is available online via BBC iPlayer.***

10.00 BBC News (S) and **Weather**

10.25 BBC Regional News (S) and **Weather**

10.30 Match of the Day: The FA Cup SPORT Action from the fourth-round ties, including: Watford v Southampton; and West Bromwich Albion v Wolverhampton Wanderers. (S)

11.40 The Women's Football Show SPORT Highlights of the weekend's games in the Super League, including: Tottenham Hotspur v Manchester City; and Liverpool v Arsenal. (S)

12.30 Journey's End FILM World War One drama starring Sam Claflin and Paul Bettany. A company of British soldiers await their fate on the Western Front. (W)(S) ★★★★ *(2017)* ***See Films, pages 31-35.***

2.10 Weather for the Week Ahead (S)
2.15 to 6.00 BBC News (S)

BBC2

Freeview HD **102** Sky HD **102** Virgin TV HD **102** Freesat HD **102**

6.30 Countryfile (S)(R) **7.30 Breakfast** (S) **9.00 Wild About Your Garden** (S)(R) **9.45 Saturday Kitchen Best Bites** Highlights from recent series. (S) **11.15 Young MasterChef** (S)(R)(AD)

12.15 Pride and Prejudice FILM Period drama based on Jane Austen's novel, starring Laurence Olivier. A headstrong woman is introduced to an aloof gentleman, and an unexpected romance develops. (b/w)(W)(S) ★★★★ *(1940)* ***See Films, pages 31-35.***

2.15 Nature's Miniature Miracles: Natural World 4 of 8. How the world's smallest animals manage to survive. (S)(R)(AD)

3.15 World's Busiest Cities: Delhi A behind-the-scenes look at the systems and people running the Indian city. (S)(R)

4.15 Flog It! Making a profit at auction. (S)(R)

5.15 Ski Sunday SPORT Ed Leigh and Chemmy Alcott present the best of the action from the women's World Cup downhill race from Cortina, Italy, and the men's night slalom from Schladming, Austria. (S)

6.00 Countryfile Joe Crowley takes a trip to the Somerset Levels to explore the history, heritage, and farming of the unique wetland environment; and in the Cotswolds, Adam Henson tries to restore his ancient orchard. (S)

7.00 This Farming Life Documentary following life on farms around Scotland, beginning as the autumn sales are over and preparations are being made for winter. In Newtonmore in Cairngorms National Park, Robert MacKenzie needs to gather in his cows and take them back to the croft for pregnancy testing. (S)(R)

8.00 Inside the Factory 6 of 10. Gregg Wallace learns how bath bombs are made at Lush's factory in Dorset, starting at the intake bay with a delivery of sodium bicarbonate, which reacts with other ingredient citric acid in water to create the carbon dioxide that provides that all-important fizz. ***See Highlights.*** (S)(AD)

● ***Repeated on Friday at 7.00pm.***

9.00 Wilderness with Simon Reeve 2 of 4. Travel series in which the host visits the most remote landscapes on Earth. In this edition, Simon travels through Patagonia at the foot of the South American continent, a beautiful and rugged land of mountains, ice and endless wild grasslands. ***See Highlights.*** (S)(AD)

● ***The full series is available online via BBC iPlayer.***

10.00 The French Connection FILM Oscar-winning thriller starring Gene Hackman and Roy Scheider. Two New York detectives use unorthodox methods to break a drug ring smuggling heroin into the US from France. (W)(S)(AD) ★★★★★ *(1971)* ***See Films, pages 31-35.***

Jimmy 'Popeye' Doyle ..... *GENE HACKMAN* Buddy Russo.....*ROY SCHEIDER*
Sal Boca.....*TONY LO BIANCO*
Alain Charnier.....*FERNANDO REY* Mulderig .....*BILL HICKMAN*
Pierre Nicoli .... *MARCEL BOZZUFFI* Klein.....*SONNY GROSSO*

11.40 End of Watch FILM Thriller starring Jake Gyllenhaal and Michael Peña. A pair of freewheeling LA cops become the targets of a ruthless Mexican drug cartel. (W)(S) ★★★★ *(2012)* ***See Films, pages 31-35.***

1.20 Question Time Fiona Bruce hosts the political debate from Gillingham in Kent. (SL)(S)(R) **2.20 Waterloo Road** (SL)(S)(R)(AD) **3.20 to 4.05 Garden Rescue** In Winchester. (SL)(S)(R)

ITV1

Freeview HD **103** Sky HD **103** Virgin TV HD **103** Freesat HD **111**

6.00 James Martin's Spanish Adventure (S)(R)(AD) **7.00 James Martin's Saturday Morning** (S)(R) **8.45 Love Your Weekend with Alan Titchmarsh** Alan is joined for a chat by record producer and broadcaster Pete Waterman and *The Repair Shop* ceramics expert Kirsten Ramsay. (S) **10.45 ITV News** (S) and **Weather 11.00** SPORT **Football: The FA Cup** *West Bromwich Albion v Wolverhampton Wanderers:* Coverage of the fourth-round tie between the Black County rivals at The Hawthorns (kick-off **11.45**). (S)

1.55 Football: The FA Cup SPORT *Liverpool v Norwich City*: Laura Woods hosts coverage of this afternoon's fourth-round fixture staged at Anfield (kick-off **2.30**). (S)

● ***Live coverage of Newport County v Manchester United can be seen on BBC1 at 4.00pm.***

4.50 Ant & Dec's Limitless Win 4 of 6. *As last night*. Engaged couple Zanesh and Melike continue their game from last week, then father-and-son team David and Mark take on the never-ending money ladder. (S)(R)(AD)

5.50 ITV News (S) and **Weather**

6.10 Local News (S) and **Weather**

6.20 Dancing on Ice 3 of 9. Holly Willoughby and Stephen Mulhern host the ice-dancing competition as the remaining celebrities and their professional partners perform routines inspired by beloved films. Judges Oti Mabuse, Ashley Banjo, Jayne Torvill and Christopher Dean give their verdicts, before one couple leaves the competition after the skate-off. (S)

8.00 Who Wants to Be a Millionaire? NEW Fifteen questions are all that stand between six contestants and a life-changing jackpot as Jeremy Clarkson returns with the big-money quiz. As usual, lifelines including Phone a Friend and 50-50 are available to them. (S)

9.00 Trigger Point NEW Return of the thriller. Lana is called back into action when an explosion rocks a nearby power station. ***See feature, page 6, & Highlights.*** (S)(AD)

Lana Washington...*VICKY McCLURE* DI Thom Youngblood *MARK STANLEY*
DS Helen Morgan *NATALIE SIMPSON* Commander John Francis
DI Amar Batra.....*MAANUV THIARA* ..... *JULIAN OVENDEN*

● ***The full series is available online via ITVX.***

10.00 ITV News at Ten (S) and **Weather**

10.15 The Dry NEW 1 of 8. Comedy drama. After years of partying in London, a newly sober woman returns to Dublin for a funeral – and fears that being teetotal won't be easy. ***See Highlights.*** (S)(AD)

● ***Previously available on ITVX.***

10.45 The Dry 2 of 8. Shiv's morning yoga routine is unexpectedly interrupted, and she and her mum clash over her job prospects. (S)(AD)

11.15 SPORT **Rugby Union: Premiership** The best of the action from the 12th round of fixtures. (S) **12.15 Made in Britain** (S)(R)(AD) **12.45 Teleshopping 3.00** SPORT **Grand Slam Years: England 2016** England's victorious Six Nations campaign. (SL)(S)(R)(AD) **3.50 Unwind with ITV** (S) **5.05 Karen Carney's Leaders of the Pack** (SL)(S)(R) **5.35 to 6.00 Made in Britain** (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD **104** Sky HD **138** Virgin TV HD **104/141** Freesat HD **126**

6.15 Cheers (S)(R) **6.40 Cheers** (S)(R) **7.10 Cheers** (S)(R) **7.35 Everybody Loves Raymond** (S)(R)(AD) **8.00 Everybody Loves Raymond** (S)(R)(AD) **8.30 The Simpsons** (S)(R)(AD) **9.00 The Simpsons** (S)(R)(AD) **9.30 Sunday Brunch** With Gruff Rhys, Elis James and Professor Alice Roberts, and music from Future Islands. (S)

12.30 The Simpsons (S)(R)(AD)

1.00 The Simpsons (S)(R)(AD)

1.35 The Simpsons (S)(R)(AD)

2.05 Babe FILM Family comedy starring James Cromwell. A piglet dreams of being a champion sheepdog but several greedy humans are determined to see him end up on a dinner plate. (W)(S) ★★★★★ *(1995)* ***See Films, pages 31-35.***

4.00 Steel Magnolias FILM Drama starring Sally Field, Julia Roberts and Dolly Parton. The close friendship between six women from different generations helps them to survive life's changing fortunes. (W)(S) ★★★★ *(1989)* ***See Films, pages 31-35.***

6.15 Channel 4 News (S), **Weather**

6.45 World's Greatest Train Journeys from Above Travel documentary. Norway's Bergen line, running from Bergen to Oslo, is filmed from the air as it passes along the fjords of western Norway, rises to the snowy Hardanger Plateau, and descends through deep forests. Along the way, the programme reveals how a dedicated team of people keep the line open in a challenging environment. (S)(R)(AD)

7.45 The Great Pottery Throw Down 4 of 10. Pottery challenge. Host Siobhán McSweeney and judges Keith Brymer Jones and Rich Miller oversee Raku week, where the potters head to the farmyard to create animal busts, and in the spot test, guest judge, ceramic artist Jacqui Atkin, sets a decorative challenge. (S)(AD)

9.00 George Clarke's Adventures in Americana 2 of 4. Documentary. George continues his Americana odyssey in California, home of muscle cars, the double decker burger, and a skyscraper built on its side in the middle of the desert. ***See Highlights.*** (S)(AD)

10.00 Big Boys *Surprise, Surprise!:* 4 of 6. Comedy. Jack and the gang plan a surprise for Danny, just as his dad visits from Margate. (S)(AD)
● ***The full series is available online via Channel 4.***

10.30 Gogglebox The armchair critics review *Wild Isles*, *Starstruck*, *The Apprentice*, *The Piano* and *Married at First Sight Australia.* (S)(R)(AD)

11.30 NEW **Walter Presents: Arctic Circle** 1 of 6. Finnish crime drama. Subtitled. (S) **12.35** FILM **Tully** Comedy drama starring Charlize Theron. (W)(S) ★★★★ *(2018)* ***See Films, pages 31-35.*** **2.10 The Miners' Strike 1984: The Battle for Britain** (SL)(S)(R)(AD) **3.05 Come Dine with Me** (S)(R) **3.30 Come Dine with Me** (S)(R) **3.55 Come Dine with Me** (S)(R) **4.20 Come Dine with Me** (S)(R) **4.45 Come Dine with Me** (S)(R) **5.10 Find It, Fix It, Flog It** (S)(R) **5.20 to 6.15 Great British History Hunters** (SL)(S)(R)(AD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD **105** Sky HD **105** Virgin TV HD **105** Freesat HD **105**

6.00 to 9.50 Milkshake! 9.50 SpongeBob SquarePants (S) **10.05 SpongeBob SquarePants** (S) **10.20 Entertainment News on 5** (S) **10.30** SPORT **NFL – End Zone** (S) **11.00 Friends** (S1, ep24) (S)(R)(AD) **11.30 Friends** (S2, ep1) (S)(R)(AD)

12.00 Inside the Tower of London 1 of 8. Documentary. Raven chicks are born in the tower for the first time in 30 years – but only one of the birds can stay, and ravenmaster Chris must find homes for the others. (S)(R)

1.00 Inside the Tower of London 2 of 8. The chief yeoman warder oversees the tower's celebration of the end of World War One, and special preparations are made for the tower director's retirement party. (S)(R)

2.00 Inside the Tower of London 3 of 8. The new tower director starts work on the same day that Donald Trump visits London; and curator Eleri Lynn goes in search of the last surviving dress made for Elizabeth I. (S)(R)

3.00 Elizabeth I: Battle for the Throne Docudrama starring Lily Cole as the young queen, featuring reconstructions of key moments in her life. Followed by **5 News.** (S)(R)

5.00 When Live TV Goes Horribly Wrong NEW A one-off compilation of infamous moments when TV shows faced disastrous mishaps. (S)

7.00 Lidl: Middle Aisle Secrets & More Documentary looking at the inner workings of the supermarket, shedding light on the tricks of the trade and how to get the best out of the middle aisle offerings. The programme also explores how the small German store transformed into a supermarket giant. (S)(R)

8.00 22 Kids & Counting Documentary series. Jake and Chloe are forced to face up to their relationship problems as they prepare to celebrate Mila's first birthday with a big party. Katie wants to squeeze an extra body into the home in the form of boyfriend Connor but it remains to be seen if they have room. (S)

9.00 Rich Holiday, Poor Holiday 3 of 8. Documentary in which families from different sides of the wealth divide trade vacations. Tonight, millionaire Cassy-Anne and her daughters, Bug and Bunny, ditch their luxury trip for a basic, no-frills one when they swap holidays with hard-up couple Sian and Joe. (S)

10.00 The Big Posh Holiday Swap NEW 1 of 6. Documentary taking a look at the elite Third Home property exchange empire, which allows its members to spend their vacations in some of the most desirable residences on the planet. This edition reveals how the club works, and visits Kenya, South Africa and Canada. (S)

10.55 Transporter 3 FILM Action thriller sequel starring Jason Statham, Natalya Rudakova, François Berléand and Eriq Ebouaney. Includes **Access.** (S) ★★★ *(2008)*

1.00 PlayOJO Live Casino Show (S) **3.00 A Greek Odyssey with Bettany Hughes** (S)(R) **3.50 Witches: A Century of Murder** (SL)(S)(R) **4.40 Divine Designs** (SL)(S)(R) **5.05 House Doctor** (SL)(S)(R) **5.30 Entertainment News on 5** (S) **5.40 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

Downton Abbey

DRAMA Netflix

Brendan Coyle (above, right), who stars in this week's episode of *Finders Keepers* (Wednesday, 9pm, C5), plays valet John Bates in the BAFTA award-winning period drama series. ***All episodes available now.***

YOU MIGHT ALSO LIKE...

Lark Rise to Candleford

DRAMA UKTV Play

Between 2008 and 2010, Brendan starred in BBC1's adaptation of Flora Thompson's memoir of her Oxfordshire childhood. ***All episodes available now.***

ITV1 VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY... 2000

British actor Kenneth Waller died, aged 72, in London. Kenneth is best-known for playing Grandad in *Bread* and Old Mr Grace in *Are You Being Served?*

SUNDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

9.00 Bad Education

7.00 Gladiators Bradley and Barney Walsh host a revival of the challenge show. (S)
8.00 Ghosts US Triple-bill, including: Sam and Jay's assistant purchases ghost-hunting equipment. (S)
9.00 Bad Education New episodes Double-bill, including: Jinx decides to abandon her studies. (S)
10.00 The Traitors Reality series. The players embark on a monumental mission. (S)

11.00 The Traitors: Uncloaked: Ed Gamble gives viewers exclusive access to banished players. (S)
11.30 People Just Do Nothing (S)
12.30 am Dubai Hustle: Double-bill. (S)
1.30 Bad Education: Double-bill. (S)
2.30 to 3.30am People Just Do Nothing: Double-bill. (S)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

7.00 Yellowstone: The Wildest Winter

7.00 Yellowstone: The Wildest Winter Kate Humble, Patrick Ayree and experts follow the changing seasons at Yellowstone National Park during 2016. (S)
8.00 Friday Night at the Proms: Leonard Bernstein – Stage and Screen Works from the composer's shows. (S)
10.00 Sings Musicals Songs from musicals, featuring Ella Fitzgerald, Jeff Beck, Jay-Z and Captain Sensible. (S)

11.00 Andrew Lloyd Webber: Memories – Imagine: With Alan Yentob. (S)
12.30 am Katherine Jenkins – Intimate Romantic: The singer performs at Margam Castle House. (S)
1.30 Sings Musicals: With Jeff Beck. (S)
2.30 to 3.30am Yellowstone: The Wildest Winter: Documentary. (S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes
9.00 Unwind with ITV (S)
9.10 Totally Bonkers Guinness World Records **9.40** Secret Crush (SL)(S)
10.40 Dress to Impress (SL)(S)
12.40 pm Wheel of Fortune (S)
1.45 The Masked Singer (S)
3.10 FILM Goosebumps 2: Haunted Halloween: Comedy with Madison Iseman. (W)(S) ★★ *(2018)*
5.00 FILM Sing 2: Animated musical comedy sequel. (W)(S) ★★★★ *(2021)* ***See Films, pages 31-35.***

5.00 Sing 2

7.10 FILM Johnny English Comedy starring Rowan Atkinson. A bumbling British secret agent tries to unmask a villain responsible for stealing the Crown Jewels. (W)(S) ★★★ *(2002)*
9.00 Love Island: All Stars New edition It is the third week and the temperature just keeps on rising. (S)
10.05 Family Guy Double-bill. Chris loses a rare dollar note; and Peter gets fired.

11.05 Family Guy: Chris's girlfriend Isabella gets deported. (S)
11.35 American Dad!: Double-bill. (S)
12.30 am Count Abdulla (S)
1.00 Iain Stirling's CelebAbility (S)
1.45 Totally Bonkers Guinness World Records (S) **2.45** Unwind with ITV
3.00 to 6.00am Teleshopping

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Bless This House (S)
6.30 Agatha Christie's Poirot (SL)(S)
10.25 FILM Dad's Army: Comedy with Toby Jones. (W)(S) ★★★ *(2016)*
12.25 pm Downton Abbey (S)
1.30 Downton Abbey (S)
2.35 Downton Abbey (S)
3.40 Downton Abbey: Charles Blake surprises Mary with a plan. (S)
4.40 Downton Abbey: Blake's scheming starts to come to fruition. (S)
5.55 Rosemary & Thyme: The sleuths investigate a disappearance. (S)

8.00 The Larkins

8.00 The Larkins Pop accepts an offer; and the Larkins meet their new neighbours. (S)
9.00 Joanna Lumley's Spice Trail Adventure The last leg of Joanna's adventure takes her to Zanzibar and Jordan, where she visits one of the great wonders of the world, the ancient city of Petra. (S)
10.00 Trial & Retribution 1 of 2. A massive police search leads to the body of a missing five-year-old. (S)

12.15am DCI Banks: Double-bill. 1 of 2. The detective is drawn into the criminal underworld of Soho; and 2 of 2. The detective uncovers a conspiracy pointing to one of the team being an informer. (SL)(S)
2.20 Unwind with ITV
2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am The Protectors (SL)(S)
6.30 Lost Car Rescue (S)
8.30 Motorsport Mundial (S)
9.00 Auto Mundial (S)
9.30 The Best of Saint & Greavsie (S)
10.30 Hornblower: Double-bill. (S)
3.00 pm FILM Jeremiah Johnson: Western adventure with Robert Redford. (W)(S) ★★★ *(1972)*
5.20 FILM The Sting: Depression-era comedy drama starring Robert Redford and Paul Newman. (W)(S) ★★★★★ *(1973)*

9.00 Gran Torino

8.00 Rugby Union: Premiership David Flatman and Topsy Ojo present action from the 12th round of fixtures, including Harlequins v Leicester Tigers. (S)
9.00 FILM Gran Torino Drama starring Clint Eastwood. A bigoted widower is forced to confront his prejudices after he is reluctantly drawn into the lives of his immigrant neighbours. (W)(S) ★★★★ *(2008)*

11.25 Hornblower: The seafaring hero hijacks a French vessel, but the journey proves fraught with danger thanks to the presence of the Duchess of Wharfedale. (S)
1.40 am The Adventures of Sherlock Holmes (SL)(S) **2.40** Unwind with ITV (S) **3.00 to 6.00am** Shop

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping
8.00 Nightmare Tenants, Slum Landlords: Back-to-back editions, including: A woman's unruly tenants try to sue her.
1.00pm Traffic Cops: Back-to-back editions, including: North Yorkshire's officers deal with a number of violent crime cases.
5.00 Police Interceptors: Following police dog teams in the Cleveland and Durham specialist operations unit.

6.00 Police Interceptors Triple-bill, including: Andy Lawson is involved in a high-speed chase through a housing estate. (S)
9.00 FILM Paycheck Thriller starring Ben Affleck and Uma Thurman. An engineer whose memory of the past three years has been erased is accused of killing a man during that time. (S) ★★★ *(2003)*

11.25 FILM Twisted: Thriller starring Ashley Judd and Samuel L Jackson. ★★ *(2004)*
1.30am Cold Case Killers: The death of Michael Menson.
2.25 GPs: Behind Closed Doors
3.10 999: Critical Condition
4.00 to 6.00am Teleshopping

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping
9.00 Entertainment News on 5
9.05 Criminals: Caught on Camera
9.40 Columbo: The shabby sleuth suspects industrial espionage.
11.15 Columbo: Crime drama with Peter Falk and Johnny Cash.
1.15pm Columbo: A famous painter is accused of killing his wife.
3.05 Columbo: A radio host thinks he has the perfect murder alibi.
5.00 Columbo: A crooked lawyer makes a murder look like suicide.

7.00 Columbo Crime drama starring Peter Falk. A woman seeks revenge on Columbo for the death of her husband in prison. (S)
9.00 Law & Order Bernard and Cosgrove look into the disappearance of a social media star. (S21, ep3) (S)
10.00 Law & Order: Special Victims Unit A teenager is shot by a celebrity chef in New York. (S15, ep3)

11.00 Law & Order: Special Victims Unit: Triple-bill, including: An officer accuses his former colleagues of fraud. (S15, ep4)
1.55 am Lucifer: Double-bill.
3.35 Criminals: Caught on Camera: Using CCTV to fight crime.
4.00 to 6.00am Teleshopping

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am Secrets of the Transport Museum: Double-bill.
8.00 War Factories: Back-to-back editions. Documentary. (S)
12.00noon Great British Railway Journeys: Back-to-back editions, including: From Welshpool to Aberystwyth; and from Woking to Clapham Junction. (S)
4.00pm Bangers & Cash: Double-bill, including: A rare and much-loved 1964 Ford Capri Consul coupe comes up for auction. (S)

6.00 Bangers & Cash Double-bill, including: Paul and Jack head to Staffordshire. (S)
8.00 'Allo 'Allo! Back-to-back episodes, including: René sets out to retrieve the paintings; and René gets rid of the money and tries to dispose of the microfilm. (S)
10.10 Bangers & Cash Derek and Paul are off to Leeds on a rare father-and-son road trip. (S)

11.10 Tony Robinson's Marvellous Machines: Tony looks under the bonnet of innovative machines leading the green revolution.
12.10am Bangers & Cash
1.10 Secrets of the Transport Museum: Double-bill.
3.00 to 6.10am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Fantasy Homes by the Sea: Jenni Falconer visits East Sussex.
9.00 Fantasy Homes by the Sea
10.00 A Place in the Sun (S)
3.00 The Hotel Inspector: Alex tries to reverse the fortunes of Warwick Hall in Cumbria.
4.00 Antiques Road Trip: Double-bill, including: Philip Serrell and Anita Manning head to auction in Carlisle, Cumbria. (S)

6.00 Antiques Road Trip The experts head to an auction in Birr. (S)
7.00 The Yorkshire Auction House Toys in Manchester. (S)
8.00 The Bad Skin Clinic Jennifer has tumours all over her scalp. (S)
9.00 Body Bizarre Meeting an American man with just one arm. (S)
10.00 Bubble Man Meets the Pope: Body Bizarre A man with a disfiguring disorder.

11.00 The Dead Files: Sinister spirits threaten the staff at a Los Angeles movie theatre.
12.00m't Ghost Adventures: Screaming Room: In Arizona.
1.00am Ghost Adventures **2.00** Teleshopping **4.00 to 6.00am** Fantasy Homes by the Sea

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am FILM Broken Melody *(1934)* **7.40** What's On TPTV With Noel **7.50 FILM** Falstaff: Chimes At Midnight *(1965)*
10.10 Eartha Kitt Show: Australia
10.40 FILM The Battle of the Rails *(1946)* **12.20pm FILM** Sierra Baron *(1958)* **2.00** The Adventures of Robin Hood
2.30 Look at Life **2.45 FILM** Millions Like Us *(1943)* **4.45** Joining the Youth Club In 1942
5.00 The Footage Detectives

6.00 Tell Me Another (S)
6.30 FILM Man On The Run Suspense thriller. (S) ★★ *(1949)*
8.10 The World of Budgerigars
8.30 Richard Jeffs Introduces the Baim Collection
8.35 A Lifetime Ago with The Baim Collection
9.00 Manhunt War drama with Alfred Lynch. (S)
10.05 FILM Genevieve British comedy. (S) ★★★★★ *(1953)*

11.45 FILM Our Miss Fred *(1972)*
1.40am The Other Man **2.00** The Main Chance **3.00** The Heritage Chart Show with Mike Read
4.05 FILM Beauty and the Barge: Comedy. (b/w) ★★ *(1937)* **5.35 to 6.00am** Capital Visit a School Journey in 1955

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am The Real Housewives of Jersey **8.00** Buying and Selling **9.00** LittleBe **12.00noon** Be Beautiful **12.15pm** The Real Housewives of New Jersey: Back-to-back editions. **5.00** Great Chocolate Showdown
7.00 FILM Mannequin: Comedy with Andrew McCarthy and Kim Cattrall. An ancient Egyptian princess becomes reincarnated as a department-store window mannequin. ★★★ *(1987)*
9.00 Georgia and Tommy: Baby Steps **10.00** Botched
11.00 My Mum, Your Dad USA
12.00m't Vanderpump Rules
1.00 to 7.00am Teleshopping

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am Len Phillips Swing Orchestra's... **8.30** Tales of the Unexpected **11.00** The Joy of Painting **12.00noon** Landscape Artist of the Year **1.00pm** Oprah and The Color Purple Journey
2.15 Laurel and Hardy:... **4.00** Clint Eastwood: A Life in Film **5.45** Classic Albums **7.00** The Agatha Christie Hour **8.00** 42nd Street **10.15** Greatest Albums Live **11.15** Classic Albums **12.15am** More Than This:... Roxy Music **1.15** Classic Albums **2.15** Everyone Stares: The Police... **3.55** Isle of Wight Festival... **5.00 to 6.00am** The Great Songwriters

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Hollyoaks Omnibus (S)
8.25 Don't Tell the Bride (S)
9.30 Ramsay's 24 Hours to Hell and Back: Back-to-back editions. (S)
1.25 pm Brooklyn Nine-Nine: Back-to-back episodes, including: Jake's favourite pizzeria burns down. (S)
3.25 The Big Bang Theory: Back-to-back episodes, including: Wil Wheaton returns; Sheldon's mother visits; the gang celebrates Halloween; and Penny and Bernadette shop for bridesmaid dresses. (S)

8.00 Titanic

5.50 FILM **Teenage Mutant Ninja Turtles: Out of the Shadows** Action adventure sequel starring Megan Fox. The sewer-dwelling heroes discover their enemy has returned. (S) ★★★ *(2016)*

8.00 FILM **Titanic** Romantic drama starring Kate Winslet and Leonardo DiCaprio. A society girl falls in love with a penniless artist during the liner's infamous ill-fated voyage. (S) ★★★★ *(1997)*

11.45 The Inbetweeners: Double-bill. The gang goes on a field trip to Swanage; and Will is given work experience at a garage. (S)
12.55 am Derry Girls: Double-bill. (SL)(S)
2.00 Gogglebox (SL)(S) **3.00** First Dates (SL)(S) **3.50 to 6.00am** Hollyoaks Omnibus (SL)(S)

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am George Clarke's Amazing Spaces **9.55** Ugly House to Lovely House with George Clarke (S)
11.00 George Clarke's Old House, New Home: A Victorian terrace. (S)
12.00 noon Come Dine with Me: Back-to-back editions, including: A dinner party in Eastbourne. (S)
2.40 pm Four in a Bed: Back-to-back editions, including: The week starts at Anstey Hall in Cambridge. (S)
5.20 Come Dine with Me: Double-bill, including: Hector Christie hosts. (S)

11.00 Emergency Helicopter Medics

6.20 Come Dine with Me Triple-bill, including: A slate salesman hosts the third dinner party in Devon. (S)

8.00 999: On the Front Line Paramedics tend to a mum having a panic attack. (S)

9.00 24 Hours in A&E Bryan arrives with a swollen hand after falling while walking his daughter's dog. (S)

10.00 The Emergency Ward Dr Catriona is worried that a man might lose his sight. (S)

11.00 Emergency Helicopter Medics: Motorbike Crash Emergencies: Compilation edition of the most dramatic motorbike incidents. (S)
12.05 am The Good Doctor (S)
1.00 999: On the Front Line (S)
2.05 24 Hours in A&E (S)
3.10 to 3.40am Food Unwrapped (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am The Lavender Hill Mob: Ealing comedy starring Alec Guinness, Stanley Holloway and Sid James. (b/w) (W)(S) ★★★★★ *(1951)*
12.40 pm Little Monsters: Comedy with Fred Savage. (S) ★ *(1989)*
2.30 Madagascar 3: Europe's Most Wanted: Animated comedy with the voices of Ben Stiller and Chris Rock. (W)(S) ★★★★ *(2012)*
4.15 The Karate Kid: Martial arts drama starring Ralph Macchio and Pat Morita. (W)(S) ★★★★ *(1984)*

9.00 Olympus Has Fallen

6.40 Sahara Adventure with Matthew McConaughey. An explorer seeks a treasure-laden American Civil War battleship believed to be somewhere in the Sahara. (W)(S) ★★★ *(2005)*

9.00 Olympus Has Fallen Action thriller with Gerard Butler. A disgraced Secret Service agent tries to redeem himself when terrorists take control of the White House. (W)(S) ★★★ *(2011)*

11.20 Sexy Beast: Crime thriller with Ray Winstone. A safe-breaker is visited by his former gangland boss, who needs his help with a bank job in London. (W)(S) ★★★★ *(2000)*
1.05 to 3.15am Rhino: Drama with Serhii Filimonov and Yevhen Grygoriev. Subtitled. ★★★ *(2021)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Border Patrol (S)
8.00 Highway Patrol (S)
11.00 999 Frontline: Double-bill. (S)
12.00 noon Neighbourhood Blues (S)
1.00 pm Caught Red Handed: Triple-bill, including: A Halloween raid. (S)
3.00 Border Security: Canada's Front Line: Back-to-back editions, including: A man's lies threaten to keep him from his fiancée. (S)
5.00 Highway Cops: Double-bill, including: A dust cloud wreaks havoc on the Canterbury Plains. (S)

10.00 Red Sonja

6.00 Motorway Patrol Double-bill, including: A sniper attack on the motorway puts police on full alert. (S)

7.00 Brit Cops: Rapid Response Double-bill, including: Officers in Wiltshire are out in force on the M4. (S)

9.00 Caught on Dashcam Road disasters on video. (S)

10.00 FILM **Red Sonja** Fantasy adventure starring Arnold Schwarzenegger and Brigitte Nielsen. (W) ★ *(1985)*

12.00 m't Mark of a Serial Killer: The hunt for a killer in East Baton Rouge. (S)
1.00 am New York Homicide (S)
2.00 Motorway Patrol: Back-to-back editions. Following the New Zealand highway patrol. (S)
4.00 to 6.00am Border Patrol: Back-to-back editions. (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 The Bill: Crime drama. (S)
12.00 noon Tess of the D'Urbervilles: Back-to-back episodes, including: Tess leaves home after her baby dies; and the Durbeyfields are forced to accept Alec's help. (S)
5.00 pm Catherine Cookson's The Cinder Path: Feature-length drama set in the early part of the 20th century, about a university graduate's return to his strict father's farm. Starring Catherine Zeta-Jones. (S)

10.10 Murphy's Law

8.10 Inspector George Gently The detective investigates when armed robbers raid a bank on Christmas Eve, and the subsequent hunt for the gunmen takes him into the world of skinheads. (S)

10.10 Murphy's Law Murphy poses as a wealthy banker and joins a state-of-the-art health club in a bid to flush out the murderous blonde preying on its clientele. James Nesbitt stars. (S)

12.15 am Taggart: Feature-length episode. A body dredged from the bottom of the Clyde sparks an investigation which takes officers into the scenic Scottish Highlands. Guest starring Peter Mullan. (S)
1.55 The Brokenwood Mysteries
4.00 to 6.00am Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am Tony Robinson's Victory in Europe **7.00** Tony Robinson's World War One **8.00** The Woodland Workshop **9.00** *See 8.00pm* **11.00** Find It, Fix It, Flog It **2.00pm** The Repair Shop **3.00** The Yorkshire Auction House **4.00** Salvage Hunters **5.00** American Pickers: Double-bill. **7.00** The Woodland Workshop **8.00** Salvage Hunters: The Restorers **9.00** The Repair Shop **10.00** Outback Opal Hunters **11.00** Nasa's Unexplained Files **1.00am** The Strangest UFO Stories of All Time **2.00** The Unexplained Files **4.00** How It's Made **5.00 to 6.00am** Shopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** Murder in the Heartland **10.00** Forensic Detectives **12.00noon** Disappeared **2.00pm** The Closer: Double-bill. **4.00** Forbidden: Dying for Love **6.00** Love, Honor, Betray **7.00** The Mentalist: Double-bill. **9.00** The Victorian Murder Files: A case delving into the exploitative world of baby-farming. **10.00** A Killer's Mistake **11.00** Faking It: Tears of a Crime **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Teleshopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

7.00am World's Most Unexplained **8.00** FILM Bigfoot ★★ *(2012)* **9.50** Legend Lowdown **10.00** Star Trek: Deep Space Nine **3.00pm** FILM Lightning Strikes: Sci-fi. ★★ *(2009)* **4.45** FILM The Philadelphia Experiment *(2012)* **6.35** FILM Above Us the Waves: Drama. (b/w) ★★★ *(1955)* **8.30** The Twilight Zone (S1, ep24) (b/w) **9.00** FILM The Two Faces of Dr Jekyll ★★ *(1960)* **10.45** FILM Circus of Horrors ★★★ *(1960)* **12.35am** FILM Air America ★★★ *(1990)* **2.45 to 4.30am** FILM Shut In *(2016)* **5.30 to 8.00am** Teleshopping

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** GREAT! Movie News Extra **9.10** The Good Sister *(2014)* **11.00** Killer Assistant ★★ *(2016)* **12.55pm** Instakiller ★★ *(2018)* **2.50** The Beach House *(2018)* **4.45** 27 Dresses ★★★★ *(2008)* **7.00** Here Comes the Boom: Comedy starring Kevin James. ★★★ *(2012)* **9.00** Mr Brooks: Thriller starring Kevin Costner. ★★★★ *(2007)* **11.20** Cold Comes the Night ★★★ *(2013)* **1.10am** A Wedding to Die For ★★ *(2019)* **3.00** Wild West Chronicles **4.00** Unwanted Guest *(2016)* **5.40 to 6.00am** GREAT! Movie News Extra

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Shopping **8.00** Diagnosis Murder: Triple-bill. **11.00** Murder, She Wrote: Back-to-back episodes, including: Jessica finds herself embroiled in a murder case in New York. **9.00pm** FILM A Very Foul Play: An Aurora Teagarden Mystery: Whodunnit. ★★ *(2019)* **10.50** FILM An Aurora Teagarden Mystery: The Disappearing Game ★★ *(2018)* **12.40am** Castle **1.40** GREAT! Movie News Extra **1.50** Castle **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Highway to Heaven **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Shop

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Teleshopping **7.10** The Force: Behind the Line **8.00** Gino's Italian Coastal Escape **9.00** Abandoned Engineering **11.00** Storage Hunters UK **1.00pm** Top Gear **3.00** Gassed Up **4.00** Pointless **6.00** Border Force: America's Gatekeepers **7.00** Special Ops: Crime Squad UK **8.00** QI XL **9.00** Have I Got a Bit More News for You: Alexander Armstrong hosts. **10.00** QI XL **10.40** Mock the Week: Double-bill. **12.00m't** Live at the Apollo **1.00am** Red Dwarf **2.25** Meet the Richardsons **2.55** Have I Got a Bit More News for You **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Teleshopping **7.00** Scrapheap Challenge **10.00** The Crystal Maze **11.00** Play Your Cards Right **12.00noon** Dickinson's Real Deal **1.00pm** Lily Savage's Blankety Blank **3.00** Cash Trapped **5.00** Tenable **7.00** The Chase: Double-bill. Quiz hosted by Bradley Walsh. **9.00** The Chase Celebrity Special: Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball take part. **10.00** The Chase: Back-to-back editions. Quiz with Bradley Walsh. **4.00am** The Chase Celebrity Special **5.00 to 6.00am** The Chase

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Diners, Drive-Ins and Dives **8.00** Buddy vs Duff **12.00noon** Tom Kerridge More Sunday Lunch **12.30pm** Tom Kerridge's Sunday Lunch **1.00** James Martin's Mediterranean **3.00** The Great British Bake Off: Back-to-back editions. **8.00** Beat Bobby Flay: Double-bill. **9.00** Jamie's Meat-Free Meals: Double-bill, including: The chef creates a risotto with roasted tomatoes. **10.00** Mystery Diners: Back-to-back editions. **1.00am** Diners, Drive-Ins and Dives **2.00** Best Baker in America **3.00 to 6.00am** Teleshopping

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **5.00pm** 48 Hours **8.00** Murder She Solved: The connected case of a murdered teenager and a stabbed woman. **9.00** Bloodline Detectives: Double-bill, including: The murder of nine-year-old Candy Rogers. **11.00** Shocking Crimes: Murder Book: Double-bill, including: The case of two men who disappeared while on a hunting trip in 1985. **1.00am** Medical Detectives **3.00** Evidence of Evil **4.00 to 6.00am** Judge Judy: Back-to-back editions.

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Teleshopping **8.00** Surprised by Love *(2015)* **10.00** Love on the Sidelines *(2016)* **12.00noon** The Wedding Arrangement *(2022)* **2.00pm** The Beauty of Love *(2021)* **4.00** Love at the Shore *(2017)* **6.00** Just for the Summer *(2020)* **8.00** Charm of Love ★★ *(2020)* **9.50** GREAT! Movie News Extra **10.00** As Gouda As It Gets ★★ *(2020)* **11.55** GREAT! Movie News Extra **12.05am** Love's Sweet Recipe ★★ *(2021)* **2.00** Highway to Heaven **3.10** Eat, Drink and Be Married *(2019)* **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Teleshopping **9.00** Criminals: Caught on Camera **9.25** Trucking Hell **10.25** Trucking Heavy **12.25pm** FILM Duel in the Sun ★★★ *(1946)* **3.05** FILM The Cheyenne Social Club ★★★ *(1970)* **5.10** FILM Wyatt Earp ★★★ *(1994)* **9.00** FILM Gone in Sixty Seconds ★★★ *(2000)* **11.20** FILM Universal Soldier: Sci-fi thriller. ★★★ *(1992)* **1.25am** Motorway Cops: Catching Britain's Speeders **2.30** Seconds from Death: Caught on Camera **3.25** Criminals: Caught on Camera **4.00 to 6.00am** Shop

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am Tipping Point: Back-to-back editions. **1.00pm** My Family: Back-to-back episodes. **5.00** Miranda: Triple-bill. **7.00** 999 Rescue Squad **8.00** Inside the Operating Theatre **9.00** Killer Women with Piers Morgan: Piers travels to Homestead Correctional Institution in Florida to meet Amber Wright. **10.00** Louis Theroux: Life on the Edge: Documentary. **11.10** Life and Birth **12.30am** One Born: What Happened Next? **1.25** Inside the Ambulance **1.50** MasterChef Canada: Back to Win **3.00 to 6.10am** Shopping

SKY & VIRGIN LISTINGS over the page

SUNDAY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Trolls: Trollstopia
7.15 The Brilliant World of Tom Gates: Double-bill. **7.45** Let's Game: World Builders
8.00 Monkey Life: Documentary.
8.30 Sunday Morning with Trevor Phillips: News.
10.00 The Office (US) **12.00noon** Amazing Animal Friends
2.00 The Simpsons
4.00 LIVE Football: WSL: Liverpool v Arsenal: (Kick-off **4.30**).

9.00 Magnum P.I

7.00 The Simpsons Double-bill, including: New episode Lisa tries to put a stop to Nelson's bullying.
8.00 An Idiot Abroad Karl Pilkington's journey continues in Egypt.
9.00 Magnum P.I New episode Thomas and Rick race to find a witness. (S5, ep14)
10.00 Rob & Romesh vs NBA Basketball Rob and Romesh learn all about the sport.

11.00 Saturday Night Live: American sketch show.
12.30 am Brassic (S1, ep4)
1.30 The Office (US): Sitcom.
2.00 True Detective: Night Country (S4, ep3)
3.20 Road Wars **4.20 to 6.00am** Nothing to Declare

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Urban Secrets
8.00 Richard E Grant's Hotel Secrets: Double-bill.
10.00 The Sopranos: Back-to-back episodes, including: Tony suffers hallucinations. (S2, ep13); Livia passes away. (S3, ep2); and Dr Melfi is raped. (S3, ep4)
3.25 pm Billions: Triple-bill, including: Chuck makes a risky move to prove his commitment. (S7, ep9)

10.15 Band of Brothers

6.45 Billions Chuck, Axe and Prince have a showdown. (S7, ep12)
7.50 The Wire Baltimore-set drama starring Dominic West and Sonja Sohn. (S1, ep1)
9.00 True Detective: Night Country Crime drama. Danvers and Prior set out to learn more about Tsalal. (S4, ep2)
10.15 Band of Brothers Easy Company experiences a grim Christmas. (S1, ep6)

11.30 Watchmen (S1, ep7)
12.40 am In Treatment (S4, ep8)
1.05 Penny Dreadful: City of Angels (S1, ep3)
2.05 True Detective: Night Country (S4, ep3)
3.25 to 6.00am Richard E Grant's Hotel Secrets

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am UK Border Force
8.00 Border Patrol
11.00 The Real A&E
12.00 noon Sun, Sea and A&E: Following British tourists hospitalised abroad.
1.00 pm Stop, Search, Seize: Following the work of Ireland's border force.
2.00 Nothing to Declare: Back-to-back editions, including: The work of customs officers in Australia.

8.00 Caught on Dashcam

6.00 Nothing to Declare Back-to-back editions.
8.00 Caught on Dashcam Outrageous road disasters, captured in video form by drivers' dashboard cameras.
9.00 Fire Country In his search for redemption, a young prisoner joins a firefighting programme. (S1, ep1)
10.00 Blue Bloods Tension escalates between Frank and Mayor Chase. (S12, ep2)

11.00 Law & Order: Special Victims Unit (S24, ep2)
12.00 m't The Equalizer (S3, ep2)
1.00 am Law & Order: Organized Crime (S2, ep3)
2.00 New Amsterdam **3.00** The Force: North East **4.00 to 6.00am** Nothing to Declare

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Teleshopping
7.00 Desmond's: Comedy.
7.40 Open All Hours: Sitcom.
8.55 Hi-de-Hi!: Double-bill.
10.15 Only Fools and Horses: Back-to-back episodes, including: Rodney leaves home after a fight with Cassandra; the Trotters finally strike gold; Del grabs an opportunity to make a quick profit; and Uncle Albert is mugged.

6.10 Only Fools and Horses

6.10 Only Fools and Horses Double-bill, including: Rodney becomes a director.
8.20 Dad's Army The unit is picked to appear in an Army training film.
9.00 I'm Alan Partridge Triple-bill, including: Alan decides to watch all the James Bond films with Michael.
10.55 Billy Connolly Does... The comedian reveals all the things he loves about showbusiness.

11.55 I'm Alan Partridge: Triple-bill, including: The radio DJ prepares for a James Bond film marathon with Michael.
1.55 am Billy Connolly Does...
2.45 The Interviews: An in-depth profile of Barry Humphries.
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am Bitchin' Rides
7.00 Kindig Customs
8.00 Bitchin' Rides: Double-bill.
10.00 Wheeler Dealers: Double-bill, including: Mike Brewer bags a Ford Fiesta XR2.
12.00 noon Alaska: Homestead Rescue: Triple-bill, including: The Raneys get an urgent call from Alaska; and in Washington State, the Raneys arrive to find the cabin has collapsed.

7.00 Alaska: Homestead...

6.00 Hustlers Gamblers Crooks A dealer finds a way to cheat.
7.00 Alaska: Homestead Rescue New edition The Raneys pull out some creative builds.
9.00 Life After: Chernobyl A look at how wildlife has been affected after 30 years in the contamination area.
10.00 Custom Carolina Tommy and his team work on the Chevy Impala restoration.

11.00 Street Outlaws: Locals Only: In Idaho, eight local drivers compete for a chance to race NOLA's Kye Kelley.
12.00 m't Alaska: The Last Frontier **4.00am** How It's Made: Double-bill.
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.00am The Secret Kingdom ★ *(2023)* **7.45** A Tiger's Journey ★★★ *(2023)* **9.35** Book Club: The Next Chapter: Comedy sequel starring Jane Fonda. ★★ *(2023)* **11.30** *See 8.00pm* **1.45pm** One More Shot: Thriller with Scott Adkins. ★★ *(2023)* **3.25** Fast X: Action sequel with Vin Diesel. ★★★★ *(2023)* **5.55** Jesus Revolution: Drama starring Joel Courtney. *(2023)*

10.15 Soft & Quiet

8.00 Transformers: Rise of the Beasts: Fantasy prequel starring Anthony Ramos and Dominique Fishback. ★★★ *(2022)* **10.15** Soft & Quiet: Thriller starring Stefanie Estes. ★★★★ *(2022)* ***See Films, pages 31-35.*** **12.00m't** Haunting of the Queen Mary: Horror. ★★ *(2023)* **2.10am** *As 10.15pm* **4.00 to 6.00am** *As 9.35am*

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

6.00am The Old Way ★★ *(2023)* **7.50** *See 2.45am* **9.40** *See 1.05am* **11.25** *See 8.00pm* **1.25pm** Accident Man: Hitman's Holiday ★★ *(2022)* **3.15** Bullet Train ★★★★ *(2022)* **5.35** The Legend of Zorro ★★★ *(2005)* **8.00** The Bourne Supremacy: With Matt Damon. ★★★★ *(2004)* **9.55** King Kong: Starring Naomi Watts and Jack Black. ★★★★ *(2005)* **1.05am** Retribution ★★ *(2023)* **2.45** Bullet to the Head: Thriller. ★★★ *(2012)* **4.20 to 6.00am** *As 1.25pm*

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

6.00am SC Preview **6.30** Apache Uprising *(1966)* **8.15** Barbarella *(1967)* **10.10** Stalag 17 (b/w) ★★★★★ *(1953)* **12.15pm** Young Sherlock Holmes ★★★ *(1985)* **2.15** Roustabout ★ *(1964)* **4.10** Fun in Acapulco ★★ *(1963)* **6.00** Coming to America ★★★ *(1988)* **8.00** The Untouchables ★★★★ *(1987)* **10.10** Marathon Man ★★★★ *(1976)* **12.20am** Heaven Can Wait *(1978)* **2.15** Cries and Whispers *(1972)* **4.00 to 6.00am** Rio Grande *(1950)*

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

7.25am *See 2.50am* **9.15** Divergent: Insurgent *(2015)* **11.15** Looper ★★★★ *(2012)* **1.15pm** Midnight Special: Sci-fi adventure. ★★★★ *(2015)* **3.15** Terminator 2: Judgment Day ★★★★★ *(1991)* **5.55** Superman III ★★★ *(1983)* **8.00** Superman IV – The Quest for Peace: Comic-book adventure sequel. ★★ *(1987)* **9.35** Renfield ★★★★ *(2023)* **11.15** Species ★★★ *(1995)* **1.05am** Margaux ★★ *(2022)* **2.50** Ghosts of the Ozarks *(2021)* **4.40 to 6.40am** *As 9.15am*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Teleshopping **7.15** Murdoch Mysteries: Triple-bill. **10.00** Father Brown **2.00pm** Maisie Raine **4.00** The Mallorca Files **6.00** Shakespeare & Hathaway: Private Investigators **7.00** Murdoch Mysteries (S17, ep2) **8.00** Father Brown: A former health spa employee is found murdered. (S9, ep9) **9.00** Death in Paradise: Double-bill. A young model is strangled in the middle of a fashion show; and Dwayne receives a text message from beyond the grave. **11.00** The Mallorca Files: Double-bill. **1.00am** Murdoch Mysteries **4.00 to 6.00am** Teleshopping

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am MacGyver: Back-to-back episodes, including: Angus and Jack hunt for a corrupt FBI agent. (S1, ep14) **11.00** NCIS: Los Angeles **2.00pm** Grimm **6.00** Agatha Raisin (S3, ep4) **8.00** An Idiot Abroad **9.00** Magnum P.I: Thomas and Rick race to find a witness. (S5, ep14) **10.00** Rob & Romesh vs NBA Basketball: Rob Beckett and Romesh Ranganathan learn about the sport. (S2, ep2) **11.00** Poker Face **12.20am** Brassic (S1, ep4) **1.20** Never Mind the Buzzcocks **3.00** Road Wars **4.00 to 6.00am** Sun, Sea and A&E: Double-bill.

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** Modern Family **9.30** Entourage **10.35** Sort Of: Back-to-back episodes. **6.30pm** The Office (US): Back-to-back episodes, including: Michael learns the Scranton branch faces closure. (S3, ep7); and the Scranton and Stamford branches are merged. (S3, ep8). **9.00** Saturday Night Live: American sketch show. **10.25** Curb Your Enthusiasm: Larry angers a yoga teacher. (S9, ep7) **11.00** Saturday Night Live **12.30am** Nikki Glaser: Good Clean Filth **1.45** Mrs Fletcher **2.20** The Comeback **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Discovering: Vincent Price **7.00** Discovering: Judi Dench **8.00** The Directors **9.00** King in the Wilderness **11.10** FILM Honeyland *(2019)* **1.00pm** The Apollo **3.00** FILM Jane Fonda In Five Acts *(2018)* **5.30** Daniel **6.50** FILM Lancaster: Documentary. *(2022)* **9.00** Chernobyl: The Lost Tapes: Archive footage and witness accounts of the 1986 nuclear disaster. **11.00** Wishful Drinking **12.30am** FILM Django & Django *(2021)* **2.00** FILM Fake Famous *(2021)* **3.50** My Icon: Chris Hughton **4.00 to 6.00am** FILM Val *(2021)*

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am Secrets in the Ice **7.00** Nature Gone Wild **7.30** Storage Wars: Back-to-back editions. **10.00** Pawn Stars: Back-to-back editions. **1.00pm** Bermuda Triangle: Into Cursed Waters: Back-to-back editions. **7.00** Clash of the Gods: Double-bill, including: Featuring a profile of Hades, the Greek god of the underworld. **9.00** Royal Autopsy: Double-bill, including: 1 of 2. The dying days of King Charles II. **11.00** Born to be King **12.00m't** Pawn Stars **3.00am** Clash of the Gods **5.00 to 6.00am** Bermuda Triangle: Into Cursed Waters

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Teleshopping **11.00** Merlin: Back-to-back episodes. **4.00pm** Star Trek: Enterprise: Back-to-back episodes, including: Archer is turned into a primal life form. (S3, ep3) **9.00** FILM Skyline: Sci-fi thriller starring Eric Balfour and Scottie Thompson. A group of LA friends wake up after a night of wild partying to find that aliens have invaded the city. ★★★ *(2010)* **11.00** SurrealEstate: Double-bill, including: A client is trapped in her home. (S2, ep5) **1.00am** Stargate SG-1 **4.00 to 6.00am** Most Haunted

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous – Bonkers Beasts **8.35** Friends: Back-to-back episodes. **6.30pm** FILM Maverick: Comedy Western starring Mel Gibson and Jodie Foster. ★★★ *(1994)* **9.00** FILM Analyze This: Gangster comedy with Robert De Niro and Billy Crystal. ★★★★ *(1999)* **11.05** Kevin Bridges Live: The Story Continues: The comedian performs in Glasgow. **12.05am** Dara O Briain – Craic Dealer **1.10** The Ricky Gervais Show **2.10** South Park: Back-to-back episodes. **4.15** Your Face or Mine **5.00 to 6.00am** Shopping

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Secret Life of the Tasmanian Devil **8.00** Arctic Secrets: Back-to-back editions. **1.00pm** Into the Wild: Colombia: Back-to-back editions. **6.00** Secrets of the Enchanted Forests **7.00** Patrick Aryee's Wild World: Double-bill, including: Patrick is in Costa Rica to witness the annual mass nesting of turtles. **9.00** Osprey: A veteran pair of osprey return home. **10.00** Matsalu Moose: Wild Giants of the Baltics **11.00** Secrets of the Enchanted Forests **12.00m't** One Planet, One Chance **3.00am** Over Australia **5.00 to 6.00am** Borneo: Earth's Ancient Eden

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

6.00am Teleshopping **8.00** Food Factory USA **9.00** Megafactories **11.00** Nazi Megastructures **12.00noon** Nazi Megastructures: America's War **1.00pm** Nazi Megastructures **3.00** Hitler's Last Stand **6.00** Lost Cities Revealed with Albert Lin **7.00** Car S.O.S **8.00** Rewind the 90s **9.00** World War II: The Apocalypse **10.00** Anne Frank: The Nazi Capture **12.00m't** Drug Lords: The Takedown **1.00am** Banged Up Abroad: Documentary. **2.00** Money Meltdown **2.55** Food Factory **3.45** Trials of the Wild **4.35** Prairie Dog Dynasty **5.00 to 6.00am** Teleshopping

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Motorway Patrol **8.30** Caught Red Handed **10.00** Caught on Dashcam **11.00** *See 8.00pm* **1.00pm** Murdered at First Sight **2.00** The Green River Killer: World's Most Evil Killers **3.00** *See 7.00pm* **4.00** Murders That Shocked the Nation: Moors Murders **5.00** *See 10.00pm* **7.00** Killer in My Village **8.00** Britain's Most Evil Killers **9.00** Murder Next Door **10.00** World's Most Evil Killers **11.00** How I Caught the Killer **12.00m't** Forensics:... **1.00am** Mark of a Serial Killer **2.00** Twisted Killers **3.00** *As 12.00m't* **4.00** Brit Cops **5.00 to 6.00am** *As 6.00am*

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY
Sky 308 Virgin 408 EE 508 (HD 522)

7.05am Around the World in 80 Days ★★★ *(2004)* **9.10** Click ★★★ *(2006)* **11.00** Angus, Thongs and Perfect Snogging ★★★★ *(2008)* **12.45pm** Eurotrip ★★ *(2004)* **2.35** Mean Machine: Starring Vinnie Jones. ★★ *(2001)* **4.20** The Other Guys: Starring Will Ferrell. ★★★★ *(2010)* **6.10** Beverly Hills Cop: Starring Eddie Murphy. ★★★★ *(1984)*

8.00 The Men Who Stare...

8.00 The Men Who Stare at Goats: With George Clooney and Ewan McGregor. ★★★ *(2009)* **9.45** Clerks: With Brian O'Halloran and Jeff Anderson. (b/w) ★★★★ *(1994)* **11.25** The Boss: Starring Melissa McCarthy. ★★ *(2015)* **1.15am** Father of the Bride: With Andy Garcia. ★★★ *(2022)* **3.20** *As 12.45pm* **5.05 to 6.55am** *As 11.25pm*

SKY CINEMA ANIMATION
Sky 305 Virgin 412 EE 500 (HD 514)

6.05am *See 8.20pm* **7.45** *See 10.00pm* **9.20** *See 11.35pm* **11.00** Snow Queen 2:... *(2014)* **12.25pm** Angry Birds... *(2016)* **2.10** Lego Batman Movie *(2017)* **4.00** Happy Feet *(2006)* **5.55** Spider-Man: Across the... *(2023)* **8.20** Gulliver Returns *(2021)* **10.00** A Stork's Journey *(2017)* **11.35** Animals United *(2010)* **1.20am** *As 11.00am* **2.45** Boonie Bears:... *(2022)* **4.25** Scooby-Doo! Return... *(2019)* **5.55 to 7.25am** Teen Titans Go! & DC Super Hero Girls:... *(2022)*

SKY CINEMA DRAMA
Sky 310 Virgin 410 EE 510 (HD 524)

8.10am World Trade Center *(2006)* **10.25** May December ★★★★ *(2023)* **12.25pm** North Hollywood ★★★ *(2021)* **2.05** The Survivor ★★★★ *(2021)* **4.20** Downton Abbey: A New Era ★★★ *(2022)* **6.30** Sundown ★★★★ *(2021)* **8.00** The King's Speech ★★★★ *(2010)* **10.05** The Truman Show ★★★★ *(1997)* **12.00m't** *As 2.05pm* **2.15am** The Man with the Answers *(2021)* **3.45** *As 6.30pm* **5.15 to 7.20am** Finding You *(2021)*

SKY CINEMA FEEL GOOD
Sky 302 Virgin 402 EE 502 (HD 516)

6.00am *See 12.45am* **8.00** Bewitched ★★★ *(2005)* **9.45** *See 8.00pm* **12.40pm** Bridget Jones's Diary ★★★★ *(2001)* **2.20** Bridget Jones: The Edge of Reason ★★★ *(2004)* **4.10** Bridget Jones's Baby ★★★ *(2016)* **6.15** Arthur's Whisky: Comedy starring Diane Keaton. *(2023)* **8.00** My Fair Lady: Musical. ★★★★ *(1964)* **10.55** Pretty in Pink ★★★★ *(1986)* **12.45am** The Prince & Me ★★ *(2004)* **2.45** Together Together ★★★ *(2021)* **4.25 to 6.20am** Blueback ★★★ *(2022)*

SKY CINEMA FAMILY
Sky 306 Virgin 406 EE 506 (HD 520)

6.05am *See 11.30pm* **7.50** *See 2.55am* **9.25** *See 1.15am* **11.15** Mr Magorium's Wonder Emporium ★★★ *(2007)* **1.05pm** The Hobbit: The Desolation of Smaug ★★★★ *(2013)* **4.00** The Hobbit: The Battle of the Five Armies ★★★ *(2014)* **6.35** The Lord of the Rings: The Two Towers: Fantasy adventure sequel with Elijah Wood. ★★★★ *(2002)*

9.45 The SpongeBob...

9.45 The SpongeBob SquarePants Movie: Children's animated comedy with the voice of Tom Kenny. ★★★★ *(2004)* **11.30** Hotel for Dogs: Family comedy starring Emma Roberts. ★★★ *(2009)* **1.15am** Swallows and Amazons ★★★★ *(2016)* **2.55** Wickensburg: Adventure. ★★★ *(2022)* **4.30 to 6.00am** Daphne & Velma ★★ *(2018)*

SKY CINEMA STAR TREK
Sky 303 Virgin 403 EE 503 (HD 517)

6.15am *See 12.25am* **8.15** *See 2.20am* **10.30** Star Trek II: The Wrath of Khan *(1982)* **12.30pm** Star Trek III – The Search for Spock *(1984)* **2.30** Star Trek IV: The Voyage Home *(1986)* **4.30** Star Trek V: The Final Frontier *(1989)* **6.30** Star Trek VI: The Undiscovered Country *(1991)* **8.30** Star Trek: Generations *(1994)* **10.30** Star Trek: First Contact *(1996)* **12.25am** Star Trek: Insurrection *(1998)* **2.20** Star Trek The Motion Picture *(1979)* **4.40 to 6.45am** *As 10.30am*

SKY CINEMA THRILLER
Sky 309 Virgin 409 EE 509 (HD 523)

7.15am *See 1.50am* **9.20** Emily the Criminal ★★★★ *(2022)* **11.05** Barbarians ★★★ *(2021)* **12.45pm** Man on a Ledge ★★★ *(2011)* **2.35** The Independent ★★★ *(2022)* **4.30** Out of the Blue ★★ *(2022)* **6.20** False Positive ★★ *(2021)* **8.00** Maggie Moore(s) ★★★ *(2023)* **9.50** The Manchurian Candidate ★★★★ *(2004)* **12.00m't** *As 2.35pm* **1.50am** Lord of War ★★★★ *(2005)* **4.00** *As 12.45pm* **5.45 to 8.00am** Shooter *(2007)*

MOVIES 24
Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** Love, Bubbles & Crystal Cove ★★ *(2021)* **9.00** Two Tickets To Paradise ★★ *(2022)* **11.00** Unthinkably Good Things ★★ *(2022)* **1.00pm** Love Strikes Twice ★★ *(2021)* **3.00** Married By Mistake ★★ *(2023)* **5.00** Wish Upon a Wedding ★★ *(2023)* **7.00** A Vineyard Romance ★★ *(2021)* **9.00** Her Pen Pal: Romantic drama. ★★ *(2021)* **11.00** A Reservation for Death ★★ *(2021)* **1.00am** Campfire Romance ★★ *(2022)* **3.00** Love Map ★★ *(2022)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT
Sky 401 Virgin 501 EE 420 (HD 440)

6.00am Sky Sports News 7.00 Good Morning Sports Fans 8.00 LIVE DP World Tour Golf The Ras Al Khaimah Championship. Day four. **1.00pm LIVE EFL** *Queens Park Rangers v Huddersfield Town:* Coverage of the Championship match at MATRADE Loftus Road Stadium (kick-off **1.30**). **4.00 LIVE Football: WSL** *Liverpool v Arsenal:* Coverage of the match at Prenton Park in Birkenhead (kick-off **4.30**). **7.00 LIVE NFL** Coverage of the AFC Championship game. **11.30 LIVE NFL** Coverage of the NFC Championship game. **3.30 to 6.00am Sky Sports News**

SKY SPORTS CRICKET
Sky 404 Virgin 504 EE 423 (HD 443)

6.00am Best of England v South Africa 6.15 ICC Under-19s World Cup Cricket South Africa v Scotland. **6.45 Big Bash League 7.45 LIVE ICC Under-19s World Cup Cricket** *India v U.S.A:* Coverage of the Group A match from Bloemfontein. **1.00pm LIVE SA20** *Durban Super Giants v Paarl Royals:* Coverage of the T20 match from Hollywoodbets Kingsmead Stadium in Durban. **5.30 SA20 8.30 The Best of The Big Bash 9.30 SA20** Durban Super Giants v Paarl Royals. **10.30 ICC Under-19s World Cup Cricket 11.30 SA20 5.00 to 6.00am Best of England v India**

SKY SPORTS ARENA
Sky 408 Virgin 508 EE 427 (HD 447)

6.00am British Basketball 11.00 Super League Highlights 11.45 LIVE British Basketball Coverage of the women's BBL Trophy final (tip-off **12.00**). **2.30pm Unbeatable** Weekly basketball magazine show. **3.00 LIVE British Basketball** Coverage of the men's BBL Trophy final: From Utilita Arena Birmingham (tip-off **3.30**). **6.00 LIVE NCAA Basketball** *Florida Atlantic Owls v North Texas Mean Green:* Coverage of the college match in Boca Raton (tip-off **6.00**). **8.00 Netball Nations Cup 12.30am British Basketball 3.30 to 6.00am Rugby League**

TNT SPORTS 1
Sky 410 Virgin 527 EE 408 (HD 430)

6.00am LIVE World Rally Championship From Monaco. **7.00 NBA Action 7.30 LIVE World Rally Championship** From Monaco. **9.15 Reload 9.30 Serie A 11.30 LIVE Serie A** *Genoa v Lecce:* (Kick-off **11.30**). **1.30pm Rugby Union: Premiership 2.30 LIVE Rugby Union: Premiership** (Kick-off **3.00**). **5.15 Rugby 6.00 Cricket 7.00 PL 7.30 LIVE Serie A** *Fiorentina v Inter Milan:* (Kick-off **7.45**). **9.45 Reload 10.00 WWE 11.00 Ariel Helwani Meets 11.45 Pool 1.15am Reload 1.30 World Rally Championship 2.00 Cricket 4.00 to 6.00am LIVE Test Cricket** *Australia v West Indies.*

SKY SPORTS PREMIER LEAGUE
Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 PL Years 9.00 Premier League Stories 9.30 Premier League – The Big Interview 10.00 PL Retro 12.00noon PL Highlights 4.00pm LIVE Football: WSL *Liverpool v Arsenal:* Coverage of the match at Prenton Park in Birkenhead (kick-off **4.30**). **7.00 Premier League – The Big Interview 7.30 Premier League Stories 8.00 Soccerbox 9.00 PL Icons 9.30 Premier League Legends 10.00 PL Icons 10.30 PL Retro 12.30am PL Icons 1.00 PL Years 3.00 PL Greatest Games 4.00 Premier League Best Goals 5.30 to 6.00am Premier League 100 Club**

SKY SPORTS GOLF
Sky 405 Virgin 505 EE 424 (HD 444)

6.00am PGA Tour 6.30 Roots: Kipp Popert 7.00 DP World Tour 8.00 LIVE DP World Tour The Ras Al Khaimah Championship. Coverage of day four of the tournament, taking place at Al Hamra Golf Club in the UAE. **1.00pm PGA Tour 6.00 DP Tour** In **7.00 LIVE LPGA Tour** The LPGA Drive On Championship. Coverage from Bradenton Country Club in Florida. **10.00 LIVE APGA Tour** The APGA Farmers Insurance Invitational. Coverage of day three in La Jolla, California. **12.30am DP World Tour 1.30 Playing Lessons 2.00 DP World Tour 5.00 to 6.00am Roots**

SKY SPORTS MIX
Sky 416 Virgin 510 EE 429 (HD 449)

6.00am Super League Highlights 6.30 Unbeatable 7.00 Big Bash 8.00 Yachting 8.30 Netball Nations Cup 1.00pm My Icon 1.30 LIVE Netball Nations Cup The third and fourth play-off match (centre-pass **2.00**). **3.45 LIVE Netball Nations Cup** The final at First Direct Arena in Leeds (centre-pass **4.15**). **6.00 Unbeatable** Weekly basketball magazine show. **6.30 Super League Highlights 7.00 LIVE LPGA Tour Golf** The LPGA Drive On Championship. **10.00 Super League 10.15 Netball Nations Cup 12.30am British Basketball 3.30 Super League 4.00 to 6.00am Yachting**

TNT SPORTS 2
Sky 411 Virgin 528 EE 409 (HD 431)

6.00am Cricket Reload 6.30 LIVE Test Cricket *Australia v West Indies.* **8.45 TNT Sports Reload 9.00 LIVE Test Cricket** *Australia v West Indies.* **12.00noon TNT Sports Cricket Reload 12.30pm WWE 2.00 LIVE Serie A 4.00 Serie A 5.00 LIVE Serie A** *Lazio v Napoli.* **7.00 ABB FIA Formula E World Championship Highlights 8.00 NBA on Fire 8.30 LIVE NBA** (Tip-off **8.30**). **11.00 NBA 12.00m't EuroCup Basketball 1.00am UFC 3.15 World Rally Championship 3.45 Squash 4.45 UEFA Champions League 5.00 to 6.00am Fishing**

SKY SPORTS FOOTBALL
Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL Goals: Leagues 1 & 2 6.30 EFL 7.15 SPFL 7.30 WSL 8.00 EFL Goals: Leagues 1 & 2 8.30 EFL 9.00 AFCON 1.00pm LIVE EFL *Queens Park Rangers v Huddersfield Town.* **4.00 EFL Goals 4.30 EFL 4.45 LIVE AFCON** Featuring coverage of the third last-16 match (kick-off **5.00**). **7.00 WSL 7.30 SPFL Highlights 7.45 LIVE AFCON** Coverage of the fourth last-16 match. **10.00 EFL 10.30 SPFL 10.45 EFL Goals: Leagues 1 & 2 11.15 EFL 11.30 WSL 12.30am SPFL 12.45 EFL Highlights 1.00 Ch'ship Retro 3.00 EFL Cup Retro 5.00 to 6.00am EFL Trophy Football**

SKY SPORTS NFL
Sky 407 Virgin 507 EE 426 (HD 446)

6.00am Kansas City Chiefs: The Franchise 6.45 49 Hours 7.00 NFL Bitesize Highlights 9.00 Kansas City Chiefs: The Franchise 9.45 49 Hours 10.00 NFL Highlights 2.00pm NFL Gameday 7.00 LIVE NFL Coverage of the AFC Championship game, which will be hosted by the highest-ranked team still in contention in the play-offs. **11.30 LIVE NFL** Coverage of the NFC Championship game, which will be hosted by the highest-ranked team still in contention in the play-offs. **3.30am NFL Bitesize Highlights 4.00 to 6.00am NFL Highlights**

EUROSPORT
Sky 413 Virgin 521 EE 412 (HD 435)

6.00am Australian Open Tennis 8.00 Australian Open Tennis Cube The latest news and interviews, live from Melbourne. **8.30 LIVE Australian Open Tennis** Coverage of the men's singles final on the 15th and concluding day of the first Grand Slam event of the year, held at Melbourne Park. **12.00noon Australian Open Tennis Cube** The latest news. **12.30pm LIVE Cross-Country Skiing** The World Cup meeting from Goms, Switzerland. **1.30 Australian Open Tennis 2.00am Snooker: Scottish Open 4.00 Cyclo-Cross 5.00 to 6.00am Cycling: Challenge Mallorca**

TNT SPORTS 3
Sky 417 Virgin 529 EE 410 (HD 432)

6.30am Classic Premier League 11.30 Premier League Stories 12.00noon LIVE Ligue 1 *Montpellier v Lille:* From Stade de la Mosson (kick-off **12.00**). **2.00pm LIVE Ligue 1** *Reims v Nantes:* (Kick-off **2.00**). **4.00 LIVE Ligue 1** *Toulouse v Lens:* (Kick-off **4.05**). **6.00 Isuzu UTE A-League 7.00 TNT Sports Reload 7.30 LIVE Ligue 1** *Paris Saint-Germain v Brest.* **9.45 World Rally Championship 10.15 Serie A 11.15 Rugby Union 12.15am World Rally Championship 12.45 TNT Sports Reload 1.00 Ligue 1 5.00 World Rally Championship 5.30 to 6.00am TNT Sports Reload**

RADIO

BBC RADIO 2

5.00am Tracks of My Years **6.00** Good Morning Sunday **9.00** Steve Wright **11.00** Michael Ball **1.00pm** Elaine Paige **3.00** Johnnie Walker **5.00** Rob Beckett **7.00** Tony Blackburn **8.00** Big Night of Musicals **10.00** Angela Griffin **12.00m't** Phil Williams **3.00am** Dermot O'Leary **4.00 to 6.30am** Owain Wyn Evans

BBC RADIO 3

7.00am Breakfast **9.00** Sunday Morning **12.00noon** Private Passions **1.00pm** Radio 3 Lunchtime Concert **2.00** The Early Music Show **3.00** Choral Evensong **4.00** Jazz Record Requests **5.00** The Listening Service **5.30** Words and Music **6.45** Sunday Feature **7.30** Drama on 3 **9.00** Record Review Extra **11.30** Slow Radio **12.00m't** Classical Fix **12.30 to 6.30am** Through the Night

BBC RADIO 4

5.30am News **5.43** Bells **5.45** Profile **6.00** News Headlines **6.05** Something Understood **6.35** On Your Farm **6.57** Weather **7.00** News, Papers **7.10** Sunday **7.54** Appeal **7.57** Weather **8.00** News, Papers **8.10** Worship **8.48** A Point of View **8.58** Tweet **9.00** Broadcasting House **10.00** The Archers **11.15** Desert Island Discs **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** Just a Minute **12.30** Food Programme **12.57** Weather **1.00** The World This Weekend **1.30** Catching the Kingpins **2.00** Gardeners' Question Time **2.45** Banksy Story **3.00** Drama **4.00** Open Book **4.30** Jan Pienkowksi **5.00** File on 4 **5.40** Profile **5.54** Shipping **5.57** Weather **6.00** News **6.15** Pick of the Week **7.00** The Archers **7.15** Wing It **7.45** Bodies of Water **8.00** More or Less **8.30** Last Word **9.00** Money Box **9.25** Appeal **9.30** Loose Ends **9.59** Weather **10.00** The Westminster Hour **11.00** The Moral Maze **12.00m't** News, Weather **12.15am** Thinking Allowed **12.45** Bells **12.48** Shipping **1.00** As BBC World Service **5.20 to 5.30am** Shipping

CLASSIC FM

7.00am Classic FM's More Music Breakfast with Tim Lihoreau **10.00** Aled Jones **1.00pm** Joanna Gosling **4.00** Stephen Mangan **7.00** Smooth Classics **10.00** Calm Classics **1.00am** Bill Overton **4.00 to 6.30am** Early Breakfast

Jack and Nikki investigate a death

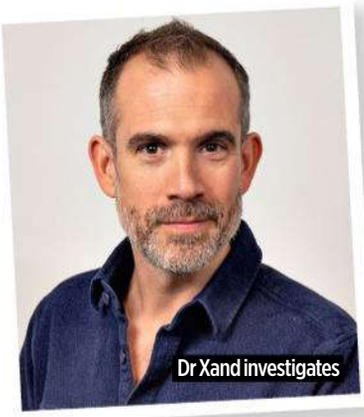
Avon and Somerset Police Chief Constable Sarah Crew

Silent Witness DRAMA 9PM, BBC1

This week's two-part story starts with the discovery of the body of a woman who has been dead for a year, a case on which Nikki (Emilia Fox) and Jack (David Caves), whose out-of-office relationship continues to blossom, collaborate closely in a bid to identify the deceased, unravel her story and find the cause of death. Meanwhile, Cara (Rhiannon May) is starting a work placement alongside her uncle at the Lyell Centre, we hear the respective thoughts of Jack and Velvy (Alastair Michael) on social media influencers and cosmetic surgery, and Gabriel (Aki Omoshaybi) shows how to reduce the mummified corpse to the bare bones in search of clues. Continues tomorrow. ★★★ **IM**

To Catch a Copper NEW FACTUAL 9PM, C4

The police anti-corruption series *Line of Duty* was one of the most popular crime dramas in recent years, but, for the first time, this new three-part documentary series highlights a real-life counter-corruption unit within Avon and Somerset Police. Cases being investigated include the behaviour of response officers called out to a woman on Clifton Suspension Bridge, and a sergeant accused of having sex with a drunk woman in his police car while on duty. 'It looks awful because it is awful,' says the unit's mental-heath lead as they watch footage of the officers handling the first incident. At times distressing, but an important watch. ★★★★ **JP**


Dr Xand investigates

Dr Xand's Con or Cure

NEW FACTUAL 10.45AM, BBC1

Dr Xand van Tulleken and journalist Ashley John-Baptiste are back for a second series of the health show warning against medical malpractice. In episode one, they find a high-street cure for depression, use gizmos to help with seasonal adjustment disorder and ask if cheese causes nightmares. Continues weekdays. ★★★ **NT**

A Ukrainian tank in March 2022, two weeks after the Russian invasion

Putin vs the West: At War

NEW FACTUAL 9PM, BBC2 (Wales, Wed), iPLAYER (BOX SET)

Following *Putin vs the West* (available on iPlayer), this two-part series details events from February 2022 onwards when Russia invaded Ukraine. Presidents, prime ministers and ambassadors – some in an emergency UN meeting when the invasion began – recall that time, and, as Swedish PM Magdalena Andersson says, 'We were immediately aware that this was a new and dark chapter in history.' The tension is palpable in footage of the time. 'We'll defend ourselves,' said President Zelenskyy in an address to Ukrainians. 'You will see our faces. Not our backs, but our faces.' ★★★★ **JP**

Isabel with her mum Sarah (left) and embryo donor Marie (right)

Life-changing discoveries from DNA tests

REAL LIFE 9PM, ITV1, ITVX (BOX SET)

As the *Long Lost Family* spin-off about adults seeking their egg and sperm donors continues, this episode follows Marco, Isabel and Tom as they each decide to take a DNA test and find out if they have any siblings. Marco's same-sex parents used a sperm donor, while Isabel and Tom's mum, Sarah, carried them after a sperm and egg donation for Tom and – a rare occurrence – an embryo donation for Isabel. 'We've always been a tight-knit family,' explains Isabel. 'The fact that we're not genetically related – any of us – didn't make a difference.' So when Isabel's DNA report shows that her embryo donor and a full sibling – in fact, her genetic twin – are living in Norway, Sarah and Tom join her on a very emotional journey. ★★★★★ **JP**

David & Jay's Touring Toolshed

FACTUAL 6.30PM, BBC2, iPLAYER (BOX SET)

As David Jason and Jay Blades continue their road trip celebrating the hobbies and crafts of the UK, this week's first episode sees them pay a visit to the Royal Three Counties Show in Malvern. Other destinations this week include the Midlands Air Festival in Coventry (Tuesday) and a visit to a mini-railway in Fraserburgh, which needs to be made wheelchair-accessible (Wednesday). ★★★ **JP**

David and Jay are on the road again

Danvers doesn't want to revisit the past

True Detective: Night Country

DRAMA 9PM, SKY ATLANTIC, NOW

After discovering the bodies of the Tsalal scientists frozen on the ice, Danvers (Jodie Foster) and Navarro (Kali Reis) realised one of the men from the Arctic research station was missing last week. While they begin a search for him, rookie cop Peter Prior (English star Finn Bennett) can't help but probe Danvers about the murder-suicide that drove a wedge between her and Navarro. It's clear his mentor is in no mood to open the door to that chapter of her past, yet it's our first glimpse at a back catalogue of pain that is expertly wrought by Foster. ★★★★★ **SMA**

PHOTOS: GETTY, HBO 2024

DON'T FORGET! THE NEW ISSUE

MONDAY

BBC1

Freeview HD 101 Sky HD 101 Virgin TV HD 101 Freesat HD 106

6.00 Breakfast (S) **9.30 Morning Live** (S) **10.45** NEW **Dr Xand's Con or Cure** The health consumer show returns to investigate a treatment for depression available on the high street, and gadgets for seasonal affective disorder. ***See Highlights.*** (S) **11.15 Homes Under the Hammer** (S)(R)(AD)

12.15 Bargain Hunt The teams search for the best buys at Uttoxeter Racecourse. (S)

1.00 BBC News at One (S) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *Coddiwomple:* Nina protests her point about pain. ***See Soaps, page 27.*** (S)(AD)

2.15 Money for Nothing A pair of legless dining chairs and some curtains are upcycled. (S)(R)

3.00 I Escaped to the Country 9 of 10. People who made fresh starts in North Yorkshire. (S)

3.45 The Repair Shop A Victorian portrait of a formidable woman is restored. (S)(R)(AD)

4.30 The Travelling Auctioneers A couple's retirement is on put hold with their home rammed full of inherited heirlooms. (S)

5.15 Pointless Quiz show. (S)

6.00 BBC News at Six (S) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)

7.30 EastEnders Denise forgets her own birthday; Stacey pushes Suki to finalise her divorce deal; and Alfie makes a friend in his radiotherapy session that makes him realise how lonely he is. ***See Soaps, page 26.*** (S)(AD)

8 PM

8.00 Panorama *Midwives Under Pressure:* Michael Buchanan investigates a crisis in maternity care that is putting women and babies at risk, examining the dangers of understaffing. (S)

8.30 Scam Interceptors Rav Wilding and his expert team take on fraudsters who are targeting a vulnerable, elderly victim. (S)(R)

9 PM

9.00 Silent Witness *Invisible: Part One.* 5 of 10. Crime drama starring Emilia Fox. The team must draw on all of their knowledge to find out the story behind the mummified corpse of a woman who has been dead for a year. Continues tomorrow. ***See Highlights.*** (S)(AD)

10 PM

10.00 BBC News at Ten (S)

10.30 BBC Regional News (S) and **Weather**

10.40 Have I Got News for You Jo Brand guest hosts, with panellists Robert Peston and Rylan joining team captains Paul Merton and Ian Hislop as they delve into the news. (S)(R)

11.10 Bad Education *Reading:* 5 of 6. Jinx hopes to spend more time with Mitchell. (S)(R)(AD)

11.40 Bad Education *Camping:* Last in series. Class K's trip spirals into chaos. (S)(R)(AD)

12.10 The Graham Norton Show The host talks to actors Bradley Cooper, Carey Mulligan, Bryan Cranston, Bryce Dallas Howard and Daniel Kaluuya. Plus, comedian Kevin Bridges chats about his new stand-up show. Continues on Friday at 10.40pm. (S)(R) **1.00 Weather for the Week Ahead** (S) **1.05 to 6.00 BBC News** (S)

BBC2

Freeview HD 102 Sky HD 102 Virgin TV HD 102 Freesat HD 102

6.45 The Travelling Auctioneers (S)(R) **7.30 David & Jay's Touring Toolshed** (S)(R)(AD) **8.00 Celebrity Race Across the World** (SL)(S)(R)(AD) **9.00 Nicky Campbell** (S) **10.00 BBC News** (S)

12.15 Politics Live The latest stories. (S)

1.00 Impossible Quiz with Rick Edwards. (S)(R)

1.45 Lightning Quiz hosted by Zoe Lyons. (S)(R)

2.15 Inside the Supermarket The produce team checks out the pumpkin crop. (S)(R)(AD)

3.15 All That Glitters: Britain's Next Jewellery Star 1 of 6. Searching for the next jewellery-making sensation. (S)(R)(AD)

4.15 Trawlermen: Hunting the Catch *The Storm:* Last in series. The skippers face tough decisions as Storm Arwen hits. (S)(R)(AD)

5.15 Flog It! At Penrhyn Castle in north Wales, experts Adam Partridge and David Harper come across a first edition of *Dracula*. (S)(R)

6.00 Richard Osman's House of Games With contestants Babatunde Aléshé, Sophie Duker, Gaby Roslin and Jeff Stelling. (S)

6.30 David & Jay's Touring Toolshed David Jason and Jay Blades meet talented crafters and hobbyists in Malvern, Worcestershire. Continues all week. ***See Highlights.*** (S)(AD)

7.00 Saving Lives at Sea 4 of 10. Documentary. In London, the RNLI rushes to the rescue of a man in the water in the Thames. (S)(R)(AD)

7.30 Mastermind Clive Myrie presents the quiz show, with specialist subjects including the medieval cathedrals of England and the life and works of Alfred Wainwright. (S)

8.00 Only Connect Concluding edition of the quiz show. Victoria Coren Mitchell asks the questions in the final, as the Thrifters and the Also Rans battle it out to take the title. (S)

8.30 University Challenge Trinity College, Cambridge take on the Open University in the quarter-final stage of the quiz show. (S)

9.00 Putin vs the West: At War NEW ★★★★ 1 of 2. Documentary telling the inside story of the year that followed Russia's invasion of Ukraine, and how it rocked the foundations of European security. ***See Highlights.*** (S)(AD) ● ***Repeated on Thursday at 11.15pm.***

10.00 QI Kemah Bob, Alex Edelman and David Mitchell join Alan Davies on the comedy quiz show, as Sandi Toksvig puts the UK-US special relationship under the microscope in an edition on the theme of Uncle Sam. (S)(R)

10.30 Newsnight (S)

11.10 Weather (S)

11.15 Murder Trial: The Killing of Dr Brenda Page 1 of 2. Documentary following the trial of the man accused of one of Scotland's most notorious unsolved murders. (S)(R)(AD)

12.15 FILM **The Wife** Drama starring Glenn Close and Jonathan Pryce. A woman reflects on her life with her husband after he is selected to receive the Nobel Prize in Literature. (W)(S) ★★★★ *(2017)* ***See Films, pages 31-35.*** **1.50 Countryfile** (SL)(S)(R) **2.45 to 3.45 The Tourist** (SL)(S)(R)

ITV1

Freeview HD 103 Sky HD 103 Virgin TV HD 103 Freesat HD 111

6.00 Good Morning Britain (S) **9.00 Lorraine** (S) **10.00 This Morning** A mix of celebrity chat, lifestyle features, advice and competitions. (S)

12.30 Loose Women Topical debate. (S)

1.30 ITV News (S) and **Weather** including **Local News** (S) and **Weather**

2.00 Dickinson's Real Deal Presenter David Dickinson and his team take a trip to Stoke-on-Trent, assessing items including a collection of 500 vinyl records and a painting that has been in the loft for 40 years. (S)(AD)

3.00 Riddiculous Ranvir Singh hosts the quiz, as contestants Liam and Taylor, Louis and Gino, and Shayaan and Rahul take on Riddlemaster Henry Lewis to answer general knowledge questions and confusing conundrums. (S)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)

5.00 The Chase Bradley Walsh presents the quiz, as contestants Morgan, Corinne, Hannah and Zahir work as a team to take on one of the ruthless Chasers and secure a cash prize. (S)

6.00 Local News (S) and **Weather**

6.30 ITV News (S) and **Weather**

7.30 Emmerdale Moira is worried about Cain; Chas has something to tell her family; and Jai avoids Amit. ***See Soaps, page 28.*** (S)(AD)

8.00 Coronation Street Michael suspects Ed of starting the fire that almost killed him; Steve leaves Tracy to look after decorator Tommy; Bethany evades Daniel's interest in her writing; and Simon feels directionless without a job. ***See feature, page 14, & Soaps, page 24.*** (S)(AD)

9.00 Born from the Same Stranger 2 of 4. Documentary series about people born from anonymous donors. Tonight's edition follows the story of a brother and sister who both trace their donors successfully and hear their reasons for donating. ***See Highlights.*** (S)(AD) ● ***Repeated on Thursday at 10.45pm.***

10.00 ITV News at Ten (S) and **Weather** including **Local News** (S) and **Weather**

10.45 Ghislaine, Prince Andrew & the Paedophile One-off documentary in which Ranvir Singh unravels the story of disgraced socialite Ghislaine Maxwell's relationship with paedophile Jeffrey Epstein. (S)(R)(AD)

11.45 All Elite Wrestling: Dynamite SPORT ●●●● Hard-hitting action from the world of All Elite Wrestling, where the roster features world-class talent including Jon Moxley, Bryan Danielson and Claudio Castagnoli. (S)(R)

1.25 Teleshopping 3.00 Mel Giedroyc and Martin Clunes Explore Britain by the Book The friends head to Dorset to explore the locations made famous by some of Britain's favourite books and films. (SL)(S)(R)(AD) **3.50 Unwind** (S) **5.05 to 6.00 Dickinson's Real Deal** (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD **104** Sky HD **138** Virgin TV HD **104/141** Freesat HD **126**

6.15 Countdown (S)(R) **6.55 Cheers** (S)(R) **7.45 3rd Rock from the Sun** (S)(R)(AD) **8.35 The King of Queens** (S)(R)(AD) **10.05 Frasier** (S)(R)(AD) **11.35 Channel 4 News Summary** (S) **11.40 Four in a Bed** This week's competition kicks off in Portsmouth at the Seacrest Hotel. (S)(R)

12.10 Four in a Bed Froom the White Horse Hotel in Storrington, West Sussex. (S)(R)

12.40 Four in a Bed The third visit of the week takes place in Abergavenny, Wales. (S)(R)

1.10 Four in a Bed The guests visit a farmhouse with a difference in Staffordshire. (S)(R)

1.40 Four in a Bed Payment day arrives. (S)(R)

2.10 Countdown With guest Tasha Ghouri. (S)

3.00 A Place in the Sun Sandra and Dave look for a home in and around La Duquesa. (S)(R)

4.00 A New Life in the Sun In Spain, a couple renovate a property into a high-end resort. (S)

5.00 Chateau DIY A 180-year-old wine barrel is turned into a quirky dining space. (S)(AD)

6.00 Come Dine with Me The first in a week of dinner parties in and around Belfast. (S)

6.30 The Simpsons *Eight Misbehavin':* Apu becomes the proud father of octuplets and enjoys being showered with gifts. (S)(R)(AD)

7.00 Channel 4 News (S), **Weather**

8.00 Michael Mosley: Secrets of Your Big Shop Last in the documentary series. Tonight, a middle-aged couple planning their wedding want to protect their heart health but since they already cook all their meals from scratch and shun processed food, they are not sure where the problem begins. (S)(AD)

9.00 To Catch a Copper NEW ★★★★★ 1 of 3. Documentary series following Avon and Somerset Police's Professional Standards department as they work to bring corrupt officers to justice. The first edition focuses on officers accused of mistreating people in their hour of need. ***See Highlights.*** (S)(AD)

10.00 Night Coppers 3 of 8. Documentary series. Afghanistan veteran PC Theo takes charge of a baby after its mother is arrested for being drunk. Meanwhile, ex-doorman PC Jack ends up in a scuffle; and newbie Amy is called to the aid of a member of the public. (S)(R)

11.05 First Dates Best friends go on a double date. (S)(R)(AD) **12.05** NEW **The Truth About Spiking: Untold** One-off documentary in which Daisy Maskell finds out for herself how it feels to be spiked. (S) **12.40 24 Hours in A&E** (S)(R)(AD) **1.35 Ramsay's Kitchen Nightmares USA** (S)(R) **2.25 Couples Come Dine with Me** (SL)(S)(R) **3.20 Know Your S**t: Inside Our Guts** (S)(R)(AD) **4.15 Find It, Fix It, Flog It** (S)(R) **4.25 Grand Designs** (SL)(S)(R)(AD) **5.20 to 6.15 Great British History Hunters** (SL)(S)(R)(AD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD **105** Sky HD **105** Virgin TV HD **105** Freesat HD **105**

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine (S) **11.15 Storm Huntley** A debate on the day's talking points continues with Storm Huntley. (S)

12.45 Alexis Conran & Friends The actor, writer and broadcaster examines the important stories of the day, getting viewers' opinions on them. Followed by **5 News at Lunchtime.** (S)

1.45 Home and Away Felicity and Mackenzie go head-to-head; and Bree meets Remi's parents. ***See Soaps, page 28.*** (S)(R)(AD)

2.15 My Husband's Secret Past FILM ★★★★★ Thriller starring Brianna Cohen, Alex Trumble, Grace McClanahan and Lauren McCullough. Framed for murder by her cheating husband, a newlywed must find a way to absolve herself of a crime she did not commit. (S) ★★★ *(2023)*

4.00 Bargain-Loving Brits in the Sun Cameras focus on East London baker Lee, who has transferred his skills to Benidorm, where he is offering a British alternative to traditional Spanish baked goods. (S)(R)

5.00 5 News (S)

6.00 Your Dream Kitchen for Less In St Margaret's Bay, Kent, John and Suzanne are in the middle of transforming a three-bed mid-century property into a five-bed Art Deco home. Followed by **5 News Update.** (S)

7.00 Police Interceptors Documentary series. Officers arrive at a property on the hunt for a suspected drugs dealer who has been on the run for two years, and are forced to smash a window to gain entry. In Nottingham, the knife crime team arrests a suspected drug dealer. Followed by **5 News Update.** (S)(R)

8.00 Traffic Cops Documentary series. Just outside Ripley, Derbyshire, officers head to a set of roadworks following a tip-off that a driver is suspected of regularly driving to and from his place of work under the influence of drink. Followed by **5 News Update.** (S)

9.00 A&E: Crash Scene Emergency Documentary series. A 17-year-old who crashed his mountain bike needs emergency surgery at University Hospital Coventry to repair an open fracture of his skull. Plus, a man who crashed into a ditch while cycling may be suffering a bleed on the brain. (S)

10.00 Casualty 24/7: Every Second Counts 4 of 10. Medical documentary series. The casualty department is at a standstill at Barnsley Hospital with consultant Julian Humphrey having to prioritise those who need urgent help, including a man who has fallen off a roof and cannot move his arm. (S)(R)

11.05 999: Critical Condition 1 of 8. A one-punch attack leaves a man with a brain injury. (S)(R)

12.05 Traffic Cops The road crime team leads a county lines drugs crackdown. (S)(R) **1.00 PlayOJO Live Casino Show** (S) **3.00 A Greek Odyssey with Bettany Hughes** (S)(R) **3.50 OMG: Boy Beauty Addicts** (SL)(S)(R) **4.40 Divine Designs** (SL)(S)(R) **5.05 House Doctor** (SL)(S)(R) **5.30 Entertainment News on 5** (S) **5.40 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

The Greatest Night in Pop

FACTUAL Netflix

Documentary about the making of 1985's hit charity single *We Are the World* which was released in aid of African famine relief. Featuring Bruce Springsteen and Dionne Warwick. ***Available from today.***

YOU MIGHT ALSO LIKE...

Bruce Springsteen on Broadway

FACTUAL Netflix

Bruce perfoms hits and talks about his life and career in this one-man show from 2018. ***Available now.***

ITV1 VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

BBC1 VARIATIONS

NORTHEAST
8.30 to 9.00pm Scarlett's Driving School: Documentary in which reality star and TV presenter Scarlett Moffatt sets out to finally pass her driving test – on the 14th attempt – and also follows other luckless would-be drivers who, like her, have been learning for decades.

ON THIS DAY... 1997

The first epiode of the spoof documentary series *Brass Eye* aired on C4. Watch the seven-part series, written by and starring Chris Morris (left) on Channel 4 On Demand.

MONDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

7.50 Match of the Day: AFCON

7.00 Yianni: Supercar Customiser Double-bill. (S)
7.45 The Catch Up New edition A round-up of the news. (S)
7.50 LIVE **Match of the Day: Africa Cup of Nations** Coverage of the sixth last-16 match held in Ivory Coast (kick-off **8.00**), as the winner of Group C takes on a third-placed team. (S)
10.00 The Traitors Last in series. The final of the game of treachery and trust. (S)
11.10 The Traitors: Uncloaked (S)
11.40 Fresh Cops: Double-bill. Jake is back on response with a foot chase through a restaurant; and Jake makes a tricky arrest. (S)
12.40 Dubai Hustle (S)
1.40 EastEnders (S) **2.40 to 3.40am** Boot Dreams: Now or Never (S)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

9.00 Billy Connolly

7.00 Planet Earth II The wildlife of remote islands. (S)
8.00 Art of Persia Samira Ahmed explores Iran. (S)
9.00 Billy Connolly: Portrait of a Lifetime Celebrating the career of Billy Connolly. (S)
10.00 Byrne About Byrne: Arena An autobiography of painter and author John Byrne's life and works. (S)
10.55 What Do Artists Do All Day? The life of artist and writer John Byrne. (S)
11.25 Du Fu: China's Greatest Poet: The life and times of the poet. (S)
12.25 am Brotherhood: The Inner Life of Monks: Documentary about a monastery opening the first Trappist brewery in the UK. (S)
1.25 Planet Earth II (S)
2.25 to 3.25am Art of Persia (SL)(S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes
9.00 Totally Bonkers Guinness World Records (S) **9.10** Chuck (S)
10.00 One Tree Hill: Double-bill. (S)
12.00 noon Secret Crush (S)
1.00 pm Dress to Impress (S)
2.00 Family Fortunes (S)
3.00 Chuck (S4, ep22) (S)
4.00 One Tree Hill: Double-bill. Nathan and Lucas attend Dan's hearing (S5, ep10) (S); and Lucas and Lindsey try to save Nathan and Haley's marriage. (S5, ep11) (S)

9.00 Love Island: All Stars

6.00 Celebrity Catchphrase With Lesley Garrett, Jools Holland and Adil Ray. (S)
7.00 Deal or No Deal Game show with Stephen Mulhern. (S)
8.00 Superstore Double-bill, including: Jonah refuses to sell guns in the store. (S)
9.00 Love Island: All Stars New edition Updates from the third week. (S)
10.05 Family Guy Triple-bill, including: Brian posts an offensive tweet. (S)
11.35 American Dad!: Double-bill, including: Stan reluctantly spends time at the library. (S)
12.30 am Superstore: Double-bill. (S)
1.30 Iain Stirling's CelebAbility (S)
2.15 Totally Bonkers Guinness World Records (S) **2.45** Unwind (S)
3.00 to 6.00am Teleshopping

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Classic Emmerdale (S)
7.30 Classic Coronation Street (S)
8.05 Where the Heart Is (S)
10.15 The Darling Buds of May (S)
11.25 The Royal: Medical drama. (S)
12.30 pm Heartbeat: Rural drama. (S)
1.40 Classic Emmerdale (S)
2.40 Classic Coronation Street (S)
3.50 Midsomer Murders: Joyce thinks she is responsible for a death. (S)
5.50 Downton Abbey: Rosamund arrives at Downton following Edith's shock departure. (S)

8.00 Vera

6.55 Heartbeat Nick is pestered by the sister of Aidensfield's landed gentry. (S)
8.00 Vera Murder mystery starring Brenda Blethyn. The detective investigates a suspicious death in an Army barracks that was designed to look like suicide, and uncovers an event nobody wants to talk about. (S)
10.00 Trial & Retribution A police search leads to the body of a missing five-year-old. (S)
12.15 am The Royal: Brigid makes a decision. Meanwhile, Lucy is disturbed by the reappearance of a figure from the past. (S)
1.15 Where the Heart Is: A baby is abandoned at the centre. (S)
2.20 Unwind with ITV
2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am Minder (SL)(S)
6.55 The Sweeney (SL)(S)
8.00 The Saint: Adventure. (S)
9.05 The Adventures of Sherlock Holmes (S) **10.15** Magnum, PI (S)
11.20 The Saint: Adventure. (S)
12.20 pm The Return of Sherlock Holmes (S) **1.35** Kojak (S) **2.35** Magnum, PI (S) **3.40** Minder (S)
4.50 The Sweeney: Police drama. (S)
5.55 BattleBots: Giantkiller End Game takes on Bloodsport in a very messy Main Event. (S)

9.00 Jaws 2

6.55 The Chase Celebrity Special With Ronni Ancona, Adam Gemili, Dave Johns and Joel Dommett. (S)
8.00 The Motorbike Show Allen Millyard assists Henry Cole with his latest restoration project. (S)
9.00 FILM **Jaws 2** Adventure thriller sequel starring Roy Scheider and Lorraine Gary. Another shark returns to terrorise the small town of Amity. (W)(S) ★★★ *(1978)*
11.25 From Dusk Till Dawn: Richie's visions become disturbing. (S)
12.30 am The Sweeney: The Flying Squad trails a jewel thief. (S)
1.35 Minder: Comedy drama. (SL)(S)
2.30 Auto Mundial (S)
2.55 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping
8.00 Bargain-Loving Brits in the Sun **10.00** 22 Kids & Counting
11.00 Nightmare Tenants, Slum Landlords: Documentary series.
12.00noon Traffic Cops
2.00pm Police Interceptors: Triple-bill, including: Officers deal with reckless drivers; and an arrest becomes a stand-off.
5.00 Car Pound Cops: Give Me My Car Back!: Following the work of vehicle recovery crews.
6.00 Home and Away (S)
7.00 GPs: Behind Closed Doors A couple seek confirmation about their pregnancy. (S)
8.00 Casualty 24/7: Every Second Counts (S)
9.00 Shoplifters & Scammers: At War with the Law A store needs assistance. (S)
10.00 Burglars & Break-Ins: Caught on Camera The residents taking neighbourhood watch to the next level. (S)
11.00 Cold Case Killers
12.00m't Adults Only: Cam Girl Millionaires: Documentary.
1.00am Skin A&E
2.00 Casualty 24/7: Every Second Counts **2.50** GPs: Behind Closed Doors **3.35** Home and Away
4.00 to 6.00am Teleshopping

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping
9.00 NCIS: Triple-bill.
12.00noon Law & Order (S2, ep22)
1.00pm Law & Order (S3, ep1)
2.00 Law & Order: A political leader is assassinated. (S3, ep2)
3.00 Law & Order: Detectives look into the killing of a student who stole from her family. (S3, ep16)
4.00 Law & Order: The team looks into two murders. (S3, ep18)
5.00 Law & Order: A Navy lieutenant is killed. (S3, ep15)
6.00 NCIS Back-to-back episodes, including: The team investigates a biker killed in a hit-and-run incident. (S18, ep14); and several members of an NCIS team are killed in an explosion. (S18, ep15) (S)
10.00 Law & Order: Special Victims Unit Sarah Walsh fears she has been raped for a second time. (S15, ep5) (S)
11.00 Law & Order: Special Victims Unit: Triple-bill.
1.55am Lucifer: Double-bill, including: Lucifer returns to hell to find an antidote to the Professor's poison. (S2, ep13)
3.35 999: Criminals Caught on Camera **4.00 to 6.00am** Shop

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am Secrets of the Transport Museum: Double-bill.
8.00 Abandoned Engineering
10.00 Adolf Hitler's War
11.00 World War Weird
12.00noon Great American Railroad Journeys: In Minnesota.
1.00pm Antiques Roadshow
2.00 Bangers & Cash: Double-bill.
4.00 Adolf Hitler's War
5.00 World War Weird: Taking a look at the story of Herman Goering's brother, Albert.
6.00 Antiques Roadshow Fiona Bruce visits the Lake District. (S)
7.00 Great British Railway Journeys Double-bill, including: A journey from Ayr to Skye. (S)
8.00 Secrets of the London Underground Stations on the District Line, Whitechapel. (S)
9.00 Bangers & Cash Double-bill, including: Paul is on a big day out collecting a 1971 Jaguar E-Type. (S)
11.00 Abandoned Engineering: A house in a tropical paradise.
12.00m't Great British Railway Journeys: Double-bill.
1.00am Fred Dibnah's Age of Steam: Double-bill. **2.00** Secrets of the Transport Museum
3.00 to 6.10am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Salvage Hunters: Double-bill.
10.00 The Yorkshire Auction House
11.00 Antiques Road Trip
12.00noon The Repair Shop
1.00pm Long Lost Family US
2.00 My 600lb Life: Documentary.
4.00 Animal Cops Philadelphia
5.00 Saving Lives at Sea: A crew battle through gale force winds and huge waves as they attempt to save a surfer who is in trouble.
6.00 The Yorkshire Auction House At a historic home in Coventry. (S)
7.00 Antiques Road Trip Double-bill, including: The duo takes a trip around East Anglia.
9.00 The Yorkshire Auction House New edition A couple asks Angus to sell their toy collection. (S)
10.00 The Repair Shop Jay Blades and the team bring four treasured heirlooms back to life.
11.00 Ghost Adventures: Two abandoned hotels inside an infamous Las Vegas casino.
12.00m't Kindred Spirits
1.00am Ghost Adventures
2.00 Teleshopping **4.00** Animal Cops Detroit **5.00 to 6.00am** Animal Cops Philadelphia

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am Stagecoach West **7.00** FILM Greed of William Hart *(1948)* **8.30** Between the Tides
8.55 FILM Beneath the Twelve Mile Reef *(1953)* **11.00** Time to Remember **11.35** Outer Limits
12.40pm FILM Dangerous Voyage *(1953)* **2.10** FILM Big Ben Calling *(1935)* **3.00** The Saint **4.00** That Beryl Marston!
4.30 What's On TPTV With Noel
4.40 FILM The Day the Earth Caught Fire ★★★★ *(1961)*
6.40 The Hillman Minx in the 1960s Motoring.
7.00 The Footage Detectives A 1930s Nettlefold film. (S)
8.00 The Brothers The Hammonds are invited to a party. (S)
9.05 FILM **The Upturned Glass** Drama starring James Mason. (b/w) (S) ★★ *(1947)*
10.50 FILM **The Wild Affair** British comedy drama starring Nancy Kwan. ★★ *(1965)*
12.40am FILM Lena Rivers: Drama with Charlotte Henry and Morgan Galloway. (b/w) ★★ *(1932)* **1.55** Cinebox Memories
2.00 Maigret: Subtitled.
3.50 Look at Life: Documentary.
4.00 Justice **5.00** Monty Nash
5.30 to 6.00am Honey West (b/w)

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am Billie and Greg... **8.00** Making It Home with... **9.00** LittleBe **12.00noon** Sugar Showdown **12.25pm** The Real Housewives of Beverly Hills **1.15** The Only Way Is Essex **2.00** Buying and Selling **3.00** Million Dollar Listing: LA **4.00** The Real Housewives of Atlanta **5.00** The Real Housewives of New Jersey
6.00 Making It Home with... **7.00** Million Dollar Listing: LA **8.00** Dinner Date **9.00** The Real Housewives Ultimate Girls' Trip **10.00** The Real Housewives of... **11.00** Singletown **12.00m't** The Only Way Is Essex **12.45am** Unwind **1.00 to 7.00am** Shop

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am Romeo and Juliet **8.05** Joy of Painting **9.05** Tales of the... **10.00** Alfred Hitchcock... **11.00** Discovering **12.00noon** Joy of Painting **1.00pm** Tales of the... **2.00** Raphael: Revealed **3.00** The Danish Collector...
4.00 Discovering **5.00** Joy of Painting **6.00** Tales of the... **7.00** Alfred Hitchcock... **8.00** André Rieu: Live in Brazil **10.05** Pavarotti in Central Park **12.30am** Buddy Guy: The Blues Chase the Blues Away **2.30** Lenny Henry's Got the Blues **3.30** The South Bank Show **4.30 to 6.00am** Auction

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: Double-bill. (SL)(S)
9.00 Brooklyn Nine-Nine (S)
10.00 The Big Bang Theory (S)
11.00 Modern Family: Double-bill. (S)
12.00 noon The Big Bang Theory: Back-to-back episodes. (S)
2.00 pm The Goldbergs (S)
3.00 Modern Family: Double-bill. (S)
4.00 Brooklyn Nine-Nine (S)
5.00 The Big Bang Theory: Back-to-back episodes. (S)

8.00 Below Deck Down Under

7.00 Hollyoaks Cindy wants answers about Ella. (S)
7.30 Modern Family Claire lands an interview for a job. (S)
8.00 NEW **Below Deck Down Under** Life aboard a superyacht sailing along the Great Barrier Reef. (S)
9.00 Celebrity Gogglebox *It Chapter Two* and *Basic Instinct* are appraised. (S)
10.00 Gogglebox James Corden's *Late Show* interview with Prince Harry is assessed. (S)

11.05 Taskmaster: Challenges. (S)
12.10 am First Dates (SL)(S)
1.15 Celebrity Gogglebox (SL)(S)
2.15 Below Deck Down Under (S)
3.05 Ramsay's Kitchen Nightmares USA: In New York. (SL)(S)
3.55 Baby Daddy (S) **4.45 to 6.00am** How I Met Your Mother (S)

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am A Place in the Sun (S)
10.25 A New Life in the Sun (S)
11.25 Find It, Fix It, Flog It (S)
12.30 pm Come Dine with Me: Back-to-back editions, including: Tony Houston holds the first dinner party in Essex. (S)
3.10 Four in a Bed: Back-to-back editions, including: Four sets of campsite proprietors battle it out to be named best value. (S)
5.50 Kirstie and Phil's Love It or List It: From Long Eaton, Derbyshire. (S)

9.00 Car S.O.S.

6.55 Escape to the Chateau Dick, Angel, Arthur and Dorothy share more tales. (S)
7.55 Grand Designs A miniature Hollywood Hills-style mansion in London. (S)
9.00 Car S.O.S New edition A look at one of the worst cars the duo have ever seen. (S)
10.00 Building the Billion Pound Cruise Ship The construction of one of the largest and most advanced cruise ships in the world. (S)

11.00 24 Hours in A&E: A man is found struggling to breathe. (S)
12.05 am Car S.O.S (S)
1.05 Building the Billion Pound Cruise Ship (S) **2.10** 24 Hours in A&E (S)
3.15 to 3.45am Food Unwrapped: Matt Tebbutt discovers why some fruits are hairier than others. (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am The Winslow Boy: Historical courtroom drama starring Robert Donat and Margaret Leighton. (b/w) (W)(S) ★★★★ *(1948)*
1.20 pm 3.10 to Yuma: Western starring Glenn Ford and Van Heflin. (b/w) (W)(S) ★★★★ *(1957)*
3.10 Kind Hearts and Coronets: Ealing black comedy starring Alec Guinness and Valerie Hobson. (b/w) (S) ★★★★★ *(1949)*
5.20 7th Cavalry: Western starring Jay C Flippen. (W)(S) ★★ *(1956)*

9.00 Terminator: Dark Fate

6.55 Evolution Sci-fi comedy starring David Duchovny. Two science teachers battle rapidly evolving alien monsters brought to Earth by a mysterious meteor. (W)(S) ★★★★ *(2001)*
9.00 Terminator: Dark Fate Sci-fi starring Linda Hamilton. Sarah Connor must stop an advanced Terminator from hunting down a girl whose fate is critical to the human race. (S) ★★★★ *(2019)*

11.35 Misery: Oscar-winning thriller starring James Caan, Kathy Bates, Frances Sternhagen and Lauren Bacall. (W)(S) ★★★★ *(1990)*
1.45 to 4.00am Death to Smoochy: Black comedy starring Robin Williams and Edward Norton. (W)(S) ★★★★ *(2003)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Teleshopping **7.00** Border Security: Australia's Front Line (S)
8.00 Nothing to Declare (S)
9.00 Motorway Patrol (S)
10.00 Stop, Search, Seize (S)
11.00 Highway Patrol: Double-bill. (S)
12.00 noon Motorway Patrol (S)
1.00 Border Patrol: Double-bill. (S)
2.00 Border Security: Australia's Front Line: Double-bill. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S5, ep1) (S)
5.00 Stargate SG-1 (S6, ep7) (S)

10.00 The Russell Howard Hour

6.00 Star Trek: Enterprise Archer tries to stop the launch. (S3, ep20) (S)
7.00 Stargate Universe 2 of 2. Rush makes a deadly discovery. (S1, ep20) (S)
8.00 Merlin Gwen is kidnapped by an outlaw. (S2, ep4) (S)
9.00 Rob & Romesh vs Cricket: The Test New edition Rob and Romesh watch England take on South Africa. (S)
10.00 The Russell Howard Hour New edition (S3, ep4) (S)

11.00 Britain's Most Evil Killers (S)
12.00 m't World's Most Evil Killers: The story of Anthony Allen Shore. (S)
1.00 am Night Cops (S)
2.00 Brit Cops: Rapid Response (S)
3.00 Highway Patrol (S)
4.00 Motorway Patrol: Double-bill. (S)
5.00 to 6.00am Highway Cops (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 All Creatures Great and Small (S)
8.00 Doctors: Double-bill.
9.20 Classic Holby City (S)
10.40 Classic Casualty: Medical drama. (S)
11.40 The Bill: Crime drama. (S)
12.40 pm Classic EastEnders
2.00 Monarch of the Glen (S)
3.10 Kingdom: A trawlerman seeks help with his insurance claim.
4.10 All Creatures Great and Small (S)
5.20 Terry and June: The duo agree to look after a neighbour's dog.

6.00 As Time Goes By

6.00 As Time Goes By Jean worries about Lionel. (S)
6.40 Last of the Summer Wine Double-bill, including: Truly's bid to help Howard backfires. Comedy with Peter Sallis. (S)
8.00 The Last Detective Davies uncovers a wartime mystery. Norman Wisdom stars. (S)
9.35 New Tricks Double-bill. The future of the team is threatened; and the team reopens the cold case of a palaeontologist's murder. (S)

11.55 Spooks: A diplomat is killed while attending the latest round of Middle East talks, and MI5 suspect a link with a shadowy group. (S)
1.10 am Hustle: Robert Vaughn stars. (S)
2.20 Terry and June: Classic sitcom.
2.55 Classic Holby City: Medical drama.
4.00 to 6.00am Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am *See 11.00pm* **6.30** Shed and Buried **7.00** Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage **12.00noon** *See 11.00pm* **1.00pm** Money for Nothing **2.00** Repair Shop **3.00** Find It, Fix It... **4.00** Salvage Hunters **5.00** Salvage Hunters: Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold... **8.00** Salvage Hunters **9.00** Outback Opal... **10.00** Gold Divers **11.00** How Do They...? **12.00m't** *As 6.00pm* **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Vintage Voltage **4.00** How It's Made **5.00 to 6.00am** Shopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** Murder in the Heartland **10.00** Forensic Detectives **12.00noon** Cold Case **1.00pm** The Closer **2.00** The Perfect Murder **3.00** Murder Chose Me **5.00** Evil Online **6.00** Cold Case **7.00** The Closer (S2, ep5) **8.00** Evil Lives Here: A case in which a couple realised their son was hiding an evil secret. **9.00** Murder on CCTV **10.00** The Mentalist: Double-bill. **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Teleshopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

8.00am Walker, Texas Ranger **9.00** Knight Rider **10.00** Star Trek: Deep Space Nine **11.00** FILM Air Collision ★ *(2012)* **1.00pm** FILM Jet Pilot ★ *(1957)* **3.10** FILM The Great Alaskan Race *(2019)* **4.50** Legend Lowdown **5.00** Star Trek **6.00** Star Trek: Deep Space Nine (S7, ep8) **7.00** Knight Rider (S1, ep17) **8.00** Walker, Texas Ranger (S8, ep5) **9.00** FILM Bird on a Wire ★★★ *(1990)* **11.10** FILM Red Sonja ★ *(1985)* **12.55am** FILM Assault on Precinct 13 ★★★★ *(1976)* **2.45 to 4.30am** FILM The Jurassic Games ★ *(2016)* **5.30 to 8.00am** Teleshopping

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** A Lover Betrayed *(2017)* **10.50** GREAT! Movie News **11.00** The Wrong Patient *(2018)* **12.50pm** GREAT! Movie News **1.00** Dying for the Crown *(2018)* **2.50** GREAT! Movie News **3.00** Run to Me *(2016)* **4.55** GREAT! Movie News **5.05** In Bed with a Killer ★★ *(2019)* **7.00** Real Murders **8.50** GREAT! Movie News Extra **9.00** The Lost City of Z: Drama. ★★★★ *(2016)* *See Films, pages 31-35.* **11.45** The Whole Truth ★★★ *(2015)* **1.40am** Cash *(2010)* **4.00** Dear Diary, I Died ★★ *(2016)* **5.40 to 6.00am** GREAT! Movie News

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Shopping **8.00** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H: Back-to-back episodes of the comedy drama. **9.00** The Avengers: Steed and Emma fall into a trap. (S5, ep16) **10.00** Randall and Hopkirk (Deceased) (S1, ep1) **11.00** The Persuaders! **12.00m't** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Castle (S3, ep19) **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Shopping

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Shop **7.10** The Force: Behind the Line: Double-bill. **8.00** Border Force: America's Gatekeepers **10.00** Outback Pilots **12.00noon** Ultimate Movers **1.00pm** Storage Hunters UK **2.00** Top Gear **5.00** Rick Stein: From Venice to Istanbul **7.00** Richard Osman's House of Games **8.20** QI XL **10.00** Alan Davies: As Yet Untitled **11.00** 8 Out of 10 Cats Best Bits **12.00m't** Mock the Week **12.40am** QI XL **2.00** Schitt's Creek **2.25** Meet the Richardsons **2.55** Richard Osman's House of Games **3.40** The Indestructibles **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Teleshopping **7.00** The Crystal Maze **8.00** The Chase **10.00** Dickinson's Real Deal **11.00** Family Fortunes **12.00noon** Wheel of Fortune **1.00pm** Tenable **2.00** Celebrity Who Wants to Be a Millionaire? **3.00** Strike It Lucky **4.00** Bullseye **6.00** The Crystal Maze **7.00** Weakest Link **8.00** The Chase **10.00** Celebrity Who Wants to Be a Millionaire? **11.00** Bullseye **12.00m't** Weakest Link **1.00am** Cash Trapped **2.00** The Chase **4.00** Celebrity Who Wants to Be a Millionaire? **5.00 to 6.00am** Bullseye: Double-bill.

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Giada at Home **7.00** The Pioneer Woman **8.00** Valerie's Home... **9.00** *See 4.00pm* **10.00** Jamie's Comfort Food **11.00** *See 8.00pm* **12.00noon** Bake Off **2.00pm** *See 6.00pm* **3.00** *See 10.00pm* **4.00** Barefoot Contessa **5.00** Pioneer Woman **6.00** James Martin's American... **7.00** Bake Off **8.00** Hairy Bikers Go North **9.00** Tom Kerridge More Sunday Lunch **9.30** Tom Kerridge's... **10.00** Rick Stein's Seafood Lovers'... **11.00** Diners, Drive-Ins... **12.00m't** Beat Bobby Flay:... **1.00am** Restaurant:... **2.00 to 3.00** Best Baker in...

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Shop **9.00** Judge Judy: Disputes. **7.00pm** Crimes That Shook Australia: The crimes of Wade Frankum. **8.00** 48 Hours: When a student goes missing, an app leads police to her body. **9.00** Nightmare Next Door: When Monica Massaro is murdered in her house, it leaves a dark stain on a picture-perfect town. **10.00** Handsome Devils **11.00** Killer Kids **12.00m't** Ice Cold Killers **1.00am** Nightmare Next Door **2.00** Handsome Devils **3.00** Evidence of Evil **4.00** Crimes That Shook Australia **4.50 to 6.00am** Judge Judy: Disputes.

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Shop **8.00** A Love Yarn *(2021)* **10.00** The Seven Year Hitch ★★ *(2012)* **12.00noon** A Wish Come True *(2015)* **2.00pm** Sweet Autumn *(2020)* **4.00** Love Takes Flight *(2019)* **6.00** Calling for Love *(2020)* **8.00** A Love to Remember ★★ *(2021)* **10.00** The Baby Proposal: Comedy. ★★ *(2019)* **11.55** GREAT! Movie News Extra **12.05am** Starting Up Love ★★ *(2019)* **2.00** Highway to Heaven **3.00** GREAT! Movie News Extra **3.10** The Dating List ★★ *(2019)* **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Shop **9.00** Criminals: Caught... **9.30** Extreme Tow Truckers **10.30** Traffic Cops **11.35** Police Interceptors **12.30pm** FILM The Gunfight at Dodge City ★★★ *(1958)* **2.15** FILM Men of the Fighting Lady (b/w) ★★★ *(1954)* **4.00** Outback Truckers **5.00** Traffic Cops **6.00** Police Interceptors **8.00** NEW UK's Strongest Man 2023 **9.00** FILM Enemy of the State ★★★★ *(1998)* **11.40** FILM The Bombing ★★ *(2018)* **2.10am** Police: Night Shift 999 **3.10** Trucking Hell **4.00 to 6.00am** Shop

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am Nigel Slater's Simple Cooking **7.00** My Kitchen Rules: New Zealand **8.30** Nigellissima **9.00** Tipping Point **11.00** DIY SOS: The Big Build **1.00pm** Tipping Point **4.00** My Dream Home **6.00** MasterChef Australia **8.00** Gemma and Gorka: Life behind the Lens: Gemma and Gorka juggle work and home life. **9.00** 24 Hours in A&E: Double-bill. **11.00** Face to Face with Armageddon **11.55** One Born: What Happened Next? **12.55am** Inside the Ambulance **1.55** MasterChef Canada: Back to Win **3.00 to 6.10am** Shop

SKY & VIRGIN LISTINGS over the page

SKY & VIRGIN 29 JANUARY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Sky News Breakfast
7.00 Kay Burley: Double-bill.
8.00 Caught on Dashcam
9.00 Nothing to Declare
10.00 Curse of the Lost Amazon Gold: With Tatunca Nara.
11.00 Hope for Wildlife
12.00 noon Supergirl (S3, ep10)
1.00 pm MacGyver: Double-bill.
3.00 Hawaii Five-0: A marshal is murdered. (S2, ep15)
4.00 S.W.A.T (S5, ep20)
5.00 The Simpsons: Double-bill.

5.00 The Simpsons

6.00 The Office (US)
7.00 The Simpsons
8.00 Whale with Steve Backshall A look at whales and dolphins.
9.00 True Detective: Night Country New episode Navarro and Danvers get a tip-off about a Tsalal worker. *See Highlights.* (S4, ep3)
10.20 Based on a True Story Matt expands the operation. (S1, ep8)
10.50 Sex and the City Drama. (S3, ep3)
11.25 Sex and the City: Guest starring Alanis Morissette.
12.00 m't The Force: Manchester
1.00 am Brit Cops: Law & Disorder **2.00** Road Wars
3.00 Hawaii Five-0 (S2, ep15)
4.00 S.W.A.T (S5, ep20) **5.00 to 6.00am** Motorway Patrol

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Urban Secrets
7.55 The Sopranos **10.05** Billions
11.10 The Wire (S1, ep1)
12.20 pm Game of Thrones
1.20 Gomorrah: Double-bill.
3.30 The Sopranos: Double-bill, including: Bobby 'Bacala' Baccalieri Sr comes out of retirement. (S3, ep5)
5.40 The Wire: D'Angelo Barksdale is questioned after a witness in his trial is murdered. (S1, ep2)

9.00 True Detective

6.45 The Wire The unit deals with the fallout of the riot. (S1, ep3)
7.50 Game of Thrones In the North, Stannis embarks on a gruelling march. (S5, ep10)
9.00 True Detective: Night Country New episode Navarro and Danvers get a tip-off about a Tsalal worker. *See Highlights.* (S4, ep3)
10.15 Mare of Easttown A call gives Dawn some hope. (S1, ep4)
11.20 Perry Mason: Origin story of the famed criminal defence lawyer, starring Matthew Rhys. (S1, ep1)
12.25 am The Outsider (S1, ep3)
1.35 I Know This Much Is True
2.50 Game of Thrones (S5, ep10)
4.00 to 6.00am Urban Secrets

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am Bondi Rescue
7.00 Border Patrol: Double-bill.
8.00 Caught on Dashcam
9.00 Border Security: Canada's Front Line **10.00** Brit Cops: Frontline Crime UK
11.00 The Rookie (S3, ep1)
12.00 noon FBI (S5, ep9)
1.00 pm FBI: Most Wanted: Crime drama. (S3, ep22)
2.00 Blue Bloods (S12, ep20)
3.00 Caught Red Handed
4.30 Nothing to Declare

9.00 The Good Doctor

6.00 Nothing to Declare Back-to-back editions.
8.00 Blue Bloods Frank, Baker, Garrett and Gormley experience guilt when an officer is shot. (S12, ep16)
9.00 The Good Doctor Park must treat the man his wife had an affair with and try to forgive and forget. (S6, ep15)
10.00 9-1-1 The team races to save a man who has been injured by his smart home. (S4, ep3)
11.00 The Rookie (S5, ep5)
12.00 m't Transplant (S2, ep13)
1.00 am The Good Doctor
2.00 Chicago PD (S9, ep2)
3.00 The Force: Manchester
4.00 Brit Cops: Frontline Crime UK: Documentary series.
5.00 to 6.00am Road Wars

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Shop **7.10** Desmond's
8.05 Keeping Up Appearances
8.40 Ever Decreasing Circles
9.20 Hi-de-Hi! **10.00** Porridge
10.40 Last of the Summer Wine
12.00 noon Keeping Up Appearances: Comedy.
12.40 pm Ever Decreasing Circles
1.20 Porridge **2.00** Dad's Army
2.40 Keeping Up Appearances
3.20 Hi-de-Hi!: Sitcom.
4.00 Last of the Summer Wine
5.20 Porridge: Comedy.

8.00 dinnerladies

6.00 Keeping Up Appearances Daddy loses control dressed in a spaceman suit.
6.40 Dad's Army Double-bill of the sitcom.
8.00 dinnerladies Double-bill, including: Bren's mother wreaks havoc.
9.20 Not Going Out Double-bill, including: Tim and Lee plan a surprise party for Lucy.
10.35 Live at the Apollo Stand-up with Adam Hills and Michelle Wolf.
11.35 dinnerladies: Double-bill. Bren's mother wreaks havoc; and Philippa has an idea for raising spirits.
12.55 am Not Going Out
2.15 Live at the Apollo
3.05 Desmond's: Double-bill.
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am How It's Made: Dream Cars: A Rolls-Royce Dawn.
6.30 How It's Made
7.00 Gold Divers: Reality series.
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Salvage Hunters
11.00 Wheeler Dealers
1.00 pm Building Off the Grid
3.00 Blowing Up History: Documentary series.
4.00 Alaska: Homestead Rescue: Double-bill.

9.00 Custom Carolina

6.00 Salvage Hunters Drew does battle at a castle in Essex.
7.00 Wheeler Dealers Mike and Ant share their experiences.
8.00 Railroad Alaska Dan Mawhinney airlifts his snow machine.
9.00 NEW Custom Carolina A 1955 Chevy pickup truck.
10.00 Street Outlaws: Locals Only New edition Eight local racers take part.
11.00 Expedition Bigfoot: A 60-year-old Bigfoot encounter.
12.00 m't Deadliest Catch
1.00 am Custom Carolina
2.00 Street Outlaws: Locals Only: Motoring series.
3.00 Naked and Afraid XL
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.00am A Tiger's Journey: Drama starring Sunny Pawar. ★★★ *(2023)* **7.55** *See 4.00pm* **10.10** *See 10.10pm* **11.55** *See 8.00pm* **2.15pm** Little Bone Lodge: Horror starring Joely Richardson. ★★★ *(2023)* **4.00** Jesus Revolution: Drama starring Joel Courtney and Jonathan Roumie. *(2023)* **6.15** One More Shot: Thriller starring Scott Adkins. ★★ *(2023)*

8.00 Transformers...

8.00 Transformers: Rise of the Beasts: Fantasy prequel starring Anthony Ramos. ★★★ *(2022)* **10.10** King of Killers: Thriller with Frank Grillo. ★ *(2022)* **11.55** Soft & Quiet: Thriller starring Stefanie Estes. ★★★★ *(2022)* **1.35am** Arthur's Whisky: Comedy. *(2023)* **3.20** *As 11.55pm* **5.05 to 6.00am** Sky Cinema Preview

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

6.00am One Shot ★★ *(2021)* **7.40** The Legend of Zorro ★★★ *(2005)* **9.55** *See 12.05am* **12.35pm** *See 8.00pm* **2.35** King Kong: Starring Naomi Watts. ★★★★ *(2005)* **5.40** The Mask of Zorro: Starring Antonio Banderas. ★★★★ *(1998)* **8.00** The Bourne Ultimatum: With Matt Damon. ★★★★ *(2007)* **10.00** xXx: Starring Vin Diesel. ★★★ *(2002)* **12.05am** 2012 ★★★ *(2009)* **2.55** *As 5.40pm* **5.25 to 6.25am** Sky Cinema Preview

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

6.00am Sky Cinema Preview **6.15** Barbarella *(1967)* **8.10** *See 8.00pm* **10.20** Young Sherlock Holmes ★★★ *(1985)* **12.20pm** The Last of the Mohicans ★★★★ *(1992)* **2.20** Fun in Acapulco ★★ *(1963)* **4.10** Easy Come, Easy Go ★ *(1967)* **6.00** Alfie: Comedy. ★★★ *(1966)* **8.00** Jaws ★★★★★ *(1975)* **10.10** Mad Max ★★★★ *(1979)* **12.00m't** Django Unchained *(2012)* **3.00am** Rio Grande *(1950)* **5.00 to 6.00am** SC Preview

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

6.40am *See 2.00am* **8.30** Anon ★★★ *(2018)* **10.20** The Harbinger ★★★★ *(2022)* **11.55** Dorian Gray ★★★ *(2009)* **1.55pm** Terminator 2: Judgment Day ★★★★★ *(1991)* **4.35** The Dark Tower ★★ *(2017)* **6.20** Superman IV – The Quest for Peace *(1987)* **8.00** Renfield ★★★★ *(2023)* **9.40** Species ★★★ *(1995)* **11.35** The Lawnmower Man: Sci-fi. ★★★ *(1992)* **2.00am** American Carnage ★★★ *(2022)* **3.45** *As 10.20am* **5.15 to 7.05am** Wifelike *(2022)*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Shopping **7.15** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Without a Trace **12.00noon** The Doctor Blake Mysteries **1.00pm** Father Brown **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles **5.00** Unforgettable
6.00 Without a Trace (S6, ep4) **7.00** Elementary (S5, ep5) **8.00** Father Brown (S5, ep10) **9.00** Death in Paradise (S5, ep4) **10.00** Murdoch Mysteries: Crime drama. (S16, ep5) **11.00** Justified **12.00m't** Elementary (S5, ep5) **1.00am** Unforgettable **2.00** Murdoch Mysteries **4.00 to 6.00am** Teleshopping

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12.00noon** Supergirl (S3, ep10) **1.00pm** MacGyver **3.00** Hawaii Five-0 (S2, ep15) **4.00** S.W.A.T **5.00** DC's Legends of Tomorrow (S3, ep8) **6.00** Stargate SG-1
8.00 Flintoff: Lord of the Fries **9.00** From: Sci-fi horror. (S1, ep4) **10.00** Based on a True Story (S1, ep8) **10.30 FILM** Need for Speed ★★★ *(2014)* **1.00am** Brit Cops **1.30** Road Wars **3.00** Hawaii Five-0 (S2, ep15) **4.00** S.W.A.T **5.00 to 6.00am** Highway Patrol

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** In the Long Run **9.00** Mr Mayor **10.00** Wellington Paranormal **10.30** The Comeback **11.40** Entourage **1.00pm** Bored to Death **2.10** Curb Your Enthusiasm **3.20** Entourage **4.30** Wellington Paranormal **5.00** Mr Mayor
6.00 The Office (US): Double-bill. **7.00** In the Long Run: Double-bill. **8.00** Sort Of: Double-bill. **9.00** Veep: Double-bill. **10.15** Real Time with Bill Maher **11.25** Sex and the City: Double-bill. **12.35am** Jerrod Carmichael: Rothaniel **1.40** Sort Of **2.40** The Comeback **3.50** Bored to Death **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Fish Town: Documentary. **7.00** Discovering **8.00** The Directors **9.00** Spector **10.00** The Vietnam War **11.00** First Ladies **12.00noon FILM** I Am Alfred Hitchcock *(2021)* **1.50pm** My Icon: Pam Cookey **2.00** Six by Sondheim **3.45** My Icon: Nasser Hussain **4.00** The Directors **5.00** Discovering **6.00** Spector
7.00 The Vietnam War **8.05** First Ladies **9.00 FILM** Bobby ★★★★ *(2016)* **11.00 FILM** The Stroll *(2023)* **12.45am** Albert Brooks: Defending My Life **2.35 FILM** Steve Jobs: The Man in the Machine ★★★ *(2015)* **5.00 to 6.00am** Discovering

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am American Pickers **7.00** Storage Wars **8.00** Pawn Stars **9.00** Britain's Secret Islands **10.00** Curse of the Lost Amazon Gold **11.00** What on Earth? **1.00pm** Storage Wars **2.00** Flipping Bangers **3.00** Beyond Skinwalker Ranch **5.00** Pawn Stars **6.00** American Pickers
7.00 Forged in Fire **8.00** Storage Wars: Double-bill. **9.00** Secrets in the Ice **10.00** Mysteries of the Ancient Dead **11.00** Medieval Dead **12.00m't** Pawn Stars **1.00am** Storage Wars **2.00** History's Greatest Mysteries **3.00** Storage Wars **4.00 to 6.00am** What on Earth?

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Shop **11.00** Merlin **12.00noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager **6.00** Star Trek: Deep Space Nine: Double-bill.
8.00 Star Trek: Enterprise: Archer wakes up in the future. (S3, ep8) **9.00 FILM** Ape vs Mecha Ape: Sci-fi drama starring Tom Arnold. With a giant ape in captivity, the military tries to build a robot equivalent. ★★ *(2023)* **10.45** Grimm **12.35am** True Blood **3.05** Star Trek: Enterprise **4.00 to 6.00am** Star Trek: Deep Space Nine

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous – Sports **8.35** Most Ridiculous – Weddings **9.00** Your Face... **10.00** Guessable? **11.00** *See 10.00pm* **1.00pm** Friends: Back-to-back episodes.
9.00 Kevin Bridges: A Whole Different Story: Stand-up. **10.00** Impractical Jokers **10.30** Impractical Jokers: Slam Dunks **11.00** Al Murray: Giving It Both Barrels **12.00m't** Alternative Comedy Experience **1.00am** Most Ridiculous **2.00** Channel Hopping... **3.00** Rhod Gilbert's Growing Pains **3.45** Funniest Adverts on the Planet **4.10** Friends **5.00 to 6.00am** Shop

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Undiscovered Vistas **7.00** Monkey Life **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** Wild Castles **11.00** *See 5.00pm* **12.00noon** *See 6.00pm* **1.00pm** Monkey Life **2.00** Africa's Wild Year **3.00** Animals Decoded
4.00 Wild Castles **5.00** Waterworld Africa **6.00** Arctic Secrets **7.00** Monkey Life **8.00** Whale with Steve Backshall **9.00** Wild Rockies **10.00** *As 6.00pm* **11.00** *As 5.00pm* **12.00m't** Borneo: Earth's Ancient Eden **1.00am** Gangs of Lemur Island **2.00** Whale with Steve Backshall **3.00** Wild Rockies **4.00** *As 2.00pm* **5.00 to 6.00am** *As 3.00pm*

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

6.00am Shop **8.00** Food Factory **9.00** Ancient China from Above **10.00** World War II: Secrets from Above **11.00** Megafactories **12.00noon** Car S.O.S **1.00pm** Ultimate Airport Dubai **2.00** *See 7.00pm* **3.00** Rise and Fall of the Mayas **5.00** Car S.O.S
6.00 Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** Inside Sydney Airport **9.00** Air Crash Investigation: Triple-bill. **12.00m't** To Catch a Smuggler **1.00am** Banged Up Abroad **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10** Prairie Dog Dynasty **5.00 to 6.00am** Teleshopping

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12.00noon** *See 6.00pm* **1.00pm** *See 5.00pm* **2.00** Killer in My Village
3.00 Most Evil Killers **5.00** What the Killer Did Next **6.00** How I Caught the Killer **7.00** Most Evil Killers **9.00** Forensics: Catching the Killer **10.00** *As 5.00pm* **11.00** Most Evil Killers **12.00m't** *As 2.00pm* **1.00am** Murders That Shocked the Nation **2.00** Real Manhunter **3.00** Killer Within **4.00** Road Wars **5.00 to 6.00am** Motorway Patrol

PICTURE: HBO 2024

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY
Sky 308 Virgin 408 EE 508 (HD 522)

6.55am Father of the Bride ★★★ *(2022)* **9.00** *See 10.00pm* **10.40** Clerks: Starring Brian O'Halloran and Jeff Anderson. (b/w) ★★★★ *(1994)* **12.25pm** Everybody Wants Some!!: Starring Blake Jenner. ★★★★ *(2016)* **2.30** The Men Who Stare at Goats: Starring George Clooney. ★★★ *(2009)* **4.15** Love Again: With Priyanka Chopra Jonas. ★★★ *(2023)*

6.10 Beverly Hills Cop II

6.10 Beverly Hills Cop II: Starring Eddie Murphy. ★★★ *(1987)* **8.00** Kingpin: Starring Woody Harrelson. ★★★★ *(1996)* **10.00** Serendipity: With Kate Beckinsale. ★★★★ *(2001)* **11.40** Coming to America: Starring Eddie Murphy. ★★★ *(1988)* **1.40am** The Estate ★★ *(2022)* **3.20** *As 4.15pm* **5.15 to 7.20am** *As 12.25pm*

SKY CINEMA ANIMATION
Sky 305 Virgin 412 EE 500 (HD 514)

7.25am *See 3.15am* **8.50** Batman: Return... *(2016)* **10.15** Lego DC Super Hero Girls: Super-Villain... *(2018)* **11.50** *See 10.40pm* **1.30pm** Spider-Man: Across.... *(2023)* **4.00** Shaun the Sheep... *(2015)* **5.35** Two by Two *(2015)* **7.10** Despicable Me *(2010)* **8.55** Despicable Me 2 *(2013)* **10.40** Boonie Bears: Back to... *(2022)* **12.20am** Scooby-Doo! Return... *(2019)* **1.45** Teen Titans Go! & DC Super Hero Girls:... *(2022)* **3.15** Batman Unlimited... *(2015)* **4.45 to 6.15am** *As 8.50am*

SKY CINEMA DRAMA
Sky 310 Virgin 410 EE 510 (HD 524)

7.20am *See 1.45am* **9.35** Letters to Juliet ★ *(2010)* **11.25** *See 12.15am* **12.50pm** The Integrity of Joseph Chambers ★★★ *(2022)* **2.30** Sundown ★★★★ *(2021)* **4.00** King's Speech ★★★★ *(2010)* **6.05** The Truman Show ★★★★ *(1997)* **8.00** Where the Crawdads Sing ★★★ *(2022)* **10.10** Allied ★★★★ *(2016)* **12.15am** Man with the Answers *(2021)* **1.45** She Said ★★★★ *(2022)* **4.00** *As 9.35am* **5.50 to 7.35am** *As 12.50pm*

SKY CINEMA FEEL GOOD
Sky 302 Virgin 402 EE 502 (HD 516)

6.20am The Cinema List **6.50** Finding You ★★ *(2021)* **9.05** Ticket To Paradise ★★ *(2022)* **10.55** Allelujah ★★★ *(2022)* **12.45pm** Arthur's Whisky *(2023)* **2.30** The Colour Room ★★★★ *(2021)* **4.30** Pretty in Pink ★★★★ *(1986)* **6.15** Miss Potter ★★★ *(2006)* **8.00** Groundhog Day ★★★★★ *(1993)* **9.45** Save the Cinema ★★★ *(2021)* **11.45** *As 2.30pm* **1.40am** The Angels' Share ★★★★ *(2012)* **3.25** *As 10.55am* **5.10 to 6.55am** Seriously Red ★★★ *(2022)*

SKY CINEMA FAMILY
Sky 306 Virgin 406 EE 506 (HD 520)

6.00am Mr Magorium's Wonder Emporium ★★★ *(2007)* **7.50** *See 7.30pm* **9.50** *See 9.25pm* **11.45** Robo-Dog: Airborne *(2017)* **1.25pm** The Hobbit: The Battle of the Five Armies: Fantasy with Martin Freeman. ★★★ *(2014)* **4.00** The Lord of the Rings: The Return of the King: Conclusion of the fantasy adventure trilogy starring Elijah Wood. ★★★★ *(2003)*

7.30 Monster Trucks

7.30 Monster Trucks: Fantasy with Lucas Till. ★★★ *(2016)* **9.25** The Tiger Rising: Family drama starring Dennis Quaid. ★★★ *(2022)* **11.20** Breaking Point: Drama starring Karam Singh. *(2023)* **1.15am** *As 11.45am* **2.55** Pups United: Adventure with Matthew James Roberts. *(2015)* **4.40 to 6.50am** The Portable Door ★★★ *(2023)*

SKY CINEMA STAR TREK
Sky 303 Virgin 403 EE 503 (HD 517)

6.45am *See 1.05am* **8.45** *See 3.00am* **10.45** Star Trek V: The Final Frontier *(1989)* **12.45pm** Star Trek VI: The Undiscovered Country *(1991)* **2.45** Star Trek: Generations *(1994)* **4.45** Star Trek: First Contact *(1996)* **6.45** Star Trek: Insurrection *(1998)* **8.45** Star Trek The Motion Picture *(1979)* **11.00** Star Trek II: The Wrath of Khan *(1982)* **1.05am** Star Trek III – The Search for Spock *(1984)* **3.00** Star Trek IV: The Voyage Home *(1986)* **5.10 to 7.05am** *As 10.45am*

SKY CINEMA THRILLER
Sky 309 Virgin 409 EE 509 (HD 523)

8.00am The Cinema List: Bourne **8.20** *See 4.25pm* **10.05** False Positive ★★ *(2021)* **11.50** Chinatown ★★★★★ *(1974)* **2.10pm** Shooter ★★★★ *(2007)* **4.25** Naked Singularity ★★★ *(2021)* **6.10** Kindred: Starring Tamara Lawrance. ★★★ *(2021)* **8.00** Every Breath You Take: Starring Casey Affleck and Michelle Monaghan. ★★★ *(2021)* **9.55** The Da Vinci Code ★★★ *(2006)* **12.30am** *As 11.50am* **2.50** *As 6.10pm* **4.40 to 6.35am** *As 8.00pm*

MOVIES 24
Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** Fashionably in Love ★★ *(2023)* **9.00** Love on Retreat ★★ *(2023)* **11.00** Presence of Love ★★ *(2022)* **1.00pm** Mix Up In The Mediterranean ★★ *(2021)* **3.00** Flowers and Honey ★★ *(2021)* **5.00** Love's Sweet Recipe: Romance. ★★ *(2021)* **7.00** Heart of the Manor ★★ *(2021)* **9.00** Love in Winterland ★★ *(2020)* **11.00** Moriah's Lighthouse ★★ *(2022)* **1.00am** Love, Bubbles & Crystal Cove ★★ *(2021)* **3.00** Two Tickets To Paradise ★★ *(2022)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT
Sky 401 Virgin 501 EE 420 (HD 440)

6.00am News 7.00 Morning Sports Fans 10.00 The Football Show 12.00noon Transfer Talk
1.00pm LIVE Tennis The Upper Austria Ladies Linz.
5.00 LIVE AFCON Coverage of the fifth last-16 match.
7.00 The Transfer Show
8.00 LIVE AFCON Coverage of the sixth last-16 match, held at Charles Konan Banny Stadium in Yamoussoukro, Ivory Coast (kick-off **8.00**).
10.00 News at Ten 10.30 Back Pages Tonight 11.00 News
12.00m't LIVE NCAA Basketball *Virginia Tech Hokies v Duke Blue Devils:* (Tip-off **12.00**).
2.00 to 6.00am Sky Sports News

SKY SPORTS CRICKET
Sky 404 Virgin 504 EE 423 (HD 443)

6.00am SA20 12.30pm Best of England v India 1.30 Best of England v South Africa 2.00 SA20
3.00 LIVE SA20 *MI Cape Town v Joburg Super Kings:* Featuring coverage of the T20 match from Six Gun Grill Newlands in Cape Town.
7.30 SA20 Durban Super Giants v Paarl Royals. **8.30 Best of England v India** The Group B match from the 2011 World Cup.
9.30 SA20 MI Cape Town v Joburg Super Kings. **10.30 Secrets of Success** Nasser Hussain meets Paul McGinley. **11.30 SA20**
5.00 to 6.00am Best of England v South Africa

SKY SPORTS ARENA
Sky 408 Virgin 508 EE 427 (HD 447)

6.00am Super League Highlights 7.00 Women's International Rugby League 7.15 International Rugby League
7.30 Super League Highlights 8.00 WTA Tennis 9.00 WTA Tennis The Hobart International final.**10.00 WTA Tennis** The Adelaide International final.
1.00pm LIVE Tennis The Upper Austria Ladies Linz. Coverage of day one of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria.
10.00 British Basketball 4.00am Fight Night Chris Eubank Jr v Liam Smith from January 2023. **5.00 to 6.00am Fight Night International**

TNT SPORTS 1
Sky 410 Virgin 527 EE 408 (HD 430)

6.00am Cricket Reload
6.30 LIVE Test Cricket *Australia v West Indies:* Day five action.
8.45 TNT Sports Reload
9.00 LIVE Test Cricket *Australia v West Indies:* Day five action.
12.00noon T20 Cricket 2.00pm ABB FIA Formula E World Championship 4.00 Ligue 1 5.00 What I Wore 5.30 Premier League – The Big Interview 6.00 Cricket 7.00 PL Stories
7.30 LIVE Serie A
9.45 Goals Reload 10.15 PL 10.45 What I Wore 11.00 WWE
1.00am LIVE WWE Monday Night Raw Wrestling action.
4.15 Ariel Helwani Meets 5.15 What I Wore 5.45 to 6.00am TNT Sports Goals Reload

SKY SPORTS PREMIER LEAGUE
Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 PL Legends 8.00 PL Best Goals 9.00 Good Morning Transfers 10.00 The Football Show
11.30 Ref Watch 12.00noon Gary Neville's Soccerbox 1.00pm Transfer Talk 2.00 Premier League Icons 3.00 PL Greatest Games 4.00 PL Best Goals
5.00 The Transfer Show 5.30 PL 100 Club 6.00 PL Legends
7.00 PL 100 Club 8.00 Gary Neville's Soccerbox 9.00 PL 30 10.00 Premier League Icons
10.30 PL Retro 12.30am Premier League Icons 1.00 Premier League Years 3.00 Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club

SKY SPORTS GOLF
Sky 405 Virgin 505 EE 424 (HD 444)

6.00am DP World Tour 11.00 LPGA Tour 2.00pm APGA Tour 5.00 Tee Time Tips 6.00 DP World Tour 7.00 PGA Tour The Farmers Insurance Open.
8.00 Roots: Shane Lowry A profile of the Irish golfer. **8.30 Roots: Kipp Popert** Charting the rise of the English golfer.
9.00 PGA Tour The Farmers Insurance Open. **10.00 DP World Tour 11.00 Roots: Shane Lowry** A profile of the golfer. **11.30 Roots: Kipp Popert**
12.00m't PGA Tour 1.00am DP Tour 2.00 Roots: Shane Lowry
2.30 Roots: Kipp Popert Charting the rise of the golfer.
3.00 to 6.00am PGA Tour

SKY SPORTS MIX
Sky 416 Virgin 510 EE 429 (HD 449)

6.00am SA20 7.00 WTA Tennis 9.00 British Basketball
3.00pm WSL 5.00 DP World Tour Golf 5.30 Super League Highlights 6.00 PGA Tour Golf The Farmers Insurance Open.
7.00 SA20 Durban Super Giants v Paarl Royals. **8.00 Netball Nations Cup** Action from the third play-off. **10.00 Netball Nations Cup** The final.
12.00m't LIVE NCAA Basketball *Virginia Tech Hokies v Duke Blue Devils:* Coverage of the college match at Cassell Coliseum in Blacksburg (tip-off **12.00**).
2.00am British Basketball 5.00 to 6.00am NFL Highlights The NFC Championship game.

TNT SPORTS 2
Sky 411 Virgin 528 EE 409 (HD 431)

6.00am Serie A 3.00pm Women's T20 Super Smash
5.00 T20 Super Smash Action from this year's Elimination Final. **6.00 Liberty A-League Women** The 14th round.
6.30 LIVE Ultimate Pool Coverage of the Group 4 matches in the Champions League tournament.
9.30 ABB FIA Formula E World Championship 10.30 Test Cricket 11.30 Women's T20 Cricket 1.30am NBA on Fire
2.00 LIVE NBA *Denver Nuggets v Milwaukee Bucks.* Coverage of the inter-conference match from Ball Arena (tip-off **2.00**).
4.30 Ligue 1 5.30 to 6.00am Liberty A-League Women

SKY SPORTS FOOTBALL
Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL Cup 8.45 EFL Greatest Games 9.00 Scottish Prem Round-Up 9.15 SPFL 9.30 WSL 10.00 EFL 10.30 WSL 12.30pm EFL 12.45 AFCON
4.45 LIVE AFCON Coverage of the fifth last-16 match.
7.00 WSL 7.30 Scottish Premiership Round-Up
7.45 LIVE AFCON Coverage of the sixth last-16 match, held in Ivory Coast (kick-off **8.00**).
10.00 EFL 10.30 Scottish Premiership Round-Up 10.45 SPFL 11.00 Bundesliga Show 12.00m't EFL Greatest Games
1.00am Retro League One 3.00 EFL Cup Retro 5.00 to 6.00am EFL Trophy Football

SKY SPORTS NFL
Sky 407 Virgin 507 EE 426 (HD 446)

6.00am 49 Hours 6.15 Kansas City Chiefs: The Franchise A behind-the-scenes look at the Kansas City Chiefs. **7.00 NFL Highlights 12.00noon Good Morning Football** The latest NFL news and talking points.
3.00pm NFL Highlights 6.00 NBC's Pro-Football Talk Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league. **8.00 NFL Highlights**
11.00 Total Access 1.00am NFL Bitesize Highlights
1.30 NFL Highlights 3.30 NFL Bitesize Highlights 4.00 to 6.00am NFL Highlights

EUROSPORT
Sky 413 Virgin 521 EE 412 (HD 435)

6.00am Olympic Games: Chasing Glory 7.00 Masters Snooker 9.00 Australian Open Tennis
12.00noon Snooker: German Masters The final in Berlin.
2.00pm LIVE Snooker: German Masters Action from Berlin.
5.00 Australian Open Tennis 6.00 Snooker: German Masters
7.00 LIVE Snooker: German Masters Coverage of the evening session on day one from Tempodrom Berlin.
10.05 Snooker: German Masters 12.00m't Cycling: Tour Down Under 1.00am Alpine Skiing
2.00 Snooker: German Masters 4.00 Cycling: Tour Down Under 5.00 to 6.00am Olympic Games: Chasing Glory

TNT SPORTS 3
Sky 417 Virgin 529 EE 410 (HD 432)

6.00am Ariel Helwani Meets
7.00 ABB FIA Formula E World Championship Highlights 8.00 World Rally Championship
8.30 Rugby Union: Premiership 1.30pm Rugby Review 2.15 PSA Squash 3.15 Pool 4.45 Rugby Review 5.30 WRC Review
6.30 LIVE Women's Bundesliga *SGS Essen Women v VfL Wolfsburg Women:* From Stadion Essen (kick-off **6.30**).
8.30 Liberty A-League Women Highlights The 14th round. **9.00 Fishing: On the Bank**
10.00 Serie A 12.00m't Women's Bundesliga 1.00am ABB FIA Formula E World Championship
3.00 Test Cricket 4.00 to 6.00am Abu Dhabi T10 Cricket

RADIO

BBC RADIO 2
6.30am The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00pm** Scott Mills **4.00** Sara Cox **7.00** Jo Whiley **9.00** The Blues Show with Cerys Matthews **10.00** DJ Spoony **12.00m't** OJ Borg **3.00** Pick of the Pops **4.00 to 6.30am** Owain Wyn Evans

BBC RADIO 3
6.30am Breakfast **9.00** Essential Classics **12.00noon** Composer of the Week **1.00pm** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **4.30** New Generation Artists **5.00** In Tune **7.00** Classical Mixtape **7.30** Radio 3 in Concert **10.00** Music Matters **10.45** The Essay: A Circumnavigation of the British Isles in Five Traditional Boats **11.00** Night Tracks **12.30 to 6.30am** Through the Night

BBC RADIO 4
5.30am News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day **6.00** Today **9.00** Start the Week **9.45** Book of the Week: Food for Life **9.45 to 10.00 (LW)** Daily Service **10.00** Woman's Hour **11.00** Black, African and British **11.30** The Bottom Line **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** You and Yours **12.57** Weather **1.00** The World at One **1.45** Ian Hislop's Oldest Jokes **2.00** The Archers **2.15** This Cultural Life **3.00** Counterpoint **3.30** The Food Programme **4.00** History on the Edge **4.30** Beyond Belief **5.00** PM **5.54 to 5.57 (LW)** Shipping **5.57** Weather **6.00** News **6.30** Just a Minute **7.00** The Archers **7.15** Front Row **8.00** The Rise of Sinn Fein **8.30** Crossing Continents **9.00** Wild Inside **9.30** Start the Week **9.59** Weather **10.00** World Tonight **10.45** Book at Bedtime: The Song of Achilles **11.00** Word of Mouth **11.30** Today in Parliament **12.00m't** News, Weather **12.30am** Book of the Week **12.48** Shipping **1.00** As BBC World Service **5.20 to 5.30am** Shipping

CLASSIC FM
6.30am Classic FM Breakfast with Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Smooth Classics at Seven **10.00** Calm Classics **1.00am** Bill Overton **4.00 to 6.30am** Early Breakfast

Paul introduces Ben to the nomadic lifestyle

Andi Oliver hosts the second week of heats

Ben Fogle: New Lives in the Wild

REAL LIFE 9PM, CHANNEL 5

Ben joins 52-year-old father-of-two Paul, who, after divorcing in 2015, swapped bricks and mortar for 'van life', enjoying a nomadic lifestyle in a converted military truck. His decision may have been financially motivated, but factory worker Paul is now loving the freedom and being off-grid and close to nature. The pair meet up with Paul's fellow nomads and Ben learns how life on the road in the UK, where wild camping is illegal in most places, can be incredibly challenging. But he soon appreciates its benefits as he wakes up in some of northern England's most picturesque spots. ★★★★ **NH**

Great British Menu

COOKERY 8PM, BBC2

After North East heats, we're into the second week of the competition, with Central England chefs under the spotlight as Andi Oliver presides over the kitchen. Liam Nichols, Sam Ashton-Booth, Adam Smith and Louisa Ellis prepare dishes inspired by the Olympic and Paralympic Games and tonight Tommy Banks will be on hand as the chefs serve starters and fish dishes including a trio of pepper terrines representing the Olympic podium, with bronze, silver and gold medals made of pastry. Continues tomorrrow, with mains and desserts, and Thursday, when Paralympic gold-medal winner Jonnie Peacock will be a guest at the regional final. ★★★ **JP**

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If you go down to the woods today...

David Mitchell's Outsiders

NEW REALITY FROM 9PM, BBC2, iPLAYER (BOX SET)

How many comedians does it take to survive in the woods? We find out in this hilarious series (previously on Dave) in which three pairs of comics – Ed Gamble and Lou Sanders, Kerry Godliman and Toussaint Douglass, and Jamali Maddix and Jessica Knappett – live in the wild for a week. Each day, they face outdoorsy challenges such as felling a tree, milking a goat or adopting camouflage, and they're judged on their efforts by nature-fearer David Mitchell, who rewards the teams whose work he approves of. The moral of the opener? Never let Lou carry you on a stretcher... ★★★★★ **SP**

Calm before the storm: Kelly Jo presents to the class

PICK OF THE DAY

A class project feels personal to teen Kelly Jo

DRAMA 8PM, BBC1, iPLAYER (BOX SET)

Waterloo Road has never been afraid to tackle thought-provoking issues, and it's a big day for teenager Kelly Jo (Alicia Forde). She's been digging into library books to find out more about her mixed heritage and has been asked to present her findings to the other students. But trying to work out who she is and where she's going while dealing with her unsupportive boyfriend Dean (Francesco Piacentini-Smith) and constant baiting from rival pupil Libby (Hattie Dynevor) proves too much for the youngster, who has a complete meltdown in class! A tour-de-force from star-in-the-making Forde as Kelly Jo and a reminder of the impact of unconscious bias. ★★★★ **VW**

999: On the Front Line

NEW FACTUAL 8PM, C4

With every new run of this series that follows the work of West Midlands Ambulance Service, we wonder how the paramedics could work any harder – and yet they do. Tonight, we're on 12-hour call with the Stoke, Stafford and Willenhall hubs. Call-outs include a woman with severe gynaecological problems who is bleeding profusely and a man who has fallen down so badly that you can see his skull. But not all the responses are to emergency calls, as one crew discover when the police flag them down to deal with a drug overdose. ★★★ **NT**

Paramedics Amy and Tom

Convicted mother and daughter Ansreen and Mahek Bukhari and (far right) victim Saqib Hussain

TikTok: Murders Gone Viral

NEW FACTUAL 9PM, ITV1, ITVX (BOX SET)

Britain's first mother-and-daughter double murderers made headlines last year. But now we hear the whole shocking story, beginning with a harrowing transcript of a 999 call from 21-year-old Saqib Hussain saying two cars were trying to ram him off the road. Minutes later, he and his friend Mohammed Hashim Ijazuddin, also 21, were found dead in a fireball on the A46 near Leicester. What follows is a tale of love, betrayal and blackmail. TikTok sensation Mahek Bukhari and her mum Ansreen Bukhari were convicted of murder after arranging for a gang to pursue Saqib's vehicle to stop him exposing his three-year affair with Ansreen. There's also testimony from Saqib and Hashim's grieving fathers. ★★★ **HD**

BUY THE NEW ISSUE

TUESDAY

BBC1

Freeview HD 101 Sky HD 101 Virgin TV HD 101 Freesat HD 106

6.00 Breakfast (S) **9.30 Morning Live** (S) **10.45 Dr Xand's Con or Cure** The doctor takes a look at headaches, eating disorders and drinking chlorophyll. (S) **11.15 Homes Under the Hammer** Properties in London and Huddersfield. (S)

12.15 Bargain Hunt Eric Knowles presents the show from King's Lynn in Norfolk. (S)(R)(AD)

1.00 BBC News at One (S) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *All That Sparkles:* Scarlett embarks on fun-filled day with an old friend. (S)(AD)

2.15 Money for Nothing Jacqui Joseph selects wicker chairs and bedside tables. (S)(R)

3.00 I Escaped to the Country Last in series. Alistair Appleton catches up with a past house hunter in the Midi-Pyrénées of France. (S)

3.45 The Repair Shop The team tries to put the spice back into a peppermill. (S)(R)(AD)

4.30 The Travelling Auctioneers A downsizing widow plans to part with an incredible collection of art and antiques. (S)

5.15 Pointless Quiz show. (S)

6.00 BBC News at Six (S) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)(AD)

7.30 EastEnders Lily and Ricky are nervous as they go into Charli's guardianship hearing; Chelsea begs Denise to get medical help; and Alfie comes clean to his friends. (S)(AD)

8 PM

8.00 Waterloo Road 4 of 8. School-based drama starring Angela Griffin. Kelly Jo has a big day when she presents her work to the school; and Libby creates a plan. ***See Highlights.*** (S)(AD)

Kim Campbell.....*ANGELA GRIFFIN* Donte Charles.....*ADAM THOMAS*
Nicky Walters.....*KYM MARSH* Joe Casey.....*JAMES BAXTER*
Lindon King.....*VINCENT JEROME* Neil Guthrie.....*NEIL FITZMAURICE*
Kelly Jo Rafferty.....*ALICIA FORDE* Libby Guthrie.....*HATTIE DYNEVOR*

9 PM

9.00 Silent Witness *Invisible: Part Two.* 6 of 10. Crime drama. Nikki and Jack start to wonder if Roy's death is linked to their original body; DI Torres searches for a stalker; and Cara is left shocked by Velvy's living conditions. (S)(AD)

Dr Nikki Alexander.....*EMILIA FOX* Jack Hodgson.....*DAVID CAVES*
DI Sarah Torres..*NADINE MARSHALL* Velvy Schur.....*ALASTAIR MICHAEL*
Cara Connelly.....*RHIANNON MAY* Martin Piler.....*JAIN FLETCHER*
Roy Lock.....*LACE AKPOJARO* Leo Jackson.....*JUDE CUDJOE*

10 PM

10.00 BBC News at Ten (S)

10.30 BBC Regional News (S) and **Weather**

10.40 Tell Me Lies *Castle on a Cloud:* 7 of 10. Drama series. The group takes a trip to Evan's lake house to celebrate his birthday. (S)(AD)
● ***The full series is available online via BBC iPlayer.***

11.25 Tell Me Lies *Don't Go Wasting Your Emotion:* 8 of 10. Pippa has complicated feelings after Wrigley meets her dad; and Lucy makes a decision to protect Stephen. (S)(AD)

12.15 Celebrity Mastermind Clive Myrie invites Jonathan Agnew, YolanDa Brown, Davood Ghadami and Jessica Knappett to take part. (S)(R) **12.45 Would I Lie to You?** Sam Campbell, Will Mellor, Kimberley Walsh and Charlene White join the regulars. (S)(R) **1.15 Weather for the Week Ahead** (S) **1.20 to 6.00 BBC News** (S)

BBC2

Freeview HD 102 Sky HD 102 Virgin TV HD 102 Freesat HD 102

6.35 The Travelling Auctioneers (S)(R) **7.20 David & Jay's Touring Toolshed** (S)(R)(AD) **7.50 Planet Earth III** (SL)(S)(R)(AD) **8.50 Lifeline** (S)(R)(AD) **9.00 Nicky Campbell** (S) **10.00 BBC News** (S)

12.15 Politics Live The latest stories. (S)

1.00 Impossible Quiz with Rick Edwards. (S)(R)

1.45 Lightning Quiz hosted by Zoe Lyons. (S)(R)

2.15 The Secrets of Your Food *We Are What We Eat:* 1 of 3. The physics, chemistry and biology inside various foods. (S)(R)(AD)

3.15 All That Glitters: Britain's Next Jewellery Star 2 of 6. Seven jewellers are faced with demanding challenges. (S)(R)(AD)

4.15 Thailand: Earth's Tropical Paradise *The Secrets of the South:* 1 of 3. Looking at the wildlife and culture of the nation. (S)(R)(AD)

5.15 Flog It! From the Cornish countryside. (S)(R)

6.00 Richard Osman's House of Games The presenter is joined by former players Babatunde Aléshé, Sophie Duker, Gaby Roslin and Jeff Stelling to test their knowledge. (S)

6.30 David & Jay's Touring Toolshed David Jason and Jay Blades visit the Midlands Air Festival, where Tony Hancock's niece wants help to repair her uncle's teddy bear. (S)(AD)

7.00 Celebrity Antiques Road Trip Last in series. Former *EastEnders* co-stars Rita Simons and Laila Morse scour Devon for the most profitable antiques, with the help of Catherine Southon and Angus Ashworth. (S)

8.00 Great British Menu Culinary contest presented by Andi Oliver. The Central England chefs serve their starters and fish dishes inspired by the Olympic and Paralympic Games, including pepper terrines, poached brill and Danish chalk stream trout. ***See Highlights.*** (S)

9.00 David Mitchell's Outsiders NEW ★★★★ 1 of 6. Comedy challenge in which David Mitchell asks six comedians to spend a week living outdoors. Toussaint Douglass, Ed Gamble, Kerry Godliman, Jessica Knappett, Jamali Maddix and Lou Sanders take part. Previously shown on Dave. ***See Highlights.*** (S)(AD)

9.45 David Mitchell's Outsiders 2 of 6. The pairs attempt to demonstrate various skills including barbering and milking goats. (S)(AD)

10.30 Newsnight (S)

11.10 Weather (S)

11.15 What We Do in the Shadows 5 of 10. Comedy. The vampires endure the private school admissions process for Colin. (S)(AD)
● ***The full series is available online via BBC iPlayer.***

11.40 What We Do in the Shadows 6 of 10. The Guide accidentally assists the Baron. (S)(AD)

12.05 FILM **Moonlight** Drama starring Mahershala Ali. An African-American man grapples with his identity. (W)(S)(AD) ★★★★★ *(2016)* ***See Films, pages 31-35.*** **1.50 Great British Menu** (SL)(S)(R) **2.50 to 3.50 The Traitors** (SL)(S)(R)(AD)

ITV1

Freeview HD 103 Sky HD 103 Virgin TV HD 103 Freesat HD 111

6.00 Good Morning Britain (S) **9.00 Lorraine** Entertainment, current affairs and fashion news, as well as showbiz stories and gossip. (S) **10.00 This Morning** A mix of celebrity chat and lifestyle features. Including **Local Weather** (S)

12.30 Loose Women Topical debate. (S)

1.30 ITV News (S) and **Weather** including **Local News** (S) and **Weather**

2.00 Dickinson's Real Deal Presenter David Dickinson and his team head to Cirencester in Gloucestershire, where a collection of jewellery helps pay for a trip to America, and Henry Nicholls spends more than planned. (S)(AD)

3.00 Riddiculous Quiz hosted by Ranvir Singh in which Izzy and Rebecca, Paige and Reece and Connor and Ross take on the Riddlemaster. (S)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)

5.00 The Chase Bradley Walsh presents as Tony from Chester, Jolyon from Leicester, Katy from Whitby and David from York work as a team to take on one of the ruthless Chasers. (S)

6.00 Local News (S) and **Weather**

6.30 ITV News (S) and **Weather**

7.30 Emmerdale Mackenzie attempts to reach out to Aaron; Charity finds herself struggling; and Cain opens up to Moira. (S)(AD)

8.00 The Martin Lewis Money Show: Live Consumer advice series. The personal finance expert answers the questions that matter, offering tips for making money go further. (S)

9.00 TikTok: Murder Gone Viral NEW ★★★★ *The Mother and Daughter Killings:* Factual series exploring criminal cases linked to the fast-growing social media platform. Tonight's edition focuses on influencer Mahek Bukhari and her mother Ansreen, who killed two people in February 2022. ***See Highlights.*** (S)(AD)

10.00 ITV News at Ten (S) and **Weather** including **Local News** (S) and **Weather**

10.45 On Assignment NEW ★★★★ Current affairs programme. Rachel Younger finds out how last year's earthquake is still affecting Turkey; and Dan Rivers investigates a growing humanitarian crisis in Cuba. (S)

11.15 After the Flood *Connections:* 3 of 6. Mystery thriller. Jo is troubled by Lee's connection to Tasha and Daniel, but as she continues with her investigation, Pat grows suspicious. Continues tomorrow. (S)(R)(AD)

12.10 Teleshopping 3.00 James Martin's Spanish Adventure The chef visits Santiago de Compostela, where he meets pilgrims and explores the local market. (SL)(S)(R)(AD) **3.50 Unwind with ITV** Daily escape. (S) **5.05 to 6.00 Dickinson's Real Deal** (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD **104** Sky HD **138** Virgin TV HD **104/141** Freesat HD **126**

6.15 Countdown (S)(R) **6.55 Cheers** (S)(R) **7.45 3rd Rock from the Sun** (S)(R)(AD) **8.10 3rd Rock from the Sun** (S)(R)(AD) **8.35 The King of Queens** (S)(R)(AD) **9.05 The King of Queens** (S)(R)(AD) **9.35 The King of Queens** (S)(R)(AD) **10.05 Frasier** (S)(R)(AD) **10.35 Frasier** (S)(R)(AD) **11.05 Frasier** (S)(R)(AD) **11.35 Channel 4 News Summary** (S) **11.40 Four in a Bed** (S)(R)

12.10 Four in a Bed In Blackpool. (S)(R)

12.40 Four in a Bed From Hartlepool. (S)(R)

1.10 Four in a Bed In Durham. (S)(R)

1.40 Four in a Bed Payment day arrives. (S)(R)

2.10 Countdown With guest Tasha Ghouri. (S)

3.00 A Place in the Sun Searching for a property in La Mata on Spain's Costa Blanca. (S)(R)

4.00 A New Life in the Sun Build and money problems hit a couple's business in Spain. (S)

5.00 Chateau DIY DIY novice Trish tries to rebuild a bridge that sits over a stream. (S)(AD)

6.00 Come Dine with Me The second host in and around Belfast plans to take her guests on an adventure with home-grown food. (S)

6.30 The Simpsons *Brick Like Me:* Homer wakes up one morning to find he and the world around him are made of Lego. (S)(R)(AD)

7.00 Channel 4 News (S), **Weather**

8.00 999: On the Front Line
NEW ★★★★★ Return of the documentary series following the paramedics of West Midlands Ambulance Service returns. In tonight's edition, one team on the way back to base is flagged down by police officers who are dealing with a man who has overdosed on drugs. ***See Highlights.*** (S)

9.00 Around the World in 80 Weighs 3 of 6. Documentary following six obese Brits as they travel the globe. Tonight, tensions boil over in the group as they land in the heart of Texas, where the food is more familiar and attitudes to obesity are not quite as harsh. (S)(AD)

10.00 First Dates Dating programme. Sixty-one-year-old finance worker and raver Sandra is paired with part-time DJ Lance in her search for love. Plus, competitive Pokémon player Isaac is on a date with book lover Molly. (S)(AD)

11.05 Brits Down Under 4 of 6. The backpackers attend the town's annual rodeo show. (S)(AD)

12.05 Ramsay's Kitchen Nightmares USA *Casa Roma.* (SL)(S)(R) **1.00 Couples Come Dine with Me** (SL)(S)(R) **1.55 Know Your S**t: Inside Our Guts** (S)(R)(AD) **2.50 Kirstie and Phil's Love It or List It: Brilliant Builds** (SL)(S)(R)(AD) **3.45 The Great Pottery Throw Down** (SL)(S)(R)(AD) **4.50 Great British History Hunters** (SL)(S)(R)(AD) **5.45 to 6.15 Food Unwrapped** (S)(R)(AD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD **105** Sky HD **105** Virgin TV HD **105** Freesat HD **105**

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine The issues of the day and viewers' opinions. (S) **11.15 Storm Huntley** Debate on the day's talking points, with viewers' calls on the biggest stories. (S)

12.45 Alexis Conran & Friends The actor, writer and broadcaster examines the important stories of the day, getting viewers' opinions on them. Followed by **5 News at Lunchtime.** (S)

1.45 Home and Away Harper and Dana attempt to find out how they can contribute to the community; and Tane snaps. (S)(R)

2.15 Mystery 101: Deadly History Drama starring Jill Wagner and Kristoffer Polaha. The sleuths help Graham to investigate the disappearance of his estranged brother, a history professor who has been receiving threatening anonymous messages. (S)(R)

4.00 Bargain-Loving Brits in the Sun Entertainer Natalie transforms a garden into a 10th-birthday party paradise; Beckii has a busy day lined up in her beauty salon; and Colin has a new arrival on his home farm. (S)(R)

5.00 5 News (S)

6.00 Your Dream Kitchen for Less Mark Millar helps a first-time buyer who has taken on the challenge of renovating a fixer-upper all by herself. Followed by **5 News Update.** (S)

7.00 GPs: Behind Closed Doors Medical documentary. In tonight's edition, Dr Devin Gray sends a man for an ECG, suspecting he has a condition called atrial fibrillation; and Dr Chris Ferdinand reassures a woman that a numb patch on her leg is most likely down to her psoriasis. Followed by **5 News Update.** (S)

8.00 Dogs Behaving (Very) Badly Series in which Graeme Hall trains canines with behavioural issues. Tonight, he meets a pack of six Dachshunds that are disturbing the peace –kicking off whenever they spot another dog out and about. Postponed from last week. Followed by **5 News Update.** (S)

9.00 Ben Fogle: New Lives in the Wild Documentary series. Tonight, Ben meets a man who traded in his house for a life on the road, travelling the UK in his old military truck and joining a community of full-time nomads who survive off the grid. ***See Highlights.*** (S)

10.00 Body in the Bag: The Murder of Melanie Hall Documentary following the disappearance and murder of 25-year-old Melanie Hall, who was last seen at a nightclub in 1996. Thirteen years later, her remains were discovered on a slip road off the M5. (S)(R)

11.25 Murdered for Revenge Documentary series. A man on his way home from work is doused in petrol and set alight. (S)(R)

12.25 Shoplifters: Caught Red Handed An undercover detective spots a suspect. (S)(R) **1.20 PlayOJO Live Casino Show** (S) **3.20 Portillo's Empire Journey** (S)(R) **4.10 The Funny Thing About Kids** (SL)(S)(R) **4.55 Divine Designs** (SL)(S)(R) **5.20 House Doctor** (SL)(S)(R) **5.45 Entertainment News on 5** Gossip. (S) **5.50 to 6.00 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

Jack Whitehall: Settle Down COMEDY Netflix

The comedian takes to the stage at London's O2 Arena where he riffs on dogs, drinking, dining alone and becoming a father. ***Available from today.***

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Jack Whitehall takes his grumpy father, Michael, on a journey around the world in five seasons of this road-trip comedy. ***All episodes available now.***

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TUESDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

7.00 Yianni: Supercar Customiser

7.00 Yianni: Supercar Customiser Double-bill. (S)
7.45 The Fast and the Farmer-ish Teams compete to be the best tractor drivers in England. (S)
8.00 Young MasterChef New edition The semi-final. (S)
9.00 Hunting the Catfish Crime Gang Documentary. An entrepreneur whose identity was stolen and used for criminal activities. (S)
10.00 Brickies Double-bill. (S)
11.00 Back to Life: Double-bill. Miri faces new challenges; and Miri worries that her inexperience will derail her relationship with Billy. (S)
11.55 Fresh Cops: Double-bill. (S)
12.55 Back to Life: Double-bill. (S)
1.55 Bad Education (S) **2.55 to 3.50am** Dreaming Whilst Black (S)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

10.00 Beyond Utopia

7.00 Planet Earth II Animals that live in mountain ranges. (S)
8.00 To the Manor Born (S)
8.30 Yes, Prime Minister The government faces ruin. (S)
9.00 England's Forgotten Queen: The Life and Death of Lady Jane Grey (S)
10.00 NEW Beyond Utopia: Escape from North Korea A *Storyville* documentary following individuals who are risking everything to flee from North Korea. (S)
11.50 The Victorian House of Arts and Crafts: Modern crafters move in to a Victorian commune. (S)
12.50 am Billy Connolly: Portrait of a Lifetime (S) **1.50** Planet Earth II (S) **2.50 to 3.50am** England's Forgotten Queen: The Life and Death of Lady Jane Grey (S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes
9.00 Totally Bonkers Guinness World Records (S) **9.10** Chuck (S)
10.00 One Tree Hill: Double-bill. (S)
12.00 noon Secret Crush (S)
1.00 pm Dress to Impress (S)
2.00 Family Fortunes (S)
3.00 Chuck (S4, ep23) (S)
4.00 One Tree Hill: Double-bill. Lucas and Lindsey's wedding day arrives. (S5, ep12) (S); and Lucas comes to terms with the events of his wedding day. (S5, ep13) (S)

10.05 Ruby Speaking

6.00 Celebrity Catchphrase With Vick Hope, Ranvir Singh and Iain Stirling. (S)
7.00 Deal or No Deal Game show with Stephen Mulhern. (S)
8.00 Superstore Double-bill. (S)
9.00 Love Island: All Stars New edition The latest goings-on from the villa. (S)
10.05 Ruby Speaking New episode Comedy. Ruby decides to sort everyone's life out except her own. (S)
10.35 Family Guy Animation. (S)
11.35 American Dad!: Double-bill. Stan finally decides to do something about his secret baldness; and Roger reveals a secret passion. (S)
12.30 Superstore: Double-bill. (S)
1.30 The Stand Up Sketch Show (S)
2.35 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Classic Emmerdale (S)
7.30 Classic Coronation Street (S)
7.55 Where the Heart Is (S)
10.05 The Darling Buds of May (S)
11.15 The Royal: Medical drama. (S)
12.20 pm Heartbeat: Rural drama. (S)
1.25 Classic Emmerdale (S)
2.25 Classic Coronation Street (S)
3.30 Midsomer Murders (S)
5.25 Downton Abbey: Family tensions threaten to derail preparations for the wedding; and Denker reveals a new side to her personality. (S)

5.25 Downton Abbey

6.55 Heartbeat Greengrass thinks he has struck gold. (S)
8.00 Midsomer Murders Barnaby investigates the death of a racehorse trainer and suspects a family's history holds the key to the mystery – until a second killing makes him think again. (S)
10.00 Trial & Retribution Crime drama starring Kate Buffery. DI North investigates the case of a woman abducted in broad daylight. (S)
12.15 am The Royal: An armed man strikes at the hospital. (S)
1.15 Where the Heart Is: Ruth gives Simon his marching orders; and Stephen is hit hard by a fellow teacher's suicide attempt. (S)
2.20 Unwind with ITV
2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am Minder (SL)(S)
7.00 The Sweeney (SL)(S)
8.05 The Saint: Adventure. (SL)(S)
9.05 The Return of Sherlock Holmes (S)
10.20 Magnum, PI: Crime drama. (S)
11.20 The Saint: Adventure. (S)
12.25 pm The Return of Sherlock Holmes (S) **1.35** Kojak (S) **2.40** Magnum, PI (S) **3.45** Minder (S)
4.50 The Sweeney: Police drama. (S)
5.55 BattleBots: Hydra decides to use an extraordinary tactic against the mighty Huge. (S)

9.00 Speed

6.55 The Chase Celebrity Special Bradley Walsh presents a *Coronation Street* edition of the quiz show. (S)
8.00 World Rally Championship Highlights from the Rallye Monte-Carlo. (S)
9.00 FILM Speed Action thriller starring Keanu Reeves and Sandra Bullock. A cop tries to save the passengers on a bus that is wired to explode if it slows under 50mph. (W)(S) ★★★★★ *(1994)*
11.25 All Elite Wrestling: Rampage: Hard-hitting wrestling action with many of AEW's biggest stars, presented by Jim Ross. (S)
12.35 am From Dusk Till Dawn (S)
1.35 Motorsport Mundial (S)
2.05 Minder: Comedy drama. (SL)(S)
3.00 to 6.00am Teleshopping

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping
8.00 Bargain-Loving Brits in the Sun **10.00** 22 Kids & Counting
11.00 Nightmare Tenants, Slum Landlords: Documentary series.
12.00noon Traffic Cops
2.00pm Police Interceptors: Triple-bill, including: A disqualified driver will not accept he is in the wrong.
5.00 Car Pound Cops: Give Me My Car Back!: Series following the work of vehicle recovery crews.
6.00 Home and Away (S)
7.00 Casualty 24/7: Every Second Counts Chantelle orders an urgent CT scan. (S)
8.00 GPs: Behind Closed Doors (S)
9.00 999: Emergency Call Out New edition A head-on collision involving a car and delivery van. (S)
10.00 A&E After Dark A man arrives after punching through a pub window. (S)
11.00 999: Critical Condition
12.00m't Adults Only: Meet the Sex Slaves **1.00am** Skin A&E
2.00 Casualty 24/7: Every Second Counts: Documentary series.
2.50 GPs: Behind Closed Doors
3.35 Home and Away
4.00 to 6.00am Teleshopping

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping
9.00 NCIS: Triple-bill.
12.00noon Law & Order (S3, ep3)
1.00pm Law & Order (S3, ep4)
2.00 Law & Order (S3, ep5)
3.00 Law & Order: A research scientist is murdered. (S3, ep17)
4.00 Law & Order: Briscoe and Logan investigate deaths at a diabetes clinic. (S3, ep19)
5.00 Law & Order: A Romanian immigrant is charged with committing murder. (S3, ep20)
6.00 NCIS Triple-bill, including: The agents try to find the killer Gibbs was looking for. (S19, ep2)(S)
9.00 Law & Order A tennis star is attacked in the locker room, but cannot give a description of her assailant. (S4, ep21)
10.00 Law & Order: Special Victims Unit A student accuses a singer of molesting her. (S15, ep7) (S)
11.00 Law & Order: Special Victims Unit: Triple-bill.
1.50am Lucifer: Double-bill, including: Lucifer learns the flaming sword is the only way the family can return. (S2, ep15)
3.35 Criminals: Caught on Camera
4.00 to 6.00am Teleshopping

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am Secrets of the Transport Museum: Double-bill.
8.00 Abandoned Engineering
10.00 Adolf Hitler's War
11.00 World War Weird
12.00noon Great American Railroad Journeys: In Chicago.
1.00pm Antiques Roadshow
2.00 Bangers & Cash: Double-bill.
4.00 Adolf Hitler's War
5.00 World War Weird: A daring plan devised by the inmates of the Death Camp at Sobibor.
6.00 Antiques Roadshow Unscreened items from the show. (S)
7.00 Great British Railway Journeys Double-bill, including: How trains spread the reputation of Oban whisky. (S)
8.00 The Lakes with Simon Reeve The impact of humans on the Lake District. (S)
9.00 Bangers & Cash Double-bill, including: A rare 1968 Honda N600 car arrives. (S)
11.00 Abandoned Engineering
12.00m't Great British Railway Journeys Goes to Ireland
1.00am Fred Dibnah's Railway Collection: Double-bill.
2.00 Secrets of the Transport Museum: Documentary.
3.00 to 6.10am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Salvage Hunters
9.00 The Repair Shop
10.00 The Yorkshire Auction House
11.00 Antiques Road Trip
12.00noon The Repair Shop
1.00pm Long Lost Family US
2.00 My 600lb Life: Documentary.
4.00 Animal Cops Philadelphia
5.00 Saving Lives at Sea: In St Agnes, the crew races against the clock to rescue two young men.
6.00 Celebrity Yorkshire Auction House Angus is at the home of TV icon Anneka Rice.
7.00 Antiques Road Trip Double-bill, including: Irita Marriott and Phil Serrell visit Norfolk and Lincolnshire. (S)
9.00 Dr Pimple Popper Aimee has cysts on her head. (S)
10.00 90 Day Fiancé UK New edition Shaun's finances have hit rock bottom. (S)
11.00 Ghost Adventures: A Texas family report an aggressive entity haunting their home.
12.00m't Kindred Spirits
1.00am Ghost Adventures
2.00 Teleshopping **4.00** Animal Cops Detroit **5.00 to 6.00am** Animal Cops Philadelphia

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am FILM This Week of Grace *(1933)* **7.50** Look at Life
8.00 Sherlock Holmes (b/w)
8.35 FILM The Flying Scot *(1957)* **10.05 FILM** Baby the Rain Must Fall ★★ *(1965)*
12.00noon FILM A Little of What You Fancy ★★ *(1968)*
1.05pm FILM Next to No Time! ★★★ *(1958)* **2.55 FILM** Albert RN (b/w) ★★ *(1953)*
4.40 FILM The Green Cockatoo: Crime drama. (b/w) ★★ *(1937)*
6.00 The Black Arrow Lord William barges in on the wedding.(S)
6.30 Scotland Yard A hermit is murdered.
7.05 The Four Just Men Drama. (b/w) (S)
7.40 Dick Barton – Special Agent Adventure.
7.55 Cinebox Memories
8.00 Manhunt Stephen Lewis guests. (S)
9.05 Maigret A letter warns of murder. In French. Subtitled.
10.55 Cellar Club... (S)
11.00 FILM The Other ★★★ *(1972)* **12.55am** Cellar Club...
1.00 FILM Bloodbath at the House of Death *(1983)* **2.45** Cellar Club... **2.50 FILM** Hysteria *(1997)* **4.50** Cellar Club... **4.55 to 6.00am** Dick Powell's Zane Grey Theatre

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am Billie and Greg: The Family Diaries **8.00** Making It Home with Kortney & Kenny **9.00** LittleBe **12.00noon** Sugar Showdown **12.25pm** The Real Housewives of Beverly Hills **1.15** The Only Way Is Essex **2.00** Buying and Selling **3.00** Million Dollar Listing: LA **4.00** The Real Housewives of Atlanta **5.00** The Real Housewives of New Jersey **6.00** Masters of Flip **7.00** Million Dollar Listing: LA **8.00** Dinner Date **9.00** Million Pound Pawn **10.00** Botched **11.00** Singletown **12.00m't** The Only Way Is Essex **12.45am** Unwind **1.00 to 7.00am** Teleshopping

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am Hitler's Jazz Band **7.00** Musical Masterpieces **8.00** Joy of Painting **9.00** Tales of the... **10.00** Alfred Hitchcock... **11.00** Discovering **12.00noon** Joy of Painting **1.00pm** Tales of the... **2.00** 1968... **3.00** Landscape Artist of... **4.00** Discovering **5.00** Joy of Painting **6.00** Tales of the... **7.00** Alfred Hitchcock... **8.00 NEW** Art's Wildest Movement: Mannerism **9.00** Lost Leonardo **10.50** Classic Literature... **11.50** Dickens: Phantoms... **12.50am** Toni Morrison... **3.00** Sky Arts Book Club **4.00** The South Bank Show **5.00 to 6.00am** Auction

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: Double-bill. (SL)(S)
9.00 Brooklyn Nine-Nine (S)
10.00 The Big Bang Theory (S)
11.00 Modern Family: Double-bill. (S)
12.00 noon The Big Bang Theory: Back-to-back episodes. (S)
2.00 pm The Goldbergs (S)
3.00 Modern Family: Double-bill. (S)
4.00 Brooklyn Nine-Nine (S)
5.00 The Big Bang Theory: Back-to-back episodes. (S)

11.05 Taskmaster

7.00 Hollyoaks Peri turns to partying and abandoning her responsibilities. (S)
7.30 Modern Family Mitchell is having a hard time letting go of his old life. (S)
8.00 Below Deck Down Under New edition Aesha and Ryan's opposing views on service are tested. (S)
9.00 Celebrity Gogglebox *Secret Crush* is appraised. (S)
10.00 Gogglebox *First Dates* is among those appraised. (S)

11.05 Taskmaster: Challenges. (S)
12.10 am First Dates: Valentine's Special (SL)(S) **1.15** Celebrity Gogglebox (SL)(S) **2.10** Below Deck Down Under (S) **3.05** Ramsay's Kitchen Nightmares USA (SL)(S) **4.00** Baby Daddy (S) **4.50 to 6.00am** How I Met Your Mother (S)

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am A Place in the Sun (S)
10.25 A New Life in the Sun (S)
11.25 Find It, Fix It, Flog It (S)
12.30 pm Come Dine with Me: Back-to-back editions, including: Geoff Conway holds the week's first dinner party in Wigan. (S)
3.10 Four in a Bed: Back-to-back editions, including: The contest this week begins at Swallows Rest in Weymouth, Dorset. (S)
5.50 Kirstie and Phil's Love It or List It: The duo are in Walthamstow. (S)

6.55 Escape to the Chateau

6.55 Escape to the Chateau Dick and Angel start work on replacing the whole of the original roof. (S)
7.55 Grand Designs A master craftsman plans to build a castle made of mud. (S)
9.00 24 Hours in A&E A woman has suffered injuries after her horse fell on her. (S)
10.00 Emergency Last in series. Joe visits St Mary's Major Trauma Centre after falling down an escalator. (S)

11.05 The Emergency Ward (S)
12.05 am Emergency Helicopter Medics: Car Crash Emergencies: A man has to be put into an induced coma after a freak car accident. (S)
1.10 24 Hours in A&E (S)
2.15 Emergency (S)
3.20 to 3.50am Food Unwrapped (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am The Man Who Shot Liberty Valance: Western starring James Stewart and Lee Marvin. (b/w) (W)(S) ★★★★★ *(1962)*
1.30 pm Sink the Bismarck! Fact-based World War Two drama starring Kenneth More, Laurence Naismith, Karel Stepanek and Dana Wynter. (b/w) (W)(S) ★★★ *(1959)*
3.30 Reach for the Sky: Biopic of World War Two pilot Douglas Bader, starring Kenneth More. (b/w) (W)(S) ★★★★ *(1956)*

9.00 The Hunt for Red October

6.15 K-19: The Widowmaker Fact-based thriller starring Harrison Ford, John Shrapnel and Liam Neeson. (W)(S) ★★★ *(2002)*
See Films, pages 31-35.
9.00 The Hunt for Red October Cold War thriller starring Alec Baldwin. A submarine commander alarms both the American and Russian governments as he pilots his vessel towards the US. (S) ★★★★ *(1990)*

11.45 The Mustang: Drama starring Matthias Schoenaerts. A convict is given the chance to participate in a rehabilitation therapy programme. (W)(S) ★★★ *(2019)*
1.50 to 4.00am God's Own Country: Drama starring Josh O'Connor. (W)(S) ★★★★ *(2017)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Teleshopping **7.00** Border Security: Australia's Front Line (S)
8.00 Nothing to Declare (S)
9.00 Motorway Patrol (S)
10.00 Stop, Search, Seize (S)
11.00 Highway Patrol: Double-bill. (S)
12.00 noon Motorway Patrol (S)
1.00 Border Patrol: Double-bill. (S)
2.00 Border Security: Australia's Front Line: Double-bill. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S5, ep2) (S)
5.00 Stargate SG-1 (S6, ep8) (S)

9.00 FBI

6.00 Star Trek: Enterprise The crew finds another Starfleet vessel. (S3, ep21) (S)
7.00 Stargate Universe The Destiny continues its journey. (S2, ep1) (S)
8.00 Merlin 1 of 2. Uther falls for a lady who is hiding a dark secret. (S2, ep5) (S)
9.00 FBI New episode The bodies of three women are found in a lake. (S3, ep2) (S)
10.00 Killing Mum and Dad Brian Blackwell's crimes. (S)

11.00 Killer in My Village (S)
12.00 m't World's Most Evil Killers: The crimes of Charles Albright. (S)
1.00 am Night Cops: Documentary. (S)
2.00 Brit Cops: Rapid Response (S)
3.00 Highway Patrol: Double-bill. (S)
4.00 Motorway Patrol: Double-bill. (S)
5.00 to 6.00am Highway Cops (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 All Creatures Great and Small (S)
8.00 Doctors: Double-bill.
9.20 Classic Holby City (S)
10.40 Classic Casualty: Drama. (S)
11.40 The Bill: Crime drama. (S)
12.40 pm Classic EastEnders
2.00 Monarch of the Glen: The sale of a mountain causes a rift. (S)
3.10 Kingdom: Drama series. (S)
4.10 All Creatures Great and Small (S)
5.20 Terry and June: The couple's new car is stolen from the street.

11.20 Spooks

6.00 As Time Goes By Lionel gets to work on the outline for an American mini-series. (S)
6.40 Last of the Summer Wine Double-bill. Barry's fitness-mad neighbour outshines him in all things physical; and Howard becomes ill at ease with his lot in life. (S)
8.00 Dalziel & Pascoe Dalziel is caught up in an armed siege at a quiet village pub. (S)
10.00 New Tricks Peter Davison and Keith Allen guest. (S)

11.20 Spooks: Zoe and Danny pursue a rogue scientist who has created a lethal chemical weapon. (S)
12.40 am Hustle: Drama series starring Marc Warren and Jamie Murray. (S)
2.00 Kingdom: Drama series. (S)
2.50 Classic Holby City: Medical drama.
4.00 to 6.00am Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am How Do They Do It? **6.30** Shed and... **7.00** *See 2.00pm* **8.00** American Pickers **10.00** Chasing Classic... **11.00** Vintage Voltage **12.00noon** *See 11.00pm* **1.00pm** Money for Nothing **2.00** Repair Shop **3.00** Find It, Fix It... **4.00** Salvage Hunters **5.00** Salvage Hunters: The Restorers
6.00 Wheeler Dealers **7.00** Aussie Gold... **8.00** Salvage Hunters **9.00** Woodland Workshop **10.00** Yorkshire Auction House **11.00** How Do They...? **12.00m't** *As 6.00pm* **1.00am** Border Control... **2.00** *As 10.00am* **3.00** *As 11.00am* **4.00** How It's Made **5.00 to 6.00am** Teleshopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** Murder in the Heartland **10.00** Forensic Detectives **12.00noon** Cold Case **1.00pm** The Closer **2.00** The Perfect Murder **3.00** Murder Chose Me
5.00 Evil Online **6.00** Cold Case **7.00** The Closer (S2, ep6) **8.00** Evil Lives Here: How a woman kept deadly secrets. **9.00** Murder on CCTV **10.00** Who the (Bleep) Did I Marry? **11.00** The Victorian Murder Files **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Teleshopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

8.00am Walker, Texas Ranger **9.00** Knight Rider **10.00** Star Trek: Deep Space Nine **11.00** FILM Jetstream ★★ *(2012)* **1.00pm** FILM Crystal Skulls *(2014)* **3.00** FILM The Lost Future ★★ *(2010)* **5.00** Star Trek **6.00** Star Trek: Deep Space Nine (S7, ep9) **7.00** Knight Rider (S1, ep18) **8.00** Walker, Texas Ranger (S8, ep6) **9.00** FILM He Who Dares ★ *(2014)*
10.35 FILM Barb Wire ★★ *(1996)* **12.30am** FILM An American Werewolf in Paris ★ *(1997)* **2.25 to 4.20am** FILM The Wretched ★★★ *(2019)* **5.30 to 8.00am** Teleshopping

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** The Wrong Mother ★★ *(2017)* **11.00** Pretty Little Stalker *(2018)* **1.00pm** Her Boyfriend's Secret ★★ *(2018)* **3.00** Past Obsessions *(2011)* **5.05** The Nightmare Nanny ★ *(2013)*
7.00 An Aurora Teagarden Mystery: Three Bedrooms, One Corpse ★★ *(2016)* **9.00** Chappie: Sci-fi thriller with Dev Patel and Hugh Jackman. ★★ *(2015)* **11.25** The Green Hornet: Comic-book adventure starring Seth Rogen. ★★★ *(2011)* **2.00am** Target: My Daughter ★★ *(2017)* **4.00 to 5.40am** Precious Things ★★ *(2017)*

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Teleshopping **8.00** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H
9.00 The Avengers: A peace conference is thrown into chaos. (S5, ep18) **10.00** Randall and Hopkirk (Deceased) (S1, ep2) **11.00** The Persuaders! **12.00m't** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Castle: Crime drama. (S3, ep20) **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Teleshopping

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Teleshopping **7.10** The Force: Behind the Line **8.00** Special Ops: Crime Squad UK **10.00** Outback Pilots **12.00noon** Storage Hunters UK **2.00pm** Top Gear **5.00** Rick Stein: From Venice to Istanbul **7.00** Richard Osman's House of Games
8.20 QI XL: Quiz. **10.00** Have I Got a Bit More News for You **11.00** 8 Out of 10 Cats Christmas Special: Quiz. **12.00m't** Mock the Week **12.40am** QI XL: Quiz. **2.00** Schitt's Creek **2.25** Meet the Richardsons **2.55** Richard Osman's House of Games **3.35** The Indestructibles **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Teleshopping **7.00** The Crystal Maze **8.00** The Chase **10.00** Dickinson's Real Deal **11.00** Family Fortunes **12.00noon** Wheel of Fortune **1.00pm** Tenable **2.00** Celebrity Who Wants to Be a Millionaire?
3.00 Strike It Lucky **4.00** Bullseye **6.00** The Crystal Maze **7.00** Weakest Link **8.00** The Chase **10.00** Celebrity Who Wants to Be a Millionaire? **11.00** Bullseye **12.00m't** Weakest Link **1.00am** Cash Trapped **2.00** The Chase **4.00** Celebrity Who Wants to Be a Millionaire? **5.00 to 6.00am** Bullseye: Double-bill.

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Giada at Home **7.00** *See 5.00pm* **8.00** Valerie's Home... **9.00** *See 4.00pm* **10.00** Tom Kerridge More... **10.30** Tom Kerridge's American... **11.00** *See 8.00pm* **12.00noon** Comic Relief Bake Off **2.00pm** *See 6.00pm*
3.00 *See 10.00pm* **4.00** Barefoot Contessa... **5.00** Pioneer Woman **6.00** James Martin's United Cakes... **7.00** Bake Off **8.00** The Hairy Bikers Go North **9.00** Bake Off: The Professionals **10.00** Rick Stein's Seafood... **11.00** Diners, Drive-Ins... **12.00m't** Beat Bobby Flay... **1.00am** Restaurant... **2.00 to 3.00am** Best Baker in...

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. Disputes. **7.00pm** Crimes That Shook Australia **8.00** 48 Hours: The case of Kevin Cooper.
9.00 Nightmare Next Door: At the end of one of Safety Harbor's many cul-de-sacs, a woman is killed in front of her young sons. **10.00** The Truth About My Murder **11.00** Killer Kids **12.00m't** Ice Cold Killers **1.00am** Nightmare Next Door **2.00** The Truth About My Murder **3.00** Evidence of Evil **4.00** Crimes That Shook Australia **4.55 to 6.00am** Judge Judy

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Teleshopping **8.00** I Do, I Do, I Do ★★ *(2015)* **10.00** When Love Blooms *(2021)* **12.00noon** Hint of Love *(2020)*
2.00pm Moonlight in Vermont *(2017)* **4.00** Sweet As Maple Syrup ★★ *(2021)* **6.00** The Wedding Fix: Romance with Andrea Brooks. ★★ *(2022)* **8.00** Seasoned With Love: Comedy with Julia Benson. ★★ *(2021)* **10.00** Double Wedding: Romantic comedy. ★★ *(2010)* **12.05am** Sealed with a Kiss *(2015)* **2.00** Highway to Heaven **3.10** Love on Trend ★★ *(2021)* **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Shop **9.00** Entertainment News on 5 **9.05** Criminals: Caught... **9.35** Outback Truckers **10.40** FILM In Harm's Way (b/w) ★★★ *(1965)* **1.55pm** FILM Day of the Evil Gun ★★ *(1968)* **4.00** Outback Truckers
5.00 Traffic Cops **6.00** Police Interceptors **8.00** UK's Strongest Man **9.00** Traffic Cops **10.00** World's Most Dangerous Prisoners **11.00** Behind Bars... **12.00m't** Police Interceptors **1.00am** Police... **2.00** World's Deadliest... **3.00** Trucking Hell **3.50** Entertainment News on 5 **4.00 to 6.00am** Teleshopping

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am Nigel Slater's Simple Cooking **7.00** My Kitchen Rules: New Zealand **8.30** Nigellissima **9.00** Tipping Point **11.00** DIY SOS: The Big Build **12.00noon** DIY SOS **1.00pm** Tipping Point **4.00** My Dream Home **6.00** MasterChef Australia **7.30** Inside the Ambulance **8.00** Gemma and Gorka: Life behind the Lens
9.00 24 Hours in A&E **11.00** Stacey Dooley: Face to Face with the Arms Dealers **12.00m't** One Born: What Happened Next? **1.00am** Inside the Ambulance **2.00** MasterChef Canada: Back to Win **3.00 to 6.10am** Teleshop

SKY & VIRGIN LISTINGS over the page

TUESDAY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Sky News Breakfast
7.00 Kay Burley: Double-bill.
8.00 Caught on Dashcam
9.00 Nothing to Declare
10.00 Hitler's Gold (S1, ep1)
11.00 Hope for Wildlife
12.00 noon Supergirl (S3, ep11)
1.00 pm MacGyver: Double-bill.
3.00 Hawaii Five-0 (S2, ep16)
4.00 S.W.A.T: The team embarks on a race to locate priceless antiques. (S5, ep21)
5.00 The Simpsons: Double-bill.

9.00 Deadlock

6.00 The Office (US) Double-bill. Sitcom.
7.00 The Simpsons Double-bill, including: Marge launches her own sandwich shop.
8.00 David Attenborough's Global Adventure: Home Planet Footage of the naturalist's wildlife adventures around the world.
9.00 FILM **Deadlock** Thriller starring Bruce Willis and Patrick Muldoon. ★★ *(2021)*

11.00 Magnum P.I (S5, ep14)
12.00 m't The Force: North East
1.00 am Brit Cops: Law & Disorder **2.00** Road Wars
3.00 Hawaii Five-0 (S2, ep16)
4.00 S.W.A.T (S5, ep21)
5.00 to 6.00am Motorway Patrol: Double-bill.

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Urban Secrets
7.55 The Sopranos: Double-bill.
10.05 The Wire: Double-bill.
12.15 pm Game of Thrones
1.25 Gomorrah: Double-bill.
3.30 The Sopranos: Double-bill, including: Carmela visits a therapist due to her guilt about Tony's criminal activity. (S3, ep7)
5.40 The Wire: McNulty and Bunk reinvestigate a woman's murder. (S1, ep4)

5.40 The Wire

6.45 The Wire Omar makes McNulty and Greggs an offer. (S1, ep5)
7.55 Game of Thrones The fate of Jon Snow is revealed. (S6, ep1)
9.00 Julia The author is at odds with her new director and Avis's new beau on returning to Boston. (S2, ep4)
10.00 The Gilded Age Period drama set against the backdrop of the American Gilded Age. (S1, ep1)

11.30 Scenes from a Marriage: Jonathan and Mira reconvene. (S1, ep4)
12.45 am The Newsroom
2.05 Winning Time: The Rise of the Lakers Dynasty
3.10 Game of Thrones (S6, ep1)
4.15 to 6.00am Urban Secrets

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am Bondi Rescue
7.00 Border Patrol: Double-bill.
8.00 Caught on Dashcam
9.00 Border Security: Canada's Front Line: Double-bill.
10.00 Brit Cops: Frontline Crime UK: Documentary.
11.00 The Rookie (S3, ep2)
12.00 noon FBI (S5, ep10)
1.00 pm FBI: Most Wanted
2.00 Blue Bloods (S13, ep1)
3.00 Caught Red Handed
4.30 Nothing to Declare

10.00 For Life

6.00 Nothing to Declare Back-to-back editions.
8.00 Blue Bloods Double-bill. Danny and Baez examine the murder of a wealthy college student. (S12, ep17); and Frank's old friend Lenny Ross presents him with an exciting job offer. (S12, ep3)
10.00 For Life Aaron adjusts to life on the outside and also gets a work proposition from an old enemy. (S2, ep2)

11.00 The Rookie: Wesley becomes concerned about his deposition. (S5, ep6)
12.00 m't Coroner (S4, ep11)
1.00 am Fire Country (S1, ep1)
3.00 Chicago PD **4.00** Brit Cops: Frontline Crime UK
5.00 to 6.00am Road Wars

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Shop **7.10** Desmond's
8.05 Keeping Up Appearances
8.40 Ever Decreasing Circles
9.20 Hi-de-Hi! **10.00** Porridge
10.35 Last of the Summer Wine
12.00 noon Keeping Up Appearances: Sitcom.
12.40 pm Ever Decreasing Circles
1.20 Porridge **2.00** Dad's Army
2.40 dinnerladies: Sitcom.
3.20 Hi-de-Hi!: Comedy.
4.00 Last of the Summer Wine
5.20 Porridge: Comedy.

10.35 Live at the Apollo

6.00 Keeping Up Appearances Sitcom. Hyacinth takes delivery of a new suite.
6.40 Dad's Army Double-bill of the comedy.
8.00 dinnerladies Double-bill, including: Bren runs the night shift single-handedly.
9.20 Not Going Out Double-bill, including: The friends try to show their masculinity.
10.35 Live at the Apollo With Frankie Boyle.

11.35 dinnerladies: Double-bill, including: Bren is left to run the night shift alone.
12.55 am Not Going Out
1.30 Live at the Apollo
2.35 Desmond's: Double-bill.
3.30 dinnerladies
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am How It's Made
7.00 Gold Divers: Reality series.
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Salvage Hunters
11.00 Wheeler Dealers
1.00 pm Building Off the Grid
3.00 Blowing Up History
4.00 Alaska: Homestead Rescue: Double-bill, including: The Raneys head off to answer an SOS call from an off-grid couple.

10.00 Hustlers Gamblers Crooks

6.00 Salvage Hunters Drew heads to Germany.
7.00 Wheeler Dealers Mike finds a BMW six-cylinder modern classic, the E46 M3.
8.00 Railroad Alaska Cathy and Larry battle freezing temperatures.
9.00 Gold Rush New edition Buzz puts his reputation on the line.
10.00 Hustlers Gamblers Crooks New edition True stories of high-stakes gambling.

11.00 Expedition Bigfoot
12.00 m't Deadliest Catch: Josh fights to get home for a reunion with his brother.
1.00 am Gold Rush
2.00 Hustlers Gamblers Crooks
3.00 Naked and Afraid XL
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.00am *See 2.10pm* **8.00** *See 4.05pm* **9.45** *See 5.50pm* **12.00noon** *See 8.00pm* **2.10pm** No Hard Feelings: Comedy starring Jennifer Lawrence. ★★ *(2023)* **4.05** A Tiger's Journey: Drama starring Sunny Pawar and Claudia Gerini. ★★★ *(2023)* **5.50** Jesus Revolution: Drama starring Joel Courtney and Jonathan Roumie. *(2023)*

4.05 A Tiger's Journey

8.00 Transformers: Rise of the Beasts: Fantasy prequel starring Anthony Ramos. ★★★ *(2022)* **10.10** One More Shot: Thriller starring Scott Adkins. ★★ *(2023)* **11.55** Soft & Quiet: Thriller starring Stefanie Estes. ★★★★ *(2022)* **1.35am** Haunting of the Queen Mary ★★ *(2023)* **3.45** *As 10.10pm* **5.25 to 6.00am** SC Preview

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

6.25am *See 3.40pm* **8.05** *See 1.55am* **9.55** *See 12.15am* **11.35** The Way of the Dragon ★★★ *(1972)* **1.20pm** *See 8.00pm* **3.40** The Old Way ★★ *(2023)* **5.20** Gladiator: Starring Russell Crowe. ★★★★ *(2000)* **8.00** The Bourne Legacy: Starring Jeremy Renner. ★★★ *(2012)* **10.20** xXx: The Next Level: With Ice Cube. *(2005)* **12.15am** 65: Starring Adam Driver. ★★ *(2023)* **1.55** Fist of Fury ★★★ *(1972)* **3.45** *As 11.35am* **5.35 to 7.30am** *As 10.20pm*

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

6.00am *See 4.55am* **7.45** The Last of the Mohicans ★★★★ *(1992)* **9.55** Alfie ★★★ *(1966)* **12.05pm** King Creole ★★★★ *(1958)* **2.15** Easy Come, Easy Go ★ *(1967)* **4.05** Three Days of the Condor ★★★★ *(1975)* **6.05** The Third Man: Thriller. ★★★★★ *(1949)* **8.00** Mad Max ★★★★ *(1979)* **9.45** The Cinema List **10.00** Django Unchained ★★★★ *(2012)* **12.50am** Stalag 17 ★★★★★ *(1953)* **2.55** *As 12.05pm* **4.55 to 6.25am** Rashomon *(1950)*

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

7.05am Dorian Gray ★★★ *(2009)* **9.00** After Yang: Sci-fi drama. ★★★★ *(2022)* **10.40** Monstrous ★★★ *(2022)* **12.15pm** The Dark Tower ★★ *(2017)* **1.55** Mary Shelley's Frankenstein ★★★ *(1994)* **4.05** The Black Phone ★★★ *(2022)* **5.55** The Amityville Horror ★★★ *(1979)* **8.00** The Conjuring ★★★ *(2013)* **9.55** The Lawnmower Man ★★★ *(1992)* **12.20am** From Dusk Till Dawn ★★★★ *(1995)* **2.10** *As 10.40am* **3.45** *As 9.00am* **5.25 to 7.00am** Continuum *(2013)*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Teleshopping **7.15** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Without a Trace (S6, ep5) **12.00noon** The Doctor Blake Mysteries: Detective drama. **1.00pm** Father Brown **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles **5.00** Unforgettable **6.00** Without a Trace (S6, ep5) **7.00** Elementary (S5, ep6) **8.00** Father Brown (S5, ep11) **9.00** Death in Paradise (S5, ep5) **10.00** My Life Is Murder (S1, ep5) **11.00** Justified **12.00m't** Elementary (S5, ep6) **1.00am** Unforgettable **2.00** Murdoch Mysteries **4.00 to 6.00am** Shop

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow **8.00** Supergirl (S3, ep11) **9.00** Stargate SG-1: Double-bill. **11.00** NCIS: Los Angeles (S13, ep3) **12.00noon** Supergirl (S3, ep11) **1.00pm** MacGyver **3.00** Hawaii Five-0 (S2, ep16) **4.00** S.W.A.T **5.00** DC's Legends of Tomorrow (S3, ep9) **6.00** Stargate SG-1 **8.00** Agatha Raisin: The sleuth goes on holiday. (S4, ep2) **10.00** Strike Back: Vendetta (S8, ep3) **11.00** Magnum P.I **12.00m't** Entourage **1.00am** Brit Cops **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00 to 6.00am** Highway Patrol

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** In the Long Run **9.00** Mr Mayor **10.00** Wellington Paranormal **10.30** The Comeback **11.40** Entourage **1.00pm** Bored to Death **2.10** Curb Your Enthusiasm **3.20** Entourage **4.30** Wellington Paranormal **5.00** Mr Mayor **6.00** The Office (US): Double-bill. **7.00** In the Long Run: Double-bill of the sitcom. **8.00** Sort Of: Double-bill. **9.00** Curb Your Enthusiasm: Triple-bill. **11.15** The Tonight Show Starring Jimmy Fallon **12.15am** Mrs Fletcher **1.20** Veep **2.25** The Comeback **3.45** Bored to Death **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Fish Town: Documentary. **7.00** Discovering: Frank Sinatra **8.00** The Directors **9.00** Spector **10.00** The Vietnam War **11.00** First Ladies **12.00noon** AKA Mr Chow **1.50pm** My Icon: Kadeen Corbin **2.00** Williams & Mansell: Red 5 **3.50** My Icon: Linford Christie **4.00** The Directors **5.00** Discovering: Frank Sinatra **6.00** Spector **7.00** The Vietnam War **8.05** First Ladies **9.00** FILM Jane Fonda In Five Acts: A profile of the actor. *(2018)* **11.30** FILM Adrienne *(2021)* **1.30am** Being Mary Tyler Moore **3.45** Stirling **5.00 to 6.00am** Discovering: Frank Sinatra

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am American Pickers **7.00** Storage Wars **8.00** Pawn Stars **9.00** Storage Wars **10.00** Hitler's Gold **11.00** What on Earth? **1.00pm** Storage Wars **2.00** Flipping Bangers **3.00** Beyond Skinwalker Ranch **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** Strange Evidence: A giant ice creature. **9.00** History's Greatest Mysteries: The Black Dahlia. **10.00** The Proof Is Out There **11.00** Evil Encounters **12.00m't** Pawn Stars **1.00am** Storage Wars **2.00** Curse of Oak Island **3.00** Strange Evidence **4.00 to 6.00am** What on Earth?

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Shop **11.00** Merlin **12.00noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager **6.00** Star Trek: Deep Space Nine: Double-bill. **8.00** Star Trek: Enterprise: Archer discovers a human settlement. (S3, ep9) **9.00** SurrealEstate: Double-bill, including: As a new agent joins, Luke helps a client confront the monster under his childhood bed. (S2, ep7) **11.00** Grimm: Double-bill. **1.00am** Alphas **3.00** Star Trek: Enterprise **4.00 to 6.00am** Star Trek: Deep Space Nine

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous – Animals **8.35** Most Ridiculous – Holidays **9.00** Your Face or Mine **10.00** Guessable? **11.00** Impractical Jokers **1.00pm** Friends: Back-to-back episodes. **9.00** FILM American Made: Comedy drama starring Tom Cruise. ★★★ *(2017)* **11.10** David Spade: My Fake Problems **12.10am** Drunk History **1.10** Most Ridiculous – Dogs **1.40** Most Ridiculous – Weather **2.10** Channel Hopping with Jon Richardson **3.05** Michael McIntyre's Big Show **3.50** Your Face or Mine **4.15** Friends **5.00 to 6.00am** Teleshopping

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Undiscovered Vistas **7.00** Monkey Life **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** Wild Castles **11.00** *See 11.00pm* **12.00noon** *See 10.00pm* **1.00pm** Monkey Life **2.00** Africa's Wild Year **3.00** Animals Decoded **4.00** Wild Castles **5.00** *See 11.00pm* **6.00** *See 10.00pm* **7.00** Monkey Life **8.00** Secrets of the Enchanted Forests **9.00** Gangs of Lemur Island **10.00** Arctic Secrets **11.00** Waterworld Africa **12.00m't** Wild Dogs: Pack vs Pride **1.00am** Valley of Flood and Fire **2.00** *As 8.00pm* **3.00** *As 9.00pm* **4.00** *As 2.00pm* **5.00 to 6.00am** *As 3.00pm*

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

6.00am Shop **8.00** Food Factory **9.00** *See 7.00pm* **10.00** *See 10.00pm* **11.00** Megafactories **12.00noon** Car S.O.S **1.00pm** Ultimate Airport Dubai **2.00** *See 7.00pm* **3.00** Lost Cities Revealed... **4.00** Drain the Oceans:... **5.00** Car S.O.S **6.00** Lost Treasures of Egypt **7.00** Air Crash... **8.00** World War II:... **9.00** Hitler: Lost Tapes of the... **10.00** Nazi Megastructures **11.00** *As 7.00pm* **12.00m't** To Catch a Smuggler **1.00am** Banged Up Abroad **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10** Prairie Dog... **5.00 to 6.00am** Shop

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12.00noon** How I Caught the Killer **1.00pm** *See 5.00pm* **2.00** Killer in My Village **3.00** Most Evil Killers **5.00** What the Killer Did Next **6.00** How I Caught the Killer **7.00** Most Evil Killers **9.00** Killer in My Village **10.00** How I Caught the Killer **11.00** Most Evil Killers **12.00m't** Killer in My Village **1.00am** Murders That Shocked... **2.00** Real Manhunter **3.00** Killer Within **4.00** Road Wars **5.00 to 6.00am** Motorway Patrol

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY
Sky 308 Virgin 408 EE 508 (HD 522)

7.20am The Estate: Starring Toni Collette. ★★ *(2022)* **9.05** *See 11.40pm* **10.55** Goon: Starring Seann William Scott. ★★★ *(2011)* **12.40pm** National Security: With Martin Lawrence. ★ *(2003)* **2.20** Kingpin: With Woody Harrelson. ★★★★ *(1996)* **4.20** Grown Ups: With Adam Sandler. ★★★ *(2010)* **6.10** Beverly Hills Cop 3: With Eddie Murphy. ★★★ *(1994)*

10.05 Zoolander

8.00 Coming to America: Starring Eddie Murphy and Arsenio Hall. ★★★ *(1988)* **10.05** Zoolander: Starring Ben Stiller. ★★★★ *(2001)* **11.40** Zoolander 2: Starring Ben Stiller and Owen Wilson. ★★ *(2016)* **1.30am** *As 10.55am* **3.10** *As 12.40pm* **4.45 to 6.30am** Chalet Girl: Starring Felicity Jones and Ed Westwick. ★★★ *(2011)*

SKY CINEMA ANIMATION
Sky 305 Virgin 412 EE 500 (HD 514)

6.15am Lego DC Super Hero Girls: Super-Villain High *(2018)* **7.40** Despicable Me 2 *(2013)* **9.25** *See 10.45pm* **11.00** Two by Two *(2015)* **12.35pm** Despicable Me *(2010)* **2.20** Ant Bully *(2006)* **4.00** Monster Family *(2017)* **5.40** Monster Family 2 *(2021)*
7.30 Minions *(2015)* **9.10** Minions: Rise of Gru *(2022)* **10.45** Even Mice... *(2021)* **12.25am** Lego DC Comics... Aquaman *(2018)* **1.50** Batman Unlimited:... *(2016)* **3.15** Little Vampire *(2020)* **4.45 to 6.25am** *As 2.20pm*

SKY CINEMA DRAMA
Sky 310 Virgin 410 EE 510 (HD 524)

7.35am *See 12.30am* **9.45** Minyan *(2020)* **11.55** My First Summer *(2020)* **1.25pm** Where the Crawdads Sing *(2022)* **3.35** Frida ★★★★ *(2002)* **5.50** Allied ★★★★ *(2016)* **8.00** Vanilla Sky: With Tom Cruise and Cameron Diaz. ★★★ *(2001)*
10.20 The Cinema List: Black British Actors **10.40** Eternal Sunshine of the Spotless Mind ★★★★★ *(2004)* **12.30am** Goodbye Bafana ★★★★ *(2007)* **2.30** *As 9.45am* **4.35 to 6.05am** *As 11.55am*

SKY CINEMA FEEL GOOD
Sky 302 Virgin 402 EE 502 (HD 516)

6.55am Ticket To Paradise ★★ *(2022)* **8.45** *See 1.50am* **10.35** American Splendor ★★★★ *(2003)* **12.25pm** Miss Potter ★★★ *(2006)* **2.05** Save the Cinema ★★★ *(2021)*
4.05 Groundhog Day ★★★★★ *(1993)* **5.50** A Man Called Otto ★★★ *(2022)* **8.00** Mamma Mia! ★★★★ *(2008)* **10.00** Magic Mike's Last Dance ★★★ *(2023)* **12.00m't** The Angels' Share ★★★★ *(2012)* **1.50am** How to Please a Woman *(2022)* **3.40** Seriously Red *(2022)* **5.30 to 6.00am** Cinema List

SKY CINEMA FAMILY
Sky 306 Virgin 406 EE 506 (HD 520)

6.50am *See 11.30pm* **8.40** *See 1.25am* **10.45** *See 7.55pm* **12.35pm** Agent Cody Banks 2: Destination London ★★ *(2004)* **2.30** Scooby-Doo: Comedy adventure with Sarah Michelle Gellar. ★★★ *(2002)* **4.00** Peter Rabbit: Family comedy with the voice of James Corden. ★★★ *(2018)* **5.45** The Portable Door: Fantasy with Christoph Waltz. ★★★ *(2023)*

7.55 Agent Cody Banks

7.55 Agent Cody Banks: Family spy adventure starring Frankie Muniz. ★★ *(2003)* **9.45** Pups United: Family adventure with Matthew James Roberts. *(2015)* **11.30** It Takes Two: Children's comedy starring Kirstie Alley. ★ *(1995)* **1.25am** Horse Dancer *(2017)* **3.25** Goosebumps: Fantasy. ★★★ *(2015)* **5.20 to 6.55am** A Tiger's Tail*(2014)*

SKY CINEMA STAR TREK
Sky 303 Virgin 403 EE 503 (HD 517)

7.05am *See 1.20am* **9.05** Star Trek: Generations *(1994)* **11.05** Star Trek: First Contact *(1996)* **1.05pm** Star Trek: Insurrection *(1998)* **3.05** Star Trek The Motion Picture *(1979)* **5.20** Star Trek II: The Wrath of... *(1982)*
7.20 Star Trek III – The Search for Spock *(1984)* **9.20** Star Trek IV: The Voyage Home *(1986)* **11.25** Star Trek V: The Final Frontier *(1989)* **1.20am** Star Trek VI: The Undiscovered Country *(1991)* **3.25** *As 9.05am* **5.35 to 7.35am** *As 11.05am*

SKY CINEMA THRILLER
Sky 309 Virgin 409 EE 509 (HD 523)

6.35am *See 3.30pm* **8.30** *See 12.00m't* **10.10** *See 1.45am* **11.50** Kindred ★★★ *(2021)* **1.35pm** Every Breath You Take ★★★ *(2021)* **3.30** Mona Lisa and the Blood Moon *(2021)*
5.25 The Da Vinci Code ★★★ *(2006)* **8.00** Angels & Demons: Starring Tom Hanks. ★★ *(2009)* **10.25** Unhinged ★★★ *(2020)* **12.00m't** Stowaway ★★ *(2022)* **1.45am** Haywire ★★★★ *(2012)* **3.25** Billionaire Boys Club ★ *(2018)* **5.15 to 7.10am** Young Master *(1980)*

MOVIES 24
Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** Unthinkably Good Things ★★ *(2022)* **9.00** Rip in Time ★★ *(2022)* **11.00** Wish Upon a Wedding ★★ *(2023)* **1.00pm** A Vineyard Romance ★★ *(2021)* **3.00** Her Pen Pal ★★ *(2021)* **5.00** A Reservation for Death ★★ *(2021)* **7.00** Love in Wolf Creek ★★ *(2022)*
9.00 Campfire Romance: Comedy with Tori Anderson. ★★ *(2022)* **11.00** Love Map ★★ *(2022)* **1.00am** Love On Your Doorstep ★★ *(2023)* **3.00** Love on Retreat ★★ *(2023)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT
Sky 401 Virgin 501 EE 420 (HD 440)

6.00am Sky Sports News 7.00 Good Morning Sports Fans 9.00 Good Morning Transfers 10.00 The Football Show
11.00 LIVE Tennis The Upper Austria Ladies Linz.
5.00pm LIVE AFCON Featuring coverage of the seventh last-16 match: (Kick-off **5.00**).
7.00 The Transfer Show All the latest updates and news.
8.00 LIVE AFCON Coverage of the eighth last-16 match, which comes from Laurent Pokou Stadium in San Pedro, Ivory Coast (kick-off **8.00**).
10.00 Sky Sports News at Ten 10.30 Back Pages Tonight 11.00 to 6.00am Sky Sports News

SKY SPORTS CRICKET
Sky 404 Virgin 504 EE 423 (HD 443)

6.00am Talking Cricket: Sachin Tendulkar 6.30 Best of England v South Africa 6.45 SA20
7.45 LIVE ICC Under-19s World Cup Cricket A Super 6 group match from South Africa.
3.00pm LIVE SA20 *Durban Super Giants v Pretoria Capitals:* Coverage of the T20 match from Hollywoodbets Kingsmead Cricket Stadium in Durban.
7.30 SA20 8.30 Best of England v South Africa Rewind to the 2011 ICC Cricket World Cup in India.
9.00 The Best of The Big Bash
9.30 SA20 10.30 ICC Under-19s World Cup Cricket 12.00m't SA20 5.30 to 6.00am Best of England v South Africa

SKY SPORTS ARENA
Sky 408 Virgin 508 EE 427 (HD 447)

6.00am Super League Highlights 8.00 Netball Nations Cup Action from the final. **10.00 Super League Highlights**
11.00 LIVE Tennis The Upper Austria Ladies Linz. The Upper Austria Ladies Linz. Coverage of day two of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria, and features singles and doubles matches taking place on an indoor hard court surface. A trio of seeded players fell in the first round of last year's competition.
10.00pm Super League 1.00 British Basketball The women's BBL Trophy final. **2.00 to 6.00am Premier League Darts**

TNT SPORTS 1
Sky 410 Virgin 527 EE 408 (HD 430)

6.00am T20 Cricket
8.00 LIVE Women's International T20 Cricket *Australia v South Africa.*
11.45 Women's T20 Super Smash 1.45pm T20 Super Smash 3.45 Rugby Review 4.30 Ligue 1 5.00 PL 6.30 The Football's On
7.30 LIVE Premier League *Aston Villa v Newcastle United:* Featuring coverage of the top-flight match from Villa Park (kick-off **8.15**)
11.00 Original Documentary
12.30am The Football's On
1.30 Women's T20 International Cricket 2.30 Ariel Helwani Meets 4.00 TNT Sports Goals Reload 4.15 Rugby
5.00 to 6.00am WRC Review

SKY SPORTS PREMIER LEAGUE
Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 PL Legends 8.00 PL Best Goals 9.00 Good Morning Transfers 10.00 Football Show 12.00noon Soccerbox 1.00pm Transfer Talk 2.00 PL Icons 3.00 PL Greatest Games 4.00 PL Best Goals 5.00 The Transfer Show 5.30 Premier League 100 Club 6.00 Premier League Legends 7.00 PL 100: David James 7.30 PL 100: Dion Dublin 8.00 Soccerbox
9.00 PL 30 10.00 PL Icons 10.30 PL Highlights 12.30am PL Icons 1.00 Premier League Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am Premier League 100 Club

SKY SPORTS GOLF
Sky 405 Virgin 505 EE 424 (HD 444)

6.00am Tee Time Tips 7.00 Playing Lessons 8.00 Golf Academy 9.00 DP World Tour
10.00 PGA Tour The Farmers Insurance Open. **11.00 Tee Time Tips 12.00noon Playing Lessons 1.00pm Golf Academy**
2.00 DP World Tour 3.00 PGA Tour 4.00 Nick Dougherty's Tee Time Tips 5.00 Playing Lessons 6.00 How the 1999 Ryder Cup Was Won 8.30 DP World Tour 9.30 PGA Tour
10.30 Europe! Europe! 12.30am DP World Tour 1.30 PGA Tour 2.30 Golf Academy 3.00 Nick Dougherty's Tee Time Tips
4.00 Playing Lessons 5.00 to 6.00am Golf Academy

SKY SPORTS MIX
Sky 416 Virgin 510 EE 429 (HD 449)

6.00am DP World Tour Golf
6.30 Golf Academy 7.00 NFL Bitesize Highlights 7.15 ICC Under-19s World Cup Cricket
7.45 LIVE ICC Under-19s World Cup Cricket A Super 6 group match from South Africa.
4.00pm NFL Highlights Action from the NFC Championship game. **5.00 NFL Highlights** Featuring action from the AFC Championship game.**6.00 Premier League Darts** Another chance to see night 10 of the 2023 season from Birmingham.
10.00 SA20 Durban Super Giants v Pretoria Capitals.
11.00 British Basketball 2.00 to 6.00am Netball Nations Cup

TNT SPORTS 2
Sky 411 Virgin 528 EE 409 (HD 431)

6.00am Isuzu UTE A-League 12.00noon Liberty A-League Women 12.30pm Premier League 2.30 WRC Review 3.30 AFLW 5.00 Test Cricket
7.00 LIVE Premier League *Nottingham Forest v Arsenal:* Coverage of the match from The City Ground (kick-off **7.30**).
10.00 The Football's On 11.00 NBA on Fire 11.30 NBA Action 12.00m't NBA Tip-Off
12.30am LIVE NBA *Boston Celtics v Indiana Pacers:* From TD Garden. Coverage from TD Garden (tip-off **12.30**).
3.00 LIVE NBA *Golden State Warriors v Philadelphia 76ers:* (Tip-off **3.00**).
5.30 to 6.30am Inside the NBA

SKY SPORTS FOOTBALL
Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL Cup Retro Manchester United v Tottenham Hotspur in the 2008/09 final. **8.45 EFL Greatest Games 9.30 WSL 10.00 EFL Cup 12.00noon WSL 12.30pm Scottish Prem Round-Up 12.45 AFCON**
4.45 LIVE AFCON The seventh last-16 match: (Kick-off **5.00**).
7.00 EFL Highlights
7.45 LIVE AFCON Coverage of the eighth last-16 match.
10.00 EFL 10.30 SPFL Highlights 10.45 Scottish Prem Round-Up 11.00 EFL Greatest Games 1.00am Retro League One Charlton Athletic v Sunderland.
3.00 EFL Cup Retro 5.00 to 6.00am EFL Cup Highlights

SKY SPORTS NFL
Sky 407 Virgin 507 EE 426 (HD 446)

6.00am NFL Bitesize Highlights 7.30 NBC's Pro-Football Talk 9.30 Neil Meets Brock Purdy 9.45 Neil Meets Odell Beckham Jr 10.00 NFL Highlights 12.00noon Good Morning Football 3.00pm NFL Bitesize Highlights 4.00 NFL Highlights 6.00 NBC's Pro-Football Talk
8.00 Kansas City Chiefs: The Franchise A behind-the-scenes look at the Kansas City Chiefs.
8.45 NFL Highlights 10.45 49 Hours 11.00 Total Access 1.00am Kansas City Chiefs: The Franchise 1.45 Neil Meets Brock Purdy 2.00 NFL Highlights 3.00 NBC's Pro-Football Talk 5.00 to 6.00am NFL Highlights

EUROSPORT
Sky 413 Virgin 521 EE 412 (HD 435)

6.00am Alpine Skiing 7.00 Snooker 9.00 Winter Sport
9.15 LIVE Alpine Skiing Action from Kronplatz, Italy.
11.00 Alpine Skiing 12.00noon The Return of the Queen
12.15pm LIVE Alpine Skiing Action from Kronplatz, Italy.
1.30 Sailing: Spirit of Yachting
2.00 LIVE Snooker: German Masters Coverage of day two.
5.00 Olympic Games: Chasing Glory 6.00 Snooker
7.00 LIVE Snooker: German Masters Coverage of day two from Tempodrom Berlin.
10.00 Snooker: German Masters 12.00m't Cycling 1.00 Alpine Skiing 2.00 Snookers 4.00 to 6.00am Cycling

TNT SPORTS 3
Sky 417 Virgin 529 EE 410 (HD 432)

6.00am Serie A 7.00 Ligue 1 2.00pm Serie A 3.00 Sign Up – Into Football Interviews with Manchester United players. **3.45 Isuzu A-League 4.15 Liberty A-League Women 4.45 Women's Bundesliga**
5.45 LIVE UEFA Women's Champions League *Paris FC Women v Chelsea Women:* The Group D match from Stade Charlety (kick-off **5.45**).
7.45 TNT Sports Goals Reload 8.00 Women's T20 Cricket
9.00 WWE Raw 11.30 Premier League 12.00m't Isuzu A-League 12.30am Liberty A-League Women 1.00 Premier League 4.00 Ligue 1 5.00 to 6.00am Women's T20 Cricket

RADIO

BBC RADIO 2
6.30am The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00pm** Scott Mills **4.00** Sara Cox **7.00** Jo Whiley **9.00** The Jazz Show with Jamie Cullum **10.00** DJ Spoony **12.00m't** OJ Borg **3.00am** Pick of the Pops **4.00 to 6.30am** Owain Wyn Evans

BBC RADIO 3
6.30am Breakfast **9.00** Essential Classics **12.00noon** Composer of the Week **1.00pm** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **5.00** In Tune **7.00** Classical Mixtape **7.30** Radio 3 in Concert **10.00** Free Thinking **10.45** The Essay **11.00** Night Tracks **12.30 to 6.30am** Through the Night

BBC RADIO 4
5.30am News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day **6.00** Today **8.31 to 9.00 (LW)** Yesterday in Parliament **9.00** Things Fell Apart **9.30** The Miners' Strike: Return Journey **9.45** Book of the Week: Food for Life **9.45 to 10.00 (LW)** Daily Service **10.00** Woman's Hour **11.00** Wild Inside **11.30** The Failure of the Future **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** Call You and Yours **12.57** Weather **1.00** The World at One **1.45** Ian Hislop's Oldest Jokes **2.00** The Archers **2.15** Drama: Exodus to Shanghai **3.00** Short Cuts **3.30** The Israeli Hostages **4.00** Word of Mouth **4.30** A Good Read **5.00** PM **5.54 to 5.57 (LW)** Shipping **5.57** Weather **6.00** News **6.30** The Ultimate Choice **7.00** The Archers **7.15** Front Row **8.00** File on 4 **8.40** In Touch **9.00** Inside Health **9.30** Things Fell Apart **9.59** Weather **10.00** The World Tonight **10.45** Book at Bedtime: The Song of Achilles **11.00** Icklewick FM **11.30** Today in Parliament **12.00m't** News, Weather **12.30am** Book of the Week: Food for Life **12.48** Shipping **1.00** As BBC World Service **5.20 to 5.30am** Shipping

CLASSIC FM
6.30am Classic FM Breakfast with Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Smooth Classics **10.00** Calm Classics **1.00am** Bill Overton **4.00 to 6.30am** Early Breakfast

Siena Kelly stars as witch Domino, who preys on unsavoury single men

Martin is reunited with kidnapped daughter Laura

Domino Day

NEW DRAMA 9PM, BBC3, iPLAYER (BOX SET)

Buffy the Vampire Slayer meets *True Blood* and *Charmed* in this spellbinding, six-part supernatural drama about a lonely witch who preys on single men in modern-day Manchester. Domino (Siena Kelly) must feed on human energy to survive and uses dating apps to target the city's unsavoury bachelors. But unbeknown to her, a coven of local witches are on a mission to stop her from abusing her extraordinary powers and destroying lives. Created by *Gangs of London* writer Lauren Sequeira, the series stars Sam Howard-Sneyd as Domino's ex and fellow witch Silas and Percelle Ascott as kind barman Leon. ★★★★ **RM**

Finders Keepers

DRAMA 9PM, CHANNEL 5

Just when you thought things couldn't get any worse for hapless detectorist Martin (Neil Morrissey) and his future son-in-law Ashley (James Buckley), there's yet another sinister twist in tonight's penultimate episode of the light-hearted crime drama. Although Laura (Jessica Rhodes) is released relatively unscathed following her kidnap ordeal, both DC Carole Doyle and Martin's wife Anne (Fay Ripley) begin to ask searching questions. Realising they need to sell off their Saxon hoard and pay off gangster Rocky before arousing any more suspicions, Martin and Ashley target wealthy antiques collector Denys Elland (Brendan Coyle). But it soon transpires Denys isn't all he seems... ★★★ **HD**

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Jo confides in Pat and the couple share a baby moment

After the Flood

DRAMA 9PM, ITV1, ITVX (BOX SET)

PC Jo Marshall (Sophie Rundle) feels a weight has been lifted in tonight's episode when she finally reveals the truth about her secret investigation into the death of Daniel Eden to her husband Pat (Matt Stokoe). He begs her to drop the case, but Jo's in far too deep to stop now. Elsewhere, we're starting to have serious suspicions about local developer Jack Radcliffe (Philip Glenister), and it seems that cutting corners on his eco-housing project could be the least of his crimes. Yet the episode is stolen by Jo's mum, Molly Marshall (Lorraine Ashbourne), who manages to hijack Jack's planning meeting in spectacular style. Go, Molly! ★★★★ **SMA**

Hannah and Kyle are called to the scene of a bomb scare in Oldham

Behind the scenes with NHS first responders

NEW **FACTUAL 9PM, BBC1**

The BAFTA-winning fly-on-the-wall documentary returns with a new six-part series. Filmed in 2023, cameras follow staff of the North West Ambulance Service in real time during daily shifts. With 57 incidents already queued and a backlog at Royal Oldham Hospital, the call handlers have never been under so much pressure to prioritise cases. Then a call comes in about an unexploded bomb in Bolton, closely followed by another suspicious package found in a park in Oldham. Senior lead Matt and paramedics Kyle and Hannah are called to the scene which is now cordoned off. With the Manchester Arena bombing of 2017 still fresh in their minds, and with Matt's child in a nearby school, their unease is palpable. ★★★ **MC**

Black Cake

NEW **DRAMA DISNEY+ (BOX SET)**

A lifetime of secrets unravels in this eight-part drama, which spans Jamaica, Europe and the US. Set in the 1960s and the present day, the series stars newcomer Mia Isaac as teenage bride Covey, who disappears in Jamaica following her husband's murder. Although Covey changes her name to Eleanor Bennett and flees to Europe, her life is plagued by misfortune and tragedy. Fast-forward to today and, after the older Eleanor (Chipo Chung) dies, her children find she has left behind a collection of recordings. In them, she reveals her shocking life story... **HD**

Mia Isaac stars as teenage bride Covey

An electric storm causes havoc for Bode and the crew

Fire Country

DRAMA 9PM, SKY WITNESS, NOW

The action-packed drama continues with more secrets, lies and pyrotechnics. Having requested a transfer to another city, troubled inmate firefighter Bode (Max Thieriot) finds his future in Edgewater hangs in the balance. But before anything can be firmed up, Bode gets called out to a treacherous lightning storm, which zaps both the town's recreation centre and an inmates' prison bus. Meanwhile, there are flashbacks to when Bode's sister Riley was still alive, which reveal not only that she'd been dating handsome firefighter Jake (Jordan Calloway), but that he'd confessed to cheating on her just moments before the car accident that claimed her life... ★★★ **HD**

PHOTOS: DISNEY+

WEDNESDAY

BBC1

Freeview HD **101** Sky HD **101** Virgin TV HD **101** Freesat HD **106**

6.00 Breakfast (S) **9.30 Morning Live** (S) **10.45 Dr Xand's Con or Cure** Investigating the dangers of undergoing weight-loss surgery abroad. (S) **11.15 Homes Under the Hammer** (S)(R)(AD)

12.15 Bargain Hunt Near Exeter. (S)(R)(AD)

1.00 BBC News at One (S) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *Unmasked:* Jimmi's frustration grows with someone who is impersonating him; and Luca is in for a nice surprise. (S)(AD)

2.15 Money for Nothing Sarah finds a cabinet and some vintage coat hangers. (S)(R)

3.00 I Escaped to the Country 1 of 10. Presenter Sonali Shah visits a couple who bought a property in Bedfordshire. (S)(R)

3.45 The Repair Shop Jay Blades and the experts restore a set of horse bells. (S)(R)(AD)

4.30 The Travelling Auctioneers A woman hopes to sell items including a Japanese cabinet, Chinese vases and Persian ewers in order to help pay for a wedding. (S)

5.15 Pointless Quiz show. (S)

6.00 BBC News at Six (S) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)

7.30 EastEnders Linda is shaken when she receives a photo of Mick and Janine's baby, leading to a heart-to-heart with Alfie; Nish revokes his divorce deal with Suki and decides to keep all the businesses; and Elaine gets ready for a psychic night at the Vic. (S)(AD)

8 PM

8.00 The Repair Shop Restoration series. Jay Blades and the team of experts set about restoring two Olympic medals, a musical jewellery box, a mythical creature and a hammer that helped make a home. (S)(R)(AD)

9 PM

9.00 Ambulance
NEW ★★★★★
1 of 6. Return of the documentary series following the work of paramedics at the North West Ambulance Service. The team responds to reports of an unexploded bomb; and ambulances queue outside Oldham General Infirmary for over two hours. ***See Highlights.*** (S)

10 PM

10.00 BBC News at Ten (S)

10.30 BBC Regional News (S) and **Weather**

10.40 Match of the Day
SPORT ●●●●
Action from the midweek Premier League encounters, including Liverpool v Chelsea; Manchester City v Burnley; Tottenham Hotspur v Brentford; Nottingham Forest v Arsenal; Fulham v Everton; Luton Town v Brighton & Hove Albion; Crystal Palace v Sheffield United; and Aston Villa v Newcastle United. (S)

12.10 Michael McIntyre's Big Show 3 of 6. *As Saturday.* Kaiser Chiefs frontman Ricky Wilson is given the shock of his life; singer Anne-Marie hands over her phone for a Send to All with serious consequences; and singer James Arthur performs a track from his latest album. (S)(R) **1.10 Weather** (S) **1.15 to 6.00 BBC News** (S)

BBC2

Freeview HD **102** Sky HD **102** Virgin TV HD **102** Freesat HD **102**

6.45 The Travelling Auctioneers (S)(R) **7.30 David & Jay's Touring Toolshed** (S)(R)(AD) **8.00 See Hear** (SL)(S) **8.30 Robson Green's Weekend Escapes** (SL)(S)(R)(AD) **9.00 Nicky Campbell** (S) **10.00 BBC News** (S) **11.15 Politics Live** (S)

1.00 Impossible Quiz with Rick Edwards. (S)(R)

1.45 Lightning Quiz hosted by Zoe Lyons. (S)(R)

2.15 The Secrets of Your Food *A Matter of Taste:* 2 of 3. A look at the 'taming' of a bitter potato in the Peruvian Andes. (S)(R)(AD)

3.15 All That Glitters: Britain's Next Jewellery Star 3 of 6. Six jewellers have to make a pearl chain necklace. (S)(R)(AD)

4.15 Thailand: Earth's Tropical Paradise 2 of 3. Documentary exploring the forests, plains and cities of Central Thailand. (S)(R)(AD)

5.15 Flog It! From Wolverhampton. (S)(R)

6.00 Richard Osman's House of Games Richard Osman is joined by former players Babatunde Aléshé, Sophie Duker, Gaby Roslin and Jeff Stelling to test their general knowledge skills in the quiz show. (S)

6.30 David & Jay's Touring Toolshed David Jason and Jay Blades visit a pair at their home in Aberdeenshire, where they have created a mini railway in their garden. (S)(AD)

7.00 Marcus Wareing's Tales from a Kitchen Garden Culinary documentary series. Marcus Wareing notices more deer have been appearing on his land, so he learns how to manage and support them; and at the farm, he invites apprentice chefs to have a foraging masterclass from an expert. (S)(R)

8.00 Great British Menu Culinary competition. The Central chefs prepare mains and desserts celebrating the Olympic and Paralympic Games, including steak with a sand pit of vegetables and a dessert cone based on the Olympic torch. Continues tomorrow. (S)

9.00 Liar: The Fake Grooming Scandal One-off documentary investigating the false allegations of rape, grooming and trafficking made by Ellie Williams in 2020, and how the case triggered a number of attacks on Asian-owned businesses in Barrow-in-Furness and demonstrations in northern cities. (S)(R)(AD)

10.00 Inside No 9 *Mother's Ruin:* 2 of 6. Comedy drama series starring Steve Pemberton and Reece Shearsmith, with Anita Dobson and Phil Daniels. Two sons set out to discover the truth about their parents. (S)(R)(AD)

10.30 Newsnight (S)

11.10 Weather (S)

11.15 Unspun World with John Simpson The week's major global news stories. (S)

11.45 Murder Trial: The Killing of Dr Brenda Page 2 of 2. Documentary. The jury decides Christopher Harrisson's fate. (S)(R)(AD)

12.45 See Hear Exploring what it means to be deaf in modern society. (SL)(S)(R) **1.15 Animal Park** (SL)(S)(R)(AD) **2.00 Great British Menu** (SL)(S)(R) **3.00 to 4.00 The Traitors** (SL)(S)(R)(AD)

ITV1

Freeview HD **103** Sky HD **103** Virgin TV HD **103** Freesat HD **111**

6.00 Good Morning Britain (S) **9.00 Lorraine** Entertainment, current affairs and fashion news, as well as showbiz stories and celebrity gossip. (S) **10.00 This Morning** With a mix of celebrity chat, lifestyle features, advice and competitions. Including **Local Weather** (S)

12.30 Loose Women Topical debate. (S)

1.30 ITV News (S) and **Weather** including **Local News** (S) and **Weather**

2.00 Dickinson's Real Deal Presenter David Dickinson and his team head to Solihull, West Midlands, where Simon Schneider falls in love with a vintage political poster and the *Millennium Falcon* lands in the den. (S)(AD)

3.00 Riddiculous Quiz hosted by Ranvir Singh, in which Greg and Jamie, Gina and Kieran and Chris and Nihad take on the Riddlemaster. (S)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)

5.00 The Chase Bradley Walsh presents as Craig, David, Jo and Anoushka work as a team to take on one of the ruthless Chasers. (S)

6.00 Local News (S) and **Weather**

6.30 ITV News (S) and **Weather**

7.30 Emmerdale Nicola and Jimmy receive worrying news; Jai decides to quit; while Paddy and Chas talk to daughter Eve. (S)(AD)

8.00 Coronation Street Tracy struggles to ignore her increasing attraction to Tommy; Bethany conceals her desperation for gainful employment; Bobby proves to be a bad influence on Simon; and Michael learns that Ed was not responsible for the fire. (S)(AD)

9.00 After the Flood *In Too Deep:* 4 of 6. Mystery thriller starring Sophie Rundle. As the investigation escalates and suspicion builds around Tasha, Jo makes a breakthrough, but Molly is in danger. ***See Highlights.*** (S)(AD)
● ***The full series is available online via ITVX.***

10.00 ITV News at Ten (S) and **Weather** including **Local News** (S) and **Weather**

10.45 Peston Political magazine show hosted by Robert Peston, featuring major interviews with MPs, topical guests and cultural figures. (S)

11.40 Who Wants to Be a Millionaire? *As Sunday.* Fifteen questions are all that stand between six contestants and a life-changing jackpot as Jeremy Clarkson hosts the quiz. As usual, lifelines including Phone a Friend and 50-50 are available to them. (S)(R)

12.30 Teleshopping 3.00 Tonight *Mr Bates vs the Post Office: The Drama That Shocked Britain.* (SL)(S)(R) **3.25 Big Zuu's 12 Dishes in 12 Hours** (SL)(S)(R)(AD) **4.00 Unwind with ITV** (S) **5.10 to 6.00 Dickinson's Real Deal** (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD **104** Sky HD **138** Virgin TV HD **104/141** Freesat HD **126**

6.15 Countdown (S)(R) **6.55 Cheers** (S)(R) **7.20 Cheers** (S)(R) **7.45 3rd Rock from the Sun** (S)(R)(AD) **8.10 3rd Rock from the Sun** (S)(R)(AD) **8.35 The King of Queens** (S)(R)(AD) **9.05 The King of Queens** (S)(R)(AD) **9.35 The King of Queens** (S)(R)(AD) **10.05 Frasier** (S)(R)(AD) **10.35 Frasier** (S)(R)(AD) **11.05 Frasier** (S)(R)(AD) **11.35 Channel 4 News Summary** (S) **11.40 Four in a Bed** In Birkdale, Merseyside. (S)(R)

12.10 Four in a Bed From Blackpool. (S)(R)

12.40 Four in a Bed In Scarborough. (S)(R)

1.10 Four in a Bed From North Yorkshire. (S)(R)

1.40 Four in a Bed The B&Bers settle up. (S)(R)

2.10 Countdown With guest Tasha Ghouri. (S)

3.00 A Place in the Sun Searching for a dream holiday home in Mar Menor lagoon. (S)(R)

4.00 A New Life in the Sun A couple purchase their dream property in Portugal. (S)

5.00 Chateau DIY Chateau owners find a nasty surprise behind their wood panelling. (S)(AD)

6.00 Come Dine with Me Positivity professional Julie hosts the third night in Belfast. (S)

6.30 The Simpsons *Pay Pal:* Homer upsets a neighbour; and Marge worries that Lisa has no friends, so comes up with a plan. (S)(R)(AD)

7.00 Channel 4 News (S), **Weather**

8.00 Kirstie and Phil's Love It or List It Property series. In tonight's edition, Kirstie Allsopp and Phil Spencer return to Albrighton in Shropshire to catch up with Jamie Lea and Curtis, who reached a stalemate after buying and doing up their home in 2019. (S)(AD)

9.00 Johnny Vegas: Carry on Glamping 2 of 6. Documentary series. In their continued search for a new glamping site, Johnny and Bev journey to Derbyshire and Anglesey, where the emotional connection to his late father tugs at Johnny's heartstrings. (S)(AD)

10.00 Gogglebox The armchair critics share their opinions about programmes including *Wild Isles*, *Rise and Fall*, *Challenge Anneka*, *Race Across the World*, *The Great Celebrity Bake Off for Stand Up to Cancer*, *This Morning* and recent *BBC News* coverage. (S)(R)(AD)

11.05 Gogglebox The households give their opinions on the likes of *The Great Celebrity Bake Off for Stand Up to Cancer*. (S)(R)(AD)

12.05 Open House: The Great Sex Experiment (S)(R)(AD) **1.05 Ramsay's Kitchen Nightmares USA** (SL)(S)(R) **2.00 The Simpsons** (S)(R)(AD) **2.25** FILM **The Florida Project** Drama starring Brooklynn Prince. (W)(SL)(S) ★★★★★ *(2017)* ***See Films, pages 31-35.*** **4.25 Kirstie and Phil's Love It or List It** (SL)(S)(R)(AD) **5.20 to 6.15 Great British History Hunters** (SL)(S)(R)(AD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD **105** Sky HD **105** Virgin TV HD **105** Freesat HD **105**

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine (S) **11.15 Storm Huntley** A debate on the day's talking points continues with Storm Huntley, who takes viewers' calls on the biggest stories. (S)

12.45 Alexis Conran & Friends The stories of the day. Followed by **5 News at Lunchtime.** (S)

1.45 Home and Away Tane is torn by conflicted feelings, and his friends do their best to support him; John inflicts his bad mood on his students; and Kirby and Theo team up. (S)(R)

2.15 Death at the Museum
FILM PREMIERE Thriller starring Chelsea Vale. A woman takes ownership of her family's museum, discovering that someone has been stealing paintings and replacing them with fakes. (S) ★★ *(2023)*

4.00 Bargain-Loving Brits in the Sun Simon Duggan sets out to follow his dream of becoming a professional photographer; and Sue and Rod at Easy Horse Care Rescue Centre deal with a visit from the vet. (S)(R)

5.00 5 News (S)

6.00 Your Dream Kitchen for Less Mark Millar helps a couple in Wales extend and renovate their kitchen; and in Yorkshire, Mark assists another couple to create a tropical paradise in their bathroom. Followed by **5 News Update.** (S)

7.00 Shoplifters: Caught Red Handed Documentary following the work of security teams. Tonight, Steve trails a woman who has loaded up her bag and is making her way out of a store without paying; and a trespasser at a construction site in Manchester is issued a warning. Followed by **5 News Update.** (S)

8.00 Smart Meters: Should You Get One?
NEW ★★★★★ One-off documentary investigating if smart meters really save consumers time, money and energy by exploring horror stories about inaccurate bills as well as invasions of privacy. Followed by **5 News Update.** (S)

9.00 Finders Keepers 3 of 4. Drama series starring Neil Morrissey and Jessica Rhodes. When Laura is released from her kidnappers, Martin and Ashley suspect Rocky is behind it all, and a visit to see him confirms he is not to be messed with. Also stars James Buckley and Rakhee Thakrar. ***See Highlights.*** (S)

10.00 Inside HMP Styal: Evil Women Behind Bars Documentary going behind the scenes at one of the most unique and controversial prisons in the UK, home to some of Britain's worst female criminals, including some of the most detested child killers. (S)(R)

11.10 A&E: Crash Scene Emergency A 17-year-old needs emergency surgery to repair an open fracture of his skull. (S)(R)

12.10 Police Interceptors In Nottinghamshire. (S)(R) **1.10 PlayOJO Live Casino Show** (S) **3.10 Portillo's Empire Journey** (S)(R) **4.00 Britain's Great Cathedrals with Tony Robinson** (SL)(S)(R) **4.50 Divine Designs** (SL)(S)(R) **5.15 House Doctor** (SL)(S)(R) **5.40 Entertainment News on 5** (S) **5.50 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

NEW SHOW

Choir

FACTUAL Disney+

This six-part documentary series follows the Detroit Youth Choir as they prepare for the performance of a lifetime at famous concert venue Carnegie Hall in New York. ***All episodes available from today.***

YOU MIGHT ALSO LIKE...

Our Dementia Choir

FACTUAL BBC iPlayer

Trigger Point actor Vicky McClure forms a special choir of 20 singers, who are all living with various stages of dementia. ***All episodes available now.***

ITV1 VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

ON THIS DAY... 1977

Kerry Washington, 47 today, was born in New York City. Watch Kerry in the US dramas *Scandal* on Channel 4 On Demand, and *Little Fires Everywhere* on Prime Video.

WEDNESDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

9.00 Domino Day

7.00 Yianni: Supercar Customiser Double-bill. (S)
7.45 My Mate's a Bad Date Oloni helps Vicky find a match.
8.15 Ghosts US Double-bill.
9.00 NEW **Domino Day** A young witch seeks a community who can help her understand her power. *See Highlights.*
9.45 Bad Education Double-bill. Jinx abandons her studies to spend time with Mitchell. (S)
10.45 Domino Day Supernatural drama with Siena Kelly. (S)
11.30 Dubai Hustle: Natasha's revelation leaves the other brokers reeling.
12.00 m't Boot Dreams: Now or Never: Double-bill, including: Anton Ferdinand teaches the squad how to psych out opponents. (S)
2.00 am Hunting the Catfish Crime Gang
3.00 to 3.45am Domino Day (SL)(S)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

10.00 Waris Hussein Remembers...

7.00 Planet Earth II Animals that live in jungles. (S)
8.00 West Coast Otters (S)
8.10 Hurricanes and Heatwaves: The Highs and Lows of British Weather (S)
9.10 The Killer Wave of 1607: Timewatch Documentary.
10.00 NEW **Waris Hussein Remembers... A Passage to India** An interview. (S)
10.20 A Passage to India The 1965 adaptation of EM Forster's novel. (S)
12.10 am Planet Earth II: Taking a look at animals that live in jungles. (S)
1.10 Hurricanes and Heatwaves: The Highs and Lows of British Weather: The evolution of forecasting.
2.10 to 3.45am Señorita 89: Double-bill. Drama exploring dark secrets at the Miss Mexico pageant. (S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes
9.00 Totally Bonkers Guinness World Records: With Matt Edmondson.
9.10 Chuck (S4, ep23) (S)
10.00 One Tree Hill: Double-bill. (S)
12.00 noon Secret Crush: Dating. (S)
1.00 pm Dress to Impress (S)
2.00 Family Fortunes (S)
3.00 Chuck (S4, ep24) (S)
4.00 One Tree Hill: Double-bill. Nathan and Haley interview nannies. (S5, ep14); and Lucas hopes to rekindle things with Lindsey. (S5, ep15) (S)

8.00 Superstore

6.00 Celebrity Catchphrase With Tom Allen, Fleur East and Simon Gregson. (S)
7.00 Deal or No Deal Game show with Stephen Mulhern. (S)
8.00 Superstore Double-bill, including: Glenn looks for the perfect store Santa. (S)
9.00 Love Island: All Stars **New edition** The third week of the show continues. (S)
10.05 Deep Fake Neighbour Wars Double-bill. A show that uses Deep Fake technology. (S)
11.05 Family Guy: Double-bill, including: Brian mutilates Stewie's teddy. (S)
12.05 am American Dad!: Double-bill, including: The Smiths open a cemetery in their backyard. (S)
1.05 Superstore: Double-bill. (S)
2.00 Ruby Speaking (S) **2.35** Unwind with ITV (S) **3.00 to 6.00am** Shop

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Classic Emmerdale (S)
7.30 Classic Coronation Street (S)
8.05 Where the Heart Is (S)
10.15 The Darling Buds of May (S)
11.25 The Royal: Medical drama. (S)
12.30 pm Heartbeat: Rural drama. (S)
1.40 Classic Emmerdale (S)
2.40 Classic Coronation Street (S)
3.45 Agatha Christie's Poirot: A flirtatious wife is murdered. (S)
4.55 Downton Abbey: Feature-length Christmas special. A scandal mars the Sinderbys' shooting party. (S)

8.00 Lewis

6.55 Heartbeat A gamekeeper is injured in a shooting on the moors and suspicion falls on his predecessor. (S)
8.00 Lewis A parcel bomb claims the life of mathematician, and as Lewis and Hathaway investigate, suspicion falls on the victim's wife. (S)
10.00 Trial & Retribution 2 of 2. As a third victim is found, Marilyn identifies the man responsible; and Walker must gather evidence. (S)
12.20 am The Royal: The residents are pleased when a fair comes to Elsinby, but Jeffrey and Samantha have their work cut out when the waltzer operator becomes trapped in the ride's mechanisms. (S)
1.25 Where the Heart Is (S)
2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am Minder: Comedy drama. (SL)(S)
6.55 The Sweeney: Police drama. (SL)(S)
8.00 The Saint: Spy thriller. (SL)(S)
9.05 The Return of Sherlock Holmes (S)
10.15 Magnum, PI: Crime drama. (S)
11.20 The Saint: Spy thriller. (S)
12.25 pm Return of Sherlock Holmes (S)
1.35 Kojak: Crime drama. (S)
2.40 Magnum, PI: Crime drama. (S)
3.40 Minder: Comedy drama. (S)
4.50 The Sweeney: Police drama. (S)
5.55 BattleBots: Pressure mounts with just three more fights left. (S)

6.55 The Chase Celebrity Special

6.55 The Chase Celebrity Special With Susan Calman, Dermot Murnaghan and Perri Shakes-Drayton. (S)
8.00 The Motorbike Show Henry Cole test rides the DOT Demon in Warwickshire. (S)
9.00 FILM **Taken 2** Action thriller sequel starring Liam Neeson and Maggie Grace. (W)(S) ★★★ *(2012)*
10.55 All Elite Wrestling: Collision Featuring FTR, The House of Black and Miro.(S)
1.00 am The Sweeney: A gynaecologist's suitcase is stolen, but he is reluctant to reveal its contents. On further investigation the squad learns he was smuggling money. (SL)(S)
2.00 Minder: Comedy drama. (SL)(S)
2.50 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping
8.00 Bargain-Loving Brits in the Sun **10.00** 22 Kids & Counting
11.00 Nightmare Tenants, Slum Landlords: A tenant disappears.
12.00noon Traffic Cops
2.00pm Police Interceptors: Triple-bill, including: Officers raid a cannabis farm located in an abandoned restaurant.
5.00 Car Pound Cops: Give Me My Car Back!: Following the work of vehicle recovery crews.

6.00 Home and Away (S)
7.00 GPs: Behind Closed Doors A long-term smoker arrives at the surgery. (S)
8.00 Casualty 24/7: Every Second Counts Hannah takes on the role of matron. (S)
9.00 Cold Case Killers **New edition** The case of Sally McGrath. (S)
10.00 The Body Under the Patio: Murder in Suburbia A couple who vanished in 1998.
11.30 Kill Thy Neighbour
12.30am Evil Up Close: Women Who Kill: A chef becomes wrapped up in a deadly plan.
1.30 Killer at the Crime Scene
2.20 Casualty 24/7: Every Second Counts **3.10** Ambulance: Code Red **4.00 to 6.00am** Teleshop

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping
9.00 NCIS (S18, ep7)
9.55 Entertainment News on 5
10.00 NCIS: Double-bill.
12.00noon Law & Order: Triple-bill.
3.00 Law & Order: Logan and Briscoe investigate the killing of a policeman. (S3, ep21)
4.00 Law & Order: Logan and Briscoe investigate the murder of a deaf woman. (S3, ep22)
5.00 Law & Order: A paedophile is murdered on live TV. (S4, ep1)

6.00 NCIS Triple-bill, including: Gibbs and Parker go on a road trip to find one of the serial killer's victims. (S19, ep3); and Gibbs and McGee head to Alaska. (S19, ep4) (S)
9.00 Criminal Minds The team moves a step closer to finding the killer. (S8, ep16)
10.00 Law & Order: Special Victims Unit Rollins helps a friend press charges. (S15, ep9) (S)
11.00 Law & Order: Special Victims Unit: Triple-bill, including: Benson is brought face to face with her attacker as the trial of William Lewis starts. (S15, ep10)
1.50am Lucifer: Double-bill.
3.35 Criminals: Caught on Camera
4.00 to 6.00am Teleshopping

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am The Architecture the Railways Built: Double-bill.
8.00 Abandoned Engineering
10.00 Adolf Hitler's War
11.00 World War Weird
12.00noon Great American Railroad Journeys: In Illinois.
1.00pm Antiques Roadshow
2.00 Bangers & Cash: Double-bill.
4.00 Adolf Hitler's War
5.00 Narrow Escapes of World War II: How low-flying bombers freed resistance fighters.

6.00 Antiques Roadshow The programme embarks on its 40th-anniversary tour. (S)
7.00 Great British Railway Journeys Double-bill, including: Michael goes on the final leg, from Ayr to Skye. (S)
8.00 Great Canal Journeys Exploring the islands off Scotland's coast.
9.00 Bangers & Cash Double-bill, including: Paul takes a 1957 truck for a spin. (S)
11.00 Abandoned Engineering
12.00m't Great British Railway Journeys Goes to Ireland
1.00am Fred Dibnah's Railway Collection: Double-bill.
2.00 The Architecture the Railways Built: With Tim Dunn.
3.00 to 6.10am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Salvage Hunters: Double-bill.
10.00 Celebrity Yorkshire Auction House: Angus visits the family home of TV icon Anneka Rice.
11.00 Antiques Road Trip
12.00noon The Repair Shop
1.00pm Long Lost Family US
2.00 My 600lb Life: Documentary.
4.00 Animal Cops Philadelphia
5.00 Saving Lives at Sea: A man suffers a seizure while out at sea.

6.00 Celebrity Yorkshire Auction House At Jennie Bond's home.
7.00 Antiques Road Trip Double-bill, including: Irita Marriott learns about fashion. (S)
9.00 The Bad Skin Clinic **New edition** Honor has a skin condition that makes her face feel like it is on fire. (S)
10.00 Dr Pimple Popper Giant cauliflower-shaped bumps cover Elizabeth's head. (S)
11.00 Ghost Adventures
12.00m't Kindred Spirits: A house fire possibly started by a paranormal presence.
1.00am Ghost Adventures
2.00 Teleshopping **4.00** Animal Cops Detroit **5.00 to 6.00am** Animal Cops Philadelphia

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am Burke's Law **7.00** FILM Go West (b/w) ★★★ *(1925)*
8.35 FILM Nell Gwyn (b/w) *(1934)* **10.00** Together **10.30** Buccaneers (b/w) **11.00** FILM Race for the Yankee Zephyr *(1981)* **1.10pm** Look at Life
1.25 FILM Unearthly Stranger (b/w) *(1963)* **3.00** Saddle Up
3.05 FILM Bandido! *(1956)* **4.55** Saddle Up **5.00** Johnny Ringo
5.30 FILM Murder at the Grange: Thriller. (b/w) ★★ *(1952)*

6.05 FILM **Man On The Run** Thriller with Joan Hopkins. (b/w) ★★ (S) *(1949)*
7.45 Look at Life
8.00 Public Eye Frank investigates a scandal involving a vicar.
9.05 Gideon's Way A housekeeper is murdering her elderly clients. (b/w) (S)
10.05 FILM **The Fourth War** Cold War political thriller starring Roy Scheider. (S) ★ *(1990)*
11.55 FILM Fraulein ★★ *(1958)*
1.40am FILM The Grayson Case: Crime thriller. ★★ (b/w) *(1955)*
2.00 The Main Chance **3.00** FILM Wicked As They Come: Crime drama. (b/w) ★★ *(1956)*
4.55 to 6.00am Dick Powell's Zane Grey Theatre (b/w)

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am Billie and Greg: The Family Diaries **8.00** Masters of Flip **9.00** LittleBe **12.00noon** Sugar Showdown **12.25pm** The Real Housewives of Beverly Hills **1.15** The Only Way Is Essex **2.00** Buying and Selling **3.00** Million Dollar Listing: LA **4.00** The Real Housewives of Atlanta **5.00** The Real Housewives of New Jersey **6.00** Masters of Flip **7.00** Million Dollar Listing: LA **8.00** Dinner Date **9.00** Emergency Nurses: A&E Stories **10.00** My Mum, Your Dad USA **11.00** Singletown **12.00m't** The Only Way Is Essex **12.45am** Unwind with ITV **1.00 to 7.00am** Shop

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am Darbar: Music of India **7.00** Punchdrunk:... **8.00** *See 5.00pm* **9.00** *See 6.00pm* **10.00** *See 7.00pm* **11.00** Discovering:... **12.00noon** *See 5.00pm* **1.00pm** *See 6.00pm* **2.00** Art Mysteries
3.00 Anyone Can Sing **4.00** Discovering **5.00** Joy of Painting **6.00** Tales of the Unexpected **7.00** Alfred Hitchcock Presents **8.00** Landscape Artist of the Year **9.00** The Ghost of Richard Harris **11.20** Comedy Legends **12.20am** I Am Richard Pryor **2.10** Botticelli, Florence and the Medici **4.10** The South Bank Show **5.10 to 6.00am** Auction

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: Double-bill. (SL)(S)
9.00 Brooklyn Nine-Nine (S)
10.00 The Big Bang Theory: Double-bill.
11.00 Modern Family: Double-bill. (S)
12.00 noon The Big Bang Theory (S)
2.00 pm The Goldbergs: Double-bill. (S)
3.00 Modern Family: Double-bill. (S)
4.00 Brooklyn Nine-Nine: Double-bill.
5.00 The Big Bang Theory: Double-bill, including: Amy guest stars on the new Professor Proton show. (S)

10.00 First Dates

6.00 The Big Bang Theory (S)
7.00 Hollyoaks New episode (S)
7.30 Modern Family Phil and Claire decide that one of the kids needs to move out. (S)
8.00 Below Deck Down Under New edition Jamie tries to keep his team in line. (S)
9.00 Celebrity Gogglebox Famous faces include Denise van Outen. (S)
10.00 First Dates Participants include a 32-year-old owl sanctuary volunteer. (S)
11.05 Taskmaster: With Jenny Eclair (S)
12.10 am Gogglebox (SL)(S)
1.15 Celebrity Gogglebox (SL)(S)
2.20 Below Deck Down Under (S)
3.15 Ramsay's Kitchen Nightmares USA: On Long Island. (SL)(S)
4.05 Baby Daddy (S) **4.55 to 6.00am** How I Met Your Mother (S)

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am A Place in the Sun (S)
10.25 A New Life in the Sun (S)
11.25 Find It, Fix It, Flog It (S)
12.30 pm Come Dine with Me: Back-to-back editions, including: The contest takes place around Woking and Weybridge, Surrey. (S)
3.10 Four in a Bed: Back-to-back editions, including: The contest begins at the King's Head in Addlethorpe, Lincolnshire. (S)
5.50 Kirstie and Phil's Love It or List It: In Harrogate, North Yorkshire. (S)

10.00 George Clarke's Amazing Spaces

6.55 Escape to the Chateau Dick and Angel throw a garden party for Arthur and Dorothy's friends. (S)
7.55 The Dog House A timid puppy and grumpy Westie seek their new homes. (S)
9.00 Grand Designs Kevin follows the progress on Jon and Noreen's treehouse in Gloucestershire. (S)
10.00 George Clarke's Amazing Spaces Transforming an old horse-drawn caravan. (S)
11.05 24 Hours in A&E: Leo is rushed in to St George's after crashing his car and flipping it on its roof. (S)
12.05 am Emergency Helicopter Medics: Home Emergencies (S)
1.15 Grand Designs (S)
2.15 George Clarke's Amazing Spaces
3.20 to 3.50am Food Unwrapped (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am Went the Day Well?: World War Two drama with Leslie Banks. (b/w) (W)(S) ★★★★ *(1942)*
12.50 pm San Demetrio, London: Fact-based World War Two drama starring Arthur Young. (b/w) (W)(S) ★★★★ *(1943)*
2.50 Gunfight at the OK Corral: Western starring Burt Lancaster and Kirk Douglas. (W)(S) ★★★★ *(1956)*
5.15 Saraband for Dead Lovers: Period drama starring Stewart Granger. (S) ★★★ *(1948)*

9.00 Patriot Games

7.10 Table 19 Comedy starring Anna Kendrick. Dumped by the best man, a former maid of honour decides to pitch up at her friend's wedding anyway. (W)(S) ★★ *(2017)*
See Films, pages 31-35.
9.00 Patriot Games Thriller starring Harrison Ford. A former CIA agent prevents an assassination attempt by an IRA splinter group, but one of the terrorists swears revenge. (S) ★★★ *(1992)*
11.20 Mean Streets: Drama with Robert De Niro. A crook's conscience and loyalty to his girlfriend conflict with his desire to rise in the criminal world. (W)(S) ★★★★★ *(1973)*
1.35 to 4.00am Saturday Night Fever: Drama starring John Travolta and Paul Pape. (S) ★★★★ *(1977)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Teleshopping
7.00 Border Security: Australia's Front Line **8.00** Nothing to Declare (S)
9.00 Motorway Patrol (S)
10.00 Stop, Search, Seize (S)
11.00 Highway Patrol: Double-bill. (S)
12.00 noon Motorway Patrol (S)
1.00 pm Border Patrol: Double-bill. (S)
2.00 Border Security: Australia's Front Line: Double-bill. (S)
3.00 Nothing to Declare: Double-bill. (S)
4.00 Stargate Atlantis (S5, ep3)
5.00 Stargate SG-1 (S6, ep9) (S)

8.00 Landscape Artist of the Year

6.00 Star Trek: Enterprise Archer negotiates with the Xindi Council. (S3, ep22) (S)
7.00 Stargate Universe Young and his team are held at gunpoint. (S2, ep2) (S)
8.00 Landscape Artist of the Year New edition Stonehaven Harbour.
9.00 Murdered at First Sight An unprovoked attack. (S)
10.00 New York Homicide Women are attacked in their Park Slope Brooklyn home. (S)
11.00 Killer in My Village: A man stabbed to death by a former friend. (S)
12.00 m't World's Most Evil Killers (S)
1.00 am Night Cops: Documentary. (S)
2.00 Brit Cops: Rapid Response (S)
3.00 Highway Patrol: Double-bill. (S)
4.00 Motorway Patrol: Double-bill. (S)
5.00 to 6.00am Highway Cops (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 All Creatures Great and Small (S)
8.00 Doctors: Double-bill.
9.20 Classic Holby City (S)
10.35 Classic Casualty: Medical drama. (S)
11.40 The Bill: Crime drama.
12.40 pm Classic EastEnders
2.00 Monarch of the Glen: A journalist comes to stay at Glenbogle. (S)
3.10 Kingdom: Robert Bathurst guests.
4.10 All Creatures Great and Small (S)
5.20 Terry and June: Classic sitcom. A birthday surprise goes wrong.

5.20 Terry and June

6.00 As Time Goes By Comedy starring Judi Dench. (S)
6.40 Last of the Summer Wine PCs Cooper and Walsh try a new ctactic, and a retired jewel thief regales the village with his stories. (S)
8.00 The Inspector Lynley Mysteries The murder of a cricketer presents Lynley with a fresh challenge. (S)
10.00 New Tricks Fresh DNA testing helps identify a body that was found in 1996. (S)
11.20 Spooks: Zoe finds herself on trial for conspiracy to murder. (S)
12.40 am Hustle: The team tries to con a fashion-obsessed woman. (S)
2.00 Kingdom: A group of travellers upset a local horse trainer.
2.50 Classic Holby City
4.00 to 6.00am Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am *See 11.00pm* **6.30** Shed and Buried **7.00** *See 10.00pm* **8.00** American Pickers **10.00** Chasing Classic... **11.00** Vintage Voltage **12.00noon** *See 11.00pm* **1.00pm** Money for Nothing **2.00** *See 10.00pm* **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** *See 9.00pm* **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** Salvage Hunters: Restorers **10.00** The Repair Shop **11.00** How Do They Do It? **12.00m't** *As 6.00pm* **1.00am** Border Control: Spain **2.00** *As 10.00am* **3.00** *As 11.00am* **4.00** How It's Made **5.00 to 6.00am** Teleshopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** Murder in the Heartland **10.00** Forensic Detectives **12.00noon** Cold Case **1.00pm** The Closer (S2, ep6) **2.00** The Perfect Murder **3.00** Murder Chose Me **5.00** Evil Online **6.00** Cold Case **7.00** The Closer: Drama. (S2, ep7) **8.00** Evil Lives Here: The secrets of FBI agent Scott Kimball. **9.00** Murder on CCTV **10.00** American Monster **11.00** Real Time Crime **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Teleshopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

8.00am *See 8.00pm* **9.00** Knight Rider **10.00** *See 6.00pm* **11.00** FILM The Lost Future *(2010)* **12.50pm** Legend Lowdown **1.00** FILM The 39 Steps ★★★ *(1959)* **2.50** FILM Mother Lode *(1982)* **4.50** Legend Lowdown **5.00** Star Trek **6.00** Star Trek: Deep Space Nine (S7, ep10) **7.00** Knight Rider (S1, ep19) **8.00** Walker, Texas Ranger (S8, ep7) **9.00** FILM Aftermath: Drama. ★★ *(2016)* **10.50** FILM Hard Target ★★★ *(1993)* **12.50am** FILM Hellraiser ★★★ *(1987)* **2.40 to 4.30am** FILM Road Train *(2010)* **5.30 to 8.00am** Shop

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** A Housekeeper's Revenge ★★ *(2016)* **11.00** Killer Cover Up ★★ *(2021)* **12.50pm** GREAT! Movie News Extra **1.00** Lethal Beauty ★★ *(2018)* **3.00** Cries in the Dark ★★ *(2006)* **5.05** Burden of Evil ★ *(2012)* **7.00** An Aurora Teagarden Mystery: Dead Over Heels ★★ *(2016)* **8.50** GREAT! Movie News **9.00** Knowing ★★★★ *(2009)* **11.20** The Stepfather ★★★ *(2009)* **1.30am** Alpha Dog ★★★★ *(2006)* **3.50** GREAT! Movie News **4.00** A Deadly Affair ★★ *(2017)* **5.40 to 6.00am** GREAT! Movie News

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Teleshop **8.00** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** The Avengers: Steed and Emma face the cybernauts.(S5, ep17) **10.00** Randall and Hopkirk (Deceased): Jeannie enlists the help of spiritualists. (S1, ep3) **11.00** The Persuaders! **12.00m't** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Castle (S3, ep21) **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Teleshop

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Teleshopping **7.10** The Force: Behind the Line: Double-bill. **8.00** Special Ops: Crime Squad UK **10.00** Outback Pilots **12.00noon** Storage Hunters UK **2.00pm** Top Gear **5.00** Rick Stein: From Venice to Istanbul **7.00** Richard Osman's House of Games: Double-bill. **8.20** QI XL: Double-bill. **10.00** Have I Got a Bit More News for You (S62, ep3) **11.00** 8 Out of 10 Cats **12.00m't** Mock the Week **12.40am** QI XL **2.00** Schitt's Creek **2.25** Meet the Richardsons **2.55** Richard Osman's House of Games **3.35** The Indestructibles **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Shop **7.00** The Crystal Maze **8.00** The Chase **10.00** Dickinson's Real Deal **11.00** Family Fortunes **12.00noon** Wheel of Fortune **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky **4.00** Bullseye **6.00** The Crystal Maze **7.00** Weakest Link **8.00** The Chase **10.00** Who Wants to Be a Millionaire? Celebrity... **11.00** Bullseye: **12.00m't** Weakest Link **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity... **5.00 to 6.00am** Bullseye

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Giada at Home **7.00** *See 5.00pm* **8.00** Valerie's Home Cooking **9.00** *See 4.00pm* **10.00** Bake Off... **11.00** *See 8.00pm* **12.00noon** Great Comic Relief Bake Off **2.00pm** *See 6.00pm* **3.00** *See 10.00pm* **4.00** Barefoot Contessa... **5.00** Pioneer Woman **6.00** James Martin's... **7.00** Bake Off **8.00** Hairy Bikers Go North **9.00** Mary Berry's Simple Comforts **10.00** Rick Stein's Seafood Lovers' Guide **11.00** Diners, Drive-Ins and Dives **12.00m't** Bobby's Triple Threat **1.00am** Restaurant: Impossible **2.00 to 3.00am** Buddy vs Duff

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. Disputes. **7.00pm** Crimes That Shook Australia **8.00** 48 Hours **9.00** Nightmare Next Door: An 18-year-old is found murdered in her North Carolina home. **10.00** Bloodline Detectives: Forensic science reveals the name of a serial killer who murdered two women in the 1980s. **11.00** Killer Kids **12.00m't** Ice Cold Killers **1.00am** Nightmare Next Door **2.00** Bloodline Detectives **3.00** Evidence of Evil **4.00** Crimes That Shook Australia **4.50 to 6.00am** Judge Judy: Disputes.

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Teleshopping **8.00** Love & Where to Find It *(2021)* **10.00** Our Dream Wedding *(2020)* **11.50** GREAT! Movie News Extra **12.00noon** Cooking Up Love *(2020)* **2.00pm** The Irresistible Blueberry Farm *(2016)* **4.00** Season for Love *(2018)* **6.00** Love, Take Two *(2019)* **8.00** Farmer Seeking Love *(2022)* **10.00** Love, of Course ★★ *(2018)* **12.05am** Love's Complicated *(2016)* **2.00** Highway to Heaven **3.00** GREAT! Movie News Extra **3.10** Like Cats and Dogs *(2017)* **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Shop **9.00** Criminals:... **9.30** Outback Truckers **10.25** Traffic Cops **11.25** FILM Frontier Marshal ★★★ *(1939)* **1.00pm** FILM One-Eyed Jacks ★★★★ *(1961)* **4.05** Outback Truckers **5.00** Traffic Cops **6.00** Police Interceptors: Double-bill. **8.00** UK's Strongest Man **9.00** Coastguard: Search & Rescue SOS **10.00** Warship: Life at Sea **11.00** FILM Cradle 2 the Grave ★★★ *(2003)* **1.05am** Police: Night Shift 999 **2.05** World's Deadliest Weather: Caught on Camera **3.05** Trucking Hell **4.00 to 6.00am** Teleshopping

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am Nigel Slater's Simple Cooking **7.00** My Kitchen Rules: New Zealand **8.30** Nigellissima **9.00** Tipping Point **11.00** DIY SOS **12.00noon** DIY SOS: The Big Build **1.00pm** Tipping Point **4.00** My Dream Home **6.00** MasterChef Australia **7.20** Nigella: At My Table: Cooking. **8.00** Gemma and Gorka **9.00** 24 Hours in A&E **11.00** Stacey Dooley: Face to Face with the Bounty Hunters **12.05am** One Born: What Happened Next? **1.05** Inside the Ambulance **2.05** MasterChef Canada: Back to Win **3.00 to 6.10am** Teleshopping

SKY & VIRGIN LISTINGS over the page

SKY & VIRGIN 31 JANUARY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Sky News Breakfast
7.00 Kay Burley: Double-bill.
8.00 Caught on Dashcam
9.00 Nothing to Declare
10.00 Hitler's Gold
11.00 Hope for Wildlife
12.00 noon Supergirl (S3, ep11)
1.00 pm MacGyver: Double-bill.
3.00 Hawaii Five-0 (S2, ep17)
4.00 S.W.A.T: The team races to thwart a devastating terror attack. (S5, ep22)
5.00 The Simpsons: Double-bill.

8.00 Landscape Artist...

6.00 The Office (US) Double-bill, including: Michael causes issues at Phyllis's wedding.
7.00 The Simpsons Double-bill, including: Homer forms a band.
8.00 Landscape Artist of the Year New edition Stephen Mangan visits Stonehaven Harbour.
9.00 FILM **Robin Williams: Come Inside My Mind** An intimate portrait of the actor. ★★★★ *(2018)*

11.05 Brassic (S1, ep4)
12.00 m't The Force: North East
1.00 am Brit Cops: Law & Disorder: Documentary.
2.00 Road Wars: Documentary.
3.00 Hawaii Five-0 (S2, ep17)
4.00 S.W.A.T (S5, ep22)
5.00 to 6.00am Motorway Patrol

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Urban Secrets
7.55 The Sopranos: Double-bill.
10.05 The Wire: Double-bill.
12.15 pm Game of Thrones: The fate of Jon Snow is revealed. (S6, ep1)
1.20 Gomorrah: Double-bill.
3.25 The Sopranos: Double-bill, including: Tony checks out a new car. (S3, ep9)
5.35 The Wire: Bunk is put under pressure to make some arrests. (S1, ep6)

10.15 Watchmen

6.45 The Wire Bunk and McNulty track down an eyewitness. (S1, ep7)
7.55 Game of Thrones The Night's Watch stands behind Alliser Thorne. (S6, ep2)
9.00 True Detective: Night Country Navarro and Danvers get a tip about another Tsalal worker. (S4, ep3)
10.15 Watchmen Fantasy. Angela's mysterious past in Vietnam is revealed. (S1, ep8)

11.30 The Newsroom: Gossip spreads about Will's relationship. (S1, ep2)
12.35 am Lovecraft Country: Horror drama. (S1, ep3)
1.45 Perry Mason (S1, ep2)
2.55 Game of Thrones (S6, ep2)
4.05 to 6.00am Urban Secrets

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am Bondi Rescue
7.00 Border Patrol: Double-bill.
8.00 Caught on Dashcam
9.00 Border Security: Canada's Front Line: Double-bill.
10.00 Brit Cops: Rapid Response
11.00 The Rookie (S3, ep3)
12.00 noon FBI (S5, ep11)
1.00 pm FBI: Most Wanted
2.00 Blue Bloods (S13, ep2)
3.00 Caught Red Handed
4.30 Nothing to Declare: Triple-bill of the documentary.

9.00 Fire Country

6.00 Nothing to Declare Back-to-back editions.
8.00 Blue Bloods Jamie is left torn about whether to report a sergeant. (S12, ep18)
9.00 Fire Country New episode Bode's transfer request leaves his future hanging in the balance. *See Highlights.* (S1, ep2)
10.00 The Equalizer A widow believes her dead husband is trying to kill her. (S3, ep3)

11.00 The Rookie (S5, ep7)
12.00 m't New Amsterdam: Medical drama. (S3, ep2)
1.00 am The Good Doctor
2.00 The Rookie (S2, ep9)
3.00 Chicago PD (S9, ep4)
4.00 Brit Cops: Rapid Response
5.00 to 6.00am Road Wars

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Shop **7.10** Desmond's
8.05 Keeping Up Appearances
8.45 Ever Decreasing Circles
9.25 Hi-de-Hi! **10.00** Porridge
10.40 Last of the Summer Wine
12.00 noon Keeping Up Appearances: Comedy.
12.40 pm Ever Decreasing Circles
1.20 Porridge: Comedy.
2.00 Dad's Army: Sitcom.
2.40 dinnerladies **3.20** Hi-de-Hi!
4.00 Last of the Summer Wine
5.20 Porridge: Comedy.

9.20 Not Going Out

6.00 Keeping Up Appearances Sitcom.
6.40 Dad's Army Double-bill, including: Godfrey faces homelessness.
8.00 dinnerladies Double-bill, including: Jean takes her anger out on the customers.
9.20 Not Going Out Double-bill, including: Lucy needs some help writing a speech.
10.35 Live at the Apollo With Sean Lock and Romesh Ranganathan.

11.35 dinnerladies: Double-bill, including: Work experience day leads to more chaos.
12.55 am Not Going Out: Sitcom.
1.30 Live at the Apollo
2.35 Desmond's: Double-bill.
3.30 Marley's Ghosts: Comedy.
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am How It's Made
7.00 Gold Divers: Reality series.
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Salvage Hunters
11.00 Wheeler Dealers
1.00 pm Building Off the Grid
3.00 Blowing Up History
4.00 Alaska: Homestead Rescue: Double-bill, including: The Raneys help Oregon homesteaders living at the bottom of a 100ft cliff.

9.00 Gold Divers

6.00 Salvage Hunters Drew visits Wirral.
7.00 Wheeler Dealers A Volvo Amazon 122.
8.00 Railroad Alaska An avalanche threatens to cause a derailment.
9.00 Gold Divers New edition A handful of people are willing to risk it all to find gold in the Bering Sea.
10.00 Gold Rush: White Water Both crews attempt to claim legendary nuggets.

11.00 Expedition Bigfoot: Ronny and Mireya decide to launch a sound trap.
12.00 m't Deadliest Catch
1.00 am Gold Divers
2.00 Gold Rush: White Water
3.00 Naked and Afraid XL
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.00am *See 1.45pm* **8.15** *See 3.50pm* **10.00** One More Shot: Thriller. ★★ *(2023)* **11.45** The Cinema List: Sky Original Thrillers **12.00noon** The Secret Kingdom: Fantasy adventure. ★ *(2023)* **1.45pm** Jesus Revolution: Drama. *(2023)* **3.50** King of Killers: Thriller starring Frank Grillo. ★ *(2022)* **5.30** Fast X: Adventure starring Vin Diesel. ★★★★ *(2023)*

5.30 Fast X

8.00 Transformers: Rise of the Beasts: Fantasy prequel starring Anthony Ramos and Dominique Fishback. ★★★ *(2022)* **10.15** Soft & Quiet: Thriller starring Stefanie Estes. ★★★★ *(2022)* **12.00m't** Haunting of the Queen Mary: Horror with Alice Eve. ★★ *(2023)* **2.10am** *As 10.15pm* **3.50** *As 3.50pm* **5.30 to 6.00am** SC Preview

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

7.30am *See 5.45pm* **9.45** *See 12.00m't* **11.25** Blacklight ★ *(2022)* **1.15pm** *See 8.00pm* **3.25** The Woman King ★★★★ *(2022)* **5.45** King Arthur: Legend of the Sword ★★★ *(2017)* **8.00** Jason Bourne: With Matt Damon. ★★★ *(2016)*
10.10 xXx: Return of Xander Cage: Starring Vin Diesel and Donnie Yen. ★★★ *(2016)* **12.00m't** Paradise City ★★ *(2022)* **1.40am** *As 3.25pm* **4.00** Days of Thunder ★★★ *(1990)* **5.55 to 7.45am** *As 10.10pm*

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

6.25am Blue Hawaii ★★ *(1961)* **8.10** *See 4.25pm* **9.50** *See 8.00pm* **12.35pm** Three Days of the Condor ★★★★ *(1975)* **2.35** The Third Man (b/w) ★★★★★ *(1949)* **4.25** Pretty in Pink ★★★★ *(1986)*
6.05 Escape from Alcatraz: Prison drama. ★★★★ *(1979)* **8.00** Nashville: Drama starring Karen Black. ★★★★ *(1975)* **10.45** Stalag 17 (b/w) ★★★★★ *(1953)* **12.50am** Hatari! ★★★ *(1962)* **3.35** *As 6.05pm* **5.35 to 6.00am** Sky Cinema Preview

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

7.00am *See 1.40am* **8.40** Snatchers ★★★ *(2019)* **10.20** Linoleum *(2022)* **12.05pm** Mary Shelley's Frankenstein *(1994)* **2.15** The Black Phone *(2022)* **4.05** The Amityville Horror ★★★ *(1979)* **6.05** The Conjuring ★★★ *(2013)*
8.00 The Conjuring 2: The Enfield Poltergeist ★★★★ *(2016)* **10.15** From Dusk Till Dawn ★★★★ *(1995)* **12.05am** Continuum ★★★ *(2013)* **1.40** Bodies Bodies Bodies ★★★★ *(2022)* **3.20** Snatchers *(2019)* **5.00 to 6.45am** *As 10.20am*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Shopping **7.15** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Without a Trace **12.00noon** The Doctor Blake Mysteries **1.00pm** Father Brown **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles **5.00** Unforgettable **6.00** Without a Trace (S6, ep6)
7.00 Elementary: A base jumper is targeted by two different killers. (S5, ep7) **8.00** Father Brown: Double-bill. **10.00** Miss Scarlet and the Duke **11.00** Justified **12.00m't** Elementary (S5, ep7) **1.00am** Unforgettable **2.00** Murdoch Mysteries **4.00 to 6.00am** Teleshopping

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12.00noon** Supergirl (S3, ep11) **1.00pm** MacGyver **3.00** Hawaii Five-0 (S2, ep17) **4.00** S.W.A.T
5.00 DC's Legends of Tomorrow (S3, ep10) **6.00** Stargate SG-1: Double-bill. **8.00** A League of Their Own: European Road Trip **9.00** FILM Snitch: Action thriller with Dwayne Johnson. ★★★ *(2013)* **11.05** Brassic (S1, ep4) **12.05am** The Force **1.00** Brit Cops **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00 to 6.00am** Highway Patrol

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** In the Long Run **9.00** Mr Mayor **10.00** Wellington Paranormal **10.30** The Comeback **11.50** Entourage **1.00pm** The Comeback **2.10** Curb Your Enthusiasm **3.20** Entourage **4.30** Wellington Paranormal **5.00** Mr Mayor
6.00 The Office (US) **7.00** In the Long Run: Double-bill. **8.00** Sort Of: Double-bill. **9.00** Insecure: Double-bill. **10.15** The Tonight Show Starring Jimmy Fallon **11.15** Nikki Glaser: Good Clean Filth **12.30am** Girls **1.35** Sort Of **3.00** Wellington Paranormal **3.30** The Comeback **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Fish Town: Documentary. **7.00** Discovering: Elizabeth Taylor **8.00** The Directors **9.00** Spector **10.00** The Vietnam War **11.00** First Ladies **12.00noon** The Apollo **2.00pm** Be Water **4.00** The Directors **5.00** Discovering: Elizabeth Taylor **6.00** Spector
7.00 The Vietnam War **8.05** First Ladies **9.00** FILM Robin Williams: Come Inside My Mind ★★★★ *(2018)* **11.15** FILM The Last Rider *(2022)* **1.15am** FILM The Stroll *(2023)* **3.00** FILM Django & Django *(2021)* **4.30** Premier League Legends **5.00 to 6.00am** Discovering: Elizabeth Taylor

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am American Pickers **7.00** Storage Wars **8.00** Pawn Stars **9.00** Strange Evidence **10.00** Hitler's Gold **11.00** What on Earth? **1.00pm** Storage Wars **2.00** Rust Valley Restorers **3.00** Beyond Skinwalker Ranch
5.00 Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** NEW Bermuda Triangle: Into Cursed Waters **9.00** The Curse of Oak Island **10.00** NEW Truthseekers **11.00** Haunted Hospitals **12.00m't** Pawn Stars **1.00am** Storage Wars **2.00** Mountain Men **3.00** Bermuda Triangle: Into Cursed Waters **4.00 to 6.00am** What on Earth?

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Shop **11.00** Merlin **12.00noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager **6.00** Star Trek: Deep Space Nine: Double-bill.
8.00 Star Trek: Enterprise: Trip suffers a life-threatening injury. (S3, ep10) **9.00** The Rising: Double-bill, including: The action goes back seven years to the last day of Victoria Sands' life. (S1, ep7); **11.00** Grimm: Double-bill. **1.00am** Alphas: Double-bill. **3.00** Star Trek: Enterprise **4.00 to 6.00am** Star Trek: Deep Space Nine

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous – Kids **8.35** Most Ridiculous – Jobs **9.00** Michael McIntyre's Big Show **10.00** Guessable? **11.00** Impractical Jokers **1.00pm** Friends: Back-to-back episodes. **9.00** Michael McIntyre's Big Show **10.00** Nigel Ng: The Haiyaa Special **11.30** Al Murray: Giving It Both Barrels
12.30am The Ricky Gervais Show **1.00** Most Ridiculous – Talent Shows **1.30** Most Ridiculous – Bikes and Boards **2.00** Iain Stirling – Failing Upwards **3.00** Rhod Gilbert's Growing Pains **3.45** Your Face or Mine **4.10** Friends **5.00 to 6.00am** Shop

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Animal Senses **7.00** Monkey Life **8.00** Africa's Wild Year **9.00** Animals Decoded **10.00** Wild Castles **11.00** Waterworld Africa **12.00noon** Arctic Secrets **1.00pm** Monkey Life **2.00** Africa's Wild Year **3.00** Animals Decoded **4.00** Wild Castles **5.00** Waterworld Africa
6.00 Arctic Secrets **7.00** Monkey Life **8.00** Hotspots: The Last Hope **9.00** Arabian Seas **10.00** Arctic Secrets **11.00** Waterworld Africa **12.00m't** Wild Israel **1.00am** Reef Wrecks **2.00** *As 8.00pm* **3.00** Arabian Seas **4.00** Africa's Wild Year **5.00 to 6.00am** Animals Decoded

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

6.00am Teleshopping **8.00** Food Factory **9.00** *See 7.00pm* **10.00** Nazi Megastructures **11.00** Megafactories **12.00noon** Car S.O.S **1.00pm** Ultimate Airport Dubai **2.00** *See 7.00pm* **3.00** Inside Sydney Airport
4.00 To Catch a Smuggler: JFK Airport **5.00** Car S.O.S **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation **8.00** Car S.O.S: Triple-bill. **11.00** Air Crash Investigation **12.00m't** To Catch a Smuggler **1.00am** Wicked Tuna **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10** Prairie Dog Dynasty **5.00 to 8.00am** Teleshopping

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12.00noon** How I Caught the Killer **1.00pm** *See 5.00pm* **2.00** Killer in My Village **3.00** Most Evil Killers
5.00 What the Killer Did Next **6.00** How I Caught the Killer **7.00** Most Evil Killers **9.00** Murder Next Door **10.00** Murdered at First Sight **11.00** Most Evil Killers **12.00m't** Killer in My Village **1.00am** Most Evil Killers **2.00** Real Manhunter **3.00** The Killer Within **4.00** Road Wars **5.00 to 6.00am** Motorway Patrol

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY
Sky 308 Virgin 408 EE 508 (HD 522)

6.30am The Cinema List: The 90s **6.50** *See 12.55am* **8.50** *See 2.55am* **11.05** Chalet Girl: With Felicity Jones. ★★★ *(2011)* **12.45pm** Grown Ups: Starring Adam Sandler. ★★★ *(2010)* **2.35** Grown Ups 2: With Adam Sandler. ★ *(2013)* **4.20** Beverly Hills Cop 3: With Eddie Murphy. ★★★ *(1994)* **6.20** Zoolander: Starring Ben Stiller and Owen Wilson. ★★★★ *(2001)*

9.30 Cocaine Bear

8.00 The Dictator: Starring Sacha Baron Cohen. ★★ *(2012)* **9.30** Cocaine Bear: Starring Keri Russell. ★★ *(2023)* **11.10** Johnny English Reborn: With Rowan Atkinson. ★★★ *(2011)* **12.55am** The Machine: Starring Mark Hamill. *(2023)* **2.55** Big Gold Brick ★★★ *(2022)* **5.10 to 6.40am** How to Deter a Robber: Comedy. ★★★ *(2021)*

SKY CINEMA ANIMATION
Sky 305 Virgin 412 EE 500 (HD 514)

6.25am Minions: Rise of... *(2022)* **8.00** *See 10.15pm* **9.30** Lego DC Comics:... Aquaman *(2018)* **10.55** Batman Unlimited:... *(2016)* **12.20pm** Monster Family *(2017)* **2.05** Monster Family 2 *(2021)* **4.00** Minions *(2015)* **5.40** Rugrats Movie *(1998)* **7.10** Super Mario Bros Movie *(2022)* **8.45** Little Vampire *(2020)* **10.15** Lego DC:... The Flash *(2018)* **11.40** Free Birds *(2013)* **1.15am** Scooby-Doo!... *(2019)* **2.45** Marcel The Shell *(2021)* **4.25 to 6.10am** Mary and the... *(2017)*

SKY CINEMA DRAMA
Sky 310 Virgin 410 EE 510 (HD 524)

6.05am Frida ★★★★ *(2002)* **8.20** Vanilla Sky ★★★ *(2001)* **10.40** *See 12.00m't* **12.25pm** Eternal Sunshine of the Spotless Mind ★★★★★ *(2004)* **2.20** Summerland ★★★ *(2020)* **4.05** Murder at Yellowstone City: Western. ★★★ *(2022)* **6.15** Quartet ★★★★ *(2012)* **8.00** The Colour Room ★★★★ *(2021)* **10.00** Alfie ★★ *(2004)* **12.00m't** Cicada *(2020)* **1.45am** *As 4.05pm* **4.00** *As 2.20pm* **5.45 to 7.50am** Captain Fantastic *(2016)*

SKY CINEMA FEEL GOOD
Sky 302 Virgin 402 EE 502 (HD 516)

6.00am American Splendor ★★★★ *(2003)* **8.00** The Secret Garden ★★★★ *(2020)* **9.50** The Prince & Me ★★ *(2004)* **11.50** A Man Called Otto ★★★ *(2022)* **2.05pm** Magic Mike's Last Dance ★★★ *(2023)* **4.05** Mamma Mia! ★★★★ *(2008)* **6.05** A Street Cat Named Bob ★★★ *(2016)* **8.00** Field of Dreams ★★★★★ *(1989)* **10.00** Coach Carter ★★★ *(2004)* **12.20am** The Phantom of the Open ★★★★ *(2021)* **2.20** *As 9.50am* **4.20 to 6.10am** *As 8.00am*

SKY CINEMA FAMILY
Sky 306 Virgin 406 EE 506 (HD 520)

6.55am *See 10.55pm* **8.25** *See 12.25am* **10.40** *See 7.45pm* **12.20pm** Peter Rabbit ★★★ *(2018)* **2.05** Goosebumps: Fantasy adventure. ★★★ *(2015)* **4.00** Agent Cody Banks: Family spy adventure starring Frankie Muniz. ★★ *(2003)* **5.55** Agent Cody Banks 2: Destination London: Family comedy adventure sequel with Frankie Muniz. ★★ *(2004)*

9.25 A Tiger's Tail

7.45 Spy Kids: Family adventure starring Antonio Banderas. ★★★ *(2001)* **9.25** A Tiger's Tail: Family drama starring Will Spencer. *(2014)* **10.55** Hot Dog Derby: Family comedy starring Jason London. *(2013)* **12.25am** The Karate Kid ★★★★ *(1984)* **2.40** The Spy Next Door ★★ *(2010)* **4.25 to 6.00am** Ghost Squad: Adventure. *(2015)*

SKY CINEMA STAR TREK
Sky 303 Virgin 403 EE 503 (HD 517)

7.35am *See 1.55am* **9.35** Star Trek The Motion Picture *(1979)* **11.50** Star Trek II: The Wrath of Khan *(1982)* **1.50pm** Star Trek III – The Search for Spock *(1984)* **3.50** Star Trek IV: The Voyage Home *(1986)* **5.50** Star Trek V: The Final Frontier *(1989)* **7.50** Star Trek VI: The Undiscovered Country *(1991)* **9.50** Star Trek: Generations ★★★ *(1994)* **11.55** Star Trek: First Contact *(1996)* **1.55am** Star Trek: Insurrection *(1998)* **3.50 to 6.10am** *As 9.35am*

SKY CINEMA THRILLER
Sky 309 Virgin 409 EE 509 (HD 523)

7.10am *See 4.20pm* **8.50** Changing Lanes *(2002)* **10.40** The Outfit *(2022)* **12.30pm** Billionaire Boys Club ★ *(2018)* **2.25** The Young Master *(1980)* **4.20** Unhinged ★★★ *(2020)* **6.00** Three Days of the Condor ★★★★ *(1975)* **8.00** The Taking of Pelham 123 ★★★ *(2009)* **9.50** The Commuter ★★★ *(2018)* **11.45** Extremely Wicked, Shockingly Evil, and Vile ★★★★ *(2019)* **1.40am** *As 12.30pm* **3.35** *As 2.25pm* **5.30 to 7.15am** *As 8.50am*

MOVIES 24
Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** Mix Up In The Mediterranean ★★ *(2021)* **9.00** Love Served Here ★★ *(2023)* **11.00** Love's Sweet Recipe ★★ *(2021)* **1.00pm** Heart of the Manor ★★ *(2021)* **3.00** Love in Winterland ★★ *(2020)* **5.00** Moriah's Lighthouse ★★ *(2022)* **7.00** Married By Mistake ★★ *(2023)* **9.00** Two Tickets To Paradise ★★ *(2022)* **11.00** The Engagement Back-Up ★★ *(2022)* **1.00am** Unthinkably Good Things ★★ *(2022)* **3.00** Rip in Time ★★ *(2022)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT
Sky 401 Virgin 501 EE 420 (HD 440)

6.00am Sky Sports News 7.00 Good Morning Sports Fans 9.00 Good Morning Transfers The latest football transfer news. **10.00 The Football Show 11.00 LIVE Tennis** The Upper Austria Ladies Linz. Coverage of day three of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria. **10.00pm Sports News at Ten 10.30 Back Pages Tonight 11.00 Sky Sports News 1.00am LIVE NCAA Basketball** *Kentucky Wildcats v Florida Gators:* Coverage of the college match at Rupp Arena in Lexington (tip-off **1.00**). **3.00 to 6.00am Sky Sports News**

SKY SPORTS CRICKET
Sky 404 Virgin 504 EE 423 (HD 443)

6.00am Talking Cricket: Sachin Tendulkar 6.30 Best of ICC WT20 6.45 SA20 Highlights **7.45 LIVE ICC Under-19s World Cup Cricket** A Super 6 group match from South Africa.. **3.00pm LIVE SA20** *Joburg Super Kings v Sunrisers Eastern Cape:* Coverage of the match from Wanderers Stadium. **7.30 SA20** Action from Durban Super Giants v Pretoria Capitals. **8.30 Best of England v South Africa 9.30 SA20** Action from Joburg Super Kings v Sunrisers Eastern Cape. **10.30 ICC Under-19s World Cup Cricket 12.00m't SA20 5.30 to 6.00am The Best of The Big Bash** Highlights.

SKY SPORTS ARENA
Sky 408 Virgin 508 EE 427 (HD 447)

6.00am Super League Highlights 7.00 Netball Nations Cup The third and fourth play-off. **11.00 LIVE Tennis** The Upper Austria Ladies Linz. Coverage of day three of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria. **10.00pm WTA Tennis** The Hobart International final. **11.00 James Roby: The Heart of a Saint 11.30 Super League 12.30am Women's Super League 1.00 LIVE NCAA Basketball** *Kentucky Wildcats v Florida Gators:* Coverage of the college match at Rupp Arena in Lexington (tip-off **1.00**). **3.00 to 6.00am British Basketball**

TNT SPORTS 1
Sky 410 Virgin 527 EE 408 (HD 430)

6.00am Isuzu A-League 6.30 Premier League 10.00 UEFA Women's Champions League 11.00 The Football's On 12.00noon Cricket 2.00pm Ligue 1 3.00 TNT Sports Goals Reload 3.30 Premier League 6.30 The Football's On 7.30 LIVE Premier League *Liverpool v Chelsea*: Coverage of the top-flight match from Anfield (kick-off **8.15**) **11.00 Sports Feature 12.30am TNT Sports Reload 1.00 Serie A 1.30 LIVE NBA** *Brooklyn Nets v Phoenix Suns:* Action from Barclays Centre. (tip-off **1.30**). **4.00 TNT Sports Reload 4.30 TNT Sports Goals Reload 5.00 to 6.00am Fishing: On the Bank**

SKY SPORTS PREMIER LEAGUE
Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 PL Legends 7.30 Premier League Highlights 9.00 Good Morning Transfers 10.00 The Football Show 12.00noon Premier League Highlights 1.00pm Transfer Talk 2.00 Premier League Highlights 4.00 PL Best Goals 5.00 Transfer Show 5.30 Premier League Highlights 7.00 PL Stories 7.30 PL 100: Darren Bent 8.00 Soccerbox 9.00 PL Stories 9.30 PL 100: Peter Schmeichel 10.00 PL Icons 10.30 PL Retro 12.30am PL Icons 1.00 PL Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am Premier League 100 Club

SKY SPORTS GOLF
Sky 405 Virgin 505 EE 424 (HD 444)

6.00am PGA Tour 8.00 Roots: Nicolas Colsaerts 8.30 DP World Tour 9.30 PGA Tour 10.30 How the 1999 Ryder Cup Was Won 1.00pm The Players Championship Official Film 2.00 PGA Champs Film 2021 3.00 US Open Films 5.00 DP World Tour 6.00 PGA Tour 7.00 PGA Tour: The Cut 7.30 Europe! Europe! 9.30 DP World Tour 10.30 PGA Tour 12.00m't DP World Tour 1.00am PGA Tour 4.00 to 6.00am LIVE Golf The Women's Asia-Pacific Amateur Golf Championship. Featuring coverage of day one of the tournament at Siam Country Club in Thailand.

SKY SPORTS MIX
Sky 416 Virgin 510 EE 429 (HD 449)

6.00am PGA Tour Golf 7.00 NFL Bitesize Highlights 7.15 ICC Under-19s World Cup Cricket 7.45 LIVE ICC Under-19s World Cup Cricket A Super 6 group match from South Africa. **4.00pm British Basketball** Action from the women's BBL Trophy final. **7.00 British Basketball** Action from the men's BBL Trophy final. **10.00 Premier League Stories** A look behind the scenes of the Premier League. **10.30 PGA Tour Golf** The Farmers Insurance Open. **11.30 Premier League Stories 12.00m't SA20 2.00am Premier League Stories 2.30 to 6.00am Premier League Darts**

TNT SPORTS 2
Sky 411 Virgin 528 EE 409 (HD 431)

6.30am Ariel Helwani Meets 7.00 WWE Raw 9.30 TNT Sports Goals Reload 10.00 Serie A 3.00pm Test Cricket 5.00 WWE Raw Wrestling action. **6.00 TNT Sports Reload 6.30 Serie A – Full Impact** All the best moments from the latest action in the Italian top flight. **7.00 LIVE Premier League** *Tottenham Hotspur v Brentford:* Coverage of the top-flight match from Tottenham Hotspur Stadium (kick-off **7.30**). **10.00 The Football's On 11.00 UEFA Women's Champions League** Action from Paris FC Women v Chelsea Women. **12.00m't Ligue 1 1.00am to 6.00am Premier League**

SKY SPORTS FOOTBALL
Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL Cup Retro 8.45 EFL Greatest Games 10.00 EFL Cup Retro 12.00noon WSL 12.30pm SPFL Highlights 12.45 AFCON 4.45 Scottish Premiership Round-Up 5.00 EFL Highlights 6.30 EFL Goals: Leagues 1 & 2 7.00 EFL Highlights 7.30 WSL 8.30 Scottish Premiership Round-Up 8.45 SPFL Highlights 9.00 EFL Highlights 9.30 Bundesliga Highlights Show 10.30 EFL Goals: Leagues 1 & 2 11.00 EFL Greatest Games 1.00am Championship Retro 3.00 EFL Cup Retro 5.00 Best Goals Of The Carabao Cup 2020/21 5.30 to 6.00am Best Goals: Efl Cup 2021-22

SKY SPORTS NFL
Sky 407 Virgin 507 EE 426 (HD 446)

6.00am NFL Highlights 8.00 NFL Highlights 10.00 Neil Meets Odell Beckham Jr 10.15 Kansas City Chiefs: The Franchise 11.00 NFL Highlights 12.00noon Good Morning Football The latest NFL news. **3.00pm NFL Highlights 6.00 NBC's Pro-Football Talk** Mike Florio and Chris Simms present this talk show. **8.00 One Jets Drive 8.00 NFL 8.45 Kansas City Chiefs: The Franchise 9.30 NFL 10.00 NFL: America's Game 11.00 Total Access 1.00am Kansas City Chiefs: The Franchise 1.45 49 Hours 2.00 NBC's Pro-Football Talk 4.00 to 6.00am NFL Highlights**

EUROSPORT
Sky 413 Virgin 521 EE 412 (HD 435)

6.00am Alpine Skiing 7.00 Snooker: German Masters 9.00 LIVE Snooker: German Masters The morning session on day three from Berlin, featuring second-round matches. **12.00noon Alpine Skiing 1.00pm Snooker: German Masters 2.00 LIVE Snooker: German Masters** Coverage of the afternoon session on day three from Tempodrom Berlin, featuring third-round matches. **5.00 Alpine Skiing 6.00 Snooker 7.00 LIVE Snooker: German Masters** Coverage of the evening session on day three. **10.00 Snooker 12.00m't Cycling 2.00 Snooker 4.00 to 6.00am Cycling**

TNT SPORTS 3
Sky 417 Virgin 529 EE 410 (HD 432)

6.00am Women's T20 Super Smash 8.00 T20 Super Smash 10.00 Rugby Union: Premiership 3.00pm UEFA Champions League – Classics 4.00 WWE SmackDown 5.00 ABB FIA Formula E World Championship 7.00 LIVE Premier League *Manchester City v Burnley:* Coverage of the match from Etihad Stadium (kick-off **7.30**). **10.00 Serie A – Full Impact 10.30 Test Cricket 12.30am Women's T20 International Cricket 1.30 Ultimate Pool** Featuring action from the Group 4 matches in the Champions League tournament. **3.00 UFC Greatest Fights 4.30 Serie A 5.00 to 6.00am Ligue 1**

RADIO

BBC RADIO 2

6.30am Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00pm** Scott Mills **4.00** Sara Cox **7.00** Jo Whiley **9.00** Mark Radcliffe **10.00** DJ Spoony's Magnificent 7 **10.30** DJ Spoony **12.00m't** OJ Borg **3.00am** Dermot O'Leary **4.00 to 6.30am** Owain Wyn Evans

BBC RADIO 3

6.30am Breakfast **9.00** Essential Classics **12.00noon** Composer of the Week **1.00pm** Lunchtime Concert **2.00** Afternoon Concert **4.00** Choral Evensong **5.00** In Tune **7.00** Classical Mixtape **7.30** In Concert **10.00** Free Thinking **10.45** The Essay **11.00** Night Tracks **12.30 to 6.30am** Through the Night

BBC RADIO 4

5.30am News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day **6.00** Today **8.31 to 9.00 (LW)** Yesterday in Parliament **9.00** More or Less **9.30** Just One Thing with Michael Mosley **9.45** Book of the Week **9.45 to 10.00 (LW)** Daily Service **10.00** Woman's Hour **11.00** Why Do You Hate Me? **11.30** Lady Killers with Lucy Worsley **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** You and Yours **12.57** Weather **1.00** The World at One **1.45** Ian Hislop's Oldest Jokes **2.00** The Archers **2.15** Drama **3.00** Money Box Live **3.30** Inside Health **4.00** Thinking Allowed **4.30** The Media Show **5.00** PM **5.54 to 5.57 (LW)** Shipping **5.57** Weather **6.00** News **6.30** Clare in the Community **7.00** The Archers **7.15** Front Row **8.00** The Moral Maze **9.00** When It Hits the Fan **9.30** The Media Show **9.59** Weather **10.00** The World Tonight **10.45** Book at Bedtime **11.00** What's the Story, Ashley Storrie? **11.15** Sarah Keyworth – Are You a Boy or a Girl? **11.30** Today in Parliament **12.00m't** News, Weather **12.30am** Book of the Week **12.48** Shipping Forecast **1.00** As BBC World Service **5.20 to 5.30am** Shipping Forecast

CLASSIC FM

6.30am Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Smooth Classics at Seven **10.00** Calm Classics **1.00am** Bill Overton **4.00 to 6.30am** Early Breakfast

Will struggles with events at the halfway house

Lord Sugar returns to put more candidates through their paces

Grantchester DRAMA 9PM, ITV1, ITVX (BOX SET)

They say that too many cooks spoil the broth, and that's certainly the case in tonight's visit to Grantchester, as formidable vicarage housekeeper Mrs Chapman (Tessa Peake-Jones) has her toes well and truly stepped on after Leonard Finch (Al Weaver) hires a housekeeper, Martha (*Wire in the Blood*'s Simone Lahbib) for his halfway house. As the pair clash over what to cook for Leonard, will Mrs C's beef brisket or Martha's 'stovies' win the day? Also, following his accident, Will (Tom Brittney) believes he's failed a parishioner by not listening to him and spirals further into despair... ★★★★ **VW**

See feature, page 12

The Apprentice NEW REALITY 9PM, BBC1

Tonight, 18 new candidates are ready to battle it out for Lord Sugar's £250,000 investment in the evergreen and entertaining reality series. For their first task the contenders – who include a pharmacist, doctor, yoga teacher and two pie-company owners – are sent to Scotland to organise a corporate away day. Let's just say it's a taxing venture with chaotic results. Ultimately, in this game money talks, so expect inflated egos held to account in the boardroom and at least one person being sent packing via *The Apprentice: You're Fired* (10pm, BBC2) with Tom Allen. ★★★ **ER**

See feature, page 18

'Captain of commerce' Peter Jones

Dragons' Den

FACTUAL 8PM, BBC1

After 21 series, you'd think this investment programme would have nothing new to offer. But, no – tonight sees the first time in the show's history all Dragons end up at the wall, to discuss shares in a business that has impressed them not only because of a rhyming pitch but also for its royal investor. Tonight's varied proposals are a healthy hairbrush, a toothbrush for cats, a night-time breathing device and online bedtime stories. ★★★ **NT**

Sailor Libby on *Nightjar*, ready for the Round the Island Race

Isle of Wight: Jewel of the South

NEW FACTUAL 8PM, CHANNEL 5

There are more Isle of Wight wonders to enjoy in this second series that not only showcases the island's stunning scenery and rich history but also the extraordinary lives of its inhabitants. Tonight, we follow two sisters who run their own traditional ice-cream parlour, a husband-and-wife team with an alpaca walking business and a yachting crew competing in the famous Round the Island Race. We also get to meet Nick, a real-life inventor who has made his wife an exact replica of the magical car from *Chitty Chitty Bang Bang*! Alan Titchmarsh narrates. ★★★ **HD**

Judith's celebrations are curtailed

PICK OF THE DAY

The MADAME BLANC MYSTERIES

A surprise that turns to shock on Judith's birthday

COMEDY DRAMA 9PM, CHANNEL 5

As a thoughtful treat for Judith (Sue Holderness) on her birthday, husband Jeremy (Robin Askwith) arranges a surprise dinner with her best friends, sisters Nancy (Lisa Maxwell) and Delphine (Julie Graham). But just as the meal's wrapping up, Nancy disappears and Jeremy receives a shocking text revealing she's been kidnapped. Jean (Sally Lindsay) is on the case, and Nancy's no-good ex Theo is the prime suspect – but can Jean find where Nancy is being held? It's another pleasingly knotty mystery, but there's also a glimpse at Judith's surprisingly tragic history – a welcome opportunity for the excellent Holderness to show her character is more than just a good-time girl... ★★★★ **SP**

See feature, page 4

Premier League Darts

LIVE DARTS 7PM, SKY SPORTS ARENA, SKY SPORTS MAIN EVENT, NOW

The World Darts Championship drew a huge audience over New Year, enthralled by 16-year-old sensation Luke Littler, who went on an amazing run of wins to make it all the way to the final. 'Luke the Nuke' only just lost out to another English player, Luke Humphries. Now you can follow both Lukes again as coverage begins of the Premier League Darts. Could we get a revenge match between the two? Defending champion Michael van Gerwen is chasing an eighth crown. ★★★ **NC**

Luke Humphries and Luke Littler at last month's World Darts Championships final

PHOTOS: SHUTTERSTOCK

Alain and Michel at the Waterside Inn

Roux Down the River: The Thames

NEW COOKERY 9PM, FOOD NETWORK

Set your taste buds tingling as Michel Roux takes a boat journey along the River Thames, stopping off at restaurants, pubs and markets while also cooking up delicious dishes in the galley kitchen. The voyage begins along a personal stretch of the river, which takes in Bray, the village where Michel's late uncle and father began their famous Waterside Inn. Michel makes raspberry soufflé with cousin Alain, who now runs the Michelin-starred restaurant, and visits Heston Blumenthal's gastropub The Hind's Head. ★★★ **HD**

See feature, page 20

BBC1

Freeview HD **101** Sky HD **101** Virgin TV HD **101** Freesat HD **106**

6.00 Breakfast (S) **9.30 Morning Live** (S) **10.45 Dr Xand's Con or Cure** A look at what separates medical cures from cons. (S) **11.15 Homes Under the Hammer** In Stoke-on-Trent. (S)(R)

12.15 Bargain Hunt From Harrogate. (S)(R)(AD)

1.00 BBC News at One (S) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Doctors *Bad Owners:* Nina is nervous about giving a lecture at the university; and Bear warns people about Harry. (S)(AD)

2.15 Money for Nothing A pair of folding chairs and a collection of bottles are upcycled. (S)(R)

3.00 I Escaped to the Country Meeting a family who have embarked on an ambitious restoration of a building in Devon. (S)(R)

3.45 The Repair Shop Jay Blades and the team restore a wooden automaton that is over 150 years old, and a miner's helmet. (S)(R)(AD)

4.30 The Travelling Auctioneers Christina Trevanion helps a former diplomat liberate his exotic collection of international items. (S)

5.15 Pointless Quiz show. (S)

6.00 BBC News at Six (S) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)

7.30 EastEnders Kathy, Stacey and Suki are shocked when Denise volunteers at the Vic's psychic night; and Linda worries when Alfie asks to talk about what she said. (S)(AD)

8 PM

8.00 Dragons' Den Business challenge series. The latest entrepreneurs bidding for the Dragons' investment include a cat-loving inventor who thinks he has found a pain-free way to keep feline teeth clean, and an Irish entrepreneur who is on a mission to help the world breathe better. ***See Highlights.*** (S)(AD)

9 PM

9.00 The Apprentice
NEW ★★★★★
Return of the business reality programme. Lord Sugar's latest band of candidates are challenged to host a corporate away day in the Scottish Highlands, before one is sent packing. ***See feature, page 18, & Highlights.*** (S)(AD)
● ***The Apprentice: You're Fired follows on BBC2.***

10 PM

10.00 BBC News at Ten (S)

10.30 BBC Regional News (S) and **Weather**

10.40 Question Time Fiona Bruce chairs the topical debate, inviting a panel of politicians and other guests in Glasgow to answer questions from an invited audience. (S)

11.40 Newscast BBC journalists including Laura Kuenssberg, Adam Fleming and Chris Mason host a weekly round-up from Westminster, delivering a mix of serious analysis and light-hearted gossip about the biggest stories. (S)

12.10 Weather for the Week Ahead (S) **12.15 to 6.00 BBC News** (S)

BBC2

Freeview HD **102** Sky HD **102** Virgin TV HD **102** Freesat HD **102**

6.45 The Travelling Auctioneers (S)(R) **7.30 David & Jay's Touring Toolshed** (S)(R)(AD) **8.00 Gardeners' World** (SL)(S)(R)(AD) **9.00 Nicky Campbell Taking** Debate. (S) **10.00 BBC News** (S)

12.15 Politics Live The latest stories. (S)

1.00 Impossible Quiz with Rick Edwards. (S)(R)

1.45 Lightning Quiz hosted by Zoe Lyons. (S)(R)

2.15 The Secrets of Your Food 3 of 3. The effect that food has on the brain. (S)(R)(AD)

3.15 All That Glitters: Britain's Next Jewellery Star 4 of 6. Making a brooch inspired by Birmingham's culture. (S)(R)(AD)

4.15 Thailand: Earth's Tropical Paradise 3 of 3. The documentary explores mountains and forests in northern Thailand. (S)(R)(AD)

5.15 Flog It! Paul Martin is joined by James Lewis and Caroline Hawley at Wolverhampton Art Gallery, where the items include a sword. (S)(R)

6.00 Richard Osman's House of Games Babatunde Aléshé, Sophie Duker, Gaby Roslin and Jeff Stelling test their knowledge. (S)

6.30 David & Jay's Touring Toolshed David Jason and Jay Blades help a veteran to learn carpentry to build a memorial bench, and find leatherwork is harder than it looks. (S)(AD)

7.00 Marcus Wareing's Tales from a Kitchen Garden Culinary series. The chef is thinking of expanding his herd, so he visits the Buckhurst estate to learn about traditional Sussex cattle. Marcus also finds out about pond management, and investigates how to encourage more wildlife onto the farm. (S)

8.00 Great British Menu Culinary competition. It is the regional final for the two highest-scoring chefs from the Central region. After winning top spots in the heats, they have been given feedback on every course, and must now cook all six dishes again. Paralympic gold medal sprinter Jonnie Peacock helps decide the winner. (S)

9.00 The Mayfair Hotel Megabuild 3 of 3. Documentary series. As the construction work nears completion, some of the world's top designers turn their attention to the interiors. The highlight is expected to be the penthouse, which will span the rooftop and feature four bedrooms and a swimming pool. (S)(R)(AD)

10.00 The Apprentice: You're Fired
NEW ★★★★★
Companion show to the reality challenge series. Comedian Tom Allen meets the first fired candidate and shares exclusive behind-the-scenes content as a panel of special guest fans take a wry look at the week's task. (S)

10.30 Newsnight (S)

11.10 Weather (S)

11.15 Putin vs the West: At War 1 of 2. *As Monday.* Documentary about the year that followed Russia's invasion of Ukraine, and how it rocked European security. (S)(R)(AD)

12.15 Make It at Market Mosaic artist Dionne and animal head embroiderer Alan seek business advice. (SL)(S)(R)(AD) **1.00 Digging for Britain** Exploring Boudicca's Hillfort. (SL)(S)(R)(AD) **2.00 Streets of Gold: Mumbai** (SL)(S)(R)(AD) **3.00 to 4.10 The Traitors** (SL)(S)(R)(AD)

ITV1

Freeview HD **103** Sky HD **103** Virgin TV HD **103** Freesat HD **111**

6.00 Good Morning Britain (S) **9.00 Lorraine** (S) **10.00 This Morning** Daily magazine featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, and health advice. Including **Local Weather** (S)

12.30 Loose Women Topical debate. (S)

1.30 ITV News (S) and **Weather** including **Local News** (S) and **Weather**

2.00 Dickinson's Real Deal It is a big day for David Dickinson and his team in Bradford, with the show's biggest cash offer of £18,500 on the table; and a set of George Jenson spoons pays for flying lessons. (S)(AD)

3.00 Riddiculous Quiz show hosted by Ranvir Singh, in which Eloise and Dave, Gabriele and Besrat, and Catherine and Helen take part take on Riddlemaster Henry Lewis. (S)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)

5.00 The Chase Eddie from Chelmsford, Sophie from Bristol, Ariane from Stewarton and Peter from York face one of the ruthless Chasers. (S)

6.00 Local News (S) and **Weather**

6.30 ITV News (S) and **Weather**

7.30 Emmerdale Nicola and Jimmy begin to worry for Angelica; Moira is trying to help; and Lydia is feeling rejected. (S)(AD)

8.30 Tonight *Lindsey Burrow: Who Cares for Our Carers?* Lindsey Burrow, an unpaid carer for her former rugby league player husband Rob, finds out the cost to those who take on the responsibility of caring for others. (S)

9.00 Grantchester 4 of 6. Detective drama series. Geordie is called to investigate after an Italian immigrant who has been staying at Leonard's halfway house, is found dead. ***See feature, page 12, & Highlights.*** (S)(AD)

Geordie Keating....*ROBSON GREEN* Will Davenport.....*TOM BRITTNEY*
Leonard Finch.....*AL WEAVER* Mrs Chapman . *TESSA PEAKE-JONES*
Cathy Keating...*KACEY AINSWORTH* Jack Chapman ..... *NICK BRIMBLE*

10.00 ITV News at Ten (S) and **Weather** including **Local News** (S) and **Weather**

10.45 Born from the Same Stranger 2 of 4. *As Monday.* Davina McCall narrates the documentary series following people born from anonymous donors who want to solve mysteries about their identities. (S)(R)(AD)

11.45 Heathrow: Britain's Busiest Airport In 2019, the airport is having its busiest year to date, and is expecting more than 81 million passengers to fly in and out. (S)(R)(AD)

12.10 2000AD **All Elite Wrestling: Rampage** Hard-hitting wrestling action. (S)(R) **1.05 Teleshopping 3.00 Grantchester** 5 of 8. Will and Geordie investigate an audacious robbery. (SL)(S)(R)(AD) **3.50 Unwind with ITV** Daily escape designed to calm the mind. (S) **5.05 to 6.00 Dickinson's Real Deal** In Bradford, West Yorkshire. (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD **104** Sky HD **138** Virgin TV HD **104/141** Freesat HD **126**

6.15 Countdown (S)(R) **6.55 Cheers** (S)(R) **7.45 3rd Rock from the Sun** (S)(R)(AD) **8.10 3rd Rock from the Sun** (S)(R)(AD) **8.35 The King of Queens** (S)(R)(AD) **9.05 The King of Queens** (S)(R)(AD) **9.35 The King of Queens** (S)(R)(AD) **10.05 Frasier** (S)(R)(AD) **10.35 Frasier** (S)(R)(AD) **11.05 Frasier** (S)(R)(AD) **11.35 Channel 4 News Summary** (S) **11.40 Four in a Bed** (S)(R)

12.10 Four in a Bed From Somerset. (S)(R)

12.40 Four in a Bed In Minehead, Somerset. (S)(R)

1.10 Four in a Bed From Devon. (S)(R)

1.40 Four in a Bed Payment day arrives. (S)(R)

2.10 Countdown With guest Tasha Ghour. (S)

3.00 A Place in the Sun In Madeira. (S)(R)

4.00 A New Life in the Sun A family welcome their first guests to their holiday lets. (S)

5.00 Chateau DIY At the Château de Brives, Sarah and George transform two enormous barns into a nightclub and a lounge. (S)(AD)

6.00 Come Dine with Me Things hot up in Belfast as professional dancer Emmanuella aims to spice up the lives of her guests. (S)

6.30 The Simpsons *The Yellow Badge of Cowardge:* Bart betrays Milhouse during Springfield Elementary's sports day. (S)(R)(AD)

7.00 Channel 4 News (S), **Weather**

8.00 Secret Life of the Safari Park 5 of 6. Documentary series. Tonight, dominant male bison Baldr is acting up and causing chaos; and over in the baboon troop, male Snout is injured in a challenge for his crown. (S)(AD)

9.00 The Miners' Strike 1984: The Battle for Britain 2 of 3. Documentary series chronicling the year-long dispute in the coal mining industry. Tonight's edition looks at the bloodiest single day of the strike, that occurred in the Battle of Orgreave. (S)(AD)

10.00 Catching a Killer: A Diary from the Grave Crime documentary charting the investigation into the death of former teacher Peter Farquhar in 2015, which was initially not thought suspicious by the police until a neighbour of his also fell ill. (S)(R)(AD)

11.50 To Catch a Copper 1 of 3. *As Monday.* Documentary following the work of the police Professional Standards department. (S)(R)(AD)

12.45 999: On the Front Line (S)(R) **1.40 Big Boys** (SL)(S)(R)(AD) **2.05 Brits Down Under** (S)(R)(AD) **3.00 Celebrity First Dates Hotel for SU2C** (S)(R)(AD) **3.50 Michael Mosley: Secrets of Your Big Shop** Last in series. (SL)(S)(R)(AD) **4.45 Kirstie and Phil's Love It or List It: Brilliant Builds** (SL)(S)(R)(AD) **5.40 Kirstie's House of Craft** (S)(R) **5.50 to 6.15 Food Unwrapped** (S)(R)(AD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD **105** Sky HD **105** Virgin TV HD **105** Freesat HD **105**

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine The issues of the day and viewers' opinions. (S) **11.15 Storm Huntley** A debate on the day's talking points, with viewers' calls on the biggest stories. (S)

12.45 Alexis Conran & Friends The actor, broadcaster and writer looks at the stories of the day, getting viewers' opinions about them. Followed by **5 News at Lunchtime.** (S)

1.45 Home and Away Leah's nightmares escalate; Marilyn's work request backfires; Theo struggles with his lyrics; and Alf tells John that a student dropped out of his course and has lodged a complaint. (S)(R)

2.15 True Justice
FILM PREMIERE Thriller starring Katherine McNamara. A law school student and her friends set out to prove that her brother is innocent of murder by finding the identity of the real killer. (S) ★★ *(2023)*

4.00 Bargain-Loving Brits in the Sun Meeting a couple who are enjoying a new life in Spain after retiring 11 years ago. (S)(R)(AD)

5.00 5 News (S)

6.00 Your Dream Kitchen for Less Mark Millar helps two couples taking on huge extensions, including a Surrey duo who need to supersize their home. Followed by **5 News Update.** (S)

7.00 The 1970s Supermarket 1 of 3. Documentary series following the story of the shopping revolution, as Britain went from small behind-the-counter shops to massive megastores, with trolleys, alcohol sections and barcodes. Followed by **5 News Update.** (S)(R)

8.00 Isle of Wight: Jewel of the South
NEW 1 of 4. Return of the documentary series. In this edition, ice-cream producers and sisters Louise Hart and Jenny Simmons from Cowes are rolling out a new flavour for the season, hoping that it will melt hearts at the Royal Isle of Wight County Show. ***See Highlights.*** (S)

9.00 The Madame Blanc Mysteries 5 of 6. Drama series starring Sally Lindsay. Judith's birthday celebration takes an unexpected turn. ***See feature, page 4, & Highlights.*** (S)

Jean White ..... *SALLY LINDSAY*
Gendarme Caron .. *ALEX GAUMOND*
Jeremy Lloyd-James ..... *ROBIN ASKWITH*
Dom Hayfield ..... *STEVE EDGE*
Judith Lloyd-James ..... *SUE HOLDERNESS*
Gloria Beauchamp .... *SUE VINCENT*

10.00 A&E After Dark 6 of 10. Medical documentary series. In tonight's edition, an elderly patient falls down the stairs and is rushed to hospital; and a 54-year-old comes in with a dangerously high heart rate. (S)(R)

11.05 999: Criminals Caught on Camera Exploring how some young people take their first steps into a life of lawlessness. (S)(R)

12.05 Nightmare Tenants, Slum Landlords Documentary. (S)(R) **1.00 PlayOJO Live Casino Show** (S) **3.00 Portillo's Empire Journey** (S)(R) **3.50 Casualty 24/7: Every Second Counts** (S)(R) **4.35 Divine Designs** (S)(R) **5.00 House Doctor** (S)(R) **5.25 Entertainment News on 5** (S)(R) **5.40 Milkshake! Monkey's Amazing Adventures** (SL)(S)(R) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

A Bloody Lucky Day

DRAMA Paramount+

Korean thriller. A taxi driver agrees to drive a man to a distant city only for the passenger to reveal that he is a serial killer, confessing to grisly crimes from his past. ***All episodes available from today.***

YOU MIGHT ALSO LIKE...

Beef

DRAMA Netflix

A feud between two strangers escalates after they are involved in a road rage incident in this Golden Globe-winning series. ***All episodes available now.***

ITV1 VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

THURSDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

9.00 Fresh Cops

7.00 Yianni: Supercar Customiser Double-bill. (S)
7.45 My Mate's a Bad Date (S)
8.10 The Catch Up (S)
8.15 Ghosts US Double-bill. Sam gives advice; and Freddie purchases some ghost-hunting equipment. (S)
9.00 Fresh Cops New edition (S)
10.00 FILM The Bling Ring Fact-based drama starring Emma Watson and Katie Chang. (W)(S) ★★★★ *(2013)*
See Films, pages 31-35.

11.25 Charlotte in Sunderland: Double-bill, including: Charlotte Crosby juggles the demands of running her business and motherhood. (S)
12.25 am Fresh Cops: Double-bill. (S)
1.25 Bad Education: Double-bill (S)
2.25 Charlotte in Sunderland (S)
2.55 to 3.55am Young MasterChef (SL)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

8.00 The Diary of Anne Frank

7.00 Planet Earth II Animals that live in deserts. (S)
8.00 FILM The Diary of Anne Frank Fact-based drama starring Millie Perkins as the German Jewish hiding from the Nazis in Amsterdam. (b/w) (S) ★★★★ *(1959)*
10.45 FILM Pride and Prejudice Period drama based on Jane Austen's novel, starring Laurence Olivier, Greer Garson and Edmund Gwenn. (b/w) (S) ★★★★ *(1940)*

12.40 am The Killer Wave of 1607: Timewatch: The tsunami that struck Britain's coast in 1607. (S)
1.30 to 3.10am Señorita 89: Double-bill. The girls try to stick to their version of what happened; and Isabel vies for Iriarte's sponsorship. In Spanish. (S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes
9.00 Chuck (S4, ep24) (S)
10.00 One Tree Hill: Double-bill. (S)
12.00 noon Secret Crush (S)
1.00 pm Dress to Impress (S)
2.00 Family Fortunes: The Gills go up against the Havelins. (S)
3.00 Chuck: Action comedy starring Zachary Levi. (S5, ep1) (S)
4.00 One Tree Hill: Double-bill. Lucas investigates Dan's heart condition. (S5, ep16)(S); and Brooke's baby undergoes surgery. (S5, ep17) (S)

10.05 Count Abdulla

6.00 Celebrity Catchphrase With Mo Gilligan, Joanna Page and Naga Munchetty. (S)
7.00 Deal or No Deal Game show with Stephen Mulhern. (S)
8.00 Superstore Double-bill. (S)
9.00 Love Island: All Stars New edition It has been another rollercoaster day. (S)
10.05 Count Abdulla New episode Abdulla brings Kathy along to a dinner party. (S)
10.35 Family Guy A psychologist examines Stewie. (S)

11.05 Family Guy: Lois's parents hire a nanny to help with the kids. (S)
11.35 American Dad!: Double-bill. (S)
12.30 Superstore: Double-bill. (S)
1.30 Deep Fake Neighbour Wars: Double-bill of the comedy. (S)
2.35 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Classic Emmerdale (S)
7.30 Classic Coronation Street (S)
8.00 Where the Heart Is (S)
10.10 The Darling Buds of May (S)
11.20 The Royal: Medical drama. (S)
12.20 pm Heartbeat: Rural drama. (S)
1.25 Classic Emmerdale (S)
2.25 Classic Coronation Street (S)
3.25 Midsomer Murders: A local boxer's successful world title bid stirs up hidden passions. (S)
5.25 Downton Abbey: Secrets and rifts threaten the unity of the family. (S)

8.00 Endeavour

6.55 Heartbeat The day of Nick and Jo's wedding arrives, but the policeman has trouble getting to the church on time. (S)
8.00 Endeavour The detective is assigned to investigate when a chocolate-factory owner is murdered during a fox hunt. (S)
10.00 Trial & Retribution 1 of 2. Fifteen-year-old Cassie Booth goes missing while doing her paper round. (S)

11.55 The Royal: A group of drunken mods arrive at the hospital. (S)
12.45am Where the Heart Is: Double-bill. Jacqui goes into labour during a power cut; and Simon tries to persuade Ruth to come home with their son, Alfie. (SL)(S)
2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am Minder (SL)(S)
6.55 The Sweeney (SL)(S)
8.00 The Saint: Adventure. (SL)(S)
9.00 The Return of Sherlock Holmes (S)
10.10 Magnum, PI: Crime drama. (S)
11.10 The Saint: Adventure. (S)
12.15 pm The Return of Sherlock Holmes: A butler disappears. (S)
1.30 Kojak: Crime drama. (S)
2.35 Magnum, PI: Crime drama. (S)
3.35 Minder: Comedy drama. (S)
4.45 The Sweeney: Police drama. (S)
5.50 BattleBots: Valkyrie v Rotator. (S)

8.00 Monster Carp

6.55 The Chase Celebrity Special With Jeff Banks, Michelle Ackerley, Andy Crane and Brian Conley. (S)
8.00 Monster Carp Ali Hamidi, Tom Dove and Neil Spooner take a trip to Croatia. (S)
9.00 FILM Jaws 2 Adventure thriller sequel starring Roy Scheider, Lorraine Gary and Murray Hamilton. Another shark returns to terrorise the small town of Amity. (W)(S) ★★★ *(1978)*

11.20 FILM Gran Torino: Drama with Clint Eastwood, Christopher Carley, Bee Vang and Ahney Her. (W)(S) ★★★★ *(2008)*
1.45 am Auto Mundial (S)
2.15 Motorsport Mundial (S)
2.40 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping
8.00 Bargain-Loving Brits in the Sun **10.00** 22 Kids & Counting
11.00 Nightmare Tenants, Slum Landlords: Documentary.
12.00noon Traffic Cops: Back-to-back editions.
2.00 Police Interceptors Back-to-back editions.
5.00 Car Pound Cops: Give Me My Car Back!: Documentary series following the work of vehicle recovery crews.

6.00 Home and Away (S)
7.00 GPs: Behind Closed Doors The doctors deal with emotional patients. (S)
8.00 Casualty 24/7: Every Second Counts The first heatwave of summer hits. (S)
9.00 A&E After Dark A patient is escorted off the premises. (S)
10.00 999: Emergency Call Out A baby girl is thought to be in anaphylactic shock. (S)

11.00 Ambulance: Code Red
12.00m't 999: Critical Condition
1.00am Skin A&E
2.00 Adults Only: Cam Girl Millionaires **2.50** Burglars & Break-Ins: Caught on Camera
3.35 Home and Away
4.00 to 6.00am Teleshopping

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping
9.00 NCIS: Double-bill.
10.55 Entertainment News on 5
11.00 NCIS (S18, ep12)
12.00noon Law & Order (S3, ep9)
1.00pm Law & Order (S3, ep10)
2.00 Law & Order (S3, ep11)
3.00 Law & Order (S4, ep2)
4.00 Law & Order: A rock star is accused of rape. (S4, ep3)
5.00 Law & Order: A killer surfaces on the streets. (S4, ep4)
5.55 Entertainment News on 5

6.00 NCIS Triple-bill, including: Officers investigate the death of a man on a cruise ship. (S19, ep7); and Kasie weighs the pros and cons of buying a gun. (S19, ep8)(S)
9.00 Blue Bloods Jamie refuses to follow orders. (S4, ep3) (S)
10.00 Law & Order: Special Victims Unit Amaro gets into trouble when he shoots a suspect. (S15, ep11) (S)

11.00 Law & Order: Special Victims Unit: Triple-bill, including: Rollins and Benson investigate a rape. (S15, ep12)
1.55am Lucifer (S3, ep19)
2.50 Lucifer (S3, ep23)
3.35 Criminals: Caught on Camera
4.00 to 6.00am Teleshopping

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am Meat Loaf: In and Out of Hell **7.10** Tom Jones at the BBC
8.00 Abandoned Engineering
10.00 Adolf Hitler's War **11.00** Narrow Escapes of World War II
12.00noon Great American Railroad Journeys: In Illinois.
1.00pm Antiques Roadshow
2.00 Bangers & Cash: Double-bill.
4.00 Adolf Hitler's War
5.00 Narrow Escapes of World War II: America's first air raid on the Japanese archipelago.

6.00 Antiques Roadshow From Minehead Railway Station. (S)
7.00 Great British Railway Journeys Double-bill, including: Along the Great Eastern Line. (S)
8.00 Bangers & Cash: Restoring Classics The team snaps up a slightly saggy 1970s Saab 96. (S)
9.00 Bangers & Cash Double-bill, including: Paul and Jack head to Staffordshire. (S)

11.00 Abandoned Engineering
12.00m't Great British Railway Journeys Goes to Ireland
12.30am Great British Railway Journeys: Documentary.
1.00 Fred Dibnah's Railway Collection **2.00** Smoke & Steel
3.00 to 6.10am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Salvage Hunters: Double-bill.
10.00 Celebrity Yorkshire Auction House: With Jennie Bond.
11.00 Antiques Road Trip
12.00noon The Repair Shop
1.00pm Long Lost Family US
2.00 My 600lb Life: Documentary.
4.00 Animal Cops Philadelphia
5.00 Saving Lives at Sea: Help for a cargo ship which has lost power and is drifting towards rocks.

6.00 Celebrity Yorkshire Auction House Angus uncovers model kits at the home of Owain Wyn Evans. (S)
7.00 Antiques Road Trip Double-bill, including: The antiques experts tour Co Durham. (S)
9.00 1000lb Sisters New edition Chris and Tammy meet Dr Smith. (S)
10.00 My Extreme Excess Skin Surgery to take off excess skin. (S)

11.00 Ghost Adventures: A San Francisco hotel with a dark past.
12.00m't Kindred Spirits: An angry spirit torments a woman.
1.00am Ghost Adventures
2.00 Teleshopping **4.00** Animal Cops Detroit **5.00 to 6.00am** Animal Cops Philadelphia

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am The Larkins **6.40** Take A Letter Mr Jones **7.10 FILM** The Wedding of Lilli Marlene *(1953)*
9.00 Law of the Plainsman
9.30 FILM At the Earth's Core *(1976)* **11.20 FILM** Forever and a Day (b/w) ★★★ *(1943)*
1.30pm Queen and Her Ceremonial Horses **2.45** Look at Life
3.00 Talking Pictures **3.10 FILM** Keep Your Seats, Please *(1936)*
4.50 Talking Pictures **5.00 FILM** Millions Like Us (b/w) *(1943)*

7.00 A Lifetime Ago with The Baim Collection Taking a glimpse at London 60 years ago.
7.30 Time to Remember Events from 1938. (S)
8.00 Danger UXB Ash must disarm a bomb.
9.00 Rumpole of the Bailey The barrister defends his doctor.
10.10 FILM Room at the Top Drama starring Laurence Harvey. (S) ★★★★ *(1958)*
See Films, pages 31-35.

12.30am Sally Ann: Drama about members of the Salvation Army.
1.00 Spearhead (S1, ep3)
2.00 The Main Chance (S3, ep13)
3.00 FILM The Bedroom Window: Thriller starring Steve Guttenberg. ★★★ *(1987)*
5.15 to 6.00am The Dutch TT 1954

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am Billie and Greg: The Family Diaries **8.00** Masters of Flip **9.00** LittleBe **12.00noon** Sugar Showdown **12.25pm** The Real Housewives of Beverly Hills **1.15** The Only Way Is Essex **2.00** Buying and Selling **3.00** Million Dollar Listing: LA **4.00** The Real Housewives of Atlanta **5.00** The Real Housewives of New Jersey **6.00** Masters of Flip **7.00** Million Dollar Listing: LA **8.00** Dinner Date **9.00** Emergency Nurses: A&E Stories **10.00** Botched **11.00** Singletown **12.00m't** The Only Way Is Essex **12.45am** Unwind with ITV **1.00 to 7.00am** Teleshopping

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am Gilbert and Sullivan... **6.30** Academy of Ancient Music **8.00** *See 5.00pm* **9.00** *See 6.00pm* **10.00** Alfred Hitchcock Presents **11.00** Discovering **12.00noon** *See 5.00pm* **1.00pm** *See 6.00pm* **2.00** Camille Pissarro **3.00** Grapes of Wrath... **4.00** Discovering **5.00** Joy of Painting **6.00** Tales of the Unexpected **7.00** Landscape Artist... **8.00** The Directors **9.00** Discovering **10.00** Classic Movies **11.00** Directors **12.00m't** Jethro Tull: Live **2.35am** Natalia Osipova **4.00** The South Bank Show **5.00 to 6.00am** Auction

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: From the Hamptons. (SL)(S)
9.00 Brooklyn Nine-Nine (S)
10.00 The Big Bang Theory (S)
11.00 Modern Family: Double-bill. (S)
12.00 noon The Big Bang Theory: Back-to-back episodes. (S)
2.00 pm The Goldbergs (S)
3.00 Modern Family: Double-bill. (S)
4.00 Brooklyn Nine-Nine: (S)
5.00 The Big Bang Theory: Back-to-back episodes. (S)

7.30 Modern Family

7.00 Hollyoaks (S)
7.30 Modern Family Last-ever episode of the comedy. (S)
8.00 Below Deck Down Under New edition The crew gets into hot water with Captain Jason; and Magda struggles in the laundry. (S)
9.00 Celebrity Gogglebox A rolling cast of famous faces appraise *Clarkson's Farm* and *Snakes on a Plane*. (S)
10.00 Gogglebox Including opinions on *Line of Duty*. (S)

11.05 Taskmaster (S) **12.10am** First Dates (SL)(S) **1.15** Rick and Morty (S) **1.50** Unicorn: Warriors Eternal (S) **2.15** Below Deck Down Under (S) **3.05** Ramsay's Kitchen Nightmares USA (SL)(S) **3.55** Modern Family (S) **4.20** Baby Daddy (S) **5.10 to 6.00am** How I Met Your Mother

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am A Place in the Sun (S)
10.25 A New Life in the Sun (S)
11.25 Find It, Fix It, Flog It (S)
12.30 pm Come Dine with Me: Back-to-back editions from Dumfries and Galloway. (S)
3.10 Four in a Bed: Back-to-back editions from guest houses, hotels and B&Bs in Wetherby, Norfolk, Somerset and Gosport. (S)
5.50 Kirstie and Phil's Love It or List It: Kirstie Allsopp and Phil Spencer meet a couple in Preston. (S)

5.50 Kirstie & Phil's Love It or List It

6.55 Escape to the Chateau Angel comes up with a plan for a mezzanine. (S)
7.55 Grand Designs Converting a cowshed into a three-bedroom home. (S)
9.00 Secrets of Egypt's Valley of the Kings Experts in antiquities work with Interpol to crack down on the trade in stolen relics. (S)
10.00 Car S.O.S The boys take on one of the worst cars they have ever seen. (S)

11.00 24 Hours in A&E: Colin, 79, is rushed in after collapsing. (S) **12.05 am** Emergency Helicopter Medics: Extreme Cycling Emergencies (S) **1.10** Secrets of Egypt's Valley of the Kings (S) **2.15** 24 Hours in A&E (S) **3.20 to 3.50am** Supermarkets Unwrapped: The Vegan Aisle (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am The Colditz Story: World War Two drama starring John Mills. (b/w) (W)(S) ★★★ *(1954)*
1.00 pm Barnacle Bill: Ealing comedy starring Alec Guinness, Irene Browne and Maurice Denham. (b/w) (W)(S) ★★★ *(1957)*
2.45 Hell is a City: Thriller starring Stanley Baker and John Crawford. (b/w) (W)(S) ★★★ *(1959)*
4.40 The Man from Colorado: Western starring Glenn Ford and William Holden. (W)(S) ★★★ *(1948)*

6.40 Sahara

6.40 Sahara Action adventure starring Penélope Cruz, Matthew McConaughey, Lambert Wilson and Steve Zahn. (W)(S) ★★★ *(2005)* *See Films, pages 31-35.*
9.00 Clear and Present Danger Action thriller starring Harrison Ford. A CIA analyst is caught up in the drug trade as he hunts the terrorists who killed a friend of the US president. (W)(S) ★★★★ *(1994)*

11.50 Olympus Has Fallen: Action thriller starring Gerard Butler, Aaron Eckhart and Morgan Freeman. (W)(S) ★★★ *(2011)* **2.10 to 3.55am** Servants: Drama starring Samuel Skyva, Vlad Ivanov and Samuel Polakovic. Subtitled. (b/w) *(2020)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Teleshopping **7.00** Border Security: Australia's Front Line (S)
8.00 Nothing to Declare (S)
9.00 Motorway Patrol (S)
10.00 Stop, Search, Seize (S)
11.00 Highway Patrol: Double-bill. (S)
12.00 noon Motorway Patrol (S)
1.00 Border Patrol: Double-bill. (S)
2.00 Border Security: Australia's Front Line: Double-bill. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S5, ep4) (S)
5.00 Stargate SG-1 (S6, ep10) (S)

9.00 COBRA

6.00 Star Trek: Enterprise (S)
7.00 Stargate Universe The *Destiny* docks with a seeding ship. (S2, ep3) (S)
8.00 Merlin 2 of 2. Having married Uther, Queen Catrina increases her influence. (S2, ep6) (S)
9.00 COBRA New episode Sutherland considers extreme measures. (S1, ep5)
10.00 The Killer Within Detectives discuss the case of Rodrigo Hernandez. (S1, ep2) (S)

11.00 Killer in My Village (S) **12.00 m't** World's Most Evil Killers: The story of Joshua Wade. (S) **1.00 am** Night Cops (S) **2.00** Brit Cops: Rapid Response (S) **3.00** Highway Patrol (S) **4.00** Motorway Patrol: Double-bill. (S) **5.00 to 6.00am** Highway Cops (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 All Creatures Great and Small (S)
8.00 Doctors: Double-bill.
9.20 Classic Holby City (S)
10.40 Classic Casualty: Medical drama. (S)
11.40 The Bill: Crime drama. (S)
12.40 pm Classic EastEnders
2.00 Monarch of the Glen: Drama. (S)
3.10 Kingdom: A concentration camp survivor seeks Peter's help. (S)
4.10 All Creatures Great and Small (S)
5.20 Terry and June: Terry Medford's spendthrift nephew comes to visit.

8.00 Darby and Joan

6.00 As Time Goes By Jean and Lionel return from LA. (S)
6.40 Last of the Summer Wine Double-bill of the sitcom. (S)
8.00 Darby and Joan New episode Preparations for Joan's first Australian Christmas is put on hold. (S)
9.00 The Mallorca Files Max and Miranda go on a Wild West adventure. (S2, ep6) (S)
10.00 New Tricks A market trader's death is linked to a series of drug rapes. (S)

11.20 Spooks: Espionage drama starring Nicola Walker. The agents deal with a wave of computer crime. (S) **12.40 am** Hustle: The team is taken hostage. Marc Warren stars. (S) **2.00** Kingdom: Stephen Fry stars. (S) **2.50** Classic Holby City: Medical drama. **4.00 to 6.00am** Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** *See 2.00pm* **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage **12.00noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** Repair Shop **3.00** Find It, Fix It, Flog It **4.00** *See 8.00pm* **5.00** Salvage Hunters: Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** FILM Green Lantern ★★ *(2011)* **11.45** How Sports Are Made **12.00m't** Wheeler Dealers **1.00am** Border Control: Spain **2.00** *As 10.00am* **3.00** *As 11.00am* **4.00** How It's Made **5.00 to 6.00am** Shopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** Murder in the Heartland **10.00** Forensic Detectives **12.00noon** Cold Case (S1, ep20) **1.00pm** The Closer (S2, ep7) **2.00** The Perfect Murder **3.00** Murder Chose Me **5.00** Evil Online **6.00** Cold Case (S1, ep21) **7.00** The Closer (S2, ep8) **8.00** Evil Lives Here **9.00** Murder on CCTV **10.00** Evil Lives Here: The Killer Speaks **11.00** On the Case with Paula Zahn **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Teleshopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

8.00am Walker, Texas Ranger **9.00** Knight Rider **10.00** Star Trek: Deep Space Nine **11.00** FILM Mother Lode *(1982)* **1.00pm** FILM Ape vs Monster *(2021)* **2.50** Legend Lowdown **3.00** FILM Code Red ★★ *(2001)* **4.50** Legend Lowdown **5.00** Star Trek (S3, ep13) **6.00** Star Trek: Deep Space Nine (S7, ep11) **7.00** Knight Rider (S1, ep20) **8.00** Walker, Texas Ranger **9.00** FILM The Factory *(2012)* **11.00** FILM A Certain Justice *(2014)* **12.55am** FILM Thir13en Ghosts ★★★ *(2001)* **2.45 to 4.30am** FILM Bite ★★ *(2015)* **5.30 to 8.00am** Shop

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** Gone: Finding My Daughter *(2018)* **10.50** GREAT! Movie News Extra **11.00** Famous and Fatal ★★ *(2019)* **12.55pm** GREAT! Movie News Extra **1.05** Nanny's Killer Scandal ★★ *(2018)* **3.00** Past Sins ★★ *(2006)* **4.45** The Bounty Hunter ★★★ *(2010)* **7.00** Here Comes the Boom: Comedy. ★★★ *(2012)* **9.00** Eye for an Eye ★ *(2019)* **11.05** Hitman: Redemption ★★★ *(2019)* **1.10am** To End All Wars ★★★★ *(2002)* **3.30** Wild West Chronicles **4.00** Twisted Tenant *(2018)* **5.40 to 6.00am** GREAT! Movie News Extra

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Shopping **8.00** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H: Back-to-back episodes. **9.00** The Avengers: Steed and Emma hunt for a missing dispatch box. (S5, ep20) **10.00** Randall and Hopkirk (Deceased) (S1, ep4) **11.00** The Persuaders! **12.00m't** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Castle (S3, ep22) **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Shopping

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Teleshopping **7.10** The Force: Behind the Line **8.00** Special Ops: Crime Squad UK **10.00** Repair Lot **12.00noon** Storage Hunters UK **2.00pm** Top Gear **5.00** Rick Stein's Secret France **7.00** Richard Osman's House of Games **8.20** QI XL **10.00** Have I Got a Bit More News for You: Bill Bailey guest hosts the satirical quiz. **11.00** 8 Out of 10 Cats **12.00m't** Mock the Week **12.40am** QI XL: Double-bill. **2.00** Schitt's Creek **2.25** Meet the Richardsons **2.55** Richard Osman's House of Games **3.35** The Indestructibles **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Teleshopping **7.00** The Crystal Maze **8.00** The Chase **10.00** Dickinson's Real Deal **11.00** Family Fortunes **12.00noon** Wheel of Fortune **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky **4.00** Bullseye **6.00** The Crystal Maze **7.00** Weakest Link **8.00** The Chase **10.00** Who Wants to Be a Millionaire? Celebrity **11.00** Bullseye **12.00m't** Weakest Link **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00 to 6.00am** Bullseye

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Giada at Home **7.00** *See 5.00pm* **8.00** Valerie's Home Cooking **9.00** *See 4.00pm* **10.00** Mary Berry's... **11.00** *See 8.00pm* **12.00noon** Bake Off **2.00pm** *See 6.00pm* **3.00** Rick Stein's... **3.30** Rick Stein's Fruits... **4.00** Barefoot Contessa **5.00** Pioneer Woman **6.00** James Martin's... **7.00** Bake Off **8.00** Hairy Bikers Go North **9.00** NEW Roux Down The River *See feature, page 20, & Highlights.* **10.00** Tom Kerridge... **11.00** Diners, Drive-Ins... **12.00m't** Bobby's Triple... **1.00am** Restaurant:... **2.00 to 3.00am** Buddy vs Duff

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Crimes That Shook Australia **8.00** 48 Hours: The FBI believes skulls drawn in blood are the number of victims murdered by a serial killer. **9.00** Jackie Malton: A Life in Crime: The career of retired DCI Jackie Malton. **10.00** Medical Detectives **11.00** Cold Justice **12.00m't** Britain's Most Evil Killers **1.00am** Jackie Malton: A Life in Crime **2.00** Medical Detectives **3.00** Evidence of Evil **4.00** Crimes That Shook Australia **4.50 to 6.00am** Judge Judy: Disputes.

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Shopping **8.00** Romance Retreat *(2019)* **10.00** I Married Who? ★★ *(2012)* **12.00noon** When Love Came to Town ★★ *(2014)* **2.00pm** Just the Way You Are *(2015)* **4.00** Puppy Love: Drama. ★★ *(2012)* **6.00** The Secret Sauce *(2021)* **7.50** GREAT! Movie News Extra **8.00** Destination Wedding ★★ *(2017)* **9.50** GREAT! Movie News Extra **10.00** As Gouda As It Gets *(2020)* **12.05am** Love, Once and Always *(2018)* **2.00** Highway to Heaven **3.10** The Convenient Groom ★★ *(2016)* **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Shop **9.00** Entertainment News **9.10** Criminals: Caught on Camera **9.45** Outback Truckers **10.40** Traffic Cops **11.40** Police Interceptors **12.45pm** FILM The Bounty Hunter **2.25** FILM Seven Men from Now **4.00** Outback Truckers **5.00** Traffic Cops **6.00** Police Interceptors **8.00** Strongest Man **9.00** Trucking Hell **10.00** Trucking Heavy **11.00** Hell on the Highway **12.00m't** Deadliest Weather **1.00am** Police 999 **2.00** Deadliest Weather **3.00** Trucking Hell **3.50** Entertainment News on 5 **4.00 to 6.00am** Teleshopping

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook **7.00** My Kitchen Rules: New Zealand **8.00** Tipping Point **11.00** DIY SOS: The Big Build **1.00pm** Tipping Point: Triple-bill. **4.00** My Dream Home **6.00** MasterChef Australia **7.20** Nigella: At My Table **8.00** Sort Your Life Out with Stacey Solomon **9.20** Manhunting with My Mum: AJ Odudu tries to find herself a husband. **10.20** 24 Hours in A&E **12.20am** One Born: What Happened Next? **1.20** Inside the Ambulance **3.00 to 6.10am** Teleshopping

SKY & VIRGIN LISTINGS over the page

SKY & VIRGIN 1 FEBRUARY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Sky News Breakfast
7.00 Kay Burley: Double-bill.
8.00 Caught on Dashcam
9.00 Nothing to Declare
10.00 Hitler's Gold
11.00 Hope for Wildlife
12.00 noon Supergirl (S3, ep13)
1.00 pm MacGyver: Double-bill.
3.00 Hawaii Five-0 (S2, ep18)
4.00 S.W.A.T: Hondo stumbles upon a heroin operation in Bangkok. (S6, ep1)
5.00 The Simpsons: Double-bill.

6.00 The Office (US)

6.00 The Office (US) Double-bill, including: Michael speaks at a business school.
7.00 The Simpsons Double-bill, including: Homer is hypnotised into thinking he is a 10-year-old boy.
8.00 Magnum P.I Thomas and Rick race to find a witness who can clear a man accused of murder. (S5, ep14)
9.00 Sport's Funniest Moments Comic clips.

11.00 Sex and the City
12.05 am The Force: North East
1.00 Brit Cops: Law & Disorder
2.00 Road Wars: Documentary.
3.00 Hawaii Five-0 (S2, ep18)
4.00 S.W.A.T (S6, ep1)
5.00 to 6.00am Motorway Patrol: Double-bill.

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Fish Town
7.55 The Sopranos
10.05 The Wire: Double-bill.
12.20 pm Game of Thrones: Fantasy drama. (S6, ep2)
1.25 Gomorrah: Double-bill.
3.25 The Sopranos: Double-bill, including: Christopher and Paulie endure a hellish journey. (S3, ep11)
5.45 The Wire: A senator's driver is arrested; and Omar takes revenge. (S1, ep8)

9.00 Julia

6.50 The Wire Avon has a run-in with a rival trafficker. (S1, ep9)
7.55 Game of Thrones Arya continues her training. (S6, ep3)
9.00 Julia New episode The author is surprised by the sudden visit of Paul's twin. (S2, ep5)
10.00 Mare of Easttown Colin presses a local priest about the circumstances that prompted his transfer to the parish. (S1, ep4)

11.05 Winning Time: The Rise of the Lakers Dynasty
12.10 am Scenes from a Marriage (S1, ep5) **1.15** Penny Dreadful: City of Angels
2.20 Game of Thrones: Fantasy.
3.30 In Treatment: Drama.
4.00 to 6.00am Fish Town

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am Bondi Rescue
7.00 Border Patrol: Double-bill.
8.00 Caught on Dashcam
9.00 Border Security: Canada's Front Line: Double-bill.
10.00 Brit Cops: Rapid Response
11.00 The Rookie (S3, ep4)
12.00 noon FBI (S5, ep12)
1.00 pm FBI: Most Wanted
2.00 Blue Bloods (S13, ep3)
3.00 Caught Red Handed
4.30 Nothing to Declare: The work of customs officers.

9.00 New Amsterdam

6.00 Nothing to Declare Back-to-back editions of the documentary.
8.00 Blue Bloods Erin is stalked by a man just released from prison. (S12, ep19)
9.00 New Amsterdam Max resists an idea that could bring in more revenue. (S3, ep3)
10.00 Chicago Fire Kidd reflects on her Girls on Fire program as Herrmann tries to fulfil a wish. (S11, ep7)

11.00 The Rookie (S5, ep8)
12.00 m't 9-1-1 (S4, ep3)
1.00 am The Good Doctor
2.00 Law & Order: Organized Crime (S2, ep3)
3.00 Chicago PD (S9, ep5)
4.00 Brit Cops: Rapid Response
5.00 to 6.00am Road Wars

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Shop **7.10** Desmond's
8.05 Keeping Up Appearances
8.40 Ever Decreasing Circles
9.20 Hi-de-Hi! **10.00** Porridge
10.40 Last of the Summer Wine
12.00 noon Keeping Up Appearances **12.40pm** Ever Decreasing Circles
1.20 Porridge **2.00** Dad's Army
2.40 dinnerladies: Sitcom.
3.20 Hi-de-Hi!: Comedy.
4.00 Last of the Summer Wine
5.20 Porridge: Comedy.

6.00 Keeping Up Appearances

6.00 Keeping Up Appearances Richard dreads retirement.
6.40 Dad's Army Double-bill of the comedy.
8.00 dinnerladies Double-bill, including: Bren is excited about her holiday with Tony.
9.20 Not Going Out Double-bill, including: Lucy announces her plans to marry Pavlov.
10.40 Detectorists Lance tries to find the thief that stole his gold.

11.20 Detectorists: Lance and Andy become eco-warriors.
12.00 m't dinnerladies: Comedy.
1.20 am Not Going Out
2.00 Detectorists: Comedy.
2.30 Hi-de-Hi!: Classic comedy.
3.00 Marley's Ghosts: Comedy.
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am How It's Made
7.00 Gold Divers: Documentary.
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Salvage Hunters
11.00 Wheeler Dealers
1.00 pm Building Off the Grid
3.00 Blowing Up History
4.00 Alaska: Homestead Rescue: Double-bill, including: The Raneys help a family who have just survived a tornado.

10.00 Caught!

6.00 Salvage Hunters Scouring for items at a Victorian folly.
7.00 Wheeler Dealers Car restoration projects.
8.00 Railroad Alaska Jim and Nancy rush to make some repairs.
9.00 Naked And Afraid: Castaways New edition A fight ensues following a discussion.
10.00 NEW Caught! Double-bill, including: Jewel thieves use their imagination.

11.00 Expedition Bigfoot: Ronny and Mireya make a disturbing discovery.
12.00 m't Deadliest Catch
1.00 am Naked And Afraid: Castaways **2.00** Caught!
3.00 Naked and Afraid XL
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.00am Arthur's Whisky *(2023)* **7.50** The Secret Kingdom ★ *(2023)* **9.35** *See 1.45am* **11.40** *See 8.00pm* **1.50pm** One More Shot: Thriller with Scott Adkins. ★★ *(2023)* **3.40** Fast X: Action adventure starring Vin Diesel. ★★★★ *(2023)* **6.10** Book Club: The Next Chapter: Comedy sequel starring Jane Fonda, Diane Keaton and Mary Steenburgen. ★★ *(2023)*

10.10 One More Shot

8.00 Transformers: Rise of the Beasts: Fantasy prequel starring Anthony Ramos. ★★★ *(2022)* **10.10** One More Shot: Thriller starring Scott Adkins. ★★ *(2023)* **12.05am** Soft & Quiet: Thriller starring Stefanie Estes. ★★★★ *(2022)* **1.45** Jesus Revolution *(2023)* **3.50** Little Bone Lodge ★★★ *(2023)*
5.30 to 6.00am SC Preview

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

7.45am 13 Hours: The Secret Soldiers of Benghazi ★★★ *(2016)* **10.15** *See 8.00pm* **12.30pm** *See 10.15pm* **2.45** Gunpowder Milkshake ★★★ *(2021)* **4.45** Ghost Rider: Spirit of Vengeance ★★ *(2012)*
6.25 Twist ★★★★ *(2021)*
8.00 White House Down ★★★ *(2013)* **10.15** Need for Speed ★★★ *(2014)* **12.30am** *As 2.45pm* **2.30** *As 6.25pm*
4.10 Welcome to the Punch ★★★ *(2013)* **5.55 to 8.10am** The Canton Godfather *(1989)*

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

6.00am *See 2.50am* **8.05** Paint Your Wagon ★★★ *(1969)* **10.45** Dad's Army ★★★ *(1971)* **12.35pm** The Cinema List: Super 70s **12.55** The Glorias ★★★ *(2020)* **3.25** Death Becomes Her ★★★★ *(1992)* **5.25** The Fabelmans ★★★★★ *(2022)* **8.00** Forrest Gump ★★★★ *(1994)*
10.25 Terminator 2: Judgment Day ★★★★★ *(1991)* **1.00am** Fist of Fury ★★★ *(1972)* **2.50** Control (b/w) ★★★★ *(2007)*
4.55 to 7.30am *As 8.05am*

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

6.45am The Cinema List: The 90s **7.05** *See 4.30am* **8.50** *See 2.45am* **10.45** *See 9.50pm* **12.25pm** *See 8.00pm* **2.20** The Purge ★★★ *(2013)* **4.00** The Faculty ★★★ *(1998)* **6.00** The Cinema List: The 90s **6.15** They Live! ★★★ *(1988)*
8.00 Frailty: Thriller starring Bill Paxton. ★★★ *(2001)* **9.50** Cloverfield: Sci-fi horror. ★★★ *(2007)* **11.20** Scream ★★★★ *(1996)* **1.15am** *As 2.20pm* **2.45** Escape from New York ★★★★ *(1981)* **4.30 to 6.05am** Silent Running ★★★★ *(1972)*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Without a Trace (S6, ep7) **12.00noon** The Doctor Blake Mysteries **1.00pm** Father Brown **2.00** Murdoch Mysteries
4.00 Rizzoli & Isles (S5, ep14) **5.00** Unforgettable **6.00** Without a Trace (S6, ep7) **7.00** Elementary (S5, ep8) **8.00** Father Brown (S5, ep13) **9.00** Murdoch Mysteries (S17, ep3) **10.00** Father Brown (S5, ep14) **11.00** Justified **12.00m't** Elementary (S5, ep8) **12.55am** Unforgettable **1.55** Murdoch Mysteries **4.00 to 6.00am** Teleshopping

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12.00noon** Supergirl (S3, ep13) **1.00pm** MacGyver **3.00** Hawaii Five-0 (S2, ep18) **4.00** S.W.A.T **5.00** DC's Legends of Tomorrow (S3, ep11) **6.00** Stargate SG-1
8.00 Magnum P.I (S5, ep14) **9.00** Poker Face (S1, ep3) **10.15** Entourage **11.25** Road Wars **12.00m't** The Force: North East **1.00am** Brit Cops: Law & Disorder **2.00** Fantasy Football League **2.30** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00 to 6.00am** Highway Patrol

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** In the Long Run **9.00** Mr Mayor **10.00** Wellington Paranormal **10.30** The Comeback **11.40** Entourage **12.50pm** The Comeback **2.10** Curb Your Enthusiasm **3.20** Entourage **4.30** Wellington Paranormal **5.00** Mr Mayor
6.00 The Office (US) **7.00** In the Long Run: Double-bill. **8.00** Sort Of: Double-bill. **9.00** Girls: Double-bill. **10.15** Sort Of: Double-bill. **11.15** The Tonight Show Starring Jimmy Fallon **12.15am** Sex and the City **1.25** In the Long Run **2.25** Wellington Paranormal **3.55** The Comeback **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Fish Town **7.00** *See 5.00pm* **8.00** The Directors **9.00** Spector **10.00** The Vietnam War **11.00** First Ladies **12.00noon** FILM Bobby ★★★★ *(2016)* **2.00pm** FILM I Am Alfred Hitchcock *(2021)* **3.50** My Icon: Leon Pryce **4.00** The Directors
5.00 Discovering: Marlon Brando **6.00** Spector **7.00** The Vietnam War **8.05** First Ladies **9.00** Chernobyl: The Lost Tapes **11.00** FILM Baby God *(2020)* **12.30am** Wishful Drinking **2.00** The Unbreakable Tatiana Suarez **3.40** My Icon: Rachel Yankey **4.00** The Directors
5.00 to 6.00am *As 5.00pm*

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am *See 6.00pm* **7.00** Storage Wars **8.00** Pawn Stars **9.00** Bermuda Triangle: Into Cursed Waters **10.00** Hitler's Gold **11.00** What on Earth? **1.00pm** Storage Wars **2.00** Rust Valley Restorers **3.00** Beyond Skinwalker Ranch **4.00** Hitler's Coup 1923 **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire
8.00 Pawn Stars **9.00** Mountain Men **10.00** Mountain Men: Alaska **11.00** Forged in Fire **12.00m't** Rust Valley Restorers **1.00am** *As 3.00pm* **2.00** Secrets of Great British Castles **3.00** Pawn Stars **4.00** Forged in Fire
5.00 to 6.00am Storage Wars

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Teleshopping **11.00** Merlin **12.00noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager
6.00 Star Trek: Deep Space Nine **8.00** Star Trek: Enterprise (S3, ep11) **9.00** FILM Skyline: Sci-fi thriller starring Eric Balfour. A couple try to escape when alien spacecraft descend from the sky, mesmerising the humans below with mysterious lights. ★★★ *(2010)* **11.00** Grimm: **1.00am** Alphas **3.00** Star Trek: Enterprise **4.00 to 6.00am** Star Trek: Deep Space Nine

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous **9.00** Your Face or Mine **10.00** Guessable? **11.00** Impractical Jokers **1.00pm** Friends: Back-to-back episodes, including: Rachel has a date.
9.00 Nigel Ng: The Haiyaa Special **10.00** Kevin Bridges: A Whole Different Story **11.00** Ardal O'Hanlon: Comedy Central Live **11.30** David O'Doherty: Comedy Central Live **12.00m't** Reno 911! **1.00am** Impractical Jokers **1.30** Most Ridiculous – Toddlers **2.00** Tom Allen Absolutely Live **3.00** Rhod Gilbert's Growing Pains **3.45** *As 9.00am* **4.10** Friends
5.00 to 6.00am Teleshopping

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Animal Senses **7.00** Monkey Life **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** Wild Castles **11.00** Waterworld Africa **12.00noon** *See 6.00pm* **1.00pm** Monkey Life **2.00** Africa's Wild Year **3.00** Secret Life of the Wombat **4.00** Wild Castles **5.00** Waterworld Africa **6.00** Wild Dogs: Pack vs Pride
7.00 Monkey Life **8.00** Wild Israel **9.00** Reef Wrecks **10.00** *As 6.00pm* **11.00** Waterworld Africa **12.00m't** Becoming Orangutan **1.00am** Osprey **2.00** My Best Friend's An Animal **3.00** Reef Wrecks **4.00** *As 2.00pm*
5.00 to 6.00am *As 3.00pm*

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Nazi Megastructures **11.00** Megafactories **12.00noon** Car S.O.S **1.00pm** Ultimate Airport Dubai **2.00** *See 7.00pm* **3.00** Top Ten Natural Disasters **5.00** Car S.O.S **6.00** Lost Treasures of Egypt: Documentary. **7.00** Air Crash Investigation **8.00** UFOs...
9.00 Death Row Texas **10.00** America's Hardest Prisons **11.00** *As 7.00pm* **12.00m't** To Catch a Smuggler **1.00am** Wicked Tuna **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10** Prairie Dog Dynasty
5.00 to 8.00am Teleshopping

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12.00noon** How I Caught the Killer **1.00pm** *See 5.00pm* **2.00** Killer in My Village **3.00** Most Evil Killers
5.00 What the Killer Did Next **6.00** How I Caught the Killer **7.00** Most Evil Killers **9.00** Killing Mum and Dad **10.00** Forensics: Catching the Killer **11.00** Most Evil Killers **12.00m't** *As 2.00pm* **1.00am** Murders That Shocked the Nation **2.00** Real Manhunter **3.00** The Killer Within **4.00** Road Wars **5.00 to 6.00am** *As 11.30am*

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY

Sky 308 Virgin 408 EE 508 (HD 522)

6.40am Disaster Movie: Starring Matt Lanter. ★ *(2008)* **8.20** *See 1.55am* **10.05** Rocket Science: Starring Reece Daniel Thompson. *(2007)* **11.55** *See 8.00pm* **1.50pm** *See 9.55pm* **4.15** Ride Along: Starring Ice Cube, Tika Sumpter and Kevin Hart. ★★★ *(2014)* **6.05** Ride Along 2: Starring Ice Cube, Tika Sumpter, Benjamin Bratt and Kevin Hart. ★★★ *(2016)*

9.55 The Boat That Rocked

8.00 Dumb and Dumber: With Jim Carrey and Jeff Daniels. ★★★★ *(1994)* **9.55** The Boat That Rocked: Starring Bill Nighy and Philip Seymour Hoffman. ★★★★ *(2009)* **12.20am** *As 4.15pm* **1.55** Adult Life Skills: With Jodie Whittaker. *(2016)* **3.40** *As 10.05am* **5.30 to 7.20am** The Weather Man: With Nicolas Cage. ★★★★ *(2005)*

SKY CINEMA ANIMATION

Sky 305 Virgin 412 EE 500 (HD 514)

6.10am *See 9.50pm* **7.45** *See 11.25pm* **9.30** *See 1.05am* **11.00** Tom and Jerry Cowboy Up! *(2021)* **12.30pm** Riverdance *(2021)* **2.15** The Ogglies *(2021)* **4.00** The Emoji Movie *(2017)* **5.35** Lego Ninjago Movie *(2017)* **7.25** Spider-Man: Across The... *(2023)* **9.50** Mia and Me:... *(2022)* **11.25** Spy Cat *(2018)* **1.05am** LEGO DC Comics Super Heroes: Justice... *(2016)* **2.35** *As 11.00am* **4.00** The Pirates! In an Adventure... *(2012)* **5.45 to 7.25am** *As 2.15pm*

SKY CINEMA DRAMA

Sky 310 Virgin 410 EE 510 (HD 524)

7.50am Sabrina (b/w) ★★★ *(1954)* **10.00** *See 8.00pm* **12.25pm** *See 10.20pm* **2.50** Save the Last Dance ★★★ *(2001)* **4.50** Save the Last Dance 2: Starring Izabella Miko. ★★ *(2006)* **6.30** Summering: With Lia Barnett. ★★★ *(2022)* **8.00** A Beautiful Mind: Starring Russell Crowe and Paul Bettany. ★★★★ *(2001)* **10.20** Jerry Maguire: Starring Tom Cruise. ★★★★ *(1996)* **12.45am** *As 2.50pm* **2.45** *As 4.50pm* **4.20 to 6.20am** *As 7.50am*

SKY CINEMA FEEL GOOD

Sky 302 Virgin 402 EE 502 (HD 516)

6.10am *See 3.45am* **8.00** *See 6.15pm* **9.45** *See 8.00pm* **12.00noon** A Street Cat Named Bob ★★★ *(2016)* **1.50pm** Coach Carter ★★★ *(2004)* **4.15** Field of Dreams ★★★★★ *(1989)* **6.15** Bewitched ★★★ *(2005)* **8.00** Big Fish: Fantasy drama. ★★★ *(2003)* **10.10** The Phantom of the Open ★★★★ *(2021)* **12.00m't** The Duke ★★★★ *(2020)* **1.40am** Finding You ★★ *(2021)* **3.45** Blueback ★★★ *(2022)* **5.35 to 6.25am** Tom Cruise: Movie Maverick

SKY CINEMA FAMILY

Sky 306 Virgin 406 EE 506 (HD 520)

6.00am *See 2.40am* **7.30** The Cinema List: Family Favourites **7.50** Mee-Shee: The Water Giant ★★★ *(2005)* **9.30** *See 7.50pm* **11.00** *See 9.25pm* **12.25pm** *See 10.55pm* **2.20** Daddy Day Care ★★ *(2003)* **4.00** Nanny McPhee: Period fantasy. ★★★★ *(2004)* **5.50** Nanny McPhee & The Big Bang: Fantasy comedy starring Emma Thompson. ★★★ *(2010)*

7.50 Stuart Little

7.50 Stuart Little: Comedy adventure with the voice of Michael J Fox. ★★★★ *(1999)* **9.25** Stuart Little 2: Family adventure sequel with the voice of Michael J Fox. ★★★★ *(2002)* **10.55** Small Soldiers: Children's adventure. ★★★ *(1998)* **12.55am** *As 2.20pm* **2.40** Ghost Squad *(2015)* **4.15 to 6.00am** *As 7.50am*

SKY CINEMA STAR TREK

Sky 303 Virgin 403 EE 503 (HD 517)

6.10am *See 12.25am* **8.10** *See 2.30am* **10.10** Star Trek IV: The Voyage Home *(1986)* **12.10pm** Star Trek V: The Final Frontier *(1989)* **2.10** Star Trek VI: The Undiscovered Country *(1991)* **4.10** Star Trek: Generations *(1994)* **6.10** Star Trek: First Contact *(1996)* **8.10** Star Trek: Insurrection ★★★ *(1998)* **10.10** Star Trek The Motion Picture *(1979)* **12.25am** Star Trek II: The Wrath of Khan *(1982)* **2.30** Star Trek III – The Search... *(1984)* **4.25 to 6.35am** *As 10.10am*

SKY CINEMA THRILLER

Sky 309 Virgin 409 EE 509 (HD 523)

7.15am *See 12.25am* **9.25** Cinema List: Sky Original Thrillers **9.45** Jackie Chan's Police Story 2 ★★★ *(1988)* **12.00noon** *See 8.00pm* **2.10pm** The Cinema List **2.25** Promising Young Woman ★★★★ *(2020)* **4.30** Shark Bait ★★ *(2022)* **6.00** A Walk Among the Tombstones ★★★ *(2014)* **8.00** We Own the Night: With Joaquin Phoenix. ★★ *(2007)* **10.15** *As 2.25pm* **12.25am** Revolver *(2005)* **2.35** *As 9.45am* **4.40 to 6.30am** Project A, Part II ★★★ *(1987)*

MOVIES 24

Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** Mystery 101: Deadly History ★★ *(2021)* **9.00** Love on Retreat ★★ *(2023)* **11.00** The Beauty of Love ★★ *(2021)* **1.00pm** Pumpkin Everything ★★ *(2022)* **3.00** The Dating List ★★ *(2019)* **5.00** Styled with Love ★★ *(2022)* **7.00** Lease on Love ★★ *(2022)* **9.00** Love in Wolf Creek: Romantic drama starring Tim Rozon. ★★ *(2022)* **11.00** Planning for Joy ★★ *(2022)* **1.00am** Food for the Heart ★★ *(2023)* **3.00** The Attraction Test ★★ *(2022)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT

Sky 401 Virgin 501 EE 420 (HD 440)

6.00am Sky Sports News Round-up of the sports news, with live analysis and comment, plus extended interviews with the headline-makers. **7.00 Deadline Day** News from transfer deadline day. **12.00noon Deadline Day** **7.00pm LIVE Premier League Darts** Coverage of the opening night of this year's tournament at Motorpoint Arena in Cardiff, with a format featuring quarter-finals, semi-finals and a final all in one night. **10.30 Deadline Day** News from the transfer deadline day. **12.00m't to 6.00am Sports News** The latest sports news.

SKY SPORTS CRICKET

Sky 404 Virgin 504 EE 423 (HD 443)

6.00am SA20 10.30 Best of ICC WT20 11.00 SA20 12.00noon Secrets of Success 12.30pm ICC Under-19s World Cup Cricket 2.00 SA20 Joburg Super Kings v Sunrisers Eastern Cape. **3.00 LIVE SA20** *Pretoria Capitals v MI Cape Town:* Featuring coverage of the T20 match from SuperSport Park Cricket Stadium in Centurion. **7.30 SA20** Joburg Super Kings v Sunrisers Eastern Cape. **8.30 Best of ICC WT20 9.30 SA20 10.30 Secrets of Success** Find out how beginnings play a crucial part in building success. **11.30 SA20 5.00 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

Sky 408 Virgin 508 EE 427 (HD 447)

6.00am Women's Rugby League 7.15 International Rugby League 7.30 Netball 9.30 Darts **1.00pm LIVE Tennis** The Upper Austria Ladies Linz. Day four of the WTA Tour 500 event at TipsArena Linz in Austria. **7.00 LIVE Premier League Darts** Coverage of the opening night of this year's tournament at Motorpoint Arena in Cardiff, with a format featuring quarter-finals, semi-finals and a final in one night. *See Highlights.* **10.30 Darts 11.00 Women's Super League 12.30am Darts** **4.30 James Roby: The Heart of a Saint 5.00 Super League 5.30 to 6.00am Darts**

TNT SPORTS 1

Sky 410 Virgin 527 EE 408 (HD 430)

6.00am Women's T20 Cricket **7.00 The Football's On 8.01 Premier League 12.30pm Isuzu A-League 1.00 UEFA Women's Champions League 2.00 The Rugby Review 2.45 TNT Sports Reload 3.00 WRC Review** **4.00 EuroCup Basketball** **5.00 NBA Action 5.30 Ligue 1** **6.00 Original Documentary** **7.30 LIVE Premier League** *Wolverhampton Wanderers v Manchester United:* From Molineux (kick-off **8.15**). **11.00 The Football's On 12.00m't Women's T20 Cricket 3.00am TNT Sports Reload** **3.30 to 12.00noon LIVE One Day International Cricket** *Australia v West Indies.*

SKY SPORTS PREMIER LEAGUE

Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 Deadline Day 10.00 Deadline Day 5.00pm Deadline Day News from the transfer deadline day. **8.00 Deadline Day** **12.00m't Premier League – The Big Interview** An interview with a Premier League star. **12.30am Premier League Stories** A look behind the scenes of the Premier League. **1.00 Premier League Years** Memorable moments from the 2008/09 season. **3.00 PL Greatest Games 4.00 PL Best Goals 09/10 5.00 Premier League Best Goals 5.30 to 6.00am Premier League 100 Club** Focusing on Mo Salah.

SKY SPORTS GOLF

Sky 405 Virgin 505 EE 424 (HD 444)

6.00am PGA Tour 7.00 Roots 7.30 Tee Tips 8.00 PGA Tour **8.30 LIVE DP World Tour** The Bahrain Championship. Coverage of day one. **1.30pm Golf 4.30 PGA Tour** **4.45 LIVE PGA Tour** The AT&T Pebble Beach Pro-Am. Day one action from Pebble Beach Links in California. **11.00 DP World Tour 11.30 Golf 12.00m't The Players Championship Film 1.00am DP Tour 1.30 Golf 2.00 Tee Time Tips 3.00 DP Tour 3.30 Golf** **4.45 to 6.00am LIVE PGA Tour** The Women's Asia-Pacific Amateur Golf Championship. Day two from Thailand.

SKY SPORTS MIX

Sky 416 Virgin 510 EE 429 (HD 449)

6.00am PGA Tour: The Cut **6.30 PGA Tour Golf 7.30 Netball Nations Cup 9.30 EFL Greatest Games 10.00 EFL Cup Retro 12.00noon PGA Tour Golf** **1.00pm LIVE Tennis** The Upper Austria Ladies Linz. Coverage of day four of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria. **10.00 Unbeatable** A round-up of the latest news and highlights from the British Basketball League. **10.30 British Basketball** The men's BBL Trophy final. **1.30am Premier League Darts 5.00 Super League 5.15 Best of ICC WT20** **5.30 to 6.00am Unbeatable**

TNT SPORTS 2

Sky 411 Virgin 528 EE 409 (HD 431)

6.00am WRC Review 7.00 Serie A 2.00pm Premier League **7.00 LIVE Premier League** *West Ham United v Bournemouth:* Coverage of the top-flight match from The London Stadium (kick-off **7.30**). **10.00 Premier League 10.30 Ligue 1 11.00 Serie A 11.30 NBA 12.00m't NBA Tip-Off** A look ahead to tonight's matches. **12.30am LIVE NBA** *Boston Celtics v Los Angeles Lakers:* The inter-conference match from TD Garden (tip-off **12.30**). **3.00 LIVE NBA** *Memphis Grizzlies v Cleveland Cavaliers:* Coverage of the match at FedExForum (tip-off **3.00**). **5.30 to 6.30am Inside the NBA**

SKY SPORTS FOOTBALL

Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL Cup 8.45 EFL Greatest Games 10.00 EFL Cup **12.00noon EFL 12.30pm EFL Goals 1.00 EFL 2.00 WSL** **2.30 Scottish Premiership** **2.45 SPFL Highlights 3.00 EFL** **3.30 Bundesliga Highlights Show** **4.30 EFL Goals 5.00 EFL Highlights 5.30 Bundesliga** **6.00 Bundesliga Weekly 6.30 Women's Championship Show 7.00 EFL 8.00 Bundesliga** **8.30 Bundesliga Weekly 9.00 EFL Goals 9.30 Women's Championship Show** **10.00 Scottish Premiership Round-Up 10.15 SPFL 10.30 EFL** **11.00 EFL Greatest Games 12.00m't to 6.00am SPFL**

SKY SPORTS NFL

Sky 407 Virgin 507 EE 426 (HD 446)

6.00am NFL Highlights **8.00 Neil Meets Odell Beckham Jr** **8.15 Kansas City Chiefs: The Franchise 9.00 NFL Highlights** **12.00noon Good Morning Football 3.00pm NFL Gameday** A review of all of the latest games. **3.30 NFL Highlights** **5.00 49 Hours 5.15 Kansas City Chiefs: The Franchise** A behind-the-scenes look at the Kansas City Chiefs. **6.00 NBC's Pro-Football Talk 8.00 NFL Gameday 8.30 Her Huddle** **9.00 NFL Highlights** Action from the NFC Championship game. **11.00 Total Access 1.00am NFL Gameday 1.30 Her Huddle** **2.00 to 6.00am NFL Highlights**

EUROSPORT

Sky 413 Virgin 521 EE 412 (HD 435)

6.00am Alpine Skiing 7.00 Snooker: German Masters **9.00 LIVE Snooker: German Masters** Coverage of the morning session on day four from Tempodrom Berlin, featuring third-round matches. **12.00noon Tennis 1.00pm Snooker: German Masters** **2.00 LIVE Snooker: German Masters** Action from Berlin. **5.00 Alpine Skiing 6.00 Snooker** **7.00 LIVE Snooker: German Masters** Action from Berlin. **10.00 Sports Spotlight 11.00 Tennis 12.00m't Cycling: AlUla Tour 1.00am Tour of Valencia** **2.00 Snooker: German Masters 4.00 AlUla Tour 5.00 to 6.00am Tour of Valencia**

TNT SPORTS 3

Sky 417 Virgin 529 EE 410 (HD 432)

6.00am Test Cricket 8.00 TNT Sports Reload 8.30 TNT Sports Goals Reload 9.00 Women's T20 International Cricket Featuring action from Australia v South Africa in the third and final T20 in the series. **10.00 Ligue 1 5.00pm WWE SmackDown 6.30 WWE Raw** Wrestling action. **9.00 EuroCup Basketball** Cedevita Olimpija Ljubljana v London Lions. **10.00 Rugby 10.45 TNT Sports Reload** The best bits from TNT Sports over the last week. **11.15 TNT Sports Goals Reload** **11.30 Liberty A-League Women** **12.00m't EuroCup Basketball** **1.00am Premier League 4.00 to 6.00am Isuzu UTE A-League**

RADIO

BBC RADIO 2

6.30am The Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00pm** Scott Mills **4.00** Sara Cox **7.00** Jo Whiley **9.00** Bob Harris **10.00** DJ Spoony's Magnificent 7 **10.30** DJ Spoony's Rhythm Nation **12.00m't** OJ Borg **3.00am** Fearne Cotton **4.00 to 6.30am** Owain Wyn Evans

BBC RADIO 3

6.30am Breakfast **9.00** Essential Classics **12.00noon** Composer of the Week **1.00pm** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **5.00** In Tune **7.00** Classical Mixtape **7.30** Radio 3 in Concert **10.00** Free Thinking **10.45** The Essay **11.00** The Night Tracks Mix **11.30** Unclassified **12.30 to 6.30am** Through the Night

BBC RADIO 4

5.30am News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day **6.00** Today **8.31 to 9.00 (LW)** Yesterday in Parliament **9.00** In Our Time **9.45** Book of the Week **9.45 to 10.00 (LW)** Daily Service **10.00** Woman's Hour **11.00** From Our Own Correspondent **11.30** A Good Read **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** You and Yours **12.30** Toast **12.57** Weather **1.00** The World at One **1.45** Ian Hislop's Oldest Jokes **2.00** The Archers **2.15** Drama: McLevy in the New World **3.00** Open Country **3.27** Radio 4 Appeal **3.30** Open Book: Michael Cunningham **4.00** Wokewash **4.30** BBC Inside Science **5.00** PM **5.54 to 5.57 (LW)** Shipping **5.57** Weather **6.00** News **6.30** Olga Koch: OK Computer **7.00** The Archers **7.15** Front Row **8.00** The Briefing Room **8.30** The Bottom Line **9.00** BBC Inside Science **9.30** In Our Time **9.59** Weather **10.00** The World Tonight **10.45** Book at Bedtime **11.00** The Today Podcast **11.30** Today in Parliament **12.00m't** News, Weather **12.30am** Book of the Week **12.48** Shipping **1.00** As BBC World Service **5.20 to 5.30am** Shipping

CLASSIC FM

6.30am Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Smooth Classics at Seven **10.00** Calm Classics **1.00am** Bill Overton **4.00 to 6.30am** Early Breakfast

Is there any truth in comedian Shazia's tale?

Would I Lie to You? COMEDY 9PM, BBC1

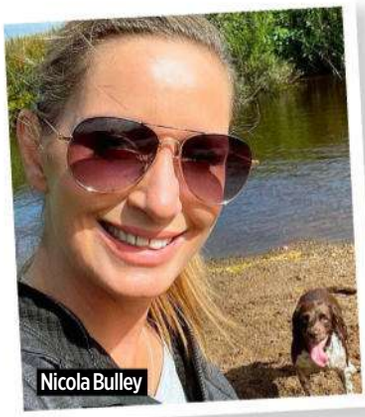
Sometimes, the claims by contestants in this game show become so involved that, as they gather pace, they almost take on a life of their own. Fans of the series will know that's usually the case when Bob Mortimer is a guest – and while he's not on the show tonight, comedian Shazia Mirza gives him a run for his money. Did she really escape from her bedroom via knotted bed sheets as a teenager and go to a nightclub where Joan Collins, Boy George and UB40 were guests? And when she couldn't find a taxi later did she get a piggyback from George? Also on the panel tonight are Craig Charles, comedian Amy Gledhill and Jeremy Vine, who claims to travel to the *Eggheads* studio on a penny farthing... ★★★★ **JP**

Can Jack Crowley fire up Ireland tonight?

FRANCE v IRELAND

Six Nations LIVE RUGBY UNION 7.15PM, ITV1

The 2024 Six Nations Championship begins tonight with this match between France and reigning champions Ireland at the Stade Vélodrome in Marseille (k-o 8pm). This year, France will be playing their home fixtures at venues away from Paris as the Stade de France is being prepared to host the Summer Olympics. Last year's match was a classic, but Grand Slam winners Ireland go into the tournament without the inspirational Johnny Sexton, who retired after the World Cup. Can Munster's Jack Crowley or Leinster's Ross Byrne prove to be an able replacement in the No 10 shirt? ★★★★ **RMC**


Nicola Bulley

Nicola Bulley...

NEW **DOCUMENTARY 9PM, CHANNEL 5**

...The Disappearance That Gripped Britain. One year on from Nicola Bulley's disappearance, and the subsequent discovery of her body 23 days later, this documentary looks back at the case, retraces Nicola's steps and attempts to address some unanswered questions. There's also unseen footage from an interview by Dan Walker with Nicola's partner. ★★★ **JP**

Susan meets a tuna group in Porto

Cruising with Susan Calman TRAVELOGUE 8PM, CHANNEL 5

This week, Susan's continuing her cruise along the Douro River in Portugal and Spain, making the most of the excursions and adding one or two detours of her own. After a vintage-port tasting at Quinta de São Luiz, she can't resist a grape-related spa experience at the nearby Quinta da Pacheca. She also learns how to make pastéis de nata (Portuguese custard tarts) in the ship's lounge, heads out to Pinhão train station to see the beautiful tile murals there and, finally, meets up with a tuna (a singing group made up of university students) at Porto's Cordoaria Garden. 'Genuinely, one of the most moving things I've ever seen,' says a visibly emotional Susan after the group has serenaded her. ★★★★ **JP**

Are Paul and family heading for choppy waters?

The Jessops are back – and it's all on camera...

NEW COMEDY 8PM, BBC1 iPLAYER (BOX SET)

This 'sitcom-umentary' captures the chaos of family life like no other, so brace yourselves for further trials and tribulations – and tantrums! – from the dysfunctional Jessops. In tonight's opening episode, dad Paul (*Ghosts*' Jim Howick) has a troubling earache, while mum Rachel (Katherine Parkinson) starts her university course and tries to impress her fellow students with a drinking game. Grandma Sue (Alison Steadman), meanwhile, is downsizing and the discovery of an old boat in her garage leads to an impromptu family day out, with hilarious consequences. Fresh, funny and frantic, it's a ride we're more than happy to board. ★★★★ **VW**

● **See feature, page 17**

Fantasy Football League

NEW SPORT 10PM, SKY MAX, SKY SHOWCASE, NOW

Arsenal fan Matt Lucas and Swansea City supporter Elis James are back on the sofa with a third run of the rebooted cult football show made famous by Frank Skinner and David Baddiel. Expect the usual mix of news, stats, clips, sketches and anecdotes, plus regular feature Phoenix from the Flames, which sees iconic football moments recreated with famous players. Guests lined up include Jermain Defoe, Jack Wilshere, Wes Morgan and Emile Heskey. ★★★★ **IM**

Matt and Elis talk football

The Smiths get to know each other

Mr & Mrs Smith

NEW DRAMA PRIME VIDEO (BOX SET)

In this intriguing eight-part reimagining of the 2005 Brad Pitt and Angelina Jolie film, Donald Glover and Maya Erskine take centre stage as newly recruited spies who join a cryptic agency and are paired up and given undercover identities as married couple John and Jane Smith. When they move into a plush New York pad, John and Jane awkwardly begin to get to know each other and also try to work out exactly what they have signed up for. But as they tackle their first assignment, the ice starts to break between them and glimmers of romance look set to be on the cards for real... **CC**

● **See feature, page 22**

PHOTOS: GETTY

BBC1

Freeview HD 101 Sky HD 101 Virgin TV HD 101 Freesat HD 106

6.00 Breakfast (S) **9.30 Morning Live** (S) **10.45 Dr Xand's Con or Cure** A look at tinnitus. (S) **11.15 Homes Under the Hammer** With properties in Bradford, Derby and the Isle of Wight. (S)(R)

12.15 Bargain Hunt The teams trawl through the antiques shops in Ilkeston, Derbyshire. (S)(AD)

1.00 BBC News at One (S) and **Weather**

1.30 BBC Regional News (S) and **Weather**

1.45 Father Brown *The Father, The Son:* 5 of 10. Fifties-set crime drama. Flambeau is stunned to find his estranged father at St Mary's. (S)(AD)
● ***The full series is available online via BBC iPlayer.***

2.30 Money for Nothing Sarah Moore sees potential in an extendable dining table. (S)(R)

3.00 I Escaped to the Country 3 of 10. A visit to former house-hunters in Dorset. (S)(R)

3.45 The Repair Shop Restoring scrapbooks, a workbench and a manicure set. (S)(R)(AD)

4.30 The Travelling Auctioneers Last in series. A woman parts with keepsakes and heirlooms that belonged to her late parents. (S)

5.15 Pointless Quiz show. (S)

6.00 BBC News at Six (S) and **Weather**

6.30 BBC Regional News (S) and **Weather**

7 PM

7.00 The One Show Live topical reports. (S)

7.30 Celebrity Mastermind Clive Myrie invites Lee Latchford-Evans, Rachel Parris, Harry Pinero and Lauren Layfield to take to the black chair in the general knowledge quiz. (S)

8 PM

8.00 Here We Go NEW ★★★★★ 1 of 7. Comedy focusing on members of the Jessop family as they navigate life's challenges. ***See feature, page 17, & Highlights.*** (S)(AD)

8.30 Amanda & Alan's Italian Job 5 of 8. The duo renovate two different bathrooms. (S)(AD)
● ***The full series is available online via BBC iPlayer.***

9 PM

9.00 Would I Lie to You? 6 of 9. Craig Charles, Amy Gledhill, Shazia Mirza and Jeremy Vine join the regular panellists. ***See Highlights.*** (S)

9.30 Not Going Out 1 of 7. Comedy. When Lee and Lucy are asked to cover for Anna so she can go out at night for secret Italian lessons, they suspect she is having an affair. (S)(R)(AD)

10 PM

10.00 BBC News at Ten (S)

10.30 BBC Regional News (S) and **Weather**

10.40 The Graham Norton Show The host is joined by Dakota Johnson, who is joining the *Spider-Man* universe, and actor Sterling K Brown. Plus, music from Paul Russell. (S)

11.30 Six Nations Sin Bin NEW ★★★★★ Gabby Logan and Gareth Thomas are joined by Vernon Kay, Joanna Page, Ryan Wilson and Lee Byrne to preview the upcoming fixtures. (S)

12.00 FILM **Long Shot** Romantic comedy starring Charlize Theron and Seth Rogen. A journalist strikes up a relationship with a US Secretary of State, who is soon to run for office as the first female president. (W)(S) ★★★★ *(2019)* ***See Films, pages 31-35.*** **1.55 Weather for the Week Ahead** (S) **2.00 to 6.00 BBC News** (S)

BBC2

Freeview HD 102 Sky HD 102 Virgin TV HD 102 Freesat HD 102

6.45 The Travelling Auctioneers (S)(R) **7.30 David & Jay's Touring Toolshed** (S)(R)(AD) **8.00 Inside the Factory** Pasta parcels. (SL)(S)(R)(AD) **9.00 Nicky Campbell** (S) **10.00 BBC News** (S)

12.15 Politics UK Political updates. (S)

1.00 Impossible Quiz with Rick Edwards. (S)(R)

1.45 Lightning Quiz hosted by Zoe Lyons. (S)(R)

2.15 All That Glitters: Britain's Next Jewellery Star 5 of 6. Four semi-finalists take on two penultimate challenges. (S)(R)(AD)

3.15 All That Glitters: Britain's Next Jewellery Star 6 of 6. The contestants have to take on two final challenges. (S)(R)(AD)

4.15 Madagascar 1 of 3. David Attenborough examines the island's wildlife. (S)(R)(AD)

5.15 Flog It! The experts value antiques. (S)(R)

6.00 Richard Osman's House of Games Babatunde Aléshé, Sophie Duker, Gaby Roslin and Jeff Stelling test their general knowledge skills before Richard Osman announces the day's winner, and the week's overall victor. (S)

6.30 David & Jay's Touring Toolshed David Jason and Jay Blades help a motorcycle enthusiast with his bike, and a model helicopter pilot puts the duo to the test. (S)(AD)

7.00 Inside the Factory 6 of 10. *As Sunday.* Gregg Wallace learns how bath bombs are made at Lush's factory in Dorset, starting with a delivery of sodium bicarbonate, which reacts with the other ingredient citric acid in water to create the fizz. Plus, Cherry Healey visits Loughborough University. (S)(R)(AD)

8.00 Gardeners' World 2 of 4. In the second of four compilation editions, Monty Don looks at different types of roses and shares his advice on how best to look after them; and Rachel de Thame visits a garden in Kent, a labour of love where planning, discipline and precision have cleverly extended its season of interest. (S)

9.00 Amityville: An Origin Story NEW ★★★★★ 1 of 4. Dramatised documentary series telling the story of couple George and Kathy Lutz, whose move into their suburban dream home in 1975 quickly turned into a nightmare. (S)(AD)

9.50 Live at the Apollo Bites With Kiri Pritchard-McLean and Desiree Burch. (S)(R)

10.00 Mock the Week Dara O Briain and Hugh Dennis laugh at the last seven days of news, with Maisie Adam, Rhys James, Milton Jones, Emily Lloyd-Saini and Glenn Moore. (S)(R)

10.30 Newsnight (S)

11.00 Weather (S)

11.05 Relic FILM ★★★★★ Horror starring Emily Mortimer, Robyn Nevin and Bella Heathcote. Three generations of the same family are haunted by a presence which is taking over a woman's mind. (W)(S) ★★★★ *(2020)* ***See Films, pages 31-35.***

12.30 Panorama *Midwives Under Pressure: As Monday.* A crisis in maternity care. (SL)(S)(R) **1.00 Nuclear Armageddon: How Close Are We?** (SL)(S)(R)(AD) **2.00 Gladiators** (SL)(S)(R)(AD) **3.00 to 4.00 Great British Menu** (SL)(S)(R)

ITV1

Freeview HD 103 Sky HD 103 Virgin TV HD 103 Freesat HD 111

6.00 Good Morning Britain News and current affairs. (S) **9.00 Lorraine** Entertainment and fashion news. (S) **10.00 This Morning** Daily magazine featuring celebrity chat, showbusiness news, lifestyle features, topical discussion and health and beauty advice. Including **Local Weather** (S)

12.30 Loose Women Topical debate. (S)

1.30 ITV News (S) and **Weather** including **Local News** (S) and **Weather**

2.00 Dickinson's Real Deal David Dickinson and his team assess items in Cirencester, where a rare collection of Royal letters cause a stir and two bargains make big returns. (S)(AD)

3.00 Riddiculous Quiz hosted by Ranvir Singh, as Zeus and Sam, Gary and Kim, and Nicola and Brad take on Riddlemaster Henry Lewis. (S)

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S)

5.00 The Chase James from St Ives, Rebecca from Stafford, Huw from Salisbury and Judith from Monmouthshire take part in the quiz show presented by Bradley Walsh. (S)

6.00 Local News (S) and **Weather**

6.20 ITV News (S) and **Weather**

6.45 Emmerdale Wendy is worried that Bob has lost hope; Lydia fears that Sam does not want her; and Chas leaves for her holiday. (S)(AD)

7.15 Rugby Union: Six Nations SPORT ★★★★ *France v Ireland:* Jill Douglas presents coverage of the opening match of the championship held at the Stade Velodrome in Marseille (kick-off is at **8.00**). Ireland defeated the French 32-19 in a thrilling encounter at Aviva Stadium last year and went on to emulate Les Bleus' 2022 achievement of winning the Grand Slam. However, both teams' may feel they have something to prove after suffering quarter-final exits from the World Cup when being among the favourites. With analysis from Brian O'Driscoll, Rory Best and Benjamin Kayser, commentary by Miles Harrison, Gordon D'Arcy and David Flatman, and reports from Gabriel Clarke. ***See Highlights.*** (S)

10.20 ITV News (S) and **Weather** including **Local News** (S) and **Weather**

11.10 Big Zuu's 12 Dishes in 12 Hours 4 of 6. *As Saturday.* The rapper takes Patrice Evra on a culinary tour of London. (S)(R)(AD)

11.45 SPORT ★★★★ **The NFL Show** Host Craig Doyle, former NFL defensive back Jason Bell, and two-time Super Bowl winner Osi Umenyiora review the Conference Championships and look ahead to the Super Bowl. (S) **12.35 Teleshopping 3.00 Wheel of Fortune** Game show. (SL)(S)(R)(AD) **3.50 Unwind with ITV** Daily escape. (S) **5.05 to 6.00 Dickinson's Real Deal** (SL)(S)(R)(AD)

ITV1+1 *Freeview 35, Sky 203, Virgin 114, Freesat 112*

(b/w) black and white (W) Widescreen (AD) Audio Description

CHANNEL 4

Freeview HD 104 Sky HD 138 Virgin TV HD 104/141 Freesat HD 126

6.15 Countdown (S)(R) **6.55 Cheers** (S)(R) **7.20 Cheers** (S)(R) **7.45 3rd Rock from the Sun** (S)(R)(AD) **8.10 3rd Rock from the Sun** (S)(R)(AD) **8.35 The King of Queens** (S)(R)(AD) **9.05 The King of Queens** (S)(R)(AD) **9.35 The King of Queens** (S)(R)(AD) **10.05 Frasier** (S)(R)(AD) **10.35 Frasier** (S)(R)(AD) **11.05 Frasier** (S)(R)(AD) **11.35 Channel 4 News Summary** (S) **11.40 Four in a Bed** From Buckinghamshire. (S)(R)

12.10 Four in a Bed In Wiltshire. (S)(R)

12.40 Four in a Bed From Essex. (S)(R)

1.10 Four in a Bed In Battlesbridge. (S)(R)

1.40 Four in a Bed Payment day arrives. (S)(R)

2.10 Countdown With guest Tasha Ghouri. (S)

3.00 A Place in the Sun Two sisters look for a holiday home on the Costa del Sol. (S)(R)

4.00 A New Life in the Sun In Portugal, a couple try to make progress with their glampsite. (S)

5.00 Chateau DIY At the Château de Lalacelle, Terry and Ashley work on the garden. (S)(AD)

6.00 Come Dine with Me The last to host in and around Belfast is jewellery designer Kerry. (S)

6.30 The Simpsons *Moonshine River:* The family heads to New York so Bart can go looking for his ex-girlfriend, Mary Spuckler. (S)(R)(AD)

7.00 Channel 4 News (S), **Weather**

8.00 Extraordinary Extensions 4 of 6. Property series. Tonight, Tinie Tempah follows a couple who have plundered their wedding fund to turn their Kent coast bungalow into a Miami-style beach house. Later, he joins a couple on Kent's east coast who are trying to turn their home to face the sea. (S)(AD)

9.00 8 Out of 10 Cats Does Countdown Jimmy Carr hosts a combination of the comedy panel show and the long-running words-and-numbers quiz, as Rhod Gilbert and Sarah Millican take on Judi Love and Joe Lycett, and writer and musician Jazz Emu helps out Susie Dent in Dictionary Corner. (S)

10.00 I Literally Just Told You with Jimmy Carr Game show presented by comedian Jimmy Carr, with contestants being given every answer and the questions being written, literally, as the show is happening. (S)

11.05 Joe Lycett: More, More, More! How Do You Lycett? How Do You Lycett? Stand-up show. (S)(R) **12.05** FILM **Thoroughbreds** Comedy crime drama. (W)(S) ★★★★ *(2017)* ***See Films, pages 31-35.*** **1.40 Ramsay's Kitchen Nightmares USA** (SL)(S)(R) **2.30 Come Dine with Me** (S)(R) **2.55 Come Dine with Me** (S)(R) **3.20 Come Dine with Me** (S)(R) **3.45 Come Dine with Me** (S)(R) **4.10 Come Dine with Me** (S)(R) **4.35 Kirstie and Phil's Love It or List It: Brilliant Builds** (SL)(S)(R)(AD) **5.25 to 6.05 Food Unwrapped** (SL)(S)(R)(AD)

CHANNEL 4+1 *Freeview 15, Sky 204, Virgin 142, Freesat 121*

CHANNEL 5

Freeview HD 105 Sky HD 105 Virgin TV HD 105 Freesat HD 105

6.00 to 9.15 Milkshake! 9.15 Jeremy Vine The issues of the day and viewers' opinions. (S) **11.15 Storm Huntley** A debate on the day's talking points continues with Storm Huntley. (S)

12.45 Alexis Conran & Friends The actor, writer and broadcaster examines the important stories of the day, getting viewers' opinions on them. Followed by **5 News at Lunchtime.** (S)

1.45 Home and Away Leah and Justin set a date; Felicity's desperation turns to anger; and a feud builds to a heart-stopping moment. (S)(R)

2.15 You'll Never Leave Me
FILM PREMIERE Thriller starring Christie Leverette and Cameron Jebo. After an accident leaves her boyfriend in a coma, a woman accepts the kindness of a stranger – with deadly results. (S) ★★ *(2022)*

4.00 Bargain-Loving Brits in the Sun Taking a look back at some of the best bits of the series, including Bambi and Johnny who return from their new home in Huelva. (S)(R)(AD)

5.00 5 News (S)

6.00 Your Dream Kitchen for Less Mark Millar helps a woman in Surrey who has taken on the renovation of a narrowboat, without any DIY experience and with just £5,000 to transform it. Followed by **5 News Update.** (S)

7.00 Coastal Devon & Cornwall with Michael Portillo 3 of 6. Travel series. Michael explores the South West Coast Path, following the western shore of Cornwall's biggest natural harbour – which includes some of Cornwall's most historic fishing ports. Followed by **5 News Update.** (S)(R)

8.00 Cruising with Susan Calman 5 of 7. Travel series. It is the second leg of the comedian's river cruise through Portugal's Douro valley, and Susan and a gang of new friends from the ship head out on a vineyard tour to the Quinta Sao Luiz – one of the oldest port houses in the country. ***See Highlights.*** (S)

9.00 Nicola Bulley: The Disappearance That Gripped Britain
NEW ★★★★ One-off documentary shedding new light on the disappearance of the woman from St Michael's on Wyre, which gripped the nation in January last year. ***See Highlights.*** (S)

10.15 When Live TV Goes Horribly Wrong Richard Arnold narrates a raucous rundown of live TV's greatest fails, from technical trouble and jaw-droppingly inappropriate behaviour, to fistfights and collapsing sets. (S)(R)

12.15 999: Criminals Caught On Camera Footage of a robber who squirted petrol over a shop worker, and a man filmed violently assaulting a motorist before being tackled to the ground by an off-duty police officer. (S)(R) **1.15 PlayOJO Live Casino Show** (S) **3.15 Portillo's Empire Journey** Exploring South Africa's history of racial unrest. (S)(R) **4.05 GPs: Behind Closed Doors** (S)(R) **4.50 Divine Designs** (SL)(S)(R) **5.15 House Doctor** (S)(R) **5.40 Entertainment News on 5** (S) **5.45 to 6.00 Paw Patrol** (SL)(S)(R)

CHANNEL 5+1 *Freeview 38, Sky 205, Virgin 155, Freesat 128*

ON DEMAND

Orion and the Dark

FILM Netflix

Animated family adventure. School kid Orion (voiced by Jacob Tremblay) goes on an unforgettable journey with his new friend, a creature named Dark – that forces him to face his fears. ***Available from today.***

YOU MIGHT ALSO LIKE...

The Little Mermaid

FILM Disney+

Jacob Tremblay voices Flounder, the best friend of Ariel (Halle Bailey) in last year's live action remake of the classic 1989 animated movie. ***Available now.***

ITV1 VARIATIONS

ANGLIA No variations
BORDER No variations
CENTRAL No variations
CHANNEL No variations
GRANADA No variations
LONDON No variations
MERIDIAN No variations
TYNE TEES No variations
WEST No variations
WESTCOUNTRY No variations
YORKSHIRE No variations

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FRIDAY

BBC3

FREEVIEW 23 (HD **107** Eng+NI)

Sky **115/121/117** (Lon **173**) Virgin **107/157** Freesat **107**

BBC3 programmes begin at 7pm

10.00 Dreaming Whilst Black

7.00 Yianni: Supercar Customiser Double-bill, including: The team gets to work on two supercars. (S)
7.45 The Catch Up News. (S)
7.50 LIVE **Match of the Day: Africa Cup of Nations** Coverage of the second quarter-final (kick-off **8.00**).
10.00 Dreaming Whilst Black Double-bill of the sitcom. (S)
10.55 In My Skin Bethan meets the man Trina has been having an affair with. (S)
11.25 In My Skin: Bethan's relationship with Cam reaches a new level. (S)
11.55 Bad Education: Double-bill of the comedy with Jack Whitehall. (S)
12.55 Fresh Cops: Double-bill. (S)
1.55 Young MasterChef: Four cooks compete in the semi-final. (S)
2.55 to 3.55am In My Skin (S)

BBC4

FREEVIEW 9/24 (HD **106**/Scot **108**)

Sky **116** Virgin **108/107** Freesat **108**

BBC4 programmes begin at 7pm

9.00 Carole King and Her Songs...

7.00 Top of the Pops Back-to-back editions, including: Performances from Mary Kiani, Ash, TLC, Julian Cope, Tina Arena and Suggs. (S)
9.00 Carole King and Her Songs at the BBC Performances of classic songs by the singer-songwriter.
10.00 Carole King: Home Again – Live in Central Park The singer-songwriter's triumphant May 1973 homecoming concert. (S)
11.25 Carole King: Natural Woman: Profile of the singer-songwriter. (S)
12.15 am Carole King: In Concert: A 1971 performance by Carole King. (S)
12.45 Top of the Pops: Triple-bill. (S)
2.20 to 3.50am Señorita 89: Double-bill, including: Valenzuela's widow appears on television. (S)

ITV2

FREEVIEW 6 (+1 **29**)

Sky **118** (+1 **218**) Virgin **115** (+1 **315**) Freesat **113** (+1 **114**)

6.00 am Children's Programmes
9.00 Chuck: Action comedy. (S5, ep1) (S)
10.00 One Tree Hill: Double-bill. (S)
12.00 noon Secret Crush (S)
1.00 pm Dress to Impress: David, Tunji and Ryan battle it out. (S)
2.00 Family Fortunes: The James family go up against the Middletons. (S)
3.00 Chuck: Action comedy starring Zachary Levi. (S5, ep2) (S)
4.00 One Tree Hill: Double-bill, including: Brooke tries to cope with giving up her baby. (S5, ep18)(S)

7.00 Deal or No Deal

6.00 Catchphrase Celebrity Special Game show. (S)
7.00 Deal or No Deal Game show with Stephen Mulhern. (S)
8.00 Superstore Double-bill. (S)
9.00 Love Island: All Stars New edition Things are heating up as the islanders have a winter to remember. (S)
10.05 Shopping with Keith Lemon Keith goes shopping with Josie Gibson. (S)
10.35 Family Guy Stewie and Brian investigate murders. (S)
11.05 Family Guy: Chris loses a rare dollar note Carter gave him. (S)
11.35 American Dad!: Double-bill. (S)
12.30 am Superstore: Double-bill. (S)
1.30 The Stand Up Sketch Show: Double-bill of the comedy. (S)
2.35 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

ITV3

FREEVIEW 10

Sky **119** Virgin **117** Freesat **115**

6.00 am Classic Emmerdale (S)
7.35 Classic Coronation Street (S)
8.05 Where the Heart Is (S)
10.15 The Darling Buds of May (S)
11.30 The Royal: Medical drama. (S)
12.30 pm Heartbeat: Rural drama. (S)
1.40 Classic Emmerdale (S)
2.50 Classic Coronation Street (S)
3.50 Midsomer Murders: A planning dispute leads to murder. (S)
5.55 Downton Abbey: Cora and Violet clash over plans for the hospital; and Carson gets into trouble. (S)

8.00 Doc Martin

6.55 Heartbeat Aidensfield is transformed from a sleepy rural retreat into a scene of mayhem and violence as a pair of armed robbers take Greengrass hostage. (S)
8.00 Doc Martin Double-bill. A mugger strikes in the village; and Louisa has a chance of promotion. (S)
10.00 Trial & Retribution 2 of 2. Pat deals with a persistent complainer who has been hounding the station. (S)
11.55 The Royal: The hospital staff have an intriguing case on their hands when local tramp Sebastian Fox is found dead. (S)
12.45am Where the Heart Is: Double-bill, including: Cheryl and Dick receive some long-awaited news. (S)
2.30 to 6.00am Teleshopping

ITV4

FREEVIEW 26

Sky **120** (+1 **220**) Virgin **118** (+1 **318**) Freesat **117** (+1 **118**)

6.00 am Football League Legends (S)
6.10 The Protectors (SL)(S) **6.40** Minder (SL)(S) **7.45** The Saint (SL)(S) **8.45** The Return of Sherlock Holmes (S) **9.55** Magnum, PI (S)
10.55 The Saint: Adventure. (S)
12.05 pm The Return of Sherlock Holmes: Oliver Tobias guests. (S)
1.15 Kojak: Detective drama. (S)
2.20 Magnum, PI: Drama. (S)
3.20 Minder: Comedy drama. (S)
4.30 The Professionals (S)
5.35 BattleBots: Robotic combat. (S)

4.30 The Professionals

6.45 LIVE **Darts: The Masters** Jacqui Oatley introduces coverage of day one from Marshall Arena in Milton Keynes, featuring the first-round matches. This round sees the players ranked ninth to 24th compete for places in the second round against the top eight seeds. With analysis by Chris Mason, Alan Warriner-Little and Mark Webster. (S)
11.00 All Elite Wrestling: Dynamite: Hard-hitting action from the world of All Elite Wrestling. (S)
1.05 am Monster Carp: The crew goes on a Croatian adventure. (SL)(S)
2.10 The Protectors (SL)(S)
2.45 Unwind with ITV (S)
3.00 to 6.00am Teleshopping

5STAR

FREEVIEW 32

Sky **128/129** Virgin **126** (+1 **326**) Freesat **131**

6.00am Teleshopping
8.00 Bargain-Loving Brits in the Sun: Double-bill.
10.00 Dirty Home Rescue
11.00 Nightmare Tenants, Slum Landlords: Documentary.
12.00noon Traffic Cops: Back-to-back editions.
2.00 Police Interceptors: Back-to-back editions.
5.00 Car Pound Cops: Give Me My Car Back!: Following the work of vehicle recovery crews.
6.00 Home and Away (S)
7.00 GPs: Behind Closed Doors (S)
8.00 Casualty 24/7: Every Second Counts Following life in the A&E department of Barnsley Hospital. (S)
9.00 HMP Full Sutton: Evil Behind Bars Exploring life inside HMP Full Sutton.
10.30 FILM **Grown Ups 2** Comedy sequel starring Adam Sandler. (S) ★ *(2013)*
12.35am Adults Only: Meet the Sex Slaves: Documentary.
1.35 Kill Thy Neighbour
2.25 Evil Up Close: Women Who Kill: A chef becomes wrapped up in a waitress's deadly plan.
3.10 Killer at the Crime Scene
4.00 to 6.00am Teleshopping

5USA

FREEVIEW 21

Sky **141/169** Virgin **120** (+1 **320**) Freesat **129**

6.00am Teleshopping
9.00 NCIS (S18, ep13)
9.55 Entertainment News on 5
10.00 NCIS: Double-bill.
11.55 Entertainment News on 5
12.00noon Law & Order (S3, ep12)
1.00pm Law & Order (S3, ep13)
2.00 Law & Order (S3, ep14)
3.00 Law & Order (S4, ep5)
4.00 Law & Order: A man's body is found by his wife. (S4, ep6)
5.00 Law & Order: A bomb is found in a car park. (S4, ep7)
6.00 NCIS Back-to-back episodes, including: A murder victim's 3D hologram becomes a witness. (S19, ep9); and a chief warrant officer is suspect of selling classified Navy software. (S19, ep10)
10.00 Law & Order: Special Victims Unit Controversy grips New York when a black teenager is shot by a white celebrity chef. (S15, ep3) (S)
11.00 Law & Order: Special Victims Unit: Triple-bill, including: The team searches for a missing diabetic child. (S15, ep14)
1.55 Lucifer: Double-bill.
3.35 999: Criminals Caught on Camera: Documentary.
4.00 to 6.00am Teleshopping

YESTERDAY

FREEVIEW 27

Sky **155** Virgin **129** (+1 **329**) Freesat **159**

6.10am Guitar Heroes at the BBC
8.00 Abandoned Engineering
10.00 Adolf Hitler's War
11.00 Narrow Escapes of World War II **12.00noon** Great American Railroad Journeys
1.00pm Antiques Roadshow
2.00 Bangers & Cash: Double-bill.
4.00 War Factories: The untold secret story of war production that shaped World War Two.
5.00 Narrow Escapes of World War II: Documentary series.
6.00 Antiques Roadshow Fiona Bruce visits Nymans Gardens. (S)
7.00 Great British Railway Journeys Double-bill, including: Michael Portillo travels from Epping to Hackney. (S)
8.00 Great Continental Railway Journeys Travelling from Holland to France. (S)
9.00 Bangers & Cash Double-bill, including: Dave heads out to get a 1935 Riley Falcon. (S)
11.00 Abandoned Engineering
12.00m't Great British Railway Journeys: Double-bill, including: Michael drives a 100-year-old vehicle. **1.00am** Fred Dibnah's Railway Collection: Double-bill.
2.00 Smoke & Steel: Documentary.
3.00 to 6.00am Teleshopping

REALLY

FREEVIEW 17

Sky **142** Virgin **128** Freesat **160**

6.00am Fantasy Homes by the Sea
7.00 Teleshopping
8.00 Salvage Hunters: Double-bill.
10.00 Celebrity Yorkshire Auction House **11.00** Antiques Road Trip
12.00noon The Repair Shop
1.00pm Long Lost Family US
2.00 My 600lb Life: A woman tries to control her food addiction.
4.00 Animal Cops Philadelphia
5.00 Saving Lives at Sea: A lifeboat crew saves a 40-foot fishing boat that has lost all its power.
6.00 Celebrity Yorkshire Auction House With Helen Skelton. (S)
7.00 Antiques Road Trip Double-bill, including: Irita and Phil arrive in Northumberland. (S)
9.00 Paranormal: Caught on Camera New edition An apparition haunts three siblings. (S)
10.00 The Demon Files A family is targeted by demons following satanic worship.
11.00 Ghost Adventures: Ghoulish shrieks are reported at a former tuberculosis hospital in Idaho.
12.00m't Kindred Spirits
1.00am Ghost Adventures
2.00 Teleshopping **4.00** Animal Cops Detroit **5.00 to 6.00am** Animal Cops Philadelphia

TALKING PICTURES

FREEVIEW 82

Sky **328** Virgin **445** Freesat **306**

6.00am FILM The Way Out (b/w) *(1955)* **7.35** FILM Night of the Prowler (b/w) *(1962)*
8.50 What's On TPTV With Noel
9.00 FILM Ha'penny Breeze *(1952)* **10.30** FILM Dick Barton Strikes Back *(1949)*
12.00noon Doodlebug Summer: Vengeance **12.35pm** FILM The Shillingbury Blowers *(1979)*
2.15 FILM Batman *(1966)* **4.25** FILM Sherlock Holmes: Terror by Night *(1946)* **5.35** Look at Life
6.00 Worzel Gummidge (S)
6.30 Fireball XL5 (b/w)
7.05 Nanette Newman and Bryan Forbes: Together Forever (S)
8.35 The Coach Travellers in 1965 Short film.
9.00 Cellar Club with Caroline Munro (S)
9.05 FILM **They Live!** Sci-fi adventure starring Roddy Piper. (S) ★★★ *(1988)*
See Films, pages 31-35.
10.55 Cellar Club with Caroline Munro (S)
11.00 FILM Don't Look in the Basement: Horror. ★★ *(1973)*
12.35am Cellar Club with Caroline Munro **12.40** FILM The Onion Field: Drama. ★★★ *(1979)*
3.10 FILM The Killings at Outpost Zeta ★★ *(1980)* **5.00 to 6.00am** Saints and Sinners

ITVBE

FREEVIEW 28

Sky **131/132** Virgin **119** (+1 **319**) Freesat **119**

7.00am Billie and Greg: The Family Diaries **8.00** Masters of Flip **9.00** LittleBe **12.00noon** Sugar Showdown **12.25pm** The Real Housewives of Beverly Hills **1.15** The Only Way Is Essex: Reality series. **2.00** Buying and Selling **3.00** Million Dollar Listing: LA **4.00** The Real Housewives of Atlanta
5.00 The Real Housewives of New Jersey **6.00** Masters of Flip **7.00** Million Dollar Listing: LA **8.00** Dinner Date **9.00** Botched: Double-bill. **11.00** Singletown **12.00m't** The Only Way Is Essex **12.50am** Unwind with ITV **1.00 to 6.00am** Teleshopping

SKY ARTS

FREEVIEW 36

Sky **130/131** Virgin **123** Freesat **147**

6.00am An Evening with Il Divo **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock **11.00** Discovering **12.00noon** The Joy of Painting **1.00pm** Tales of the Unexpected **2.00** The Art of the Garden **3.00** The Big Design Challenge **4.00** Discovering
5.00 The Joy of Painting **6.00** Tales of the Unexpected **7.00** Alfred Hitchcock **8.00** Jimi Hendrix **10.30** Classic Albums **11.30** Guy Garvey **12.30am** Blitzed **2.30** Berlin Live: Editors **3.50** David Harewood's F Word **4.50 to 6.00am** Auction

(b/w) black and white (SL) Signed (S) Subtitles

E4

FREEVIEW 13 (+1 30)

Sky 135/136 (+1 235/236) Vir 106 (+1 306) Freesat 122

6.00 am Hollyoaks (S)
7.00 Ramsay's Kitchen Nightmares USA: In Michigan. (SL)(S)
9.00 Brooklyn Nine-Nine. (S)
10.00 The Big Bang Theory (S)
11.00 Modern Family: Double-bill. (S)
12.00 noon The Big Bang Theory (S)
2.00 pm The Goldbergs: Double-bill. (S)
3.00 Modern Family: Double-bill. (S)
4.00 Brooklyn Nine-Nine : Double-bill of the police comedy series. (S)
5.00 The Big Bang Theory: Back-to-back episodes. (S)

10.00 Celebrity Gogglebox

7.00 Hollyoaks Warren and Felix come head-to-head. (S)
7.30 Modern Family Phil takes it hard when Luke gives him the cold shoulder. (S)
8.00 Below Deck Down Under New edition Demanding charter guests push the crew to their limits. (S)
9.00 Celebrity Gogglebox for SU2C Another chance to see the SU2C special. (S)
10.00 Celebrity Gogglebox 2022 Memorable moments. (S)
11.05 Taskmaster: With Greg Davies. (S)
12.00 m't First Dates (SL)(S)
1.05 am Gogglebox: Celebrity Special for SU2C (S) **2.05** Below Deck Down Under (S) **3.00** Ramsay's Kitchen Nightmares USA (SL)(S)
3.55 Baby Daddy: Double-bill. (S)
4.45 to 6.00am How I Met Your Mother

MORE4

FREEVIEW 18

Sky 136/137 (+1 236/237) Vir 147 (+1 347) Freesat 124

8.55 am A Place in the Sun (S)
10.25 A New Life in the Sun (S)
11.25 Find It, Fix It, Flog It (S)
12.30 pm Come Dine with Me: Back-to-back editions. (S)
3.10 Four in a Bed: Back-to-back editions, including: The contest begins at North Bridge Street B&B in Hawick; and a visit to the Golden Fleece in Ruleholme. (S)
5.50 Kirstie and Phil's Love It or List It: Kirstie Allsopp and Phil Spencer meet the Farhalls in Windsor. (S)

7.55 Grand Designs

6.55 Escape to the Chateau Angel has big plans for a vast attic running the length of the chateau. (S)
7.55 Grand Designs Featuring a cutting-edge home by the River Thames. (S)
9.00 Astrid: Murder in Paris A famous lawyer is murdered in front of 12 witnesses.
10.05 24 Hours in A&E Anthony is rushed to resus after coming off his motor scooter on his birthday. (S)
11.10 24 Hours in A&E: Doctors have to treat a cyclist who collided with a stampede of deer. (S)
12.15 am 8 Out of 10 Cats Does Countdown: With Sean Lock. (S)
1.20 24 Hours in A&E: Double-bill. (S)
3.25 to 3.55am Supermarkets Unwrapped: The Freezer Aisle (S)

FILM4

FREEVIEW 14 (+1 47)

Sky 313 (+1 314) Virgin 428 (+1 430) Freesat 300

11.00 am 7th Cavalry: Western starring Randolph Scott and Jay C Flippen. (W)(S) ★★ *(1956)*
12.35 pm The Guns of Navarone: World War Two adventure starring Gregory Peck. (S) ★★★★ *(1961)*
3.55 The Land That Time Forgot: Fantasy adventure starring Doug McClure. Marooned German and American mariners form an uneasy alliance to escape an island inhabited by prehistoric monsters. (W)(S) ★★★ *(1974)*

11.20 Rambo

5.45 Transformers: The Last Knight Sci-fi sequel starring Mark Wahlberg and Anthony Hopkins. (W)(S) ★★ *(2017)*
9.00 The Sum of All Fears Action thriller starring Ben Affleck, Morgan Freeman and James Cromwell. CIA agent Jack Ryan uncovers a terrorist plan to attack America with a nuclear bomb. (S) ★★★★ *(2002)*
See Films, pages 31-35.
11.20 Rambo: Action starring Sylvester Stallone. The hero travels to Burma to rescue a party of missionaries from a sadistic military officer. (W)(S) ★★★ *(2008)*
1.05 to 3.20am Under the Skin: Sci-fi drama starring Scarlett Johansson. (S) ★★★★ *(2013)*

SKY MIX

FREEVIEW 11

Sky 151 Virgin 135 Freesat 144

6.00 am Teleshopping **7.00** Border Security: Australia's Front Line (S)
8.00 Nothing to Declare (S)
9.00 Motorway Patrol (S)
10.00 Stop, Search, Seize (S)
11.00 Highway Patrol (S)
12.00 noon Motorway Patrol (S)
1.00 Border Patrol: Double-bill. (S)
2.00 Border Security: Australia's Front Line: Double-bill. (S)
3.00 Nothing to Declare (S)
4.00 Stargate Atlantis (S5, ep5) (S)
5.00 Stargate SG-1 (S6, ep11) (S)

9.00 Big Little Lies

6.00 Star Trek: Enterprise Sci-fi drama. (S3, ep24) (S)
7.00 Stargate Universe Chloe's strange behaviour concerns the crew. (S2, ep4) (S)
8.00 Merlin Uther summons a witch-hunter. (S2, ep7) (S)
9.00 Big Little Lies New episode Tensions continue to rise at the school. (S1, ep5) (S)
10.00 Mark of a Serial Killer A murderer who may have taken the lives of more than 20 men. (S3, ep12) (S)
11.00 Killer in My Village: The shocking murder of a 17-year-old nanny. (S)
12.00 m't World's Most Evil Killers (S)
1.00 am Night Cops: Documentary. (S)
2.00 Brit Cops: Rapid Response (S)
3.00 Highway Patrol: Double-bill. (S)
4.00 Motorway Patrol: Double-bill. (S)
5.00 to 6.00am Highway Cops (S)

DRAMA

FREEVIEW 20 (+1 60)

Sky 143 (+1 243) Virgin 116 (+1 316) Freesat 158

6.00 am Teleshopping
7.10 All Creatures Great and Small (S)
8.00 Doctors: Double-bill.
9.20 Classic Holby City (S)
10.40 Classic Casualty: Medical drama. (S)
11.40 The Bill: Crime drama. (S)
12.40 pm Classic EastEnders
2.00 Monarch of the Glen (S)
3.10 Kingdom: Stephen Fry stars.
4.10 All Creatures Great and Small: James's luck takes a turn. (S)
5.20 Terry and June: The couple take up dancing in readiness for a party.

3.10 Kingdom

6.00 As Time Goes By Sitcom. Jean tries to organise a new secretary for Lionel. (S)
6.40 Last of the Summer Wine Double-bill, including: Barry tries to help his lonely neighbour find love. (S)
8.00 Father Brown Double-bill, including: A body is found in the reeds on a golf course. Mark Williams stars. (S)
10.00 New Tricks The team investigates a hit-and-run. Sally Phillips guest stars. (S)
11.20 Spooks: A celebrity couple's baby is kidnapped. Arabella Weir and Andy Serkis guest star. (S)
12.40 am Hustle: The team targets a fruit machine's $5million jackpot. (S)
2.00 Kingdom: Stephen Fry stars.
2.50 Classic Holby City
4.00 to 6.00am Teleshopping

QUEST

FREEVIEW 12 (+1 70)

Sky 144 Virgin 137 (+1 337) Freesat 167

6.00am *See 11.00pm* **6.30** Shed and... **7.00** *See 2.00pm* **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage **12.00noon** *See 11.00pm* **1.00pm** Money for Nothing **2.00** Repair Shop **3.00** Find It, Fix It... **4.00** Salvage Hunters **5.00** Salvage Hunters: Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** Ambulance **10.00** Border Control: Spain **11.00** How Do They Do It? **12.00m't** *As 6.00pm* **1.00am** *As 10.00pm* **2.00** *As 10.00am* **3.00** Vintage Voltage **4.00** How It's Made **5.00 to 6.00am** Teleshopping

QUEST RED

FREEVIEW 40

Sky 149 (+1 249) Virgin 168 Freesat 169

6.00am Animal Cops Houston **7.00** Hoarding: Buried Alive **9.00** American Monster **10.00** Forensic Detectives **12.00noon** Cold Case (S1, ep21) **1.00pm** The Closer (S2, ep8) **2.00** The Perfect Murder **3.00** Murder Chose Me **5.00** Evil Online **6.00** Cold Case (S1, ep22) **7.00** The Closer (S2, ep9) **8.00** Evil Lives Here **9.00** Murder on CCTV **10.00** Murder Under the Friday Night Lights **11.00** Death By Fame **12.00m't** Forensic Detectives **1.00am** Murder on CCTV **2.00** Murder Comes to Town **3.00** FBI Files **4.00 to 6.00am** Teleshopping

LEGEND

FREEVIEW 41

Sky 148 Virgin 149 Freesat 137

8.00am *See 8.00pm* **9.00** Knight Rider **10.00** Star Trek: Deep Space Nine **11.00** FILM Code Red ★★ *(2001)* **1.00pm** FILM Solar Attack: Sci-fi. ★★ *(2005)* **3.00** FILM The Legend of the Lone Ranger: Western. ★ *(1981)* **5.00** Star Trek **6.00** Star Trek: Deep Space Nine **7.00** Knight Rider (S1, ep21) **8.00** Walker, Texas Ranger (S8, ep9) **9.00** FILM Trespass ★★★ *(1992)* **11.00** FILM Assassination Games ★★ *(2010)* **1.00am** FILM The Last House *(2019)* **2.30 to 4.20am** FILM Fright Fest ★ *(2018)* **5.30 to 7.00am** Teleshopping

GREAT! movies

FREEVIEW 34 (+1 61)

Sky 321 (+1 322) Virgin 425 Freesat 302

6.00am Teleshopping **9.00** House of Deadly Secrets ★★ *(2018)* **10.50** GREAT! Movie News Extra **11.00** Campus Caller ★★ *(2016)* **12.55pm** GREAT! Movie News Extra **1.05** A Bride's Nightmare ★★ *(2021)* **3.00** Fatal Defense ★★ *(2017)* **4.55** Fatal Memories ★★ *(2014)* **6.50** GREAT! Movie News Extra **7.00** Hours ★★ *(2013)* **9.00** Taken 3: Action thriller. ★★ *(2015)* **11.15** Mr Brooks ★★★★ *(2007)* **1.35am** Personal Shopper ★★★★ *(2016)* **3.50** GREAT! Movie News Extra **4.00** Ex-Wife Killer ★★ *(2017)* **5.40 to 6.00am** GREAT! Movie News

GREAT! tv

FREEVIEW 50 (+1 62)

Sky 157 (+1 257) Virgin 170 Freesat 142

6.00am Teleshopping **8.00** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote: Double-bill. **7.00** M*A*S*H **9.00** The Avengers: A ventriloquist is found dead. (S5, ep19) **10.00** Randall and Hopkirk (Deceased) (S1, ep5) **11.00** The Persuaders! **12.00m't** M*A*S*H **2.00am** Randall and Hopkirk: Comedy. (Deceased) **3.00** The Persuaders! **3.50** GREAT! Movie News Extra **4.00** Castle (S3, ep23) **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Teleshopping

DAVE

FREEVIEW 19 (+1 57)

Sky 111/112 Virgin 127 (+1 327) Freesat 157

6.00am Teleshopping **7.10** The Force: Behind the Line **8.00** Special Ops: Crime Squad UK **10.00** Repair Lot **12.00noon** Storage Hunters UK **2.00pm** Top Gear **5.00** Rick Stein's Secret France **7.00** Richard Osman's House of Games: Double-bill. **8.20** QI XL: Double-bill of the quiz. **10.00** Have I Got a Bit More News for You: Victoria Coren Mitchell hosts. **11.00** 8 Out of 10 Cats **12.00m't** Mock the Week **12.40am** QI XL **2.00** Schitt's Creek **2.25** Meet the Richardsons **2.55** Richard Osman's House of Games **3.30** The Indestructibles **4.00 to 6.00am** Teleshopping

CHALLENGE

FREEVIEW 48

Sky 145 Virgin 139 Freesat 146

6.00am Teleshopping **7.00** The Crystal Maze **8.00** The Chase **10.00** Dickinson's Real Deal **11.00** Family Fortunes **12.00noon** Wheel of Fortune **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky **4.00** Bullseye **6.00** The Crystal Maze **7.00** Weakest Link **8.00** The Chase **10.00** Who Wants to Be a Millionaire? Celebrity Special **11.00** Bullseye **12.00m't** Weakest Link: Quiz. **1.00am** Cash Trapped **2.00** The Chase: Quiz show. **4.00** *As 8.00pm* **5.00 to 6.00am** Bullseye

FOOD NETWORK

FREEVIEW 43

Sky 140/141 (+1 240/241) Vir 190 Freesat 148

6.00am Giada at Home **7.00** *See 5.00pm* **8.00** Valerie's Home... **9.00** *See 4.00pm* **10.00** Roux Down The River **11.00** *See 8.00pm* **12.00noon** Comic Relief Bake Off **2.00pm** *See 6.00pm* **3.00** See *10.00pm* **4.00** Barefoot Contessa... **5.00** Pioneer Woman **6.00** James Martin's United Cakes of America **7.00** Bake Off **8.00** The Hairy Bikers Go North **9.00** Beat Bobby Flay **10.00** Rick Stein's Fruits of the Sea **11.00** Diners, Drive-Ins and Dives **12.00m't** Bobby's Triple Threat **1.00am** Restaurant... **2.00 to 3.00am** Buddy vs Duff

TRUE CRIME

FREEVIEW 67

Sky 146 Virgin 148 (+1 348) Freesat 135

6.00am Teleshopping **9.00** Judge Judy: Back-to-back editions. **7.00pm** Crimes That Shook Australia **8.00** 48 Hours: The disappearance of Mary Day in 1981. **9.00** Donal MacIntyre: A Life in Crime: Documentary charting the life and career of Donal MacIntyre. **10.00** Murder Calls: A romantic obsession turns deadly. **11.00** Cold Justice **12.00m't** World's Most Evil Killers **1.00am** Donal MacIntyre: A Life in Crime **2.00** Murder Calls **3.00** Evidence of Evil **4.00** Crimes That Shook Australia **4.50 to 6.00am** Judge Judy: Disputes.

GREAT! romance

FREEVIEW 52 (+1 63)

Sky 319 (+1 320) Virgin 424 Freesat 303

6.00am Teleshopping **8.00** Love Struck Cafe ★★ *(2017)* **10.00** The Birthday Wish ★★ *(2017)* **12.00noon** I Me Wed *(2007)* **2.00pm** October Kiss *(2015)* **4.00** Love on a Limb *(2016)* **6.00** Together Forever Tea *(2021)* **8.00** Sailing into Love *(2019)* **10.00** Royally Ever After *(2018)* **11.55** GREAT! Movie News Extra **12.05am** Dater's Handbook ★★ *(2016)* **2.00** Highway to Heaven **3.00** GREAT! Movie News Extra **3.10** Undercover Bridesmaid ★★ *(2012)* **4.50** GREAT! Movie News Extra **5.00 to 6.00am** Teleshopping

5ACTION

FREEVIEW 33

Sky 150 Virgin 130 Freesat 132

6.00am Shopping **9.10** Criminals: Caught... **9.40** Outback Truckers **10.40** Traffic Cops **11.45** FILM Winchester '73 (b/w) *(1950)* **1.50pm** FILM The Cheyenne Social Club *(1970)* **4.00** Outback Truckers **5.00** Traffic Cops **6.00** Police Interceptors **8.00** UK's Strongest Man: The final. **9.00** Police: Night Shift 999 **10.00** Police: Hour of Duty **11.00** World's Most Dangerous Prisoners **12.00m't** Behind Bars: World's... **1.00am** *As 9.00pm* **2.00** World's Deadliest Weather:... **3.00** Trucking Hell **4.00 to 6.00am** Teleshopping

W

FREEVIEW 25

Sky 132/133 Virgin 125 (+1 325) Freesat 156

6.10am Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook **7.00** My Kitchen Rules: New Zealand **8.00** Tipping Point **11.00** DIY SOS: Veteran Street **12.00noon** DIY SOS: The Big Build **1.00pm** Tipping Point: Quiz. **4.00** My Dream Home **6.00** MasterChef Australia **7.30** Inside the Ambulance **8.00** 999 Rescue Squad: A teenage dare leads to a rescue operation. **9.00** 24 Hours in A&E: Double-bill. **11.00** Gavin & Stacey: Triple-bill. **1.00am** Inside the Ambulance **2.00** MasterChef Canada: Back to Win **3.00 to 6.00am** Teleshopping

SKY & VIRGIN LISTINGS over the page

SKY & VIRGIN 2 FEBRUARY

SKY SHOWCASE

Sky 106 (+1 206) Virgin 109 EE 340 (HD 355)

6.00 am Sky News Breakfast
7.00 Breakfast with Anna Jones
8.00 Caught on Dashcam
9.00 Nothing to Declare
10.00 Hitler's Gold
11.00 Hope for Wildlife
12.00 noon Supergirl (S3, ep14)
1.00 pm MacGyver: Double-bill.
3.00 Hawaii Five-0 (S2, ep19)
4.00 S.W.A.T: Hondo, Deacon and Tan attempt to stop a drug lord. (S6, ep2)
5.00 The Simpsons: Double-bill.

10.00 Fantasy Football League

6.00 The Office (US)
7.00 The Simpsons
8.00 An Idiot Abroad Karl Pilkington's journey continues in Egypt.
9.00 Rob & Romesh vs NBA Basketball Rob and Romesh learn all about the sport.
10.00 NEW **Fantasy Football League** Matt Lucas and Elis James return with the chat show. *See Highlights.*
10.30 Never Mind the Buzzcocks Quiz show.

11.15 Never Mind the Buzzcocks
12.00 m't The Force: North East
1.00 am Brit Cops: Law & Disorder **2.00** Road Wars
3.00 Hawaii Five-0: Drama.
4.00 S.W.A.T: Crime drama.
5.00 to 6.00am Motorway Patrol: Double-bill.

SKY ATLANTIC

Sky 108/109 (+1 208/209) EE 342 (HD 357)

6.00 am Fish Town: Double-bill.
7.55 The Sopranos: Double-bill.
10.05 The Wire: Double-bill.
12.15 pm Game of Thrones: Fantasy drama. (S6, ep3)
1.20 Gomorrah: Double-bill.
3.25 The Sopranos: Double-bill, including: Jackie Jr goes into hiding after his armed robbery attempt. (S3, ep13)
5.40 The Wire: McNulty and Daniels debate how to protect a witness. (S1, ep10)

3.25 The Sopranos

6.45 The Wire Bubbles implicates himself in the detective's shooting. (S1, ep11)
7.50 Game of Thrones Tyrion strikes a deal; and Jorah and Daario undertake a difficult task. (S6, ep4)
9.00 Julia The author is surprised by a visit as she prepares for an interview. (S2, ep5)
10.00 Band of Brothers Easy Company has a grim Christmas. (S1, ep6)

11.15 Django: Western starring Matthias Schoenaerts and Noomi Rapace. (S1, ep1)
12.15 am I Know This Much Is True: Drama. (S1, ep1)
1.20 The Outsider **2.30** Game of Thrones **3.40** In Treatment
4.05 to 6.00am Fish Town

SKY WITNESS

Sky 107 (+1 207) Virgin 110 (+1 310) EE 341 (HD 356)

6.00 am Bondi Rescue
7.00 Border Patrol: Double-bill.
8.00 Caught on Dashcam
9.00 Border Security: Canada's Front Line: Double-bill.
10.00 Brit Cops: Rapid Response
11.00 The Rookie (S3, ep5)
12.00 noon FBI (S5, ep13)
1.00 pm FBI: Most Wanted
2.00 Blue Bloods (S13, ep4)
3.00 Caught Red Handed
4.30 Nothing to Declare: Back-to-back editions.

9.00 Law & Order: SVU

6.00 Nothing to Declare Back-to-back editions of the documentary.
8.00 Blue Bloods Frank calls out the DA's office for instituting a new rule. (S12, ep20)
9.00 Law & Order: Special Victims Unit Rollins struggles as she takes her stress from work back home. (S24, ep3)
10.00 Blue Bloods Frank's old friend Lenny Ross presents him with a job offer. (S12, ep3)

11.00 The Rookie (S5, ep9)
12.00 m't The Good Doctor: Medical drama. (S6, ep15)
1.00 am Coroner (S4, ep11)
2.00 The Good Doctor: Drama.
3.00 Chicago PD (S9, ep6)
4.00 Brit Cops: Rapid Response
5.00 to 6.00am Road Wars

GOLD

Sky 110/111 (+1 210/211) Virgin 124 EE 344 (HD 359)

6.00 am Shop **7.20** Desmond's
8.15 Keeping Up Appearances
8.55 Ever Decreasing Circles
9.35 Hi-de-Hi! **10.15** Porridge
10.50 *See 4.05pm* **12.10pm** Keeping Up Appearances
12.50 Ever Decreasing Circles
1.30 Porridge: Comedy.
2.05 Dad's Army: Sitcom.
2.45 dinnerladies: Comedy.
3.25 Hi-de-Hi!: Sitcom.
4.05 Last of the Summer Wine
5.20 Porridge: Comedy.

6.40 Dad's Army

6.00 Keeping Up Appearances Rose behaves outrageously.
6.40 Dad's Army Double-bill, including: Jones faces a financial crisis.
8.00 dinnerladies Double-bill, including: Stan is furious with Philippa.
9.30 Not Going Out Double-bill, including: Tim picks up a coat containing drugs.
10.50 Detectorists Andy and Lance try to save their beloved oak tree.

11.30 Detectorists: Andy and Lance have one last day on the farm to find the gold.
12.10 am dinnerladies: Comedy.
1.45 Not Going Out: Sitcom.
2.25 Detectorists: Comedy.
2.55 Hi-de-Hi! **3.25** Desmond's
4.00 to 6.00am Teleshopping

DISCOVERY

Sky 125/126 (+1 225/226) Vir 177 (+1 377) EE 320 (HD 325)

6.00 am How It's Made
7.00 Gold Divers
8.00 Building Off the Grid
9.00 Alaska: The Last Frontier
10.00 Salvage Hunters
11.00 Wheeler Dealers
1.00 pm Building Off the Grid
3.00 Blowing Up History
4.00 Alaska: Homestead Rescue: Double-bill, including: Soil poisoned by coal production hampers a Kentucky homestead.

10.00 Mysteries at the Museum

6.00 Richard Hammond's Big The host explores Volkswagen's plant.
7.00 Wheeler Dealers Mike finds a Fiat 124 Spider that is all original.
8.00 Gold Rush Parker brings in a brand-new wash plant.
9.00 The Dino Hunters Clayton Phipps makes a shocking discovery.
10.00 Mysteries at the Museum A strange helicopter hijacking in Washington, DC.

11.00 Expedition Bigfoot: The team decides to split up.
12.00 m't Deadliest Catch
1.00 am The Dino Hunters
2.00 Mysteries at the Museum
3.00 Gold Rush: Reality series.
4.00 Naked and Afraid: Alone
5.00 to 6.00am Teleshopping

SKY CINEMA PREMIERE

Sky 301 (+1 312) Virgin 401 EE 501 (HD 515)

6.00am The Secret Kingdom: Fantasy adventure. ★ *(2023)* **7.50** A Tiger's Journey: Drama. ★★★ *(2023)* **9.35** Jesus Revolution: Drama. *(2023)* **11.50** *See 8.00pm* **1.50pm** Book Club: The Next Chapter: Comedy. ★★ *(2023)* **3.50** No Hard Feelings: Comedy. ★★ *(2023)* **5.45** Transformers: Rise of the Beasts: Fantasy starring Anthony Ramos. ★★★ *(2022)*

8.00 Insidious: The Red Door

8.00 Insidious: The Red Door: Horror starring Patrick Wilson. ★★ *(2023)* ***See Films, pages 31-35.*** **10.00** *As 3.50pm* **11.50** Soft & Quiet: Thriller starring Stefanie Estes. ★★★★ *(2022)* **1.30am** Haunting of the Queen Mary: Horror. ★★ *(2023)* **3.40** Little Bone Lodge: Horror. ★★★ *(2023)* **5.30 to 6.30am** Sky Cinema Preview

SKY CINEMA ACTION

Sky 307 Virgin 407 EE 507 (HD 521)

8.10am *See 3.25am* **10.05** Gunpowder Milkshake ★★★ *(2021)* **12.05pm** Twist ★★★★ *(2021)* **1.45** Hounded ★★★ *(2022)* **3.25** Black Hawk Down ★★★ *(2001)* **5.55** Power Rangers ★★★ *(2017)*
8.00 The Hunger Games: With Jennifer Lawrence. ★★★★ *(2012)* **10.25** The Hunger Games: Catching Fire ★★★★ *(2013)* **12.55am** *As 3.25pm* **3.25** Days of Thunder ★★★ *(1990)* **5.25 to 7.10am** Dragon Lord: With Jackie Chan. *(1982)*

SKY CINEMA GREATS

Sky 304 Virgin 404 EE 504 (HD 518)

7.30am Girls! Girls! Girls! ★★ *(1962)* **9.15** Death Becomes Her ★★★★ *(1992)* **11.15** The Fabelmans ★★★★★ *(2022)* **1.50pm** Forrest Gump ★★★★ *(1994)* **4.15** The Duke ★★★★ *(2020)* **6.00** The Frighteners ★★★ *(1996)* **8.00** Top Gun: Maverick ★★★★ *(2022)*
10.10 Fist of Fury ★★★ *(1972)* **12.00m't** Arthur's Whisky *(2023)* **1.40am** *As 6.00pm* **3.35** *As 8.00pm* **5.45 to 7.10am** Carry On Sergeant: Comedy. (b/w) ★★★ *(1958)*

SKY CINEMA SCI-FI & HORROR

Sky 311 Virgin 411 EE 511 (HD 525)

6.05am Simulant ★★★ *(2023)* **7.55** *See 3.10am* **9.55** The Amityville Horror ★★★ *(1979)* **11.55** They Live! ★★★ *(1988)* **1.45pm** The Cinema List **2.00** The Faculty ★★★ *(1998)* **3.55** The Adjustment Bureau: With Matt Damon. ★★★★ *(2011)*
5.45 The Conjuring 2: The Enfield Poltergeist ★★★★ *(2016)* **8.00** Friday the 13th Part II ★ *(1981)* **9.30** Ouija: Horror. ★★ *(2014)* **11.05** Scream 2 ★★★ *(1997)* **1.10am** *As 3.55pm* **3.10** Dorian Gray ★★★ *(2009)* **5.05 to 7.05am** *As 9.55am*

ALIBI

Sky 109/110 (+1 209/210) Virgin 114 EE 343 (HD 358)

6.00am Teleshopping **7.10** Murdoch Mysteries **9.00** Rizzoli & Isles **10.00** Unforgettable **11.00** Without a Trace (S6, ep8) **12.00noon** Father Brown **1.00pm** The Doctor Blake Mysteries **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles **5.00** Unforgettable **6.00** Without a Trace (S6, ep8)
7.00 Elementary (S5, ep9) **8.00** Father Brown (S5, ep14) **9.00** Death in Paradise (S5, ep6) **10.00** CSI: Vegas (S2, ep4) **11.00** Justified **12.00m't** Elementary (S5, ep9) **1.00am** Unforgettable **2.00** Murdoch Mysteries **4.00 to 6.00am** Teleshopping

SKY MAX

Sky 113/114 Virgin 111 EE 346 (HD 361)

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12.00noon** Supergirl (S3, ep14)
1.00pm MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** DC's Legends of Tomorrow **6.00** Stargate SG-1 **8.00** An Idiot Abroad **9.00** Rob & Romesh vs NBA Basketball **10.00** NEW Fantasy Football League *See Highlights.* **10.30** Never Mind the Buzzcocks **12.00m't** Strike Back: Vendetta **1.00am** Brit Cops... **2.00** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00 to 6.00am** Highway Patrol

SKY COMEDY

Sky 114/115 Virgin 112 EE 347 (HD 362)

6.00am Teleshopping **8.00** In the Long Run **9.00** Mr Mayor **10.00** Wellington Paranormal **10.30** The Comeback **11.40** Entourage **12.50pm** The Comeback **2.05** Curb Your Enthusiasm **3.20** Entourage **4.30** Wellington Paranormal **5.00** Mr Mayor **5.30** The Conners **6.00** The Office (US) **7.00** In the Long Run
8.00 Sort Of **9.00** Sex and the City **10.15** The Tonight Show Starring Jimmy Fallon **11.15** Richard Jeni: A Big Steaming Pile of Me: Comedy. **12.30am** Insecure **1.40** Mrs Fletcher **2.15** Wellington Paranormal **3.45** The Comeback **5.00 to 6.00am** Teleshopping

SKY DOCUMENTARIES

Sky 121/122 Virgin 188 EE 352 (HD 367)

6.00am Fish Town: Documentary. **7.00** Discovering: Audrey Hepburn **8.00** The Directors **9.00** Urban Secrets **10.00** The Vietnam War **11.00** First Ladies **12.00noon** Six by Sondheim
1.45pm My Icon: Martin Offiah **2.00** FILM The Last Rider *(2022)* **4.00** Directors **5.00** Discovering: Audrey Hepburn **6.00** Urban Secrets **7.00** The Vietnam War **8.05** First Ladies **9.00** The Unbreakable Tatiana Suarez: Documentary. **10.40** Be Water **12.40am** Daniel **2.00** Tell Them You Love Me **4.00** The Directors: Documentary. **5.00 to 6.00am** Discovering: Audrey Hepburn

SKY HISTORY

Sky 123/124 (+1 223/224) Vir 131 (+1 331) EE 353 (HD 368)

6.00am American Pickers **7.00** Storage Wars **8.00** Pawn Stars **10.00** Hitler's Gold **11.00** Battle of Alcatraz **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Silver Spitfire: Longest Flight
5.00 Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** Bermuda Triangle Enigma **9.00** Secrets of Great British Castles: Warwick Castle. **10.00** Ross Kemp: Shipwreck Treasure Hunter **11.00** Secret Wars Uncovered **12.00m't** Pawn Stars **2.00am** Secrets in the Ice **3.00** The Bermuda Triangle Enigma **4.00** Rust Valley Restorers **5.00 to 6.00am** Forged in Fire

SKY SCI-FI

Sky 139/140 Virgin 122 EE 348 (HD 363)

6.00am Most Haunted **8.00** Shop **11.00** Merlin **12.00noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager **6.00** Star Trek: Deep Space Nine: Double-bill.
8.00 Star Trek: Enterprise: The ship's crew rescues a group of religious fanatics. (S3, ep12) **9.00** SurrealEstate: Double-bill, including: Luke helps a client confront the monster under his childhood bed. **11.00** Grimm: Double-bill. **1.00am** Day of the Dead **3.00** Star Trek: Enterprise **4.00 to 6.00am** Star Trek: Deep Space Nine

COMEDY CENTRAL

Sky 112/113 Virgin 132 (+1 332) EE 345 (HD 360)

6.00am Teleshopping **8.00** Most Ridiculous – Mums & Dads **8.35** Most Ridiculous – Dogs **9.00** Your Face or Mine **10.00** Guessable? **11.00** Impractical Jokers **1.00pm** Friends: Back-to-back episodes of the sitcom.
9.00 FILM Analyze This: Comedy starring Robert De Niro. ★★★★ *(1999)* ***See Films, pages 31-35.*** **11.05** FILM Richard Pryor: Here and Now ★★★★ *(1983)* **12.50am** South Park **2.50** Beavis and Butt-Head **3.05** Rhod Gilbert's Growing Pains **3.50** Your Face or Mine **4.15** Friends: Double-bill. **5.00 to 6.00am** Shop

SKY NATURE

Sky 124/125 Virgin 189 EE 354 (HD 369)

6.00am Animal Senses **7.00** Monkey Life **8.00** *See 2.00pm* **9.00** *See 3.00pm* **10.00** Wild Castles **11.00** *See 11.00pm* **12.00noon** *See 6.00pm* **1.00pm** Monkey Life **2.00** America's Wild Border:... **3.00** Secret Life... **4.00** Wild Castles **5.00** *See 11.00pm* **6.00** Wild Dogs: Pack vs Pride
7.00 Monkey Life **8.00** NEW My Best Friend's An Animal **9.00** Secrets of the Enchanted Forests **10.00** *As 6.00pm* **11.00** Accidental Wilderness:... **12.00m't** Attack and... **1.00am** In for the Kill **2.00** *As 8.00pm* **3.00** *As 9.00pm* **4.00** *As 2.00pm* **5.00 to 6.00am** *As 3.00pm*

NAT GEO

Sky 129/130 (+1 229/230) Virgin 183 (+1 383)

8.00am Food Factory: Double-bill. **9.00** *See 7.00pm* **10.00** Nazi Megastructures **11.00** Megafactories **12.00noon** Car S.O.S **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation **3.00** Vikings: The Rise and Fall **5.00** Car S.O.S **6.00** Ancient China from Above **7.00** Air Crash Investigation
10.00 Airport Security: Rome **11.00** Air Crash Investigation **12.00m't** Inside Sydney Airport **1.00am** Rewind the 90s **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10** Prairie Dog Dynasty **5.00 to 6.00am** Teleshopping

SKY CRIME

Sky 122/123 (+1 222/223) Vir 121 (+1 321) EE 349 (HD 364)

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12.00noon** How I Caught the Killer **1.00pm** What the Killer Did Next **2.00** Killer in My Village **3.00** Most Evil Killers **5.00** What the Killer Did Next **6.00** How I Caught the Killer **7.00** Most Evil Killers
9.00 Forensics: Catching the Killer **10.00** Most Evil Killers **12.00m't** *As 2.00pm* **1.00am** Murders That Shocked the Nation **2.00** Real Manhunter **3.00** The Killer Within **4.00** Road Wars **5.00 to 7.00am** Motorway Patrol

(b/w) black and white (SL) Signed (S) Subtitles

SKY CINEMA COMEDY

Sky 308 Virgin 408 EE 508 (HD 522)

7.20am *See 8.10pm* **9.10** *See 8.10pm* **11.00** *See 8.10pm* **12.50pm** *See 8.10pm* **2.40** *See 8.10pm* **4.30** *See 8.10pm* **6.20** Groundhog Day: With Bill Murray. ★★★★★ *(1993)* **8.10** Groundhog Day: Starring Bill Murray. A TV weatherman reporting on a festival is made to relive the same day over and over until he becomes a better person. ★★★★★ *(1993)*

6.20 Groundhog Day

10.00 Groundhog Day: Starring Bill Murray, Andie MacDowell, Chris Elliott and Stephen Tobolowsky. A TV weatherman reporting on a festival is made to relive the same day over and over again until he becomes a better person. ★★★★★ *(1993)* **11.50** *As 8.10pm* **1.40am** *As 8.10pm* **3.30** *As 8.10pm* **5.20 to 6.05am** Sky Cinema Preview

SKY CINEMA ANIMATION

Sky 305 Virgin 412 EE 500 (HD 514)

7.25am Lego Ninjago Movie *(2017)* **9.15** *See 9.20pm* **10.45** *See 10.45pm* **12.05pm** DC Super Hero Girls... *(2017)* **1.30** Spider-Man: Across the... *(2023)* **4.00** Bad Guys *(2022)* **5.55** Hotel Transylvania 2 *(2015)* **7.35** The Pirates! In an Adventure... *(2012)* **9.20** Lego DC Shazam!... *(2020)* **10.45** Lego Batman: The Movie... *(2013)* **12.05am** *As 12.05pm* **1.30** Open Season *(2006)* **3.00** DC Super Hero... *(2016)* **4.30 to 6.00am** Scooby-Doo!... *(2019)*

SKY CINEMA DRAMA

Sky 310 Virgin 410 EE 510 (HD 524)

6.20am *See 12.35am* **8.05** *See 2.20am* **9.35** Control (b/w) ★★★★ *(2007)* **11.45** Summering ★★★ *(2022)* **1.15pm** *See 10.40pm* **3.10** To Leslie ★★★ *(2022)* **5.15** Out of Africa ★★★★ *(1985)* **8.00** Zero Dark Thirty: With Jessica Chastain. ★★★★ *(2012)* **10.40** 8 Mile: Starring Eminem. ★★★★ *(2002)* **12.35am** American Splendor ★★★★ *(2003)* **2.20** Elephant ★ *(2003)* **3.45** *As 9.35am* **5.50 to 7.40am** Wildhood *(2021)*

SKY CINEMA SUPERNATURAL

Sky 302 Virgin 402 EE 502 (HD 516)

6.25am *See 1.20am* **8.05** *See 3.00am* **9.35** The Purge ★★★ *(2013)* **11.15** The Purge: Anarchy ★★★ *(2014)* **1.05pm** The Purge: Election Year ★★★ *(2016)* **3.00** Paranormal Activity ★★★ *(2007)* **4.45** Paranormal Activity 2 ★★★★ *(2010)* **6.25** Paranormal Activity 3: Horror. ★ *(2011)* **8.00** Insidious ★★★★ *(2010)* **9.45** Insidious: Chapter 2 ★★★ *(2013)* **11.35** Insidious: Chapter 3 *(2015)* **1.20am** Firestarter *(2022)* **3.00** Sick *(2022)* **4.30 to 6.20am** *As 3.00pm*

SKY CINEMA FAMILY

Sky 306 Virgin 406 EE 506 (HD 520)

6.00am *See 12.00m't* **7.45** *See 6.00pm* **9.40** The Cinema List **10.00** Nanny McPhee: Period fantasy. ★★★★ *(2004)* **11.50** Nanny McPhee & The Big Bang: Fantasy comedy. ★★★ *(2010)* **1.50pm** *See 9.35pm* **4.00** Pan: Fantasy adventure prequel starring Levi Miller. ★★★ *(2015)* **6.00** Swallows and Amazons: Drama starring Rafe Spall. ★★★★ *(2016)*

7.50 Railway Children Return

7.50 The Railway Children Return: Drama sequel starring Beau Gadsdon and Jenny Agutter. ★★★ *(2022)* **9.35** Annie: Musical starring Quvenzhané Wallis and Jamie Foxx. ★★★ *(2014)* **11.40** The Cinema List **12.00m't** King Ralph ★ *(1991)* **1.45am** *As 4.00pm* **3.45** Agent Cody Banks ★★ *(2003)* **5.35 to 7.10am** Step Dogs ★ *(2013)*

SKY CINEMA STAR TREK

Sky 303 Virgin 403 EE 503 (HD 517)

6.35am *See 10.40pm* **8.35** *See 12.30am* **10.35** Star Trek: Generations *(1994)* **12.35pm** Star Trek: First Contact *(1996)* **2.35** Star Trek The Motion Picture *(1979)* **4.50** Star Trek II: The Wrath of Khan *(1982)* **6.50** Star Trek III – The Search for Spock *(1984)* **8.40** Star Trek IV: The Voyage Home *(1986)* **10.40** Star Trek V: The Final Frontier *(1989)* **12.30am** Star Trek VI: The Undiscovered Country *(1991)* **2.30** *As 10.35am* **4.30 to 6.30am** *As 12.35pm*

SKY CINEMA THRILLER

Sky 309 Virgin 409 EE 509 (HD 523)

6.30am Gone Baby Gone *(2007)* **8.35** The Untouchables ★★★★ *(1987)* **10.45** A Walk Among the Tombstones ★★★ *(2014)* **12.45pm** Shark Bait ★★ *(2022)* **2.20** Dig ★★★ *(2022)* **4.05** Hotel Mumbai ★★★★ *(2018)* **6.15** The Hurricane Heist ★ *(2018)* **8.00** State of Play ★★★★ *(2009)* **10.15** The Cinema List **10.30** Identity ★★★ *(2003)* **12.15am** The Wolf of Wall Street *(2013)* **3.25** *As 2.20pm* **5.10 to 7.25am** *As 8.35am*

MOVIES 24

Sky 325 (+1 326) Virgin 419 (+1 420)

6.00am Teleshopping **7.00** Stepping into Love *(2023)* **9.00** The Honeymoon Murder: An Aurora Teagarden Mystery ★★ *(2021)* **11.00** Sister of the Bride *(2019)* **1.00pm** Til Death Do Us Part: An Aurora Teagarden Mystery ★★ *(2021)* **3.00** Love Afloat *(2022)* **5.00** Perfect Harmony: Comedy. ★★ *(2022)* **7.00** Inspiring Love ★★ *(2023)* **9.00** Married By Mistake ★★ *(2023)* **11.00** To Her, With Love ★★ *(2022)* **1.00am** Mystery 101: Deadly History ★★ *(2021)* **3.00** Love on Retreat *(2023)* **5.00 to 6.00am** Teleshopping

SKY SPORTS MAIN EVENT

Sky 401 Virgin 501 EE 420 (HD 440)

6.00am Sky Sports News 7.00 Good Morning Sports Fans 8.30 LIVE DP World Tour Golf The Bahrain Championship. **1.30pm LIVE Tennis** The Upper Austria Ladies Linz. Coverage of day five of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria. **5.00 LIVE AFCON** Coverage of the opening quarter-final from Felix Houphouet Boigny Stadium (kick-off **5.00**). **7.00 Sky Sports News 7.30 LIVE EFL** *Bristol City v Leeds United:* (Kick-off **8.00**). **10.00 LIVE PGA Tour Golf** The AT&T Pebble Beach Pro-Am. **11.00 to 6.00am Sky Sports News**

SKY SPORTS CRICKET

Sky 404 Virgin 504 EE 423 (HD 443)

6.00am Best of ICC WT20 Highlights. **6.45 SA20 7.45 LIVE ICC Under-19s World Cup Cricket** Featuring coverage of a Super Six match. **3.00pm LIVE SA20** *Paarl Royals v Sunrisers Eastern Cape:* Coverage of the T20 match from Eurolux Boland Park in Paarl. **7.30 SA20** Pretoria Capitals v MI Cape Town. **8.30 Best of ICC WT20** Action from India v Bangladesh from 2016. **9.30 SA20** Action from Paarl Royals v Sunrisers Eastern Cape. **10.30 ICC Under-19s World Cup Cricket** Action from a Super Six match. **12.00m't SA20 5.30 to 6.00am Best of ICC WT20**

SKY SPORTS ARENA

Sky 408 Virgin 508 EE 427 (HD 447)

6.00am The Darts Show 6.30 Premier League Darts 10.00 The Darts Show 10.30 Super League 10.45 Women's Super League 11.00 WTA Tennis The Hobart International final. **12.00noon LIVE Tennis** The Upper Austria Ladies Linz. Day five of the WTA Tour 500 event, which takes place at TipsArena Linz in Austria. **10.00pm Premier League Darts 1.30am Super League 1.45 Unbeatable 2.15 The Wheelchair Super League Grand Final 2.30 Women's Super League 3.30 Fight Night 4.30 Unbeatable 5.00 to 6.00am Super League**

TNT SPORTS 1

Sky 410 Virgin 527 EE 408 (HD 430)

12.00noon The Football's On 1.00pm Premier League 5.00 The Fantasy Show 5.30 Sign Up – Into Football 6.15 Serie A 6.45 PL Preview 7.15 Ligue 1 7.45 LIVE Ligue 1 *Strasbourg v Paris Saint-Germain:* Coverage of the French top-flight match from Stade de la Meinau (kick-off **8.00**). **10.00 Premier League 12.00m't WWE SmackDown Highlights 1.00am LIVE WWE Friday Night SmackDown** Wrestling action, featuring the likes of Roman Reigns, Drew McIntyre and Charlotte Flair. **3.00 Premier League 4.30 The Fantasy Show 5.00 to 6.00am Fishing: On the Bank**

SKY SPORTS PREMIER LEAGUE

Sky 402 Virgin 502 EE 421 (HD 441)

6.00am PL Greatest Games 7.00 PL Legends 8.00 Premier League Best Goals 9.00 PL 100 Club 10.00 Total Football 5.00pm Premier League 100 Club 6.00 PL Legends 6.30 PL Preview 7.00 Fantasy Show 7.30 PL Greatest Games 7.45 LIVE AFCON The second quarter-final from Felix Houphouet Boigny Stadium in Ivory Coast (kick-off **8.00**). **10.00 Football's Toughest Opponent 11.00 PL Preview 11.30 Fantasy Show 12.00m't Premier League Icons 1.00am PL Years 3.00 PL Greatest Games 4.00 PL Best Goals 5.30 to 6.00am PL 100 Club**

SKY SPORTS GOLF

Sky 405 Virgin 505 EE 424 (HD 444)

6.00am PGA Tour 7.00 DP World Tour 7.30 Nick Dougherty's Tee Time Tips 8.00 DP World Tour 8.30 LIVE DP World Tour The Bahrain Championship. Coverage of day two. **1.30pm Golf 4.30 PGA Tour 4.45 LIVE PGA Tour** The AT&T Pebble Beach Pro-Am. Day two from Pebble Beach Links in California. **11.00 DP World Tour 11.30 Golf 12.00m't PGA Champs Film 2021 1.00am DP World Tour 1.30 Golf 2.00 Golf Academy 3.00 DP World Tour 3.30 Golf 4.00 to 6.00am LIVE Golf** The Women's Asia-Pacific Amateur Golf Championship.

SKY SPORTS MIX

Sky 416 Virgin 510 EE 429 (HD 449)

6.00am SA20 7.00 Women's Championship Show The latest highlights, news and analysis. **7.30 Women's Super League 7.45 LIVE ICC Under-19s World Cup Cricket** Featuring coverage of a Super Six match. **4.00pm Netball 6.00 Golf 6.30 Women's Super League 6.45 Darts Gold 7.00 Unbeatable 7.30 LIVE British Basketball** *Newcastle Eagles v London Lions:* The British Basketball League match at Vertu Motors Arena (tip-off **7.45**). **10.00 Unbeatable 10.30 Formula 1 11.30 Golf 12.00m't SA20 4.30am Unbeatable 5.00 to 6.00am Premier League**

TNT SPORTS 2

Sky 411 Virgin 528 EE 409 (HD 431)

6.30am PL Review 7.30 What I Wore 7.45 Liberty A-League Women 8.15 Isuzu A-League 8.45 LIVE Isuzu UTE A-League 10.45 LIVE Isuzu UTE A-League 12.45pm Ligue 1 Show 1.15 Serie A 1.45 NBA 2.15 Rugby 3.00 TNT Sports Reload 3.30 Andrew Mensah's Stand Up Kickabout 4.00 EuroCup Basketball 5.00 Fishing 6.00 WRC Review 7.00 TNT Sports Reload 7.15 Serie A 7.45 LIVE Serie A 9.45 Isuzu UTE A-League 11.45 Sign Up 12.30am NBA Action 1.00 LIVE NBA *San Antonio Spurs v New Orleans Pelicans.* **3.30 EuroCup Basketball 4.30 The Rugby Review 5.15 to 6.00am Sign Up – Into Football**

SKY SPORTS FOOTBALL

Sky 403 Virgin 503 EE 422 (HD 442)

6.00am EFL Cup 8.45 EFL Greatest Games 10.00 EFL Cup 12.00noon Bundesliga 12.30pm Women's Ch'ship Show 1.00 EFL 2.00 Bundesliga 2.30 Bundesliga 3.00 EFL Goals: Leagues 1 & 2 3.30 Women's Ch'ship Show 4.00 Bundesliga 4.30 EFL Highlights 4.45 LIVE AFCON Coverage of the opening quarter-final. **7.00 EFL Highlights 7.30 LIVE EFL** *Bristol City v Leeds United:* (Kick-off **8.00**). **10.30 Football's Toughest Opponent 11.30 EFL Greatest Games 1.00am Ch'ship Retro 3.00 EFL Cup 5.00 Best Goals: EFL Cup 5.30 to 6.00am EFL**

SKY SPORTS NFL

Sky 407 Virgin 507 EE 426 (HD 446)

6.00am NFL Gameday 6.30 Her Huddle Hannah Wilkes hosts the show dedicated to the rise in female fandom of the NFL. **7.00 NBC's Pro-Football Talk 9.00 NFL 11.00 NFL Gameday 11.30 Her Huddle 12.00noon Good Morning Football 3.00pm Kansas City Chiefs: The Franchise 3.45 49 Hours 4.00 NFL 5.00 NFL Gameday 5.30 Her Huddle 6.00 NBC's Pro-Football Talk 8.00 49 Hours 8.15 NFL 10.15 49 Hours 10.30 NFL Gameday 11.00 Total Access 1.00am NFL 1.30 NBC's Pro-Football Talk 3.30 49 Hours 4.00 Her Huddle 4.30 Gameday 5.00 to 6.00am NFL**

EUROSPORT

Sky 413 Virgin 521 EE 412 (HD 435)

6.00am Alpine Skiing 6.55 Snooker: German Masters 8.50 LIVE Nordic Combined Skiing From Seefeld in Austria. **10.30 Best of Downhill 2022 10.45 LIVE Alpine Skiing** Action from Chamonix, France. **12.45pm Snooker 2.00 LIVE Snooker: German Masters** Day five action. **5.00 Australian Open Tennis 6.00 Snooker: German Masters 7.00 LIVE Snooker: German Masters** The quarter-finals. **10.00 Snooker 12.00m't Cycling: AlUla Tour 1.00am Cycling: Tour of Valencia 2.00 Snooker 4.00 Cycling: AlUla Tour 5.00 to 6.00am Cycling: Tour of Valencia**

TNT SPORTS 3

Sky 417 Virgin 529 EE 410 (HD 432)

6.00am Serie A 6.30 Ligue 1 Show 7.00 WWE 8.00 PL 11.00 Basketball 12.00noon UEFA Women's Champions League 1.00pm Fishing 2.00 WRC 3.00 Laura Woods Meets 3.30 Joe Cole Meets 4.00 Serie A 4.30 What I Wore 5.00 After The Roar 6.30 What Went Down 7.30 Stand Up Kickabout 8.00 Cricket 9.00 Boot Room Boys 10.45 What I Wore 11.00 Down the Clubhouse 12.00m't Serie A 1.00am Ligue 1 2.00 Fantasy Show 2.30 Cricket 3.30 to 12.15pm LIVE Women's One-Day International Cricket *Australia v South Africa:* The first ODI in the three-match series from Adelaide Oval.

RADIO

BBC RADIO 2

6.30am Zoe Ball Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00pm** Scott Mills **4.00** Sara Cox **7.00** Michelle Visage **9.00** The Good Groove **11.00** The Rock Show **12.00m't** Romesh Ranganathan **1.00am** Buddy Holly **2.00** Annie-versary **3.00** Sigrid **4.00 to 5.00am** Sophie Ellis-Bextor

BBC RADIO 3

6.30am Breakfast **9.00** Essential Classics **12.00noon** Composer of the Week **1.00pm** Radio 3 Lunchtime Concert **2.00** Afternoon Concert **4.30** The Listening Service **5.00** In Tune **7.00** Classical Mixtape **7.30** Radio 3 in Concert **10.00** The Verb **10.45** The Essay **11.00** Late Junction **1.00am** Composed with Devonté Hynes **2.00** Gameplay with BabyQueen **3.00 to 7.00am** Through the Night

BBC RADIO 4

5.30am News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day **6.00** Today **8.31 to 9.00 (LW)** Yesterday in Parliament **9.00** Desert Island Discs **9.45** Book of the Week **9.45 to 10.00 (LW)** Daily Service **10.00** Woman's Hour **11.00** The Briefing Room **11.30** You Heard It Here First **12.00noon** News **12.01pm to 12.04 (LW)** Shipping **12.04** Rare Earth **12.57** Weather **1.00** World at One **1.45** Ian Hislop's Oldest Jokes **2.00** The Archers **2.15** Drama **2.45** Child **3.00** Gardeners' Question Time **3.45** Short Works **4.00** Last Word **4.30** More or Less **5.00** PM **5.54 to 5.57 (LW)** Shipping **5.57** Weather **6.00** News **6.30** News Quiz **7.00** Archers **7.15** Screenshot **8.00** Any Questions? **8.50** A Point of View **9.00** Ian Hislop's Oldest Jokes **9.59** Weather **10.00** World Tonight **10.45** Book at Bedtime **11.00** Americast **11.30** Today in Parliament **12.00m't** News, Weather **12.30am** Book of the Week **12.48** Shipping **1.00** As BBC World Service **5.20 to 5.30am** Shipping

CLASSIC FM

6.30am Breakfast with Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Classic FM at the Movies **9.00** Young Classical Stars **10.00** Calm Classics **1.00am** Katie Breathwick **4.00 to 7.00am** Sam Pittis

PUZZLES & STARS

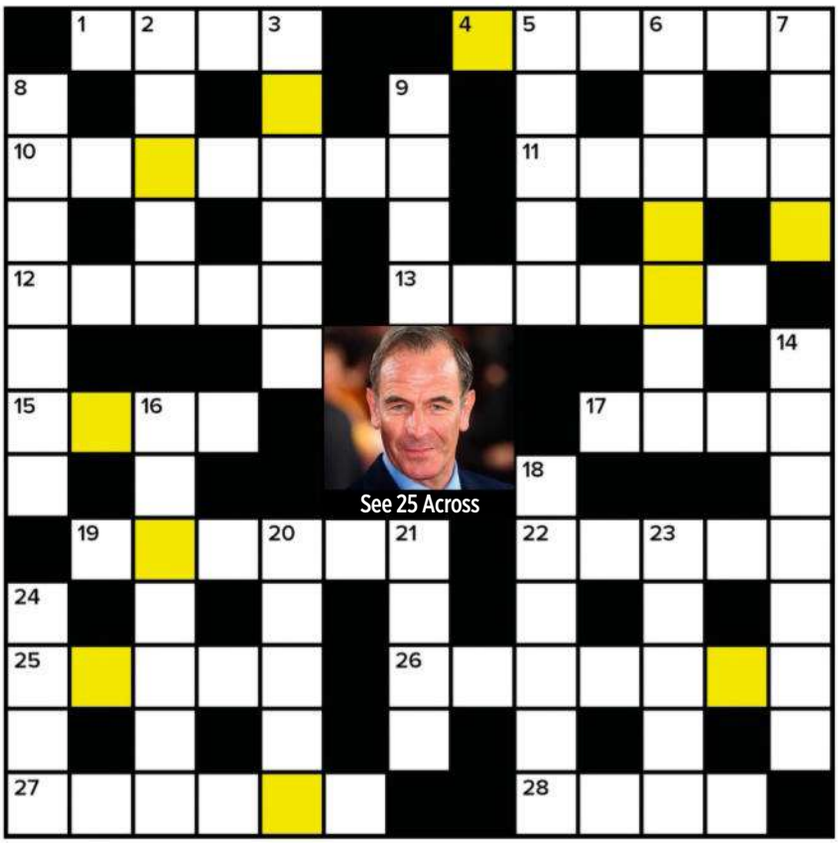
WIN £100

CROSSWORD

YOU CAN WIN £100! REARRANGE THE LETTERS IN THE YELLOW SQUARES TO SPELL OUT THE NAME OF A BRITISH JOURNALIST AND BROADCASTER (5,6)

ACROSS

1 Genre of music associated with late *Starsky & Hutch* star David? (4)
4 Muppet sporting some darker mitts (6)
10 I'm entering later than doctor played by Nigel Havers in *Don't Wait Up* (7)
11 Different roles for everyone who wins in Nick Berry's 1986 song (5)
12 Rifts healed before dates with Fred Sirieix (5)
13 Confused state of 1970s Chris Tarrant show (6)
15 Some stardom rivalries for *Dallas* actor Mr Katz (4)
17 Legendary fiddler of Rome identifies Maury Chaykin's TV detective Mr Wolfe (4)
19 Warded off US actor Mr Norton (6)
22 Nephew of **4 Across** gets the bird (5)
25 *Grantchester* star Robson's on part of golf course (5)
26 Somehow cruel to Marisa in TV series *His Dark Materials* (7)
27 Some boyo's serious on Bernard Hill's *Boys from the Blackstuff* role (6)
28 Sir Robin and Doris, say, happy in Henry Winkler sitcom (4)



DOWN

2 & 3 Down Extremities of old sci-fi series (5,6)
3 See **2 Down** (5,6)
5 Tom who played Gary in *Miranda* identified New York island (5)
6 Mesh can be altered by *Lovejoy* star Ian (7)
7 US model Ms Banks is arty after a fashion (4)
8 Former *Strictly* dancer Kevin's in place of suspension bridge (7)
9 Something rotten, in part of Reginald Perrin's shop (4)
14 Music genre associated with this BBC sitcom starring Daisy May Cooper? (7)
16 Good orders, potentially, for *May to December* actor Anton (7)
18 Stadium requires force in garden makeover show with Alan Titchmarsh (6)
20 Musical Ms Murphy, star of *Schitt's Creek* (5)
21 Avoid classic cartoon character Donald (4)
23 See **24 Down**
24 & 23 Down Glut, by yet resolved in series with America Ferrera (4,5)

TV LINKS

Can you work out what links the celebrities pictured above?

For answers, see opposite page

SUDOKU

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9.

For answers, see opposite page

	9		6		1		2	
1		3				7		8
	5			7			1	
9			4		8			7
		8				9		
5			2		9			1
	8			4			9	
2		6				8		5
	1		8		5		3	

YOUR STARS 27 JAN–2 FEB 2024 *with Sally Trotman (sallytrotman.com)*

PHONE NOW FOR WEEKLY, MONTHLY, COMPATIBILITY AND TAROT READINGS

ARIES *(21 March–19 April)*
An event in early February sheds new light on an old problem, giving you the inner guidance to move forward.
Call... 09058 170 399*

TAURUS *(20 April–20 May)*
If you're lacking energy, find a healthy eating or exercise plan to motivate you. It will be worth the commitment.
Call... 09058 170 400*

GEMINI *(21 May–20 June)*
Your enthusiasm can be contagious, but some may not share your vision. If you go it alone, others will catch up.
Call... 09058 170 401*

CANCER *(21 June–22 July)*
Be brave and follow your heart regarding a certain matter – this will embolden others to offer support.
Call... 09058 170 402*

LEO *(23 July–22 August)*
Your loyalty is admirable, but make sure it isn't misplaced. Don't lower your standards. You're worth more.
Call... 09058 170 403*

VIRGO *(23 August–22 September)*
Sometimes you want to hide from the world. If you've been feeling like this, plan a cosy day alone with a good book.
Call... 09058 170 404*

LIBRA *(23 September–23 October)*
Your emotions can swing between extremes. Check in with yourself and let go – you will come to an equilibrium.
Call... 09058 170 405*

SCORPIO *(24 October–22 November)*
If you feel like you've been giving a lot, step back and create space for yourself. You'll emerge refreshed and ready to go!
Call... 09058 170 406*

SAGITTARIUS *(23 Nov–21 Dec)*
A fire sign, you can burn yourself out. If you're feeling overwhelmed, assess your priorities to make life easier.
Call... 09058 170 407*

CAPRICORN *(22 December–20 January)*
With Mercury, Venus and Mars all in your sign, you can make clear changes in the areas of communication, love and work.
Call... 09058 170 408*

AQUARIUS *(21 January–18 February)*
You may be feeling a bit lacklustre. If that rings true, review where you need to balance giving with receiving more.
Call... 09058 170 409*

PISCES *(19 February–20 March)*
Try not to take criticism too personally. Instead, accept any constructive feedback. You'll come back stronger.
Call... 09058 170 410*

PHOTOS: SHUTTERSTOCK

*STARLINES cost 80p per minute plus your telephone company's network access charge and last approx 4 mins. Callers must be 18+. You must have the bill payer's permission. Updated every Thursday. SP Spoke: 0333 202 3390.

WHAT YOU'RE WATCHING

RIDICULOUSLY GOOD!

I am enjoying ITV1's afternoon quiz show *Riddiculous*, which is hosted by Ranvir Singh and sees contestants take on 'Riddlemaster' Henry Lewis and attempt to solve riddles. It's a great combination of general knowledge and brain teasers.
Frances Fineberg, Watford

AWESOME ROSIE

I must commend comedian Rosie Jones for her guest role in BBC1's *Call the Midwife*. In the first episode of the latest series, she played a pregnant woman with cerebral palsy who tried to hide her pregnancy because she was worried about how her mum would react. It was heart-rending and Rosie proved herself to be a great actress. I hope to see more of her acting in the future.
Alison Cope, Staffordshire

SAVING SILVERBACKS

The BBC2 documentary *Silverback* saw Vianet Djenguet spend three months with a team of conservationists in the Democratic Republic of the Congo charting their efforts to protect the endangered gorilla. An exhilarating watch from start to finish.
Barbara Mcgaugie, Gloucester

A COUNTRY IDYLL

I'm a huge fan of *The Repair Shop* on BBC1 and while I'm amazed at the skill of the experts, I'd like to give credit to the people who capture the wonderful exterior shots of birds, countryside and grazing animals. With such surroundings and great camaraderie among the lovely team, it must be such a nice place to work!
Sandra Olive, Manchester

BOBBY DAZZLER

I've enjoyed watching Carla's nephew Bobby since he joined *Coronation Street*. The character, played by Jack Carroll, has been a breath of fresh air in the ITV1 soap.
Christine Bartram, Derbyshire

TOP COPS!

£25 WINNER

I loved the latest series of *Vera*. In particular, I enjoyed the new dynamic between DCI Vera Stanhope and her former right-hand man Joe Ashworth, who returned to Northumberland and City Police as a newly promoted DI. When Joe insisted DC Kenny Lockhart address him as 'sir', he was put in his place by Vera when he used her first name and she told him to call her 'ma'am'! It's these touches of humour that stop the series from being just another crime drama.
Maggie Cobbett, Ripon

TV TURN-OFF

CELEB COOKING SCHOOL

I thought Giorgio Locatelli's attempts to teach a bunch of celebrities, including Louie Spence and Nancy Dell'Olio, how to cook in this E4 reality show were a waste of his time. Hardly any of them took it seriously! Very disappointing.
Mary Windsor, Nottinghamshire

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TEXT TVTCROSSB with your answer, name, door number and postcode to 64343** £1 per text (plus network charge)

ANSWERS

CROSSWORD SOLUTION NO 52/01
The answer was NINA WADIA
ACROSS: 1 Doctor 4 Shappi 9 Nervosa 10 Lords 11 Ellen 12 Raymond 13 Omar 15 Wise 18 Rudolph 21 Nadia 23 Nessa 24 Everard 25 Hannah 26 Esther
DOWN: 1 Dancer 2 Carol 3 O'Connor 5 Holly 6 Parsons 7 Inside 8 Carr 14 Madison 15 Winters 16 French 17 Calder 19 Llama 20 Huey 22 Death

SUDOKU

4	9	7	6	8	1	5	2	3
1	6	3	5	9	2	7	4	8
8	5	2	3	7	4	6	1	9
9	3	1	4	5	8	2	6	7
6	2	8	1	3	7	9	5	4
5	7	4	2	6	9	3	8	1
3	8	5	7	4	6	1	9	2
2	4	6	9	1	3	8	7	5
7	1	9	8	2	5	4	3	6

TV LINKS

They all starred in BBC1 drama *The Split*: Deborah Finlay, Stephen Mangan, Barry Atsma, Nicola Walker

RULES Usual *TV Times* rules apply (see below). Phone and text closing date: 9 Feb. Post closing date: 12 Feb. Full name and address details must be included or the entry will be void. Callers must be 18 or over and have the bill payer's permission. *Calls cost 65p per min plus your telephone company's network access charge and last approx two mins. **Texts cost £1 per text, plus network charges. When you enter by text, you may, in future, get SMS marketing messages from Future Plc and *TV Times*. If you do want to receive them, please end your text with FUTUREOPTIN. Phone lines open from 23 Jan. Service provider: Spoke 0333 202 3390.

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LETTERS EDITOR: MICHAEL DARLING. PHOTOS: C4, ITV

ON SALE TUESDAY 30 JAN

Next week in TV Times

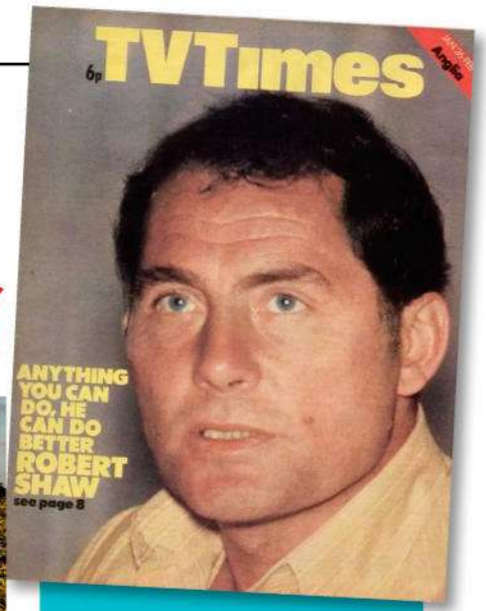
DEATH IN PARADISE *BBC1*
The Caribbean-set crime drama returns for a new run, beginning with a special story to mark its milestone 100th episode!

FATHER BROWN *BBC1*
Casualty favourite Amanda Mealing guest stars in the daytime whodunnit

MISS SCARLET AND THE DUKE *ALIBI*
Stars Stuart Martin and Kate Phillips on Season 4 of the glossy period caper

ONE DAY *NETFLIX*
What to expect from a TV version of David Nicholls' much-loved novel

LOST IN ALASKA *CHANNEL 5*
Sue Perkins explores the 49th state of the USA in her latest travelogue



ON THE COVER IN... 1974

26 Jan – 1 Feb

A year before he memorably played shark hunter Quint in Steven Spielberg's classic movie *Jaws*, Robert Shaw starred in ITV's one-off thriller *The Break*.

Appearing opposite Robert, who also had major roles in *From Russia with Love* (1963) and *A Man for All Seasons* (1967), was his second wife, Mary Ure, star of *Where Eagles Dare* (1969).

Robert admitted that his relationship with Mary, who had previously been married to playwright John Osborne, could be tempestuous. 'At one point, we were known as the mini versions of [Richard] Burton and [Elizabeth] Taylor,' he said. 'But we always return to each other like boomerangs.'

On 3 April of the following year, Mary, aged 42, died from an accidental overdose. Robert passed away on 28 August 1978 at the age of 51 after suffering a heart attack.

ALSO THAT WEEK...

* *ITV'S STAND-UP* showcase *The Comedians*, which began in 1971, returned for a new series.
* *IN AN EXCLUSIVE* interview, producer Tony Palmer told us of the difficulties he had making *The World of Hugh Hefner*, a documentary about the founder of the Playboy empire.
* *HAYLEY MILLS AND* David Warbeck (right) played newlyweds whose past caught up with them in drama *Only a Scream Away*, part of ITV's *Thriller* anthology series.

WORDS: JUDY EWENS. PHOTOS: BBC, CHANNEL 5, NETFLIX, SHUTTERSTOCK, UKTV